Beauties' Hints

This Five-Point Plan Will Keep Your Feet Fit

MISS CAGNEY: Talented.

By ALICIA HART

Dancers and actresses who often spend more hours on their feet than they do off, give them every bit as much attention as they do their faces. They can't risk having trouble with their feet.

Foot care needn't be complicated to be effective, insists talented Jeanne Cagney.

Her five-point plan for happy feet is as simple as this:

Change your shoes at least twice a day.

Be certain to buy stockings which are long enough. Otherwise they will cramp your feet as much as tight shoes.

If you stand or walk a great deal, then wear shoes with a medium heel. Save your high heels for special dates.

Always exercise your feet a minute or two before retiring by spreading and stretching your toes and twisting your ankles first one way and then the other.

When your feet are especially tired, make a solution of epsom salts and warm water and soak them for 10 minutes. Dry them briskly with a rough turkish towel to stimulate circulation.

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BIRTH ANNOUNCED

Mr. and Mrs. John S. Peeler of Carolina Beach, announce the birth of a daughter, Frances Rose, October 3. Mrs. Peeler is the former Josephine Miller of Salisbury.

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WEINER ROAST HELD

The local employes of the Postal Telegraph company with several invited guests were entertained at a weiner roast at the home of Miss Kathleen Melton on Masonboro Sound on Wednesday evening.

During the evening dancing and singing was enjoyed.

Keep Perspiring Feet Dry and Sweet

Excessive perspiration often makes your feet uncomfortable—socks or stockings damp, as well as causing disagreeable foot odors. Try dusting your feet and shoes with Allen's Foot-Ease. Easy—quick—convenient. It acts to absorb excess perspiration and prevent odors. If you are breaking in a new pair of shoes or if you are wearing an ill-fitting tight pair, there's nothing like Allen's Foot-Ease to relieve the friction that makes feet feel so uncomfortable. For real foot comfort, be sure to ask for Allen's Foot-Ease today! At all druggists.

Rosehill Woman's Club Members Fete Husbands At Party

ROSEHILL, Oct. 7.—The Rosehill Woman's club entertained on Friday evening, at a "covered dish supper" honoring their husbands and guests on the lawn of the E. P. Blanchard home. Mrs. E. G. Murray, Mrs. A. B. Wells, Mrs. J. C. Mallard, Sr., Mrs. Carl Alderman and Mrs. Leland Teachey were hostesses for the September meeting and Mrs. J. L. Jones was chairman of the program committee. Rev. M. F. Bain, pastor of Mt. Zion Presbyterian church, was guest speaker.

Miss Estell Fussell entertained last Thursday afternoon honoring her niece, Anita Graham Fussell, on her eleventh birthday. Bingo was played and everyone present received an attractive prize. The guests were invited into the dining room where a pretty birthday cake with eleven candles centered the table. Punch and cake were served to the honoree, Lucy Ellen Wells, Gladys Bain, Susie Scott, Ann Jerome, Carolyn Robinson, Emma Grey Teachey, Barbara and Shirley Wilson.

The Rosehill Music club began its 1943-44 season Tuesday evening with a meeting held at the home of Mrs. L. A. Wilson. Mrs. C. F. Hawes was assisting hostess and a salad course with coffee was served at the beginning of the meeting. Plans for the year were discussed by Mrs. Hawes, president of the club, who presided at the meeting. The year's program was outlined by Mrs. H. C. Marshall. The following committees for the coming year were read by the secretary, Miss Jesse Moore: Finance, Mrs. E. G. Murray, chairman, Mrs. L. K. Alderman. Publicity, Miss Jesse Moore. Ratingsheet chairman, Mrs. L. A. Wilson. Music in the home chairman, Mrs. J. M. Jerome; junior counsellors, Miss Annie Louise Smith, Mrs. L. K. Alderman; war service chairman, Mrs. A. B. Wells. Committees for the coming district meeting to be held November 3, at which time Rosehill will be hostess to the Southeastern District of North Carolina, were read by Mrs. Hawes and the meeting was adjourned.

The Junior Music club met at the home of Joyce Williams on Friday afternoon at 3:30 o'clock. After a short business session with Marilyn Alderman presiding, the following program was rendered: Miss Annie Louise Smith read letters written by other boys and girls on the musician Greig. Marilyn Alderman played two of Greig's compositions and two other numbers. Joyce Williams led a musical quiz. The hostess and her mother, Mrs. L. W. Williams, served ginger bread with whipped cream to the 18 members present.

BIRTH ANNOUNCEMENTS

Cadet and Mrs. Robert Judson Boaz, Jr., of Arcadia, Fla., announce the birth of a son, Robert Judson, III, on October 1 at Goldsboro hospital in Goldsboro. Mrs. Boaz was formerly Miss Doris Moore Fussell of Rosehill.

Sgt. and Mrs. Robert Fields of Rosehill, announce the birth of a daughter, Bobbie Jean, on September 26 at their home in Rosehill. Mrs. Fields was formerly Miss Cleo Sanderson of Rosehill.

Mr. and Mrs. Beaufort Longest of Rosehill, announce the birth of a son, James Patrick, on September 20 in Goldsboro hospital. Mrs. Longest is the former Mary Teachey Faircloth of Rosehill.

Mr. and Mrs. Jerry Henry Cottle, Jr., of Rosehill announce the birth of a daughter, Nita Jean, on September 19 at their home in Rosehill. Mrs. Cottle was formerly Miss Mary Helen Brown of Magnolia.

GO HOME—AND GO 'FEMININE'

★ ★ ★ ★ ★ ★ ★ ★ ★

CHIC OF NEW NEGLIGEES RELIEVES PROSY WARTIME WORK TOGS

Chic and comfort are combined in these two winter lounging robes. The loose, boxy model at the left is of pale pink wool with satin ribbon trimmed yoke and bow-tied neckline. The fitted, button-up tunic at the right is of soft brushed rayon with faille bands and insets.

(From Lord & Taylor, New York)

By ROSELLEN CALLAHAN

NEW YORK—Women with any inclination, however small, to let their appearance go while their "one and only" is away in the service, will perish the thought the moment they lay eyes on the filmy nighties, smocked satin sleeping pajamas and ribbon-trimmed robes of gossamer wool or quilted flowered taffeta, which have been dreamed up for them this season.

Designers—realizing that women who wear austere work clothes in war plants or extremely simple attire while doing civilian defense work, want something super in "intimate" apparel to offset the severity of daytime clothes—have made their gowns and robes as alluring as the law allows.

Chic and comfort are cleverly combined in the newest negligees. Their fleecy fabrics and ultra-feminine styling make them as cozy as tea-for-two and at flattering as candlelight. You'll find, too, that they are excellent fuel-extenders.

One of the newest-looking robes is the pastel tunic coat of "shaggy" brushed rayon with buttoned flange and midriff or sleek faille. Also very new, but more informal, is the loose, boxy model of pale pink wool, tied at the throat with a bow of self fabric and its wide yoke outlined in ruffled satin ribbon, which was shown with pink satin pajamas to match.

Quilted satin and taffeta robes in floral patterns and solid colors are featured in two lengths this season—to the ankles and just below the knees. The perennially popular classic wool robe piped in a contrasting color is still a favorite, but the college crowd has also cast votes fo the floor-length polo coat in camel's hair fleece.

Hardy souls who never feel the cold will have a hard time making but one selection from the many new nighties of sheer chiffon trimmed with lace and fagoting, printed rayon gowns with gathered Empire bodice run with ribbon and lace, and those of crepe exquisitely embroidered and appliqued with natural colored fruit.

And those of you who live in heat-rationed houses will bless the designers of the flannelette one-piece pajamas with gaucho trousers, high-buttoned neck and long sleeves which button snugly around the wrist, and the rose-garlanded flannelette gowns with flattering flat midriff, smart lay-down collar and dirndl-like skirt.

Still popular are the chenille robes of cotton, silk or velvet, easily donned over pajamas or nightie, available in white or colors.

Unrationed slippers come in all varieties and colors, and although matching shades make an extra-nice ensemble, the average woman prefers to have only one pair of a contrasting color which can be worn with all her robes and housecoats.

(From Saks Fifth Avenue)

She sleeps in beauty who sleeps in the nightie of black chiffon, at right, with deep decolletage trimmed with flattering black cotton lace.

Mrs. Roudabush Returns From Missionary Meet

Mrs. W. P. Roudabush returned this week from Roanoke, Va., where she went to attend the annual conference of the Woman's Missionary Society of the United Lutheran Church of America.

Mrs. O. A. Sardeson, of New York, president of the National Woman's Missionary Society of the United Lutheran church, was the principal speaker and spoke on "Tomorrow and the Day Following." In observance of the 25th anniversary of the society it was shown there is now a membership of 64,000 who have contributed nearly $10,000,000 during the past quarter of a century for missionaries and maintains 63 missionaries compared to 35 when it was organized. Dr. F. K. Knuble, president of the United Lutheran Church of America, addressed the conference, which had an attendance of nearly 1,000 members.

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War Kitchen

Bavarian Pies Does Duty As Dual Dinner Dessert

By GAYNOR MADDOX

Here's a time-saving double dessert. Serve the first half for Saturday's dinner, and the other half, with extras for a de luxe Sunday surprise.

Bavarian Pudding
(Twice original recipe—serves 4-6)

Two envelopes plain, unflavored gelatin, 1-2 cup cold water, yolks of 4 eggs, 1-2 cup sugar, 1-2 teaspoon salt, 2 cups milk, 1 teaspoon vanilla, whites of 4 eggs, 1-2 cup sugar. Soften gelatin in cold water. Beat egg yolks with 1-2 cup of sugar and salt, add to milk and cook in double boiler until of custard consistency. Add softened gelatin and stir until dissolved. Allow to cool until mixture begins to congeal. Fold in beaten egg whites to which remaining 1-2 cup of sugar has been added.

Divide mixture in half. Turn one-half mixture into one large mold or individual molds, which have been rinsed in cold water. Chill. When firm, unmold and serve with fruit sauce.

Bavarian Pie
(Serves 4 to 6)

To remaining half of mixture add one of the following:

3-4 cup of crushed peppermint candy
3-4 cup of crushed peanut brittle
3-4 cup of shaved sweet chocolate
3-4 cup of macaroon crumbs
3-4 cup of gingersnap crumbs
3-4 cup chopped nuts

Allow the mixture to chill until quite thick. Pour into baked pie shell. Chill until ready to serve.

For nuts, use any of the large crops of walnuts, pecans and filberts, being produced this year in our southern and Pacific states. The crops are just beginning to come in and will be at their high about Halowe'en time.

SUNDAY'S MENU
(Eat the Basic 7 Every Day)

BREAKFAST: Melon, wheat flakes, crisp bacon, honey bran muffins, butter or fortified margarine, grape jelly, coffee, milk.

DINNER: Chicken with dumplings, gravy, green beans with drippings, mashed potatoes, cabbage and green pepper salad, enriched bread, butter or fortified margarine, Bavarian pie, coffee, milk.

SUPPER: Chicken and tomato broth, vegetable salad, hot biscuits, cottage cheese with chopped dill pickles, fruit bowl, cookies, tea, milk.

Cereals are one of the Basic Seven Foods.

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BOARD TO MEET

RALEIGH, Oct. 7.—(AP)—North Carolina's new state planning board will hold its first meeting with Governor Broughton tomorrow. The governor said the board would map plans for conferences with municipal officials and planning boards, and with State Departments, concerning post-war plans already formulated by these groups.

MIND YOUR MANNERS

Test your knowledge of correct social usage by answering the following questions, then checking against the authoritative answers below:

1. Should a hostess keep busy all the time she has guests, emptying ash trays, etc.?

2. When your host shows you his dog should you ask, "Is he a thoroughbred?"

3. Is it all right to ask your host or hostess the cost of something if you say, "I know I shouldn't ask, but—"?

4. Should you tell acquaintances how much money you earn?

5. Should the girl who dates an enlisted man be considerate of his pocketbook?

What would you do if—

Friends drop by after dinner to visit with you and your husband, and a lively conversation is in progress—

(a) Suggest playing bridge?

(b) Don't suggest playing bridge unless the conversation lags?

Answers

1. No. It makes guests uncomfortable.

2. No.

3. No. If you know you shouldn't ask, don't.

4. No.

Better "What Would You Do" solution—(b). When guests really enjoy talking, let them talk.

5. Yes.

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The four unwebbed toes of most wading birds permit them to perch well.

Winter Park P.-T.A. Committee Will Meet

The Winter Park P.-T.A. executive committee will meet Friday afternoon at 2:30 o'clock at the school.

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LAKE WACCAMAW

LAKE WACCAMAW, Oct. 7.—Midshipman Frank A. Gault has returned to New York, after spending several days here with his parents, Mr. and Mrs. F. B. Gault.

Bruce Franklin Sloan has gone to Wake Forest, where he will enter Wake Forest college for his Junior year in pre-med.

Warrant Officer, James Wayne and Mrs. Wayne of Chicago, Ill., spent several days here during the week with Mr. Wayne's mother, Mrs. H. N. Wayne. Mr. Wayne returned to Chicago Saturday and Mrs. Wayne will remain for a few days visit with friends here and at Fairmont.

Rone Lytton has gone to Raleigh where he will enter State college.

Mrs. S. C. Chauncey, Mrs. J. G. Hall and Miss Mary Lou Chauncey were Wilmington visitors Saturday.

Miss Eunice Chauncey of Wilmington, was here for the week-end with her parents, Mr. and Mrs. S. C. Chauncey.

Mr. and Mrs. B. F. Morton and Miss Hester Wayne of Raleigh, spent the week-end here with their mother, Mrs. H. N. Wayne.

Mr. and Mrs. Tommy Stocks, of Monroe, Mrs. Marjorie Ward and Miss Eula Graham of Charlotte, and Mrs. Junior Creech and little daughter, Carolyne of Wilmington, were here for the week-end with their parents, Mr. and Mrs. J. M. Graham.

Mrs. R. Q. Powell of Marion, S. C., was a week-end visitor to her daughter, Mrs. B. L. Townsend and Mr. Townsend at their home on the Lake beach.

Miss Martha Stephens of Holly Ridge, spent the week-end here with Mr. and Mrs. H. T. Hood.

Misses Dorothy Lee and Mabel Mollie McGee spent the week-end in Fair Bluff with relatives.

Mr. and Mrs. S. J. Chauncey spent several days here with their parents, Mr. and Mrs. S. C. Chauncey. They left Monday, Mr. Chauncey going to New York where he is stationed with the U. S. Navy, Mrs. Chauncey returning to her home in Philadelphia.

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BIRTH ANNOUNCED

Mr. and Mrs. Grady Crabtree announce the birth of a daughter, Jo Ellen, October 3, at James Walker Memorial hospital.

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PRESSURE WAS ON

WILSON, Oct. 7.—(AP) — Ernest Stokes and Frank Rice, radio comedians here, put on the pressure in the Third War Bond drive.

Their quota was $10,000. By appealing to their friends and other listeners, they sold $98,000 worth.

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Average salary of a Washington government girl is less than $1,800 a year.

SKIN IRRITATIONS OF EXTERNAL CAUSE

acne pimples, bumps (blackheads), and ugly broken-out skin. Millions relieve miseries with simple home treatment. Goes to work at once. Direct action aids healing, works the antiseptic way. Use Black and White Ointment only as directed. 10c, 25c, 50c sizes. 25 years success. Money-back guarantee. Vital in cleansing is good soap. Enjoy famous Black and White Skin Soap daily.

Now I Wear Slacks And Look Swell

Since I Lost That Ugly Fat

You adult fat people may often slim down without starvation diets and backbreaking exercises when your excess fat is due to thyroid deficiency and you have nothing else the matter with you. Just eat sensibly and take Marmola tablets only according to the recommendations and instructions with the package.

Marmola is not a cure-all. If in doubt at any time about advisability of treatment and for further information as to the properties and effects of the Marmola ingredients, consult a physician.

If you need Marmola, why not lose those ugly uncomfortable pounds the Marmola way. Don't delay. Druggists have sold more than twenty million packages during the past thirty years.

PERSONALS

Miss Mary Henri Lennon and Miss Mabel Williamson have returned to the city after spending several days in Raleigh as the guests of Mrs. A. K. Hutto.

* * *

Mrs. Annie Bell Peery is ill at her home on Red Cross street.

* * *

Mrs. Cornelia Miller of Salisbury, is here visiting her daughter, Mrs. John Peeler.

* * *

Mr. and Mrs. Coy Carter of Wallace, have returned to their home after visiting their son, Dewey Carter of Myrtle Grove Sound and with Mrs. Carter's sister, Mrs. Annie Bell Peery.

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Certificates Issued For Fuel Oil Here

A total of 381,906 gallons of fuel oil for New Hanover housewives to use for cooking purposes have been allowed through certificates issued by the rationing board, it was disclosed Thursday.

The rationing board has renewed 5,735 applications for fuel oil to heat dwellings and for hot water purposes during the 1943-44 season.

St. John's Tavern
114 Orange St.
Dial 2-8085
DELICIOUS FOOD!

MANOR TODAY SAT.
Double Feature
BOB STEELE
—in—
"Valley Of Hunted Men"
—also—
MAD RUSSIAN
—in—
'LET'S HAVE FUN'
Open 10.45 A. M Daily
LATE SHOW TONITE-SAT.
"HIGHWAY WEST"

VILLAGE THEATRE
Hewes Bldg. Maffitt Village
LAST TIME TODAY
Footlight Serenade
SATURDAY ONLY
Double Feature
Open 10:45 A. M.
CHARLES STARRETT
—IN—
Frontier Fury
—ALSO—
MANILA IS CALLING
Last Chapter Secret Code

RECALLED

WASHINGTON, Oct. 7.—(AP)—Felipe Espil, Argentine's ambassador who has served his country in the United States for many years, has been recalled by the Ramirez government, it was learned today.

FOR GIFTS and NOVELTIES
Visit
The Nancy Wilma Shop
112 N. Second St.

If you need to BUILD UP RED BLOOD!
Try this great blood-iron tonic—Lydia E. Pinkham's Compound TABLETS (with added iron)—one of the very best ways to get iron into the blood. Pinkham's Tablets are also famous to relieve symptoms of functional monthly disturbances because of their soothing effect on *one of woman's most important organs.* Follow label directions.

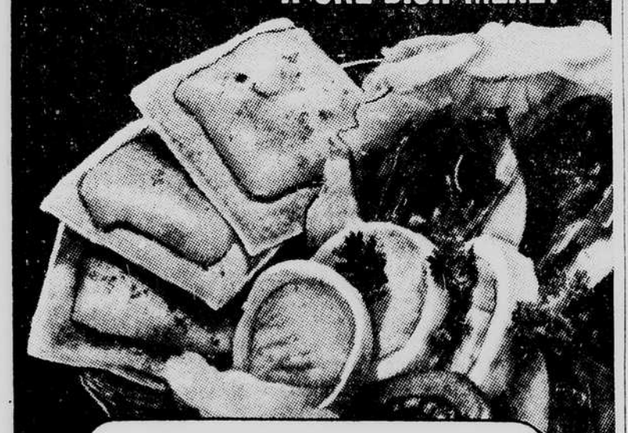
A few drops relieve Miseries of Sneezy, SNIFFLY COLDS
Put 3-purpose Va-tro-nol up each nostril. It (1) shrinks swollen membranes, (2) soothes irritation, (3) helps clear cold-clogged nose. Follow directions in folder. VICKS VA-TRO-NOL

TODAY AT THE THEATRES
BAILEY Today and Saturday
Sparkling Story of The Naughty Nineties!
Gene Tierney
Don Ameche
"HEAVEN CAN WAIT"
Shows: 12:55-2:40-4:25 7:07-9:18
CAROLINA Today and Saturday
On the Stage:
At 2:30-4:30-7:10-9:30
"TEMPTATIONS OF 1943"
On the Screen:
"SCREAM IN THE DARK"
with Robert Lowery
ROYAL Today and Saturday
A Smashing Drama of the Underworld!
"THE WEST SIDE KIDS"
with Don Barry
Dale Evans
Shows: 11:15-1-2:45-4:30 6:15-8-9:30
BIJOU Today and Saturday
A Screenful of Gun Blazing Thrills!
The Range Busters in "Land of The Hunted Men"
With Ray Corrigan
Dennis Moore
Also: "Darkest Africa"

1926 — Our Seventeenth Year — 1943
DIAL 4954
Pender FURNITURE COMPANY
"ASSISTANT HOMEMAKERS"
28 SOUTH FRONT ST.
WILMINGTON, N. C.

Our store will be closed Saturday on account of holiday
Kingoff's
WILMINGTON'S LEADING JEWELERS

THIS TEMPTING SALAD'S A ONE-DISH MEAL!



PREMIUM LUNCHEON SALAD
Tomatoes Cucumbers Hard Boiled Eggs
Lettuce Premium Crackers Cheese

Quarter tomatoes; slice cucumbers and eggs; add French dressing; arrange on lettuce leaves. Place thin slices of cheese on Premium Crackers, put under broiler until cheese melts, serve *hot* with salad. It's no wonder "energy" filled Premium Crackers make salads, soups, creamed dishes taste better. They're famous for freshness, flakiness, flavor.

LOOK FOR the red Nabisco seal when shopping for crackers, cookies. It's the sign of finest quality, freshness and delicious flavor.

BAKED BY NABISCO
NATIONAL BISCUIT COMPANY

10¢ Calotabs 25¢
Next time you need calomel take Calotabs, the improved calomel compound tablets that make calomel-taking pleasant. Sugar-coated, agreeable, prompt, and effective. Not necessary to follow with salts or castor oil.
Use only as directed on label.

THE GUMPS — READY, WILLING AND ABLE!