



THE "Shooting Star" ruffled doily is causing as great a commotion in the world of crochet as its famous namesake, the "Shooting Star" jet fighter, is in the world of aviation. They both win the immediate approval of the experts. Note the "Shooting Star" ruffled doily's graceful design and utter departure from old styles. We know you'll want to make one, so send a stamped, self-addressed envelope to the Home Sewing Department of this newspaper, requesting pattern No. D-127.

Liberian Bishop Has Ordination

MONROVIA (ANP) — Trinity Pro-Cathedral here was filled to capacity on Sunday, August 7, when Negro Bishop David Washington Harris ordained to the sacred ministry Christopher Kei Kandakai and William Yarnit Gray as deacons of the Protestant Episcopal Church in Liberia.

Despite the rainy season, the weather was cool, and from all directions, people of all denominations flocked to witness the ordination which was the first in 12 years.

Both candidates are products of St. John's mission at Cape Mount, an Episcopalian school. Kandakai is of the Gola tribe and attended the mission from 1929 to 1938 when he graduated from the high school. In 1944 he entered the monastery of the Holy Cross mission at Belahun, Liberian hinterland, and

Charles and Samuel. The ordination was with the former.

His wife, Mrs. Annie Woodford, died in 1931. Three of his children also are dead.

He took up studies in theology up to 1943. He is 33 years of age, and is assigned to the interior work at Mabloma, Cape Mount County.

Gray is 38 years of age and from the Vidi tribe. He attended the Bendu mission in the interior of Cape Mount, and later joined at St. John's Mission.

He was one of those responsible

for the original six schools in the interior of Cape Mount and under the aegis of the Episcopal mission. Like Kandakai, he entered the Belahun monastery in 1944 and the both completed their studies to-

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Timely Farm Hints For The Homemakers

BY RUTH CURRENT
State Home Demonstration Agent

Every one of us needs a good breakfast to "break" the "fast" since last night's dinner. Although most of that time has been spent in sleeping, our bodies are still burning food energy in maintaining bodily functions.

Lack of breakfast tells on us in many ways — we may feel listless, be unable to concentrate, or be just plain tired. Have you ever noticed a 10 o'clock in the morning let-down in spirits? If you are a breakfast skipper or skimpier, you're sure to be aware of it. The cause is simple: You're just plain hungry! Though you had no hunger pang at breakfast time, the hunger was there, hidden, and didn't show itself until later in the day after some energy had been expended.

In order to get all the nutrients you need, you should eat three square meals a day. If breakfast is neglected, it is fairly easy to make up the loss of food energy or calories in the other two meals, but practically impossible to make up the total requirement of the other essential nutrients.

The basic breakfast pattern assures us the right amount of nutrients at the beginning of the day when they are most needed. Planning with this pattern in mind becomes quite simple. Just remember to include each of these food groups in every breakfast: Fruit, cereal and milk, bread, butter or margarine, beverage (breakfast beverage may be coffee or tea, but these are practically without food value except for the cream and sugar you may add. For children, milk at breakfast is a must.)

Eggs and breakfast meats are valuable for protein and minerals. Men and teenage boys require more food at each meal than women and teen age boys require or portions of each food or should eat additional foods such as eggs and breakfast meats.

STATE COLLEGE ANSWERS

Bitter rot is showing up in my apple orchard. What control measures are recommended for this disease?

The best control is to apply a very thorough spray of Bordeaux mixture using eight pounds of blue-stone and eight pounds of hydrated lime to 100 gallons of water. A very heavy spray is necessary to stop the disease at this season of the year, however, especially in orchards at lower elevations.

When beef cattle are being fattened for market, what should be the length of the feeding period?

The length of the feeding period should vary with the age of the cattle, their quality, condition when started, on feed, the kinds and amounts of feed used and the market. As a rule the more mature the cattle the quicker they will finish because less nutrients are required for growth. It generally takes 130 to 200 days for fattening calves,

150 to 170 days for yearlings, and 120 to 140 days for two-year-olds. How much time is required on land which is to be seeded to alfalfa?

The answer to this question may be obtained by taking a soil sample and sending it to the Soil Testing Laboratory, State Department of Agriculture, Raleigh, for definite lime recommendations. As a general rule soils that have not been previously limed will require one and one-half tons of finely ground doormitic limestone per acre. Experiments show that an adequate amount of lime may be spread on the land but unless it is worked into the soil, it will not maintain the stand. Uniform spreading is also necessary. Poor distribution gives too much lime on some spots and too little on others.

100 YEARS YOUNG

CINCINNATI (ANP) — Isaac Woodford celebrated his 100th birthday here last week with a large group of friends at a party in his honor.

Woodford was born August 8, 1849. For 50 years he worked as a coal miner. During his life, he has also worked as a waiter and a construction worker. He is the father of two daughters, Mrs. Laura Wiley and Mrs. Fannie Lindell, and two sons.

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