

NEWS OF NEW BERN



BY L. D. WOODS
316 BRYANT STREET
ST. JOHN M. B. CHURCH
 The Rev. W. H. A. Stallings, Pastor
 At 11 a. m. services were conducted by Rev. G. C. Midgett. Sunday School services were held at 1 P. M. Seneca choir rehearsal was at 6 p. m. At 8 p. m. there was a musical program by the Washington Spiritual singers. Senior ushers will meet Wednesday night at 8 o'clock and prayer services will be Friday night at 8 o'clock. The public is invited.

GUILFIELD M. B. CHURCH
 The Rev. T. T. Shiver, Pastor
 There were Sunday School services at 9:30 a. m. and the Rev. R. E. Baiders, preached at 11 a. m. Usher board meeting was at 3 p. m.

MT. CALVARY M. B. CHURCH
 The Rev. H. C. Hill, Pastor
 Rev. I. N. Elliott preached at 11 a. m. Sunday School was at 1:30

p. m. and there was preaching at 3 p. m. by appointment.

LITTLE ROCK M. B. CHURCH
 The Rev. V. A. White, Pastor
 The pastor preached at 11 a. m. Sunday School services were at 1:30 p. m. and evening services were at 7:30 p. m.

REFORM SHILOH M. B. CHURCH
 The Rev. W. L. Griffin, Pastor
 Morning worship was at 11 a. m. with preaching by Rev. Williams. At 2 p. m. Sunday School services were held. A special sermon was preached at 8 p. m. music was furnished by Green Chapel choir.

UNION BAPTIST CHURCH
 The Rev. G. W. Lucas, Pastor
 Morning worship was at 11 a. m. with preaching by Rev. Rasko. Sunday School was at 1 p. m. and evening services were at 7:30 p. m. There will be prayer services Wednesday and Friday nights at 7:30.

FUGRIM CHAPEL M. B. CHURCH
 The Rev. W. T. Thompson, Pastor
 Sunday School services were at 9:30 a. m. and there was preaching at 11 a. m. by Rev. Leander Swindell.

ST. CYPRIAN'S EPISCOPAL CHURCH
 The Rev. W. A. Wilkins, Rector
 Sixth Sunday after Trinity. Holy Communion was at 7:30 a. m. Men's Bible class services were at 10 a. m. and summer church school was at 10:15 a. m. Morning prayer and sermon by the rector was at 11 o'clock. St. James Day was observed Monday at 7 a. m. Altar service was Wednesday and Friday at 7 a. m.

MOORE'S CHAPEL M. B. CHURCH
 The Rev. W. O. Moore, Pastor
 Preaching by the pastor was at 11 a. m. The pastor and the congregation rendered service at the Christian Church in Moorehead City at 3 p. m.

HEALTH SERVICE OFFERS HINTS ON AVOIDING HEAT

WASHINGTON (ANP) — "Hot weather bothering you?"
 "Don't put all the blame on the temperature or the humidity," says the United States Public Health Service in a statement issued recently. The article explained "It may be your own failure to live sensibly in the summer that makes you feel uncomfortable."

"Like your automobile, your body has a cooling system that must be treated with care. Evaporation of perspiration is the principal cooling device. To maintain comfort, see that the cooling apparatus functions at top efficiency."

The Public Health Service suggested that the following suggestions will help your cooling system to do its job:

1. Eat lightly. Cut down on the steaks and heavy pies. Eat more fresh fruits and vegetables. If light meals leave you hungry, nibble on crackers or fruit between meals or at bedtime.
2. Drink more water and fruit juices. To replace water lost thru perspiration, your body needs extra fluid. This does not mean to drink more coffee, tea or alcohol!
3. Eat more salt. Take salted nuts, crackers, salt tablets or plain table salt in water. White-collar workers, however, usually get enough salt with their meals.
4. Dress lightly. Heavy clothes hinder the circulation of air necessary to maintain the evaporation process. Remember, too, that light colors or white helps to deflect the sun's rays.
5. Take it easy. A fast game of tennis overheats the body. Swimming is the ideal summer exercise, but don't overdo it.
6. Take extra baths. Soap and water wash away accumulated wastes on the skin and leave you feeling refreshed.
7. Get plenty of sleep. A good night's rest makes the next day's heat easier to take. If your room's too hot, use an oscillating electric fan to keep the air in circulation, but keep out of its direct draft.

Further information to help you feel your best in hot weather is found in the Public Health Service's leaflets on "Sunstrokes," "Swimming," and "Hot Weather Comfort." Single copies may be obtained without charge from the Public Health Service, Federal Security Agency, Washington 25, D. C.

UNEMPLOYMENT PAY FOR YEAR TRIPLES 1948

Raleigh — Almost three times as much was paid to unemployed eligible workers in North Carolina in the first half of 1949 than was paid in the first six months of 1948 in the regular (UC) program of the Employment Security Commission of North Carolina, it is revealed by ESC Chairman Henry E. Kendall.

Under this program unemployed workers received \$9,648,137 in benefits in compensation for 714,859 weeks (or part weeks) of unemployment in the January-June period of 1949, in contrast to the \$3,194,132 in benefits, compensation for 293,761 weeks of employment, during the first six months of 1948.

In fact, for the entire year of 1948, benefits amounted to only \$6,378,036 weeks of unemployment, payment, against slightly more than \$9,699,000 for almost 715,000 weeks of unemployment in the past six months.

Under the Servicemen's Readjustment Allowance (SRA) program in the first half of 1949, eligible veterans drew \$6,235,097 for 313,839 weeks of unemployment, as compared with allowances of \$4,551,305 for 313,830 weeks of unemployment during the first six months of 1948. During the entire year of 1948 veterans drew \$7,505,432 under the SRA program for 378,036 weeks of unemployment.

NEW BERN

POULTRY BRING PROFIT TO FARMS

"Farming is a business and not something to jump around with", says Leo Pryer, Negro farmer of Garner, Route 1. "I am getting a new light on this thing and I plan to put plenty of perspiration in it and make it work", he continued.

In March of this year Pryer constructed a double deck brooder house 48 x 24 and purchased 1000 day old New Hampshire Red chickens and 218 white Leghorns. The 218 Leghorns and 250 of the New Hampshire Reds will go to make up a laying flock while the remaining 750 reds have already started on the broiler market.

"You know, this tobacco keeps worrying me and I have got to try and find another way to make things go", added Pryer. Just recently he made another purchase of 1400 reds and put them on the second floor of his double deck house. This new batch will also go to the broiler market and others will be added as these get older.

RAISES TURKEYS

Pryer's turkey project last year was so encouraging until he constructed a turkey house to accommodate 400 polts. Already he has put in 350 polts of which he hopes will mean something to the Thanksgiving market as well as to his business.

Paul Avery, also of Garner, Rte. 1, who works on the Pryer farm has taken a great interest in the enterprise and says that he hopes to stick with it because he enjoys the work.

W. C. Davenport, Negro County Agent of the State College Extension Service, points to this as a forward and progressive step. He also states that it is surprising how other Wake farmers like Pryers are gradually going into poultry, swine, beef animals, dairy animals, truck crops and other ventures for added and sound farm income.

At the end of June, 1949, it was found that 42,506 claimants in the UC program were filing claims for unemployment compensation against 17,013 at the end of June, 1948, and 20,552 at the end of December, 1948. In the SRA program, at the end of June, 1949, 14,689 veterans were filing claims for allowances, against 7,060 at the end of June, 1948, and 7,427 at the end of December, 1948.

Indicative of the number of eligible workers laid off in the first six months of 1949, it is shown that 72,824 received their first payments during that period in the regular UC program, as against 30,621 in the first half of 1948 and 65,221 in the last six months of 1948. In the first half of 1949, 10,616 veterans received their first employment payments under the SRA program, against 10,159 in the first half of 1948 and 10,972 in the last half of 1948.

ELIZABETH CITY

During these hot days every one is going somewhere to hide from the heat even if it's hotter where they go. However, things are still happening in Elizabeth City.

Miss Ruth Lamb is visiting her grandparents, the Rev. and Mrs. A. W. Lamb. The Union Chapel Baptist Sunday School is going to Manteo for its annual affair this summer. The Rev. W. J. Moore is pastor. Deacon Milton Lamb is superintendent.

Miss Catherine Granly has just returned from a two-week stay in Virginia on a camping trip. The cool breeze and bathing along with other activities were so good she would have been happy to have stayed until school opened.

Getting a little tired of the hot city streets, we find Mrs. Geneva Lewis and Mrs. Maggie Lamb Nicholson enjoying the cool atmosphere of Manteo, N. C.

PORTER COMMENDED

PHILADELPHIA, Pa. (NIPS) — Charles Linton, a porter on the Central of Georgia Railway streamliner, "Man O' War," recently received commendation for his service to George D. Williams, a passenger on the train. Williams wrote that Linton "is courteous, pleasant and a definite goodwill ambassador for the Railway Company."

"HOPE IN THE CRISIS"

By John Henrik Clarke for ANP
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ONE YEAR OLD DIES IN FIRE

A fire in a small closet which quickly spread all over the house cause the death of one-year-old Joyce Ann Walters here last week. Joyce died from burns sustained when flames swept her bed.

Her father, Claude Walters, discovered the blaze after smelling smoke. He opened a closet door and flames burst forth and soon filled the bedroom. Firemen rescued Joyce and a small sister from the burning house. Joyce died several hours later at a local hospital.

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