

Mental Illness Knows No Barrier

The November meeting of the Wake Forest Woman's Club was held during the week, presided over by the President Mrs. C. C. Hildebrand. The Education Department was in charge. Mrs. John D. Lyon introduced the speaker of the evening, Mr. Howard F. Twigg of Raleigh, President of the Wake County Mental Health Association.

Mr. Twigg called attention to the fact that even today many individuals delay going to a psychiatrist for help, due to the feeling that mental disorder is a stigma instead of a mental illness; however, he said, those individuals who early seek help have taken the first and major step in bringing about their cure. "Mental illness knows no social or economic barrier," he stated. "It comes to those in all walks of life." Today there are 19 million people either receiving treatment or in need of help, or one person in every ten who is receiving or needs help. "There are more patients in hospitals for mental illness than for all other illnesses combined," he stated.

He cited figures which showed the tremendous economic loss to our nation due to mental health and in addition stated that over 75 per cent of accidents have a direct relationship to mental health including emotional disturbances.

In addition he stressed the need for transition homes where discharged patients can re-adjust more easily to normal living. He pleaded for more understanding by the general public in this field, stating that little understanding and closed minds on mental health complicate rather than ease the transition of patients back to normal living; contributions individuals can make in this field are to treat returning individuals normally to take an active interest in mental health, and not expect trained individuals to alone carry the burden and make plans for future advancements.

During the business session it

was decided to continue the club's support of the town library. \$25. was voted to be made available for the purchase of needed books for children, as more children use the library than adults and also because adults who can not find desired volumes in the town library, have access to the extensive library at Southeastern.

In addition to the cash donation, members of the club brought books from their personal libraries, to donate to the town library.

Falls News

By Mrs. D. P. Jenks

In Rex Hospital at this writing is Mrs. Mildred Lee. She had a bad throat and cold trouble.

Mr. and Mrs. Jo Mangum of Fla. spent some days here last week. She spent a few days in Martinsville, Va. and in Greensboro with her brothers last week. After spending a month in Fla. with the Mangum family, Mrs. Moses Brown is home and said she really enjoyed her vacation. I'm sure she did for Jo and Minnie give you a good time.

Mr. and Mrs. Richard Ashmon have been sick but better now. It's always good to hear from our folks who are so far from home; so get well folks and let us hear from you.

Mr. and Mrs. Gus Smith, Mrs. Alice Smith and Mrs. Zonie Carlyle of Durham came to the funeral; Gus stayed with his sister, Etta while the rest came to church.

All our friends and neighbors came to Lizzie and the children in the illness and death of their husband and father, Lee Lassiter. We shall miss Lee.

Mr. and Mrs. Royster Mangum of Durham spent last Saturday here at Falls. They visited a lot of people, and we were all glad to see them. Their granddaughter Vickie brought them there. She visited her other grandparents, Mr. and Mrs. Powell.

Wake Forest Social & Local

Rev. and Mrs. I. T. Stroud have returned from West Monroe, La. where they visited their son, Mr. Thomas (Bunny) Stroud who was injured in an accident last week. He is a patient at Glenwood Hospital, Room 350, West Monroe, La.

Dr. S. A. Newman attended the Virginia Baptist State Convention this week. He and Mrs. Newman visited with their children in Lynchburg, Va. on Saturday and Mrs. Newman spent several days here this week with Mrs. R. T. Daniel.

Miss Helen Boal of Catawba College and Don Boal of Carolina were home from school last weekend. They attended some functions at Carolina.

Mrs. F. G. Amerson of Sandersville Ga., mother of Mrs. Frank Toney, visited the Toney family last week.

Mrs. Everette Snyder was in Beaufort over the week end to visit her daughter and family, the John Newtons.

Mr. and Mrs. Wilbur Todd and family had as their guests Sunday his brother and family, Dr. and Mrs. Waldon Todd of Yadkinville, N. C.

Mrs. P. C. Newton is visiting her son, Dr. and Mrs. Laneau Newton and family in Nashville, Tenn. for a few weeks.

Mrs. Dorothy Garrett of Washington, D. C. visited her mother, Mrs. Mary Price over the week end.

Mrs. Mary Price and Mrs. Gertrude Leonard of Lexington left Wednesday for Lakeland, Fla. where they will visit their son and daughter, Mr. and Mrs. Jasper Price.

Mrs. Robert Olsen visited her mother Mrs. E. G. Thornton in Milford, Va. recently. Mrs. Wilson Blatt and daughter, Karen also of Milford accompanied Mrs. Olsen home.

Mrs. J. N. Freeman visited in Zebulon and Franklinton recently.

Garland Hendricks, a student at Wake Forest College, visited his parents over the week end.

Mr. and Mrs. Y. B. Clifton had as their guests Sunday, Mr. and Mrs. Ray Cranford and Mrs. Nellie Pearce of Raleigh.

Mr. and Mrs. G. G. Hill had as their guests over the week end her brother and his wife, Mr. and Mrs. Shelton Brown of Goldsboro.


Mr. and Mrs. Dwight Lowie of High Point spent the weekend with his parents, the D. M. Lowies.

Mrs. Aubrey Hawkins of Charlotte is spending a few weeks with her sisters, Miss Mary Taylor and Mrs. C. C. Crittenden.

Mrs. Kermit Carter and sons, Dave, Danny and Larry and Miss Hoy Husketh, now of Fuquay, visited relatives and friends here Sunday.

Mr. and Mrs. Robert E. Olsen had as their guests recently his aunt, Mrs. Carl Olsen of Greely, Va. and his sister, Mrs. Dorothy Perry of Honesdale, Pa.

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Grandma baked pies today and we had a good laugh together over the story she used to tell me as a little girl of a lady who baked pies and marked them to tell them apart. Half she marked T M for 'Tis Mince, the others T M for 'Tisn't Mince.

It's such fun having Grandma live in our house. Her stories of the old days, her understanding humor, and her joy in living spark our lives. She needs no label. That she's a Christian glows in everything she does. No matter what the circumstances, she meets people and situations with love and goodness. Full credit is hers, that none of the problems that we feared when she came to live with us have developed.

Yes, I'd say Grandma has rubbed off on all of us. We all go to church now and we're much happier because of it. We've learned from Grandma that happiness comes from doing good and loving God.

Why don't you go to Church and take your family with you?

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Day	Book	Chapter	Verses
Sunday	Psalms	128	1-6
Monday	Isaiah	12	1-6
Tuesday	John	16	16-24
Wednesday	Acts	13	42-52
Thursday	Romans	1	7-13
Friday	II Timothy	1	7
Saturday	II Timothy	3	9

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NOTICE

Notice is hereby given that the North Carolina State Highway Commission will hold a public hearing on the improvement and partial relocation of NC 98 beginning at Oak Grove in Durham County and running east to Wake Forest. The hearing will be held in the Town Hall Court Room in Wake Forest at 11:00 A. M. on Thursday, November 18, 1965. All interested parties will be given an opportunity to be heard at that time. Maps are posted in the Durham and Wake County Courthouses and the Wake Forest Town Hall showing the location of the project.

Nov. 12

Card of Thanks

I would like to express my thanks and appreciations to Dr. Christoph and the wonderful staff of Wake Forest Hospital for their kindness and interest shown to me while I was a patient there. Also my thanks go out to the many friends, neighbors, and the First Nazareth Baptist Church of Asheville for their cards, flowers, gifts, visits and prayers.

May God bless you always.

Mrs. Gwendelyn Pope

ADMINISTRATOR'S NOTICE

All persons having claims against Junius Cater Scarborough, late of Wake County, N. C., are notified to exhibit the same to the undersigned on or before April 25, 1966, or this notice will be pleaded in bar of recovery. This 20th day of October, 1965, Larry B. Upchurch, 2111 Brewer Street, Raleigh, N. C., Administrator. Oct. 29; N. 5, 12, 19

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