### IN THE MAJOR LEAGUE TRAINING CAMPS

THE FOURTH ARTICLE OF A SERIES IN WHICH JAMES CRUSINBERRY, FAMOUS SPORTS WRITER, WILL SIZE UP THE VARIOUS BIG LEAGUE SQUADS FOR THE READERS OF THE STAR. TODAY HE WRITES OF THE ST. LOUIS CARDINALS.)

st Louis Cardinals would win the st. Louis Cardinals would win the st. Louis cardinals would win the st. Louis outfit, isn't counting on the st. Louis outfit, isn't counting outfit outfit

contains such men as Roger Horns- with speed but little experience.

ague in stolen bags. Shotton, Four- ty-two homers.

pitchers to be at the bottom.

frankly admitted the St. bissness if the clark as if one or two slightly, and it looks as if one or two of my old pitchers will have better form and as if one or two young fellows are ready for the big show.

diers don't get up so early.

The Cards eat at the Rotary club. where a special training table is provided. Immediately after breakfast,

such as he showed us that day. ible by big leaguers, but there is St. Louis out of the joke class. hope and they'll still learn. You know f you just keep on telling a fellow the right thing when he's done it

R B

ETS

dition

kidneys of their liss Na-regular

m pain, nd phy-hem, for

very se-liss Na-

sign of

hey are stand-

due to

e appe-

kidneys to Rliss e not a now. I on hand, em."

are put

onight 1920.

come.

wrong nineteen times, there's a possi-bility that he'll do it right the twen-Rickey would like to make a trade that would give him either a high class pitcher or a high class catcher -one who could help his present pitching staff-but it looks as if no such deal could be made. The Giants would ike to have Milton Stock, and Rickey would give them Stock, but only for ome stars. He said they could have him for Outfielder George Burns,

Backstop Loses Temper.
At present Vernon Clemons is chief eatcher for the Cards, and his main fault is getting mad at the umpires.

# THIN PEOPLE

Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force,

Judging from the countless preparaually being advertised for the purpose

to starved nerves. Our bodies need more phosphate than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate. hate known among druggists as ditro-phosphate, which is inexpensive and is sold by Bellamy and most all ruggists under a guarantee of satisaction or money back. By feeding the nerves directly an' by supplying the body cells with the necessary phosphoric food elements, bitro-phosphate my only hope of cure was an opera-

Increase in weight also carries with t a general improvement in the health. Nervousness, sleeplessness and lack of energy, which nearly always accom-pany excessive thinness, should soon happear, dull eyes brighten and pale

fat-producing foods .- Adv.

Brownsville, Tex., March 17.—If the "Pickles" Dilihoefer, formerly of the Cubs, is second string man, and a youngster named Henry Roth, a soi-

ng staff.

ng staff.

ng staff.

ng staff.

ng can get any kind of pitching man for the jeb. Johnny Lavan, formgould class as major league stuff erly of the Browns, is the shortstop.

ight create quite a str in the and Stock will be on third.

ght creating he's likely to be a trailed with the Red Sox several seaonce more.

Rickey has a strong hitting than ever. Jim McLoughlin and Ray No one can doubt that when Blades are two St. Louis semi-pros

contains such men as Roger Horisit contains su Heathcote Fast on Paths.

Heathcote Fast on Paths.

The Major says Heathcote is the Silcott, aspire for jobs. The former The Major baseball and is willing hit over 300 in the Canadian league wager a new hat he'll lead tthe last year, and was credited with twen-

league in stolen bags. Shotton, Four-league in stolen bags. Shotton, Four-ty-two homers.

While Shotton handles the job of chief assistant to Rickey, the St. Louis boss also carried old Joe Sugden as coach. Joe, however, devotes most of his time to the job of teaching the Unless a couple of youngsters come pitchers the tricks of baseball. Charley Unless a pitchers, the Cardinals are Barrett, scout of the team, also is

through as pitchers, the Cardinals are likely to trail along with the tail end clubs just as they did a year ago. They had the worst pitching staff of them L'I then. They were last in them L'I then. They were last in the bottom.

Barrett, scout of the team, also is helping in the work at camp.

Rickey has the most picturesque and unique training camp I ever visited. Being on the Mexican border, everything that it was possible for the boys have to know a bit of Spanis. to order ham and eggs and get The St. Louis staff allowed more hits what they order. After they have than any other staff during the 1919 learned a bit of the talk, they can go season. They allowed more runs per game than any other staff. They gave of the Rio Grande, and enjoy for one more bases on balls. They hit more dollar a dinner consisting of jack batters. They made more wild pitches snipe, quail on toast and a vension and they fanned fewer batsmen. Maj. steak, with all the necessary side and they fanned fewer batsmen. Maj. and they fanned fewer batsmen. Maj. and they fanned fewer batsmen. Maj. things to make such a dinner comdown in his borderland training camp he is working desperately to correct such a feed, but if he could it would cost about eight dollars.

Counting on Schupp.

Twe got to improve my pitching Rickey's method of running a trainstaff or I can't see much hope for us ing camp makes a fellow think he's in this year. "But at the same time I Over at Fort Brown, two blocks from have a ball club that can do a lot of the hotel, one can hear the bugle call business if the staff is improved only fifteen minutes later. Even the sol-

"A lot depends upon Ferdie Schupp, and I really believe he is going to be in his old time form. I can bank on Willie Doak's doing well. Marvin Goodwin should be able tto handle his game.

Then there are Bill Sherdell. Jake May, and Elmer Jacobs of the older set, who know enough about pitching grounds of the fort.

Viued. Immediately after breakfast, they group themselves in front of a desk and Rickey presides in a meeting of one hour, during which baseball things are discussed and lectured on, just as if it were a class in college. 'rom 8:30 to 9:30 a. m. the athletes are at liberty, but at 9:30 they are dressed for a session at the parade grounds of the fort.

There Rickey gives and I

to go along in the big leagues, and I feel sure of a great deal of help from Jess Haines, who wen twenty-five last year, and Walter Schulz, a youngster whom I picked off the St. Louis semi-pros. He beat us last year in an another day to a set of outfielders and linfielders on sliding to bases, maybe another day an hour of work by the stribition game at Mount Vernon and linfielders on drill to break up the exhibition game at Mount Vernon, and infielders on drill to break up the double steal.

This is followed by the regular sessions of batting and fielding practice. Bone in the Outfield. sions of batting and fielding practice. With all that I can't help but feel There is a two hour rest at noon, then somewhat optimistic about my pitch-ing staff. I have out lelders who make winding up with a nine inning game They throw to the wrong between two picked teams. No other bases and sometimes do a lot of other set of players seems to work so long things that you wouldn't think pos- and hard as this outfit. It may pull

Catcher Smith and some young in-fielder. That makes a deal practically Improved Tablet, Called Aspitone, Retains All The Medicinal Virtues, But Is Slightly Stimulating Instead Of Depressing To The Heart—Does Not Upset The Stomach.

Physicians and druggists are delighted with Aspitone, the improved aspirin tablets, that do not depress the heart nor upset the stomach. All who have tried the new tablet are delighted with its quick and agreeable effect and claim that it is much more effective and in every way su-perior to the old style aspirin. Physicians maintain that its safety alone should give it preference over all other remedies for headache, neural-Nothing Like Plain Bitro-Phosphate to gia, rheumatism and especially for severe colds and influenza, in all of which diseases the heart is said to be weakened and should be stimulat-

ed rather than depressed. The new Aspitone is slightly stimtions and treatments which are contin- ulating instead of depressing to the heart. It relieves pain, fever, and the of making thin people fleshy, develop- tendency toward congestion of pneug arms, neck and bust, and replacing monia quicker and more completely igly hollows and angles by the soft than does aspirin, and is entirely free dived lines of health and beauty, of the heart-depressing effect. Many there are evidently thousands of men persons of weak heart whose lips beand women who keenly feel their ex- come pale and blue or who are de-Thinness and weakness are often due find Aspitone free from these objec-

should produce a welcome, transformation in the appearance: the increase mation in the appearance; the increase in weight frequently being astonishand completely cured me. Years have passed and the rupture has never re-turned, sithough I am doing hard work as a carpenter. There was no operation, no lost time, no trouble. I have nothing to sell, but will give full information about how you may find cheeks glow with the bloom of per- a complete cure without operation, if feet health Caution: While Bitro-Phosphate is unsurpassed for the relief of nervousing it who do not desire to me, thou to me, Eugene M. Pullen, you write to me, Eugene ing it who do not desire to put on are ruptured—you may save a life or flesh should use extra care in avoiding at least stop the misery of rupture and fat-products. the worry and danger of an operation.

## NOMINATE YOURSELF

OR A FRIEND

On June 26, we are going to give away the following

A Beautiful 5 Passenger Touring Car Value \$16.50

An Elegant

### New Edison **PHONOGRAPH**

With 25 Records, value \$200.00

A Beautiful

Choice of Mountings, value \$150.00

A Handsome

Value \$75.00 SOLD BY HONNET

For Boys and Girls 2 Bicycles Value \$50.00 Each

MANY

### CASH PRIZES IN GOLD

Do It Now Fill Out and mail this coupon TODAY!



Note this

## SPECIAL

Every contestant will be paid in CASH WEEKLY 10 Per Cent. of the amount he or she turns in. This offer applies to EVERY contestant.

### Contest Opens March 22 Contest Ends June 26

Only 14 Weeks--- Get Busy!

# NOMINATING BLANK TODAY

### NOMINATING BLANK

NEIGHBORHOOD NEWS, Telephone 759, 48 Trust Building, Wilmington, N. C.

Without obligation to enter your contest, enter

Name .....

Address ...... to compete for prizes offered. As soon as possible, call and explain the details of the contest.

WANTED-In Wilmington, Live, Automobile Distributor for bunch of counties surrounding Wilmington for High-Grade Six-Cylinder Automobile.

-: Specifications :-

HERSCHELL-SPILLMAN MOTOR-A six-cylinder meter cast in block, removable head. Bore and stroke 3 1-4x5 inches, three ring pistons, 57 horse power. Gear-driven pump. Cooling system, Fedders' radiator and

four-blade ball-bearing fan. WESTINGHOUSE GENERATOR, also WESTINGHOUSE STARTER

ATWATER-KENT DISTRIBUTOR RAYFIELD CARBURETOR ADJUSTABLE FOOT PEDALS BORG & BECK CLUTCH ACME UNIVERSALS

TIMKEN AXLES-Front and rear, and TIMKEN BEARINGS THROUGH-

OUT ONE-MAN TOP

RAIN VISION WINDSHIELD

SPECIAL PAN-AMERICAN BODY, TRIMMED IN GENUINE LEATHER ALL INSTRUMENTS NICKELED

Your trade will welcome these new models with much enthusiasm. We hope to commence shipping some of these new models about the 20th of

Our new models will be the most beautiful jobs produced in the year 1920; they are regular aristocrats and have all the earmarks of custo made models, characteristic of the Pan-American cars.

Eure Motor Company, Inc. Distributors

Ayden, N. C.