B COMPLEX AIDS

BODY, NOT MIND

Many people believe that extra

amounts of certain members

of the vitamin B group are re-

quired for optimal mental per-

formance, Drs. Harold Guetzkow

and Josef Brozek of the University

of Minnesota have established

however, that the mind is not nec-

essarily affected by the absence of

Vitamin B complex probably is

composed of 12 or more constituents.

each of which plays an important

role in health maintenance. To cite

examples, a deficiency of thiamin

can cause the patient to develop

degeneration of the nerves or

beriberi; a riboflavin deficiency

causes sericness about the lips and tongue; and the lack of niacin

(nicotin acid) is the cause of

The importance of an adequate

amount of vitamin B complex in

the diet cannot, therefore, be over

estimated. But the importance i

purely physical and in no sense

mental. This fact Drs. Guetz.

kow and Brozek established in a

carefully-controlled scientific test They placed eight physically

sound young men on a standard

diet for 41 days, following which

part of the thiamin, riboflavin

experimental diet for 161 days.

After this period of vitamin-B.

complex semi-starvation, some of

the subjects were deprived of vita min B complex altogether for 23

days, then given thiamin alone o

the complex constituents for

more days. The diets were nor-

olex has been reported

cause forgettfullness, decline of

mental alertness, and flightiness;

but it caused none of these in the

The mental improvement which

s reported to have followed the administration of vitamin B com-

plex to demented elderly person

and mentally retarded children

mal in every other respect. Deficiency of vitamin B com-

vitamin B complex.

pellagra.

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MEMBER OF THE ASSOCIATED PRESS AND ALSO SERVED BY THE UNITED PRESS MONDAY, DECEMBER 9, 1946

TOP O' THE MORNING

If you were busy being glad, And cheering people who were sad, Although your heart might ache a bit You'd soon forget to notice it. If you were busy being goed, And doing just the best you could. You'd not have time to blame some man Who's doing just the best he can. -Rebecca Foresman.

P.-T.A. Points The Way

produced on this page, from the Youth Welfare Committee of the county PTA council, which takes up the subject of literary and pictorial filth which was go scot free. discussed editorially by the Star on November 14.

The Wilmington mothers whose names are signed to the communicawho have properly been alarmed for

er, it has put its shoulder to the wheel determining its decision.

mittee and flood Tom Clark's office, they had been wasting their high but saves money for his treasury by withthe office of the state PTA congress, the offices of Senator Lennon and Repfruit.

An Azalea Bowl

will have time, if it hurries, to put the pires. stadium in first class condition, with attractve approaches, comfortable seats, other union leaders who have prepared this country today close to the show-down off parking space.

conference championship. It is not im- again, must bear the blame. probable that the 1947 playing season They have sought to be dictators. will end with the team on top. This, too, The country has been slow to act, but should give impetus to the promotion at last has roused itself to the realizaof a "bowl" game.

initely set to take advantage of its Hitlers. azaleas and is planning for an azalea festival in 1948, the city would not lack for an appropriate name for its As Pegler Sees It

With proper publicity for an "Azalea Bowl" game on New Years, the festival scheduled a few months later would get advance advertising that could not be bettered.

This Time Lewis Surrenders

10c strikes in the bituminous coal industry state-wide areas and lesser regions of the and won out. The ninth time he lost. Akron. Roosevelt gave Lewis those powers, 3.85 When he issued the order on Saturday knowingly and with full understanding of their extent and none of those who now disending the strike which had already own Lewis on any grounds but still revere caused untold suffering and put the United States.

that by knuckling down, however humi-liating that may be, however hard a to uphold, including its purpose of insuring blow it strikes at Lewis' egotism, the domestic tranquillity and promoting the gendid in the hope of softening the judg- from Dachau. Felix Frankfurter still lives. think by sending the miners back to the but, almost certainly, from the gas cham-Attention is invited to a letter, re- pits the Supreme Court might be led ber. to rule against the fines imposed by today. He is not to blame. We do not blame Judge Goldsborough in District Federal whatever the courts may decide as to wheth-Court last week and he and the union er Lewis has technically overreached his

Of course what the Supreme Court does cannot be forecast, but one thing finally decide that, after all, he was, and with is certain. Lewis violated a contract he Frankfurter concurring. had made with the government, and was power as a favor to a political protege, was names are signed to the communication are but a few of the city's parents are signed to the communication are but a few of the city's parents to to a communication are but a few of the city's parents and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be and promote the general welfare, what can toward 1948 with nearly a dozen to be a doze tated what he acknowledges to be an Wagner say now to reconcile his law with his the decadence of nation-wide moral and "economic crisis." For doing that he is own professed purpose to promote interstate commerce? How tranquil are we and how spiritual standards which stem at least as guilty today as he was before he well off in the grip of this coal strike, caused McKENNEY in part from the glamorization of cancelled the strike. The order he iswrong-doing in current fiction and mov- sued on Saturday to his miners to go merce with the railroads refusing all but ing pictures.

The letter is particularly welcome, and should encourage other residents to hope for much needed reform, particularly many particularly residents.

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The letter is particularly welcome, and the letter is particularly welcom ularly as it indicates the PTA council crisis" he created. The Supreme Court the mine workers. But he was a dictator is not content to wring its hands. Rath- obviously will bear this in mind in the CIO, and an enemy of Lewis, was one

and well deserves public support in its Too much emphasis cannot be placed all about his union and his methods and knew and well deserves public support in its campaign for clean books and films. on this "economic crisis" of Lewis' he was a dictator. We have heard that the miners were not consulted to to whether they The council has appealed to the local creation. The country's average bitumi- should strike. Is that news to anyone? Were The council has appealed to the local legislators, as the letter explains, has nous coal production is 2,000,000 tons they ever consulted? Did Senator Wagner heed warnings during the debate on his law written U. S. Attorney General Tom Clark, and called on the state Congress his order, for seventeen days, the coal ing out workers without consulting them and of Parents and Teachers to make this shortage reached 34,000,000 tons. Even to throw millions of others out of work and reform their chief objective in 1947. With the operators' announcement that ries? Can Wagner say that he was unaware Their effort can be materially helped they expect to have their mines in full that his law contained no protection for the Their effort can be materially helped operation by tomorrow, this shortage cisions by ruthless dictators, communist or cry. "Out of the mouths of many wit- will not be overcome this winter. And fascist revolutionaries or common underworld nesses the truth shall be established." Lewis brought this condition about, gangsters? If parents adopt the example of the New not because "his miners" as he calls that by using the strategem of merely refus-Hanover Council's Youth Welfare Com- them were in financial want, unless ing to work "without a contract" he not only wages.

resentative Kermon, and in addition tional Coal Association, has shown in ago and applauded it. It was all part of a plan write other personalities including a statement made in Washington that over the burden of unemployment benefits to a trick in trumps is to find one of undecided at this time about their Movie Czar Johnston and the publishers of fiction, the weight of their testi-Movie Czar Johnston and the publishers instead of working fifty-four hours a mony cannot fail ultimately to bear in September spent an average of 41.4 hours in the mines, including travel time, and received an average of \$61 tract' because in going to work, his subjects would be guilty of trespass on the private a week, or about \$1.48 an hour. Even property of the owners. But that position,

Day football game here, with the High school Wildcats representing Wilming- that the Krug-Lewis contract, made last then called this a class war and said the ton, fell through for a variety of rea- May, will remain in effect until its goons, most of whom never were employed in sons, none of which seems adequate. calendar expiration next March. This they had a moral right to protect, But the fact that an effort was started is a clear indication that Wilmington
is steadily becoming more and more

means that Congress will have ample
time to pass new legislation or revise
the Wagner Act, so as to place the same

In this crisis, in the alarming anarchy
of the Oakland general strike, as on so many
past, occasions, the pleas to Congress for
remedial laws sound a conventional, hackneyremedial laws sound a conventional law responsibility upon labor unions that of alarm, go "too far" and injure the cause Perhaps by another year the school now rests upon industry, and require authorities and all interests concerned them to employ collective bargaining, breaks the powers that Roosevelt gave to rectly allows the hand to be played held it up to the convention time

and even paved approaches with lined- to call strikes in their unions will un- which, in Italy and Germany, brought fascderstand that their day of dominating ism as a nationalized version of Leninism, and an improvised, strong-arm substitute for Too, the Wildcats, which had a good the government and the people of the lawful government. season, all things considered, and never United States is drawing toward a will organize new visits of children, veterans govern themselves and so gave of the war and other Americans to Roose-of the war and other Americans the Roose-of the Roose-

should come mighty near winning the them alone. If labor itself suffers, they,

tion that in a republic like this there Furthermore, as Wilmington is def- is no room for imitative or potential

BY WESTBROOK PEGLER (Copyright by King Features Syndicate, Inc.)

NEW YORK, Dec. 8 .- All the better criticisms of John L. Lewis that are being heard today could have been uttered when he was the political ally of Franklin D. Roosevelt. Lewis has not changed. His methods and principals are the same. And the powers by which he called the strike of his subject miners are no greater today than they were Eight times John L. Lewis called when teams of trained goons, many of them communist street-fighters, were terrorizing automobile trade, the little steel centers and Roosevelt can deny that historic fact.

These same objections to Lewis' conduct that are heard today were heard in those brakes on industry, it was he who sur- days but were howled down by the Roosevelt (Daily Without Sunday)

3 Months—\$1 85 6 Months—\$3 70 1 Year—\$7.40 rendered—not the government of the proteges as the cries of American fascists. proteges as the cries of American fascists.

Roosevelt is dead, but this really frightening danger to the power of elected govern-But it would be wrong to assume ment here and to the faint hope of recovery

miners' czar has become, as we say, Roosevelt is dead, but Senator Robert F a back number. He ended the strike Wagner, who gave his name to this terror, still lives and is silent in the presence of only because he knew full well that he could not win, and took the course he could not wind not ment of the Supreme Court in the con- a Justice of the Supreme Court by Roosevelt's tempt case against him personally and velt alliance with Lewis and all that kind the union he has so long misled. It and he, too, against warnings of the conwould be in keeping with his conceit to him not merely from the concentration camp

It is wrong, it is dishonest to abuse Lewis rights, there have been many cases in which individuals claimed rights under phases of

If Roosevelt, in creating this monstrous

of his subordinates on the national roster of the United Mine Workers. Roosevelt knew

clears himself of the charge of calling a strike holding strike benefits. This is "discovered" now in condemnation of Lewis by men who correct play is given in today's John D. Battle, secretary of the Na- knew all about this lawyers' slick-trick years whereby the state treasuries were to take workers made idle by union orders, leaving the public and praise the name of Roosevelt who planned it that way?

in these times that is a comfortable often admired as a shrewd technicallity, was abandoned when the vandals and rioters who Efforts to arrange a New Year's living wage for any man and his family. and and the United Auto Workers of the CIO Day football game here, with the High One result of the strike's end is under Lewis, occupied plants during his sit the plants, had a property in their jobs which

Meanwhile the county commission negotiations, before the contract ex-

have benefited by another year's training under Coach Leon Brogden and so long a time, the blame will rest upon the store of the war and other Americans to in a time, the blame will rest upon the new deal over cial and degrading awe of a man who gave to John L. Lewis, Dan hence, be the nominee. Scores of Tobin, Walter Reuther and Jimadditional Republicans, many of them newcomers, were elected to

MAYBE HE'D BETTER DISCARD THAT ONE



GOP Boasts Wide List Of Leaders From Which To Choose '48 Nominee absence does not necessarily interfere with mental performance,

By GEORGE GALLUP Director, American Institute of Public Opinion

PRINCETON, N. J., Dec. 7-The popular leaders in the limelight as

On BRIDGE

& J 1075 Dealer A A Q 9 6 4 2 Rubber-Both vul. West North 1 A 2 N. T. Pass Pass Pass Pass Pass

By WILLIAM E. MCKENNEY America's Card Authority Written for NEA Service

Opening-V A

If you hold a six-card trump suit to the ace-queen-nine, dummy held three to the king, would you lead to the king o. to the ace of trumps? Many players have the habit of leading an honor from the nand containing two honors, but the

Naturally, with declarer's trump the opponents with all of those missing. If West holds all four, there is no way for declarer to avoid the loss of a trick. Therefore the correct play is to guard against the possibility that East has all four. To do this declarer would trump the second heart lead and lead a small club to dum-

West having shown out, dummy returns the small club, and when East splits the honors, declarer wins with the queen. A small diamond is led to dummy and the eight of clubs led. Now East is helpless, and declarer loses only a heart and a spade.

One of the most difficult contracts to reach is five in a minor. With only two spades and a singleat no trump. When he shows no the other hand, Governor Dewey at clubs, even though game at no and was nominated by the deletrump is impossible

"labor's gains." Inasmuch as this grave is technically a national monument-not a shrine-and-public property, it is not amiss to in bronze, say a fascist symbol or swastika, that he, too, had little

presidency.

with hats hopefully thrown vention time. into the ring, because whoever A small Eisenhower boomlet has resurgent Republican party turns wins that nomination has a bet-been started as a result of the Gen-

> New York is out in front at the moment in popularity among the moment in popularity among the rank and file of Republican voters, him gaining as a result of the talk a new poll just completed indicates. linking his name to 1948. His popularity increased after his Today's poll highlights one im- making this own decisions when re-election as governor Nov. 5.

John W. Bricker, Governor Earl rank and file of the party. Warren of California, and Senator | Popularity is often a function of Robert A. Taft of Ohio likewise how well-known a man is, how have a steady following, although easily people recognize his name not as larger as in the case of and whether they know in a gen-

determine how the outcome of the sonality are. Nov. 5 elections might have affected the popular standing of various leaders with the rank and file of Republican voters. Here is the result and a com

parison with the vote in a similar poll just before the Nov. 5 elec Today Nov. 1

MacArthur ____ Eisenhower -----Saltonstall ----- 1

the latest survey said they were teen ages, but the parents as well. choice of candidate. In the pre-ulus for man's higher or baser moelection survey, 33 percent expres-tives and the origin of all deeds is sed no choice. his thoughts. Good pictures, good

A candidates chances of winning the nomination are not necessarily time, a full year and a half before convention.

A year and half before the 1940 convention for example, the name Wendell Willkie was not even mentioned by Republican voters polled. Governor Dewey was leading in popularity then, with Vandenberg and Taft next. Willkie started a meteoric rise in

copularity just a few months before convention time, and ended up by taking the nomination away from those who had been in the lime-Prior to the 1944 nomination, on

These races for nomination are always open affairs right up to the last minute. Not merely popularity, but so-called "availability" is a potent factor in determinating the choice of the nominating delegates.

It is entirely possible that some man who is not at present being mentioned will, a year and a half them newcomers, were elected to

possible G.O.P. nominees for the Congress or to governorships last and desire a family. My husband month. Any one of them may de- considers the physical risk to The air will likely be thick velop into the "favorite" by con- great at my age. What is you

dent than any Republican has had speech before the C.I.O. convention. Although today's survey shows Governor Thomas E. Dewey of General Eisenhower's name toward

portant political fact. With the ex-Harold E. Stassen, former governor of Minnesota, also enjoys wide
popularity in the party. Senator
Arthur H. Vandenberg of Michigan,
the political facts with the state of they really are not able to do so,
for the problem of many of those named
in today's poll is how to make
the problem of many of those named
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pr

eral way what he stands for and The latest poll was conducted to what the main outlines of his per-

Letter Box

PTA TAKES STAND To the Editor:

.Your editorial of November 14 'For Cleaner Novels and Films' tors, to Attorney General Class struck a responsive chord in the minds and hearts of the members with a request to the latter of the New Hanover Parent Teach- they make it the main object er Council. We very definitely feel for their new year. that "the filth and smut and mar-en our nation to the seriousness of ital infidelity paraded through the this issue, we are. pages of current fiction and in mov-The figures represent the vote ing pictures" is contributing largeamong those expressing an opinion. ly to the moral breakdown of our About one-fourth (23 percent) in country; not only the children and Visual education can be a stim-

WHY WE SAY

might be explained on other grounds. When vitamin B complex is important to general health, we have scientific proof that its

test subjects.

books, good radio programs would not only teach the children but the the children from necessity are they have had no chance to be dis

criminating. We feel the integrity of country is really in jeopardy, a we, as a group of parents who are trying to bring up our children in honor and decency, raise of "small voice" to protest. If it possible for you to start a crusade in the newspapers anywhere in United States to raise a large voice in this, one of the most portant issues of the day, this co sade for better influences on

most grateful. We have written to our legisl

lives of our youth, we shall b

. Cordially yours, Youth Welfare Committee the New Hanover Council of the Parent Teacher Association. Mrs. I. J. Sutton, Pres. Mrs. C. E. Bond Mrs. Robert Dannenbaum

Dec. 7, 1946.

by STAN J. COLLINS & L J. SLAWSON

TO SHOW ONE'S HAND' This expression is used to describe a open and frank person. It's a real Amer

icanism coming from the poker table

where a player shows his hand, proves he isn't bluffing and takes the pot.