# WILMINGTON MORNING STAR, WILMINGTON, N. C., FRIDAY, SEPTEMBER 28, 1923.



some time.

Sprunt.

Mrs. Hayward Clark is expected to

. . .

for Richmond, where she will take a

course in Sunday school work at the

Miss Kate Cheshire, of Tarboro, re-

. . .

General Assembly Training school.

Mrs. John Haar, and Mrs. A. J. Miller. brie r turnet h me avter . bend ig

the State. Mr. and Mrs. Lucis Hanson and N. Y., where she has been spending daughter, Katherine Augusta, have moved from Wrightsville Beach, where they spent the summer.

SIX

Mr. and Mrs. Holden K. Farrer announce the birth of a son, H. K. Jr., at Evanston, Ill., Tuesday. Mrs. Far-rar prior to her marriage was Miss Vollers, of Wilmington.

Gilchrist-Victor Invitations. Cards reading as follows have been

James Cheshire, of Raleigh, was a business visitor here Wednesday. received here: "Mr. and Mrs. Henry McLeod Victor "Mr. and Mrs. Henry McLeou Hotor request the pleasure of your company at the wedding reception of their daughter, Ellen Rives and Mr. John William Stuart Gilchrist, on Wednesday, October the tenth, at half after seven o'clock in the evening at their home on the Plaza, Charlotte, North Garolina. R. S. V. P."

Accompanying card: "Mr. and Mrs. Henry McLeod Victor request the honor of your presence at the marirage of their daughter on Wednesday, the tenth of October at seven o'cock at Saint Martin's church." Enclosed is a card to be presented at the church door.

the church door. The marriage of Miss Victor and Mr. Gilchrist, two of Charlotte's most prominent and popular young members of society, will be a brilliant event.

Mr. and Mrs. J. N. Highsmith an-nounce the birth of a son, James, Juntor.

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D. A. R. Invitations Mrs. Charles W. TTillett, of Char-lotte, state regent of the D. A. R., has received an invitation to attend the received an invitation to attend the state convention of the Connecticut Daughters. The handsome card, bear-ing the D. A. R. emblem in the upper left-hand corner, reads as follows: "The State Regent and Daughters of the American Revolution of Connecti-cut request the honor of your presence their thirtieth state meeting to be held by invitation of Lady Fenwick chapter, at Cheshire. Connecticut, on Friday, October 12, 1923. Kindly respond to Miss Alice Lee Coe, state cor-responding secretary, 60 Hinsdale

avenue, Winsted." Mrs. Tillett is also in receipt of an invitation from the Pennsylvania Daughters, which reads as follows: "The State Regent of Pennsylvania and the Pennsylvania Daughters of the American Revolution request the honour of your presence at the annual statec onference to be held in Lancas-ter, on October 22-25, 1923."

### Dutch Supper at Trinity Church

At Trinity church Friday evening at 7 o'clock the men of the church and congregation will be entertained at supper by the ladies of the church, but the hospitality of the ladies covers service only. Everybody who eats pays. However, from past experience, no one will regret what it costs on this occasion. This autumn "get together" is arranged for the men of the church and their friends to talk over matters of general interest in the affairs of the congregation. There will be general good fellowship and a good time while be had by all who sit in.

Prepare now for the opening of our new series, October 6th. Orton Build-ing & Loan Association.

Friends of Mrs. Graham Kenan will An iron kettle is best to stew pump-be interested to learn that she landed kins in because to stew pumpkins in because the pumpkin can be Wednesday in New York from an excooked drier and acquire a darker col or without burning or scorching. It takes almost a day to "stew" a pump-kin. Bub through a colander or put through potato ricer. tended trip abroad. Mrs. Thomas L. Smith and sittle

daughter, of Charlotte, will return home Friday, after an extended stay af the Parsley cottage, at Wrightsvills Beach . . .

F. G. Battle, of New Bern, is syend-ing a few days here on business.

Tom Meares has gone to Raleigh on Mrs. Hayward Clark is expected to hum mess trip. return home next week from Saratoga, a business trip. J. A. Elmore has gone to Vanceboro and New Bern for a few days on busi-

Miss Kate Cumming left Thursday ness. friends here. Miss MacDonald also spent some time visiting at Fayette-

ret Huske.

HELENE IS SINGLE AGAIN

turned home Wednesday after a visit ville. here to Mr. and Mrs. J. Lawrence Miss Jane MacMillan is expected to return Saturday from Fayetteville, where she is now visiting Miss Marga-

One cup of sifted pumpkin, 1 egg, 2 cups milk, 2-3 cup sugar, 1 scant tea-spoon ginger, 1-2 teaspoon salt, rich pastry. Line a deep pie pan with a rich pie crust. Beat egg slightly. Mix sugar, salt and ginger and beat into egg. Add pumpkin and mix well. Stir in milk.

Blend perfectly and pour into pie shell Put into a hot oven to bake the crust quickly. Reduce heat and bake until the pie is firm to the touch. This rule is for an eight-inch pie pan. If a larger size is used add more milk and

Miss Jane MacDonald, or Raleign, sugar, salt and ginger. If three pies has returned home after a visit to are needed 2 eggs, 2 1-2 cups pumpkin, 2 cups sugar, and milk to fill the pie pans is a good rule. One tablespoon ginger should be mixed with the sugar. If spices are desired add them to

taste.

## Puffy Pumpkin Pie

One cup sifted pumpkin, 2-3 cup sugar, 2 eggs, 1 1-2 cups milk, 1-2 cup cream, 1 teaspoon ginger, 1-2 teaspoon cinnamon, 1-4 teaspoon cloves, 1-2 tea spoon salt, pastry.

Beat yolks of eggs with sugar, salt and spices. Add pumpkin and milk and cream and mix thoroughly. Beat whites of eggs until stiff and dry and fold in mixture. Turn into a deep pie pan lined with rich pastry and bake in a hot oven at first and a slow oven to prevent the custard from watering.

Pie With Meringue One cup sifted pumpkin, 2-3 cup sugar, 3 eggs, 2 cups milk, 1-2 tea-spoon ginger, 1 teaspoon cinnamon, 1-2 teaspoon salt, 2 tablespoons powdered sugar, baked pie shell.

Beat yolks of three eggs and whites of two with sugar until light. Add pumpkin, milk, spicee and salt and cook over a slow fire until thick and Turn into baked pie shell. smooth Beat white of egg until stiff and dry. Beat in sugar and spread over pumpkin mixture. Bake eight minutes in a moderate oven to set and colos the mesingue.

Mysteries of Meat Packing

Morris employe

Morris employee elect representatives to meet with repre-sentatives of the management in dis-cussing and deter-mining matters of mutual concern. Employee; have a voice in fixing vases and working

wages and conditions

M-9

The last two recipes ase sort of spe-cial, company pies.

#### SAUSAGE

With the coming of cold weather, pork may be introduced into the diet. While this delicious meat is more difficult than beef to digest, a moderate use of it can do no harm to the ordinarily healthy person.

If pork is well done and accompanied by the proper dishes there is no reason why chops and roasts and sausage should not appear on most dinner or luncheon tables once a week. The amount of fat in other foods served in a meal with pork should be decreased. Sausage is almost one-third fat pork, so choose vegetables lacking in fat. Let the salad be a simple green or fruit salad with a French dressing and the dessert a custard of rice or fruit tapioca.

These recipes for sausage may be new to you. They provide a meat course lacking in protein but rich in fat, so supply the deficiency in the dessert.

#### Stuffed Apples

Four large apples, 1-2 pound bulk sausage, whole cloves.

Wash apples and remove cores. Stick few cloves into the flesh of the apples. Fill cavities of apples with sausage. Put in a baking dish with a very little water. Cover and put in a hot oven for 20 minutes. Reduce heat and remove cover and bake an hour in a slow oven. Baste with the juice in the pan.

#### With Candied Apples

One pound sausage, 4 apples, 1 cup vinegar, 2 cups brown sugar, 1 teaspoon cinnamon, 1-2 teaspoon cloves, cracker dust

Small sausages or ling sausage should be used. Dip sausage in boiling water to cover and let simmer half an hour. Drain and put in a hot frying pan. Prick with a fork and fry half an



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10.8

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Helene Chadwick, movie star, has divorced her second husband, William Wellman. Once before she cut the tie that binds from Louis H. Fontaine of Auburn, N. Y., whom she married in 1915.

Sister Marys Kitchin

By Sister Mary

utes.



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COMPANY

QUICK BREADS

A loaf of bran or graham bread spoon soda; two teaspoons sait, table-dressed up with nuts or raisins helps spoon melter butter. Mix graham flour, out a scanty meal and proves a friend white four and corn meal with salt. indeed to the busy h ousekeeper in canning season. These breads are quickly and easily

made, are highly nutritious and can be used in place of dessert. A tiny dainty sandwich served with afternoon tea, be thetea hot or iced, will appeal to any caller if the bread be

bran. For she who would "eat and grow thin" may eat bran bread with impunity. And a generous piece of this same

bread generously spread with butter will satisfy Johnny when he comes in starved from work or play and make very definite ideas on the subject. They him quite forget he wanted candy.

Bran Bread Two cups sterilized bran, one cup whole wheat flour, one cup butter milk or sour milk, half cup molasses, half cup chopped nut meats, half cup seeded raisins, half teaspoon soda, teaspoon nuts and raisins. Add molasses; dissolve soda in milk and add to first mixture; beat well and turn into a buttered and floured bread pan; bake an hour in a slow oven. This is a simple whole some bread without eggs that can be served any time during the day. Small serve with the dinner salad. Brown Bread

Two eggs, teaspoon salt, half cup ugar, half cup molasses, two cups ster-lized bran, cup graham flour, cup white four, two cups sour milk, two teaspoons cup seeded raisins. Beat eggs well; beat in salt, sugar and molasses; add bran and mix well; add one cup of milk; add graham flour, and half cup milk; sift white flour over raisins and add to mixture; mix thoroughly; dis-solve soda in remaining milk and stir into mixture.' Be sure that the whole is well mixed and thoroughly blended. If not well mixed the bread will be streaked and heavy in spots. Turn into buttered and floured pans and bake an hour in a hot oven.

If this bread is wanted specially for sandwiches it can be baked in pound baking powder cans if no sandwich pans are at hand.

White Nut Bread Three-fourths cup sugar, oneegs, one teaspoon salt, one and a h alf cups sweet milk; four cups flour, four teaspoons baking powder, one cup broken nut m etas. Beat egg well with sugar and salt; mix and sift flour and baking powder; add alternately with milk to first mixture; stir in nuts and mix thoroughly. Turn into a buttered and flour-ed bread pan and let rise in a warm place for 20 minutes; bake 45 minutes in a moderate oven.

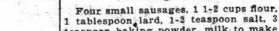
Graham Nut Bread Two cups graham flour, cup white flour, teaspoon salt, tablespoon brown sugar, cup nut meats, two tablespoons molasses, teaspoon soda, tablespoon hot water, one and a half cups sour milk. Mix graham flour and white flour with salt, sugar and nuts. Add sour milk and molasses and mix thoroughly; dissolve soda in hot water and stir into mixture. Turn into a butter-ed and floured bread pan and bake 45 minutes in a hot oven.

Boston Brown Bread Two cups graham flour, cup white lour, two cups corn meal, cup molasses,

hour, turning frequently, cup sour milk, cup sweet mil k, tea-Make a sirup of the vinegar, brown sugar and spices. Pare apples and respoon melter butter. Mix graham flour, move cores. Cut in 'slices one-fourth Dissolve soda in sour milk and add to

inch thick. Drop in boiling sirup and ents and mix thoroughly. Turn into buttered and floured baking powder cans and steam three hours. Then bake in a mderately he towar for the transformation of the sausage fat and serve around susage. cook until clear. Remove from strup

Sausage Rolls



"When the frost is on the pumpkin' nost men-folk begin to think it's time for pumpkin pie. And most of these men, who know nothing "whatever about the baking of these pies, have agree that the pies should be "thick,'

meaning an inch and a half deep, that they should be creaming and smooth and not too stiff, but bby no means "watery." And then they disagree when it comes to seasoning. Some like them dark with spice and others salt. Mix bran, flour and salt with say "No mixture of strong spices in my pumpkin pie. So for the benefit of the woman who

RED

GOOSE

SHOES

in a moderately ho toven for 15 min

PUMPKIN PIE

"strives to please" these recipes are offered. Yankee Pumpkin Pie Cut pumpkin in narrow strips. Re move seeds and pare. Cut in dice. Put

buttered sandwiches are very nice to in a kettle and stew covered until ten- Stringthening, Invigorating Effect of der. Enough water to prevent burn-ing must be added to the pumpkin. 60c.-Adv.

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**RED GOOSE** 

SCHOOL SHOES

FOR

BOYS

etersons kulls

Home of Good

teaspoon baking powder, milk to make soft dough. Parboil sausages for 10 minutes Cool and remove skin. Mix and sift flour, salt and baking powder. Rub in lard with tips of fingers. Cut in milk with knife. Roll on a well-floured

board to about one-half inch thickness. Cut in oblong-shaped pieces large enough to completely cover each sausage. Roll and pinch edges together Prick top of each roll several times with a fork. Bake 45 minutes in a moderate oven.

Serve with scalloped or creamed potatoes, caramel custard or prune whip

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by Sweet Rose



can give your family the things they like to eat and that it won't hurt them a bit. People used to be afraid of hot cakes; waffles, muffins and even hot biscuits, thinking they weren't digestible. But since so many of the big medical men have said that they are harmless and good these dishes have been more popular than ever.

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