

Timely Farm Hints For The Homemakers

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Tumblers and other glassware get extra heavy use in summer when the family enjoys cool drinks and chilled desserts. To bring glassware through without casualties, household equipment specialists offer some reminders.

Sudden changes in temperature are much more likely to cause the untimely end of much glassware. Glass expands with heat, contracts with cold, often cracks or breaks when forced to do either too suddenly. This is why hot water should not be poured over glass in washing or rinsing but instead the glass should be laid gently into the water. It is also why glass should not go directly from refrigerator to warm dishwater and why jars of food, hot from the canner, should not stand in a breeze to cool. In making ice tea or coffee in glass, pour the hot beverage slowly onto the ice rather than against the glass, or — safer — make the beverage in a china or pottery pitcher and then pour into glasses. Incidentally, ice cubes should not be dropped carelessly into glasses. The force of their fall may crack the glass.

To save glass from taking a rap in dishwashing, there are circular rubber gadgets which fit over the faucets, also rubber mats for bottom of sink or dishpan, or for counters on either side of the sink. Many women like rubber-covered dish-drainers.

The time-honored dishwashing rule: "Glass first, silver second, china third," saves nicks, chips and scratches which often result from a miscellaneous jumble in the dishpan. Glass gets first place because it needs clean suds with no trace of grease to come out clear and shining.

The less glass is handled, the less chance of breaking. Many women are finding that by washing with the new detergents glass will come out streakless, without wiping.

Last but not least, save glassware with convenient safe storage arrangements. Narrow shelves for tumblers allow each to stand separately with no stacking or doubling up, and no reaching behind.

Please give me some advice on selecting trees and shrubs for landscaping my yard.

Trees and shrubs selected should not only add beauty to the home grounds but should also serve some useful purpose, says John H. Harris, the "Tar Heel Gardner." They should furnish shade or background or should decorate or soften some part of the house. Another appropriate place would be in the border or at a spot where they will screen off unattractive views. The shrubs should not be planted aimlessly throughout the lawn.

Many trees will add food to the table. These include pecan, chinquapin, black walnut, mulberry, hickory, persimmon, and in some sections cherry and pear, all of which will furnish good shade and also provide edible products.

The apple, peach, plum, damson,

and crabapple trees will furnish beautiful blossoms and delicious fruit if given a reasonable amount of pruning and spraying. These trees are less hardy, but they can be used as individual shade trees or they may serve as a screen or border with perhaps shrubs in front of them.

Although the grape is not a tree or a shrub, it may furnish shade for a corner of the yard or, if trained on a trellis, may serve as a background or boundary planting.

Some of the shrubs which produce edible fruit as well as being ornamental are the quince, blackhaw, chokeberry, hazelnut, blackhaw, elderberry, fig, buckberry and blueberry.

AJC REPORTS N. Y. DECLINE IN BIAS

NEW YORK (ANP) — Discrimination and segregation is on the decline; job opportunities housing and improvement in race relations is on the upswing, according to the annual report of the New York chapter of the American Jewish Committee, released here last week.

The report stated "More and more New Yorkers — previously barred from employment because of race, color or creed — are finding jobs in banks, utility companies and insurance firms. 'Gentlemen's agreements' — which prevent certain citizens from living where they choose — can no longer be enforced in the courts.

"On the balance, New York City has become a better, healthier community for all its many peoples. Not a perfect community by far, but one increasingly prepared to meet its responsibilities to all its citizens."

BENT ELBOWS LEAD TO BROKEN BONES --

CHICAGO — Elbow bending often leads straight to traffic accidents, according to the 1949 edition of the National Safety Council's statistical yearbook, "Accident Facts."

One out of every six drivers involved in fatal motor vehicle accidents during 1948 had been drinking, accident reports showed. One out of every four adult pedestrians killed in last year's motor vehicle accidents had been drinking, too. The yearbook also shows that one out of every eight drivers violating traffic laws was driving while under the influence of alcohol.

N. J. HAS LOWEST ACCIDENT RATE

CHICAGO — The safest person in the United States has moved.

It used to be that little girl in Connecticut — remember? The National Safety Council's nominee for



ENGINEERING CHANGES in Ford trucks during the past 18 months are keeping pace with the demand for greater measures of flexibility, performance and economy, J. D. Ball, manager, truck and fleet sales department, Ford Division, has announced. Above is the Series F-3 Ford stake truck which has a wheelbase of 122 inches and a gross vehicle weight rating of 6,800 pounds.

the mythical safety title is still a little girl, but she now lives in New Jersey.

The Council figures it this way: the 1949 edition of "Accident Facts," the Council's statistical yearbook, shows that New Jersey had the lowest accident fatality rate of any state last year. The safest age group in the county was the 5-14 bracket. And for some reason, little girls seem to be safer than little boys.

CHARGE AMA BLOCKS NEGRO MEDICAL CARE

Organized medicine today was accused face-to-face of blocking badly needed medical care from the nation's 15,000,000 Negro citizens.

In an address before the opening session of the convention of the National Medical Association in Detroit, Chat Paterson, executive director of the Committee for the Nation's Health, declared that the President's health program is the only hope of relieving the urgent shortage of medical services.

As the views of the American Medical Association were presented to the convention by Dr. George F. Lull, general manager, this was the first time the country's leading organizations pro and con on the issue of national health insurance were represented in the same forum.

Detailing the handicaps that are put on both patient and doctor through race discrimination in the medical profession, Mr. Paterson said:

"It is no coincidence that the same forces — in Congress and out — which are allied against national health insurance are likewise fighting to block FEPC, anti-poll tax and anti-lynching legislation. These are not two separate battles."

"Distribution of medical care is the public's business," he said, "particularly when organized medicine assumes the role of father-protector of America's economic and social life, a role in which it has distinguished itself only by its consistent backwardness."

ACCIDENTS LEAD AS CHILD DEATH CAUSE

CHICAGO — Here's word of warning to all Moms and Dads: Accidents are the greatest kid-killers in America.

According to the 1949 edition of the National Safety Council's statistical yearbook, "Accident Facts," accidents far outrank any of the more generally feared childhood diseases as a cause of death among children 1 to 14 years old.

There were 10,731 accidental deaths in that age group in 1947 — three times more than were claimed by pneumonia, the next most important cause of death. Accidents caused 42 times as many deaths as polio.

POLICEWOMAN REGAINS JOB AND \$7,000 BACK PAY

CHICAGO (ANP) — A local woman police officer, Inez Champion, was one of seven women who last week regained her job and was awarded \$7,000 in back pay.

The women had lost their jobs when the city passed an ordinance restricting jobs to men between the ages of 31 and 40. Police Commissioner Prendergast ordered their reinstatement after the State Appellate court upheld a December 1947 mandamus order issued by Judge Sbarbaro.

COMMITTEE NAMED ON COP BRUTALITY

NEW YORK — Alert Mayor O'Dwyer has named a three man committee headed by Rev. John A. Coleman the first Negro member of the NYC Board of Education, to investigate charges relative to the alleged brutality of police to Negroes in the Bedford-Stuyvesant section of Brooklyn.

The inquiry grew out of the Brooklyn branch of the N. A. A. C. P.'s charge that "King's County police has threatened Negro suspects brutally and had illegally searched and seized property. This is the third anti-bias inquiry ordered by the City of New York.

A Barred Plymouth Rock hen at the North Carolina State College Poultry Farm near Raleigh has laid 1,029 eggs since she first came into production.

tor of America's economic and social life, a role in which it has distinguished itself only by its consistent backwardness.

Southern Chicken Bread



Southern Chicken Bread is the intriguing name for delicious little corn meal biscuits traditionally served in the southland with fried chicken. The unusual aspect of Southern Chicken Bread is that the biscuits are fried in the drippings after frying chicken. The biscuits rise and bake just as they would in the oven. The wonderful flavor of the drippings permeates the biscuits with a rich chicken goodness.

You'll want to adopt this southern custom of your house. Southern Chicken Bread with a platter of fried chicken is good food at its best.

- Southern Chicken Bread**
- 1 1/2 cups sifted enriched flour
 - 1/2 cup enriched corn meal
 - 3 teaspoons baking powder
 - 1 teaspoon salt
 - 4 tablespoons shortening
 - 3/4 to 1 cup milk

Sift together dry ingredients. Cut in shortening until mixture resembles coarse crumbs. Add milk, mixing lightly only until mixture is dampened. Turn out on lightly floured board and knead gently a few seconds. Roll out to 3/8-inch thickness; cut into diamond shapes, rounds or squares. Place in frying pan in which chicken has been fried (leave only a small amount of fat in the frying pan). Cook over medium heat until delicately browned on under side. Turn and cook on other side. Cooking time about 8 minutes. Serve immediately with fried chicken. Makes 12 to 18 biscuits.

Read The Carolinian!!

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