

## LET'S SMILE MORE.

By Emma Gary Wallace.

It takes nearly four times as many muscles to frown as to smile. Think of the waste of energy when we do overmuch grouching!

· Smiles are of several different kinds and while we are buying smiles, we might as well pick out the loveliest and most becoming of 41 1 4 36

There is a smile of greeting which is genuine and lights up the face, making the plainest one beautiful. How it warms your heart to meet a friend and to see that radiance of spontaneous pleasure! The eyes as well as the lips smile, and the whole expression says, "Well well, I am glad to see you!" This is the sort of a smile which makes friends.

Then there is the smile of appreciation which speaks of an inner satisfaction or pleasure.

We should not be too stingy of such smiles, for we really owe them to the musician who delights us; to the friend who brings us a lovely Mower; to the small son or daughter the whispers tenderly, "I love you, Mamma:" or to the postman who stops a moment on his busy round to make sure whether a letter with an uncertain address belongs to us. One of the happy things about the appreciative smile is that it has a effecting quality. It nearly always awakens an answering smile on the countenance of the other person.

One of the finest games in the world is to develop skilfulness in painting smiles on the faces of other people.

The smile of amusement is the twin sister to a hearty laugh. Spezialists declare that when an individual stops laughing the condition of health needs careful investigation.

Many times the depression evinced is the precursor of mental disturbance. When a patient in an insane hospital laughs in a hearty and normal manner it is considered a most Hopeful symptom.

People who are too husy to smile, are sure too busy to laugh. It is a wholesome thing to cultivate a sense of humor.

The old saving that "We might as well laugh as cry" has a good deal of truth in it and there are lots of funny thines in life to make mirth bubble on if we will only cultivate the habit.

A sense of humor saves many a difficult situation, even as a soft anuwer is so effective in turning aside wrath. DEEXTROS II

Many times the denression evinced sequential things of life too serious ly. It is much better to "Pack and such troubles in any old kit bag, and smile, smile, smile."

Some people never see the humarour side of anything, while others get a lot of fun out of life heronce they see the smile at able things about them.

Life is a salendid moving reality not a mere picture and me might as well make our experiences count in as hapny wev as possible.

\_\_\_Christian Herald.

COMMON SENSE TEACHING

By Rev. M. Edward Church,

After a long time of allenge I at tempt to sive to the residers of the ersonal observations, under the head f "Common Sense Teaching," Com

22 eminent and worthy sons in the race for the bishopric, each of us have a choice. It is our God given and heaven born privilege. Why should we be chided and railroaded for exercising a member privilege? Common sense teaches that the only way to avoid criticism is to stay out of the high offices. Presidents and kings have been criticised. Jesus the righteous was criticised.

Common sense teaches that Alabama with its great membership should have a resident bishop, and the surest way to have a resident bishop is to elect a man who resides in this state.

That does not necessarily mean that Alahama should be an Episcopal district, for we have had three bishops coming into Alabama for the past 20

You may ask has Alabama any bishop timber? My answer is, yes.

Rev. W. L. Hamblin the popular and successful presiding elder of the Montgomery district has been an eminent success from the humblest mission point to the leading pulpit in the state.

He is a great preacher, and a very dignified and graceful presiding officer. He is a big brother indeed. He

REV. WILLIAM M. ROBINSON: D. D.

Presiding Elder of the Lancaster District. He is one of the lead

ing ministers of our connection in South Carolina. He is a man

highly esteemed by both races, and can be trusted in any position

that the Church imposes upon him. He is a candidate for the Sec-

d admiration of even his oppo

Dr. E. L. Madison posesses all the

qualifications required for the exalted

office. He is a profound theologian.

He is kind, manly, true, a lover of

the church broad and liberal, honest

Dr. J. F. Lee, like Plate, is truly

a master. As a theologian he is deen

and sound; as a writer caustic.

The above named five men will

make splendid bishops. Dr. J. F.

Lee would rather stay where he is,

but the Church needs him at the

top, and if we can get him to get in

the race for the bishepric, it will be

By all means give us Drs. E. D.

W. Jones, W. J. Walls, W. W. Slade, E. L. Madison and Dr. J. F.

Then our next choice is Drs. W.

wise for us to elect him.

Lee for bishops.

in his convictions.

retaryship of the Brotherhood.

believes in a better supported into-

istry and has proven it by encourag-

ing every church on the Montgomery

district to increase the pastor's sala-

ry 20 per cent. He has the elements

in him that commend him to the bish-

Common sense teaches that we

need a bishop in Alabama who knows

and can sympathize with our condi-

Had Jesus stayed in heaven He.

would not have been acquainted with

our sorrow and our grief. Common

sense together with past experiences

has taught Alabama th's very impor-

tant lesson that together we stand,

The state primary held last week

The majority of Alabama leading has got together and indorsed a additate for each position.

Jommon sense teaches that Alaba-

at Mt. Zion church, Montgomery, Ala.

monstrated this fact.

opric.

tion down here.

divided we fall.

By Rev. J. C. Brown

Quarterly Meeting!

Friday night and Sunday, February ist and 3rd was an event long to b remembered in this city. Rev. W W. Slade, presiding elder, was with us, and preached as never before. Everybody who knows Dr. Slade will give him credit with being a real cyclonic pulpiteer of the new type. He is enthusiastic and flery. He sways the people at will and carries them by storm. Dr. Slade is not only a great preacher, but a sweet singer, and a convincing pleader with the unsaved. He is the choice of a host in Zion for bishopric, and will be

We are told that there will be five bishops elected at the General Conference in May. We are unable to say who these will be, but I believe the members of the General Conference are going to elect men that are able to take care of our deay old Zion.

I am sure Dr. E. D. W. Jones who is a polished pulpit orator, a splendid logician, a sarcastic depater, and powerful preaches, will make a good bishop.

Dr. W. J. Walls is one of the greatest orators and preachers of the race, will make a good bishop we will all be glad to follow.

Dr. W. W. Slade in whom God's ministers have a friend and brother has a will that unflinchingly wichstands the criticism of opposing forces, and wins for him the respect

REVERENCE

Planted in Childhood Bear Fruit in Manhood

BETTER LIVES HAPPIER HOMES NOBLER CITIZENS

A high school boy is responsible for this. We had been discussing all sorts of things and finally reached prayer. The boy, a seventeen year old high school student, said: "I have never made up a prayer in my life. I have always used the Lord's prayer." We wondered how typical this

A simple questionnaire was sent to over two hundred twelve-to-seventeen year old boys. The questions asked were:

When do you pray?

Have your prayers helped you?

Forty-one replies have been reone to form some idea of the general prayer life of boys. Twelve of the forty-one wrote that they used both the Lord's Prayer and prayers of their own composition. | Eleven boys returned the questionnaire un-answered. Fourteen boys said they

by the investigation is this: Out of forty-one average American boys only sixteen had been in the habit of praying for specific things. One, twelve years old wrote: "I use the prayer that begins 'Now I lay me

"Jesus always thought of God as every boy thinks of his father when he is a good companion. Jesus knew that he came from His Father and was going back to Him so He tried every day to please Him. When He prayed He talked to His Father and His answer was a clearer knowledge of what God wanted Him to do. He never teased His Father nor thought of Him as a kind of Santa Claus from whom to beg things. He and God His Father, were daily companions. Jesus told us to think of prayer as He did-just companionship with

There is no point in discussing the efficacy of prayer at length here. One hoy wrote: "My mother was sick and I prayed. She got well." Another boy said: "Prayers have kept my mother alive once in the time of death." An Italian boy wrote: "They have helped me in my lessons and also kept me out of temptation."

What fools we are. We teach boys and girls many admirable, second best things and fail se consistently in teaching the big things. We are



BOYS AND PRAYER.

By Gordon Law

might be of other boys

What do you pray for?

Do you use your own prayers or do you use a form of prayer such as the Lord's Prayer?

ceived, a sufficient number to enable used their own prayers only.

The interesting point brought out down to sleep!""

Granting that the above is by no means an exhaustive investigation of the prayer life of boys, it is at least suggestive and to any one interested in boys it will provoke thought, perhaps action.

We wrote to a keen college professor who is a lover of boys and an author: "Please send us a short note on prayer. We want to send it to lioys who are not quite clear regarding what prayer is." No man in America is better qualified for this task than Dr. Charles A. Hawley. Here is his note.

our Father God."

A STILL SMALL VOICE

Loyalty and Efficiency, Not ality."-Other Consideratio

By Rev. A. L. Wilson

In a recent article to The St Zion, the writer in expressing views relative to the election Secretary of Education said. lieve whoever is eleted to that should at least be one that has s some time at the chief institution our Church viz., Livingstone Coll because I feel that naturally he w be more interested in raising the standard of our schools, than one the of our denomination."

I still hold to the unchang view relative to the schools of denomination, not that I am parti but because of my loyalty and in

est in the Church. No one doubts or will que the efficient service that has 1 rendered by the present incum of that office, but as he is aspiring Episcopal honors in the Church

no doubt will be elected. I feel Livingstone College, the chief i tution of our denomination trained enough men in the last ter of a century to find a man has been trained within her schools, efficient for the office of retary of education. This is one the reasons that the lamented eph C. Price gave his life for the upbuilding of Livingstone College and the cause of education gene throughoutu the A. M. E. Zion chur That our beloved Zion might be able to train its men for any service that the Church might demand. W.. H. Goler, who succeeded him preached the same doctrine and sought to instill the same ideas of J. C. Price. When Dr. Price co on the scene we had no Livingst College. He was the father of t our great institution, and he fathe it for a purpose, and that purp was for the "higher education of Negro and especially that the Church might be prepared to tr its men for whatever service that

might demand." The writer of the article appe in the last week's issue of the under the caption, "Efficience Partiality" says "I think that is too modern to confine itself toa narrow view." Zion has never narrow neither the men that make Zion but there are principles causes that lie dearer to the hea the men that have been trained Zion. There are institutions that dear to their hearts.

.Had I been a member of th M. E. Church and were advoc the election of a Secretary of e tion, I would say give us Paine College or Lane College were I a member of the A. M Church I would advocate the tion of a man from Morris University, Wilberferce or Paul College in Texas, because thes outstanding institutions in the spective denominations, p men to fill any position within bounds of their Church, But I to be a member of the great A. Zion Church and I see Livin College the chief institution Church that for years has be paring men for future usefu the Church. I therefore advo cause of any man that has he ed and well seasoned in this tion. It is an institution the prepared more than two men. prepared scores of men -th naking good in the Church

Had there been a Livingsto ege when Price came on the se no doubt would have be duct of the same. Dr. W. F. who succeeded him was train he came to Zion from the

ogical training at Lincoln when we had no theolog