

# THE ROAD TO HEALTH

# State College Answers Timely Farm Questions

## SCARLET FEVER

By ALBERT W. DUMAS, JR., M. D., Natchez, Miss. for ANP.

Little Linda Gibbs, the youngest child of a family I know, has been getting treatment for the past few months for a "trapping ear," a serious infection which she got at the time of a severe attack of scarlet fever.

In addition to the expense and the pain which the child has suffered, the little girl has lost many pleasant hours of play and much school time. Although she is a very smart youngster for her eight years, she has lost so much school that it's going to be hard for her to catch up with the class.

All this might have been avoided. It might be unfair to blame the child's mother for Linda's ear trouble, because scarlet fever sometimes brings complications, no matter how promptly precautions are taken. At the same time, prompt medical attention helps prevent complications of scarlet fever or helps to make them less severe if they do occur.

Linda had a younger brother who had scarlet fever, in a mild form before she did. Mrs. Gibbs, fortunately, sent for the doctor when the younger child first became ill. When the doctor came, he treated the boy and at the same time warned the mother to keep the rest of the family, especially little Linda, away from the sick room because scarlet fever germs can be easily spread.

But Linda was fond of her little brother and wanted to go into the sick room and play with him. Mrs. Gibbs remembered the doctor's instructions but she thought she would "take a chance" and at the same time keep the children quiet for a while.

About two days later, Linda said she didn't feel well enough to go to school. She said she had a sore throat and didn't feel like eating. But Mrs. Gibbs thought maybe Linda was a little jealous of all the attention her brother was getting and was making believe she was sick.

It wasn't until the following day, when Linda had a high fever and a heavy rash and kept vomiting, that the doctor saw her. And even then, the doctor was at the Gibbs' home checking on the little boy, not because he was called for Linda.

The doctor discovered that Linda had a more severe form of scarlet fever than her brother and it was difficult to restore the little girl to health. While the little boy had no complications from his scarlet fever, Linda has been under the care of an ear specialist ever since, as a result of her illness. That's the way scarlet fever sometimes acts.

Although adults can and do get scarlet fever, the disease usually attacks children between six and 10 years of age. Children should be kept as far away as possible from anyone who has scarlet fever and every possible precaution taken to prevent the spread of the germs.

When a child complains of feeling sick, has a sore throat, fever and vomits, he should be put to bed and the doctor called immediately. These may be the early symptoms of scarlet fever. The rash that frequently comes with the disease usually takes from 24 to 48 hours to develop after the onset of the earlier symptoms. Then prompt and proper medical and nursing care can help avoid the dangerous complications of scarlet fever which can result in kidney illnesses, disability and even death.

This article is co-sponsored by the National Medical Association and the National Tuberculosis Association in the interest of better health of the people.

## THINGS THAT INTEREST WOMEN

BY BESSIE F. BELL

### HOW DO YOU LOOK?

Now that we have hot weather, ours will be a full time job trying to keep cool. And since women are almost always the center of attraction, whether at work or at play, then it is our duty to keep ourselves alluring at all times.

Leave off the heavy calamine, heavy make-up which not only makes one feel the heat more intensely, but you look the part as well. Anyway there are two few natural cheek roses blooming; eat wisely; bathe daily; get sufficient rest; and exercise in the open.

Grooming Tips for Hot Weather—If the heat gives you that disheveled, all-gone feeling and you are one of the few people who have kept your locks long, then:

### Will acreage allotment and marketing quotas be put into effect on 1950 crop wheat?

In a recent statement Secretary of Agriculture Brannan said, "If the present favorable conditions for a large 1949 wheat crop continue, the Department may be required by law to proclaim acreage allotments and possibly marketing quotas for the 1950 crop. A final decision cannot be made until after the June crop report is available."

State PMA committees and county Agricultural Conservation committees are now gathering from farmers the crop acreage and pro-

duction information which will be needed if farm acreage allotments are required and marketing quotas are proclaimed. If quotas are proclaimed, approval of at least two-thirds of the growers voting in a referendum would be required to put them into effect.

The total wheat supply for the 1949-50 marketing year, which starts July 1, is at present expected to be in excess of 1.6 billion bushels. Such a supply might be 30 to 60 million bushels above the level at which a proclamation for marketing quotas would be required by law.

What portion of their income do city residents spend for food? About one-third, according to a survey made in the spring of 1948 by the Bureau of Human Nutrition and Home Economics, U. S. Department of Agriculture. The food

bill of the average city family was found to be \$25.57 a week, or 32 per cent of the total weekly income. The study showed that a larger part of income went for food in 1948 than in 1942, when comparable data were gathered. In 1942, the weekly food bill of the average urban family was \$14.23, or 26 per cent of the total income.

The bigger post-war food bills have gone partly into higher prices, partly into large purchases. Higher consumption of such foods as milk, fruits, vegetables, eggs and meat, poultry, and fish indicate that the family's food money bought better nutrition in 1948 than in early war years.

One North Carolina city — High Point — which included in the 1948 survey, which covered 1,600 households in all sections of the country.

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NOPE! SORRY, I CAN'T GO TO THE CARNIVAL TONIGHT, BUB...

I'VE GOT SOME FIGURING TO DO!!

WELL—IF YA CHANGE YOUR MIND... REMEMBER THE TEAM NEEDS YA TO PITCH THIS AFTERNOON!!

CUTE? —ER—NO MOW! I CAN'T—

I'M BUSY!!

SAY SON! I DIDN'T KNOW YOU WERE STUDYING FOR YOUR EXAMS!

I'M NOT, DAD!

I JUST HAD A BIRTHDAY, Y'KNOW... I'M OLDER NOW, SO I'VE GOT TO BE MORE SERIOUS!!

ONE BIRTHDAY DOESN'T MAKE THAT MUCH DIFFERENCE! GO AHEAD AND PLAY! — ENJOY YOURSELF!!

WELL—LOKAY, DAD!!

NOW, METHUSELAH...

SOME BOY! BUT—

HE'S OLDER // WHAT'S HE TRYIN' TO DO TO ME? I'M NOT READY TO COLLECT MY OLD AGE PENSION—YET!!

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