'Reflections' helping kids deal with loss

Geal with loss Continued from page 1 situation as normal as possible, and gram," said Sharon Barber, Ashley's and Christie's mother. In its commitment to providing compassionate and comprehensive care, the program includes a num-ber of support is projects for chil-dren, one of which is the Children's Grief Support Groups which Ashley and Christie attended. The once-a-week, eight-week program brought them to gether with other voungsters in similar situations and enabled them to identify and share the difficult and confusing feelings associated with such a major loss. "Sometimes children get reas-surance and comfort from other children who have experienced a loss," said James-Manus. "The group helps remove the feeling of isolation and builds a feeling of isolation are pictures of the see

community with other bereaved children." Looking over pictures of the ses-sions kept in photo books, the girls today laugh as they look back at some of the sessions, at remarks certain other children came up with at times, likes and disilkes they shared, along with special memories and special times they shared with their father. Part of the program was creating a quilt of individual memories in which each child makes a parch about 12 inches by 12 inches depicting their "special" person. In the Barber girls' patches, their fa-ther was shown with his reddish blonde beard, wearing a peaked cap, bluejeans and a vest. Another project is a personal memory box. Ashley and Christie holds a picture of herself with her father when she was 3 in a mountain tourist attraction called bradity, a neatly folded red bandanna, a tarnished bracelet kept of a coyote and roadrunner, two cartoon characters he especially en-joyed.

carton characters he especially us joyed. Among the items in Ashley's memory box is one of his black caps, a large screwdriver, a photo of her father, and a small silk pouch containing several stones and a message given those in the Reflec-tions group. It reads: "These stones were chosen just for you and have



AFTER SCHOOL FUN-Christie and Ashley Barber take time out from their studies to jump on the trampoline in their backyard.

special meaning. The smooth stones are like the bright and shiny parts of you, the parts that have healed and grown, and are stronger than before. The rough stone is like that corner of your heart that may always feel a little rough and pain-ful because of what's happening to you. But because of what's happening to you, you may always be stronger, more gentle, and more tender with all the people in your life."

tender with all the people in your life." Ashley also drew a personal memory book with a drawing ale made of her father and herself and 10 thoughts he brings to mind today, amorg them: "He tickled me good," "Liked TV. a lot." Was a mechanic." "Liked our dog a lot." Ashley and Christic's grand-parents are Morrisville Mayor Pro Tem Billy Sauls and Wilma Sauls, and Fred and Evelyn Barber of Raleigh. Explaining the Children's Grief Support Groups, James-Manus said they provide children with a safe place to identify and share the dif-ficult and confusing feelings asso-ciated with loss and grief. "Bereaved children nurture each other by openly offering acceptance and support," she explained, point-ing out that compassionate, experi-

rampoline in their backyard. enced professionals lead the ag-specific groups of six to eight chil-dren and help the children learn healthy coping skills through spe-cially structured group activities. Reflections also provides clinical care and family support services to children who have life-threatening hysician. It offers clinical care with registered nurses, home health aides, physical therapists, and other therapists needed, as well as family support services through social workers, chaplains, bereavement conselors and volunteers. "Tknow it helped," Sharon Barber and the Reflections program. "It het them know they were not alone m the world, not by themselves started atling, they said to them selves, 'Hey, I've had some of the other kids would show anger, to feel certain ways. It al-anger, to feel certain ways. It al-work feel cellings. 'When one of the other kids would ways. It al-anger, bed cell certain ways. It al-future."

To chure." To Ashley, that means planning to be a dancer. She looks forward to her lessons at a ballet school. To Christie, though, the answer isn't that easy. T'II get back to you on that," she said.

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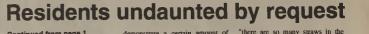
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e pleased to announce the opening of



Continued from page 1 read and less likely to be manipu

lated. Hodgkins said these are simply requests for voluntary conservation, and without a limited time frame. "It's continuing, not just for the summer," he pointed out. And the reaction generally has been positive.

been positive. If Dot Hoover has any problem with the use of water, she says, "it's the bills that kill me." She lives alone and says they are never the same. "They change despite the fact I use the same amount. It puzzles me. But I am careful of the water I use and, of course, would be in favor of any savings," she added.

On Airport Boulevard at the Days Inn, the question isn't whether to back conservation, but how can it be accomplished at a hotel where 110 rooms have guests coming and going on a daily basis.

going on a daily basis. "I'm not sure how it can be done. We can't control how long bey stay in the shower," said Barbara McGill, regional sales and market-ing director. "And with 110 rooms, we have to consider the washing machines for all who stay here. We certainly are in favor of the proposal, and we do try where it is possible."

The im's maintenance engineer, Richard Burt, says the housekeepers notify him if they find a leaky faucet or water running in a commode. "We act immediate-ly. Maybe we can save some on the swamming pool, but I haven't given that thought at this point."

that thought at this point." Hearon Dickson, vice president and general manager of Dillard Paper Co. on Morrisville Parkway, doesn't feel it's relevant to his type of company, at least not at his time. Chairman of the board of the Morrisville Chamber of Commerce, he says he doesn't have any prob-lem with the commissioners asking for voluntary measures. "They are entitled to make whatever requests they deem necessary, and it does

Thank you

for reading

The **Progress!**

demonstrate a certain amount of leadership," he said. In an effort to bolster the move by the five areas to get the state al-location, Morrisville com-missioners allocated \$51,138 to join the other jurisdictions in hiring a Charlotte engineering firm to help get approval for the water alloca-tion from Jordan Lake. Local in-formation con completion and

tion from Jordan Lake Local in-formation on population and demand projections, water use and conservation are to be supplied to the engineering firm by the Moris-ville town staff. The road to getting that approval may not be smooth. The matter is potentially controversial since it would require diverting water from the Cape Fear River Rasin, of which Jordan Lake is a part, to an-other basin. Counties that use water from the lower Cape Fear River, in-cluding cities like Willmington and Fayette ville, have noted their oppo-sition.

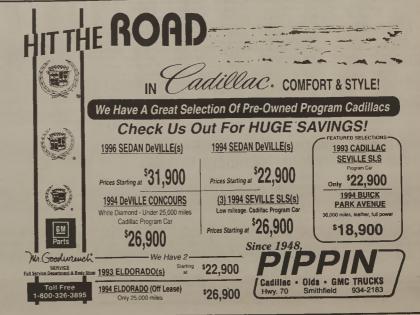
They claim that by allowing Cary, Apex, Morrisville, and Holly Springs to draw the extra water will result. That is when a municipality draws water from one source, and after using it, returns the water to another source. Objec-tors say unmonitored transfers could lead to water shortages later, and if the water taken out of Jordan Lake is not replaced, the result would be drastically reduced water levels downstream and problems at Fayetteville's new \$40 million watewater treatment plant which requires millions of gallons from the Cape Fear to operate. The voluntary conservation measures were made by Hodgkins albe water. 'I don't know if Morris-ville realistically can go back and get more water out of Jordan Lake fatter this," he said, adding that

there are so many straws in the lake that the Corps of Engineers

lake that the Corps of Engineers won't permit more." Meanwhile, Morrisville hopes its residents and businesses will by to conserve on that "priceless com-modity" referred to by Com-missioner Billy Sauls. Janet and William Richard say they will, and think it's a good re-quest. The McCrimmon Parkway residents say they will follow the town's suggestions. "I only do laundry once a week, so that's not a problem, and since it's a dry sum-ner, I believe in the plan." And for Mrs. John Medlin of

mer, I believe in the pian." And for Mrs. John Medlin of Koppers Road, conserving water, especially clean water, makes her happy. "I've been involved in a move for clean water ever since 1989 at Shidh because of the contamina-tion problem in the area." She ex-plains. "I know the need to con-serve it. If you see a sprinkler going on our lawn, it's because we have a well. So when we use a sprinkler, it doesn't affect town water."





Hospice program offers myriad of resources for parents, kids with books and other grief-related materials for children which can be checked out. Donations of books and cas-settes may be made to the lend-ing library in memory of a loved one. Available as well is a relativic memory for

Contressourcession The Reflections Program of-fered by Hospice of Wake County is committed to provid-ing compassionate, comprehen-sive care and support to chil-dren with self-limiting ilnesses and to children who are grev-ing over the loss of a family member or close friend. Among the programs offered are individual support sessions for children scheduled by ap-port groups where children can share the difficult and confused tealings associated with loss and Lominute puppet show based on Doma O'Toole's book, "Aarvy Aardvark Finds Hope," demonstrates loving and losing, friendship and hope. Call to schedule a performance for your organization. There is also a lending library

Available as well is a pediatric resource room for children, parents and profes-sionals in which children may use the room by appointment to work with a trained bereave-ment specialist, using at materials, special games and re-lated activities to express dif-ficult feelings. Resources for parents and professionals supp-ly information on many grief-related issues for children of different ages. Those interested in more information are asked to call Reflections children's coordinator Toni James-Manus at 782-3959. Board grants more time on site plan

Rollins Leasing Corp., which plans to develop a truck leasing fa-culty on Aviation Parkway near Southport Business Park, has been given an extension of the normal time required to start construction of the building. The company asked the Morris-

time required to start construction of the building. The company asked the Morris-ville Board of Commissioners to extend approval of its site plan for 12 months. Most of the site grading and preparation has been com-pleted. Original approval of the site plan was given nearly a year ago. Commissioners were told that the firm was involved in several other projects and had financial concens about starting a new project while the others were still in develop-ment. Gibbert R. Alligood, presi-dent of Alligood and Associates, Inc., the engineering firm employed by Rollins for the Morrisville building, made the request at the board's last meeting in June. It was

tabled on a motion from Com-massioner Billy Sauls who felt the 12-month extension was too long. The board brought the request off the table earlier this month and voted to give the company a six-month extension of its site approval on a suggestion by Sauls, who ex-plained he still had a problem with the project "sitting out there for a year."

Town Planner Leisa Powell ex-plained that the company would have an additional six months to file for a building permit at the end of the site plan's extended ap-proval.

Alligood asked if there was a ime limit on construction or how ong the company would have to complete it, to which Building In-spector Wallace Baker, seated in he audience, answered: "Forever, to long as you work on it."