

Campaign

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Richard F. Allen.

Salisbury, Very Rev. Cletus J. Helfrich, Rev. Michael F. O'Keefe; Greensboro, Rt. Rev. Hugh Dolan, Rev. Thomas F. Clements; Durham, Rt. Rev. James E. McSweeney, Rev. Francis J. Murphy; Raleigh, Rev. John L. Richardson, Rev. Frederick E. Koch; Southern Pines, Rev. John J. Harper, Rev. Patrick N. Gallagher; Fayetteville, Rev. Gerald T. Kennedy, Rev. John Marie Bursis.

Rocky Mount, Very Rev. Francis M. Smith, Rev. Thomas R. Walsh; northeast corner, Rev. Joseph J. Lash, Rev. James P. Robinson; Goldsboro, Rev. James H. McHugh, Rev. Kenneth Parker; Washington, Rev. Francis Connolly, Rev. John M. Breunig; New Bern, Rev. Thomas P. Hadden, Rev. Hugh P. Kennedy; Wilmington, Very Rev. Eugene H. Livelsberger, Rev. Raymond Donohue.

Science for Clergy

Oak Ridge, Tenn. — (NC) — The second Oak Ridge conference on science for clergymen will be held Aug. 5-16 at the Oak Ridge Associated University here in cooperation with Oak Ridge National Laboratory. The conference, entitled "The Impact of Science on Society," is sponsored by the National Science Foundation and the Alfred P. Sloan Foundation.

Purpose of the conference is to provide clergymen of all faiths with an understanding of the nature, scope, effects and trends of contemporary science.

Lenten Regulations

DIocese OF RALEIGH

On November 18, 1966, the National Conference of Catholic Bishops, acting according to the norms found in the papal directive "Poenitemini," of the same year, issued the following Lenten regulations.

"We ask, urgently and prayerfully, that we, as people of God, make of the entire Lenten season a period of special penitential observance. Following the instructions of the Holy See, we declare that the obligation both to fast and to abstain from meat, an obligation observed under a more strict formality by our fathers in the Faith, still binds on Ash Wednesday and Good Friday. No Catholic Christian will lightly excuse himself from so hallowed an obligation on the Wednesday which solemnly opens the Lenten season and on that Friday called 'Good' because on that day Christ suffered in the flesh and died for our sins . . . We preserve for our dioceses the tradition of abstinence from meat on each of the Fridays of Lent, confident that no Catholic Christian will lightly hold himself excused from this penitential practice."

For the guidance of our clergy and laity, as your bishop, I wish to call the following to your attention:

1. Lent begins this year on February 28, Ash Wednesday, and ends at midnight on Holy Saturday night, April 13.
2. Everyone 14 years of age or over is bound to abstain from meat on Ash Wednesday and all the Fridays of Lent.
3. Everyone 21 years of age and under 59 years of age is also bound to fast on Ash Wednesday and Good Friday.
4. On these two days of fast and abstinence, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted on these two days, but liquids, including milk and fruit juices, are allowed. When health or ability to work would be seriously affected, the law does not oblige.
5. Following the norms of "Poenitemini" and keeping in mind the words of the American Bishops: "No Catholic Christian will lightly hold himself excused from this penitential practice," we wish to give the following explanation:
 - a. There is a grave, substantial obligation to fast and abstain from meat on Ash Wednesday and Good Friday, and to abstain from meat on the Fridays of Lent.
 - b. Therefore to disregard completely the law of fast and abstinence is seriously sinful.
 - c. A single violation of these laws is not sinful if a sufficient reason exists for the non-observance.
 - d. A single violation is venially sinful if a sufficient reason for non-observance does not exist.
 - e. The individual involved is to judge whether a sufficient reason exists.
 - f. We must keep in mind that certain circumstances, such as scandal or contempt of God or the authority of the Church can render an otherwise lawful action sinful and even seriously sinful.
6. While there are only eight days in Lent when fast or abstinence is obligatory, nevertheless we wish to remind all that on the thirty-three other days of Lent we should keep in mind the words of our bishops: "We hope that the observance of Lent as the principal season of penance in the Christian year will be intensified. This is the more desirable because of new insights into the central place in Christian faith of those Easter mysteries for the understanding and enjoyment of which Lent is the ancient penitential preparation. Wherefore, we ask, urgently and prayerfully, that we, as people of God, make of the entire Lenten season a period of special penitential observance."
7. Consequently, for your voluntary observance of Lent we propose the following, from which to choose one or many spiritual or temporal works:
 - a. Participating in daily Mass and Holy Communion;
 - b. Observing self-imposed fasting; also abstinence;
 - c. Making spiritual studies, beginning with the Scriptures;
 - d. Attending traditional Lenten devotions (sermons, Stations, Rosary);
 - e. Giving food to the hungry and drink to the thirsty;
 - f. Welcoming strangers;
 - g. Clothing the naked;
 - h. Visiting the sick and imprisoned;
 - i. Contributing generously to charitable purposes;
 - j. Showing special solicitude for the discouraged, the lonely, persons of other color, nationalities, or background than our own.

February 14, 1968

VINCENT S. WATERS
Bishop of Raleigh

Survey Shows

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education or industrial arts, supervision of teachers by the principal or department head, an inter-school sports program, and classes as small as possible."

"Notwithstanding the national tendency of the Catholic high schools to be selective, parents in the Twin Cities do not believe that the high schools should be primarily concerned with college-bound students."

"ONLY TWO-THIRDS of the patrons of Catholic high schools expressed belief in diocesan support of those schools."

"Almost three-quarters of the patrons of Catholic high schools believe in supporting the public schools."

A "prime factor in the decision of Catholic parents to utilize the public high schools is that of co-education."

"It would appear that patrons of the public high schools are primarily concerned with education, with only 17.5 per cent being concerned with religion. What is also of interest is the fact that only 43.7 per cent of Catholic patrons would put religion ahead of the comprehensive program."

"WHILE OVER 90% of the Catholic patrons felt that the Catholic high schools were up-to-date in how they teach children, only 66 per cent of the public

(school) patrons felt they were.

"While a majority of both patrons feel that the religious training presently given in Catholic high schools is up-to-date with modern interpretations of Catholic doctrine, it is interesting that significantly fewer of the public patrons think so. . . . It must be observed that only 64 per cent of the public patrons answered this question, however, while 93 per cent of the Catholic patrons were able to respond."

Abbey College Men

Make Dean's List

Belmont — Eleven Catholic students from the state have been named to the Dean's List for the first semester at Belmont Abbey College, here.

They are Joseph J. Baxter, John G. Sullivan and John R. Walsh of Charlotte; William F. Burns, Jr., of Gastonia; Richard J. Votta of Belmont; Edmund E. Hughes, III, of New Bern; Thomas M. Callahan of Greensboro; Thomas H. Bledsoe, Jr., of Raleigh;

John Michael Brady of Fayetteville; Richard J. Salem of Havelock; Dennis J. Dougherty of Southern Pines; and Rudgey M. Calhoun, Jr., of High Point.



Concern Over Delay

Des Moines — (NC) — Letters have been sent to four prelates by the Association of Des Moines Priests expressing concern over the delay in naming a bishop for the diocese of Des Moines.

Msgr. L. V. Lyons, pastor of the Cathedral, has been serving as administrator of the diocese since Oct. 8, when Bishop George J. Biskup left to become coadjutor archbishop of Indianapolis, Ind.

In part, the association's letter said that members who represent the "people of God" find it difficult to work with a "bishop as yet unnamed," and are concerned with the delay in appointment of a bishop.

Abortion Law Effect Cited

Sacramento, Calif. — (NC) — The provision which almost led to the defeat in 1967 of California's relaxed abortion law was that most used by women to obtain abortions, a report by the state Department of Public Health has revealed.

Of 282 abortions approved during the first two months of the new law's operation, 238 were for reasons of mental health. It was this provision of the original bill which narrowly escaped defeat by the state Senate.

The health department report attempted to survey all 455 accredited hospitals in the state, but only 257 submitted information. There are 60 Catholic hospitals in the state.

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