Like a bracing breeze-ked ea cools you off. And when

hat frosty, tinkling glass

olds Flavor Tested Tea t holds long-lasting re-

freshment. Get Our Own, Nectar or Mayfair Tea to

day. They're three of Amer.

ica's best iced tea value

enjoy each of these three

famous blends for less than

SUPER MARKET

SUNNYFIELD CREAMERY

Lb. 810

SHREDDED

a cool cent a glass!

HEALTH CLUB WINNERS CROWNED

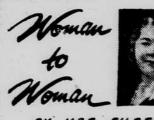
Gene Dull And Daphion Galloway Crowned King And Queen

RALEIGH, Aug. 21 -(A)- Dr. Carl V. Reynolds, state health officer, tonight crowned the State 4-H Club King and Queen of Health after telling a club audience here that health was a primary objective not only for the club but for

The king is Gene Dull, 16-yearold member of the Farmington Senior club in Davie county, and the son of Mr. and Mrs. L. M. Dull of Cana, route one.

The queen is Daphion Galloway, 15-year-old member of the Troy club in Montgomery county, and the daughter of Mr. and Mrs.

and queen for winning honors "not



BY MRS. FILBERT

It's a woman's job to keep a family well fed. And thirty years in the food business have taught me a few things that can make your job easier.

The mayonnaise sold under the Mrs. Filbert label is a recipe I've perfected myself, using only the finest, most wholesome ingredients. I think you'll find it extra enjoyable, with a really fresh, delicate, "own-kitchen" taste. Won't you try it? I think you and your family are in for a wonderful surprise. Man Fillent

Mrs. Filbert's Mayonnaise tastes homemade because it's made with homemade care . . . whipped satin-smooth, with a fresh-off-the-beater flavor. So rich that a dab takes the place of a spoonful. And real lemon juice is added for extra tang! See how much this richer, smoother, real mayonnaise adds to salads, sandwiches quick snacks. Get money-saving Mrs. Filbert's Mayonnaise

ROUND STEAK, lb.

DRESSED and DRAWN

LL BRANDS

VEAL

ALL STRAINED

MAXWELL HOUSE

COFFEE, lb.

TROPIKO CRUSHED

FRANKO-AMERICAN

AA GRADE

Mrs. Filbert's **MAYONNAISE**

"our grocer's today.



REV. W. R. KELLY

popularity or subterfuge, but by a J. C. Galloway.

Dr. Reynolds praised the king progressive elimination contest." "To be mentally, morally, and through heritage, political policies, physically fit, we must be basically healthy," Dr. Reynolds advised. We no longer live in the age of the survival of the fittes.

"A sound mind in a sound body is not an idealist's dream-it is obtainable, and our people should adhere to the axiom that selfpreservation is in reality the first law of nature."

He urged his listeners to stimulate interest in their various communities sufficient to bring to the people in the rural areas much needed measures for restoration and maintenance of health.

Earlier today, the 4-H club girls held a dress revue at which Sophia Perry, 17-year-old Bertie county club member, won first prize. She modeled a blue suit which she had converted from her sailor brother's uniform. She will be given a free trip to the National 4-H Club Congress in Chicago in November. She is the daughter of Mr. and Mrs. G. H. Perry of Colerain. Joyce Bell Williams, member of

won first honors in the high school dress division of the revue, while Hazel Dickerson of the Zeb Vance club in Vance county won formal dress honors. Miss Williams is the daughter of Mr. and Mrs. T. E. Williams,

Miss Dickerson, the daughter of

the Bells club in Chatham county,

Mr. and Mrs. W. S. Dickerson, There were 83 girls participating. All made their own dresses and modeled them in the revue. Secretary of the Army Kenneth C. Royall of Goldsboro will be the principal speaker tomorrow night before delegates and the gen eral public in Riddick stadium.

CHECK THESE ITEMS

ON YOUR GROCERY LIST!

MEAT DEPARTMENT.

SIRLOIN STEAK, lb. 75c

T-BONE STEAK, lb. 75c

FRYERS, lb. 50c

TEAKS, lb. 75c

RE LARD, lb. 25c

ROUND BEEF, lb 45c

STEW BEEF, lb. 50c

CHOPS, lb. 65c

GROCERY DEPARTMENT

FLOUR, 5-lbs. 48c; 10-lbs. 84c

BABY FOODS, 3 cans 25c

PINEAPPLE PRESERVES, lb. jar 37c

WAVONNAISE, pis. 42c

DEANUT BUTTER, jar 32c

TOMATO CATSUP, bottle 25c

MILK, qt. 22c

........ 47с

GUILFORD YOUTH GROUP AT CENTER In attendance are Joan Paschall, Jean Paschall, Pat Friddle, Kay Friddle, Peggy Johnson, Jean Whitley, Jean White, Buddy Tol-

This Week

A youth group from Greensboro this week is attending the Meth- Ann Yow, Gill Lineberry. odist Youth center at Harbor Island.

The Rev. Walter R. Kelly, minister in charge, reported last night that a general program of religious activities is the aim of the conference. Religious training and music are the two outstanding



studies of the approximately 25 persons attending.

Harbor Island Is Scene
Of Religious Activities
This Week

Whitley, Jean White, Buddy Toler, Millicent Hall, Jean Yangle, Leetta Highfill, Laura Owen, James Norman, Ruth Scarborough, Albert Scarborough, James Alspaugh, Norman Crews, Henry Fennell, Jr., Ray Mitchell, Laurence Alspaugh, Dick Kelly, Jack Garner, Edward Styers, Martie

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ARKANSAS LONG GRAIN RICE

3-lb. pkg. 45c MILROSE STUFFED

634-oz. bottle 19c HUNT'S BLACKBERRY

PRESERVES, 1-lb. jar BLUE BIRD SWEETENED GRAPEFRUIT JUICE	46 Oz.	
dial Linoii Joich	Can	<u>23</u> c
BABY FOOD New Glass		3 Jars 25c
CAKES Celloph	ane	Pkg. 15 ^c
CHERRIES, Pitted, No.	2 can	35c
PILLSBURY'S PIE CRUST, pkg		170
BACON, lb.	69c	A

HAMBUR	GER, lb	39	c	
PORK CH	QPS, lb.	67	c	
FRYERS,				. 55c
HAMS	Half or Whole	_{Lb.} 55c	Sliced—Lb	. 89c

1	MINUTE STEAKS, each	<u>.</u> 1
	M A R G A R E T Delicious Deli	
	Fried Chicken	Baked Ham
	Deviled Eggs	Potatoe Salad
	Cup Cakes	Coffee Rings
	Lawer Caleer	Lamon Tarte

Cup Cakes Layer Cakes		Coffee Rings Lemon Tarts	
OVEN BAKED BE		2:	-' 3c
COLA'S		25	c
	Cocktail · Assorted	Bottle 59)C
ARMOUR'S STAR VIENNA SAUSAG	E, can	<u>I</u>	5c
SPAGHETTI	With • Meat	No. 1 can 17	7C
CORNED BEEF H	ASH, 1-lb		
PUDDINGS	Ass't -Flavors	Pkg. 8	C
CRACKERS	· N.B.C.	¹ Lb. 29 Pkg.)C
PINEAPPLE	Crushed	No. 2 35	C
PANCAKE FLOUI	R, pkg	l!	5c

10TH AND MARKET STS.

2 Lbs. 21c

Plain or

BALLARD and BALLARD'S

FLOUR ... Self-Rising

SWIFT'NING SWIFT'S BLAND LARD 8-Lb. \$ 1 17

> NABISCO RITZ 1-Lb. 290 Pkg. 290

WHEATIES 8-Oz. 120 Pkg. 120

ENRICHED DAILY DATED REGULAR PAN 18-Oz. 12c SANDWICH 18-Oz. 13C

Red Cheek

ANGEL FOOD BAR Cake Bach 49c Jane Parker Plain or Sugared DOUGHNUTS

RALSTON 12-Oz. 140 Pkg. 140

U. S. NO. 1 WHITE POTATOES, 10 lbs. _ 39c : IONA PEAS LIMES, carton ____ 15c | V-8 COCKTAIL

DRESSING CORN FLAKES Ann Page Vanilla 1-Oz.

NO OTHER COFFEE GIVES YOU MORE FLAVOR and MORE FOR YOUR MONEY CUT-RITE **Wax Paper** A&P COFFEE 125 Ft. 19c Limited Quantities Ivory Soap Med. 10e

8 O'CLOCK 1.1.b. 37c 2 1.1.b. 73c RED CIRCLE 1-Lb. 390 2 1-Lb. 770 1-Lb. 41c 2 1-Lb. 81c BOKAR

LUX TOILET SOAP Limited Quantities RINSO Lge. 310

Whitehouse Evap LEAN LOIN END MILK. 3 Tall 33c TOMATO SAUCE DOG FOOD

A&P Grapefruit No. 21/2 190 CRANBERRY Sauce . . . 16-Oz. 25c

FRUIT JARS

P	ints	Q	uarts		1/2-Ga	l
Doz.	69c	Doz.	81e	Doz	½-Gai	\$ 109
Vacu	um Seal	ed Lids			Pkg.	10c
Paraf	fin War	k			1 Lb. Pkg.	15c
Jar R	ings				Pkg. of 1 Doz.	5c
Certo				•••••	8 Oz. Bot.	24c
		- 10 to				

ANN PAGE

Limited Quantities

Sweetheart Soan

2 Bars 17c

Limited Quantities

VINEGAR Jug 350

Qt. 19c COLUMBUS SMOKED SALMON

Can 25c

SUNNYFIELD

LARD

4-lb. carton 89c

SMALL SKINLESS FRANKS

Lb. 47c

BONELESS VEAL

SUPER RITE CHUCK

ROAST Lb. 59c

SMITHFIELD "WE SLICE THEM" Shoulders Lb, 59c

Morrell's Pride Tenderized BONELESS STEW BEE Lb. 57c

BEEF 1/4-lb. 35c

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Morrell's Pride Sliced

PRESSED

HAM

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