

... from the

# Woman's Angle

## CHARM

**NEW YORK (GLOBAL)** — Are you a 'freshy' in the right way, so that no matter when you step out you feel happy from within and thus radiate charm to all around?

Enjoy your life by spending precious moments doing those very special things necessary to the FRESH angle of your life. Begin in the morning with that treatment known as 'daintiness' which includes bath of the teeth, mouth, and body. Then spray that toilet water over your body for summertime coolness. Relax after a

few exercises and while relaxing give thought to the well-being of the entire Universe, as well as to the beautiful and important day that is before you. Take time to brush your hair and arrange it attractively. See what your facial make-up has that fresh look.

Time to get dressed — putting on those fresh stockings you washed last night. The same for girdle, bra, undies and that FRESH suit or dress just for today. Know what to wear to business or to your job — simple, plain or tailored clothes. Shoes brushed, hat likewise. Check pocketbook for tissues, make-up, keys, date book. A hint for those who must go to business daily: Keep five different garments on hand wearing a different one every day and you will find it so easy to stay FRESH and clean.

'Fresh as a daisy' is not too fresh for you these hot days! —BFC



### "EASY DOES IT"

BY HELEN HALE

**NEXT TIME** you make sandwiches for a picnic, have your bread or rolls fresh, spread all over with butter or spread so the filling won't soak through and try some new and delightful fillings for variety.

Peanut butter is always a favorite. Add to it some crisp and crumbled bacon for variety, chopped raw apple or grated carrots.

Have some cream cheese on hand? Mix with deviled ham and catchup for a delicious spread. Sliced bologna is something you'll have frequently. Team it with cole slaw in a sandwich for its good texture.

### RECIPE OF THE WEEK

#### Savory Beef, Parsleyed Rice (Serves 6)

- 3 large onions, sliced
- 3 tablespoons shortening
- 2 pounds beef chuck
- 3 tablespoons flour
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 2 Teaspoon thyme
- 2 cups boiling water
- 2 tablespoons vinegar
- 1 tablespoon catchup

Fry onions slowly in melted shortening until brown. Cut beef into serving sized pieces. Add to pan, increase heat and brown on both sides. Mix flour with seasoning and sprinkle over meat. Add water, vinegar and catchup. Cover and simmer until meat is tender, about 2 hours. Serve on a platter with a border of parsleyed rice, made by adding chopped parsley to boiled rice.

Like a hearty sandwich? Combine chopped frankfurters, baked beans, catchup and mustard for the filling. This is delicious in toasted buns.

Chopped, hard-cooked eggs make a good filling when mixed with chopped or ground tongue, grated cheese, prepared mustard and mayonnaise.

Like raw vegetable filling? Chopped cabbage and nuts with grated carrots and mayonnaise are delicious.

Flaked tuna fish or shrimp combines with cottage cheese. Add some pickled relish to make it tart and delicious for a good filling on Vienna bread or crusty rolls.

## Watts New

Summer time is Salad time. An attractive main dish salad, a pretty fruit salad or a luscious frozen dessert salad. How easy it is to find just the right salad for every occasion. The almost limitless ways to combine the mineral and vitamin-rich foods which go into salads. From a nutritional standpoint and because salads are such delicious foods by themselves, they are becoming more and more important 1 hour daily menus.

Serve salads as an accompaniment to or after with the main course — As a main dish salad or as a 'salad plate'.

As a 'dessert salad' or 'party salad' remember these salad pointers.

Use only chilled and crisped salad greens.

Greens should never extend beyond the edge of the plate. Excess greenery can dwarf a salad.

Try for color, flavor, form and texture contrast when combining salad ingredients.

Always chill canned fruits and vegetables.

Drain canned fruits and vegetables thoroughly. Fruit should be further drained on a towel.

Average any salad on a chilled plate or bowl in a simple manner. Avoid cluttering.

Combine fresh salads just before serving for a fresh appetizing appearance.

Over your fruit salads ideas file. Pineapple slices topped with cream and scored bananas and peanuts.

Bean halves topped with cottage cheese and chopped olives and onions.

Bean halves pat together with cream cheese and topped with watercress.

Pea halves topped with softened cream cheese and chopped dates.

Milk production has been running below 1951 this year. The total for the year probably will be the lowest since 1941 except for 1948.

—BFC

Go To Church Sunday!



**DINAH WASHINGTON TOPS BLUES SINGERS** — Singer Dinah Washington, the Queen of the Juke Boxes is pictured here receiving the Hunter-Over-the-Bar Trophy as the nation's outstanding blues singer. In the picture George Brandt and Henry (Hank) Pearson join Dinah in the celebrated event held at Carnegie Hall.



**GARDEN TIME**  
ROBERT SCHMIDT  
N.C. STATE COLLEGE

Most areas in North Carolina receive about 59 inches of rainfall per year. If this were properly distributed it would be ample for our growing crops. But it isn't evenly distributed—and this season is a very good example. The experts tell us our crops should have an inch of water each week. Many gardens in the State haven't received that much during the last three weeks and at the same time temperatures have been in the 90's.

Vegetable crops in particular are severely damaged by extended periods of dry weather. Quality is usually dependent on rapid growth, especially in the case of leafy vegetables. Any check in growth will make them tough and unpalatable. This is also true of snap beans and root crops. Recently, I have been asked by many persons, "Why do my tomatoes rot before they ripen?"

This condition is known as blossom-end rot and is caused in most cases by extended hot, dry weather. It cannot be controlled by spraying.

Many a berry crop has been cut down both in quality and yield by the lack of water at the proper time.

The answer to this problem is irrigation. But irrigation equipment is expensive. Yes, but if taken care of it will last for many years, and the saving of one crop may in some cases pay the full cost of the equipment. The application of the proper amount of water at the proper time should be worth a great deal to vegetable and fruit growers, and this means putting the water on before the crop is seriously checked in growth by dry weather.

For information on irrigation systems write to Howard Ellis, N.C. State College, Raleigh.

## FOR WOMEN

### Betty Cook For ANP

#### HERE'S HOW HEIRLOOMS HAPPEN

One generation preserves, with tender care the loveliest things of that day to be handed down to another generation.

When you're doing very special laundry, keep in mind that clean fabric is long-lasting fabric. Not only do precious belongings deserve careful and frequent sodas.

Soaps are good for lubricating nails or screws before putting them into wood. Plunge nails into the soap, scrape screw threads over the surface. Then either one will go into a wood or plaster surface much more easily.

WINDOW DEVICE MAKES WASHING DRAPES EASY

Now you can get window cornices ready-made with ends curved so that the fabric coverings can be simply stretched up, tube fashion and slipped into the cornice frames. Then when wash-day comes up, no swing is involved. You just slide the coverings off, launder, and slide them on again.

These cornices are made of a glass and mirrors you reasonably can surface that can be wiped clean with a soapy cloth are ideal work-savers and time-savers.

Fresh iodine spots usually come out with soap and water. A little alcohol or ammonia solution will remove stubborn traces, but be sure the fabric can stand the why not angle off your bath tub?

chemical action by doing a test on an inside seam.

Save money by dressing the junior men of the household in washable slacks. Made of nylon and wool you can't destroy them. They just won't shrink, and they never lose their shape. They'll spin through countless sudsy washings and still look like new.

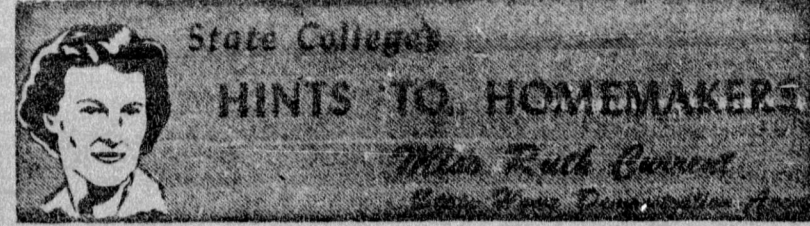
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## HINTS TO HOMEMAKERS

### WASHING GLOVES

Fabric: Do not soak colored fabric gloves. Rub soiled spots with soapy fingertips or a brush. Wash in lukewarm suds. Pat gloves in a Turkish towel, ease them into shape and dry.

Leather: Check labels to see if washable. If leather gloves have ever been dry-cleaned, do not attempt washing them. Never soak. To remove spots rub with soapy fingertips or a brush. Use lukewarm water and good soap flakes. Colored leather gloves run a little in the first washing — they all do. Thorough cleaning and rinsing will prevent streaking. Add enough soap flakes to make a light suds in the last rinse of leather gloves. Pat gloves in a Turkish towel, blow into them to shape, and

dry away from heat. When almost dry, 'finger press' the gloves by working the leather between your fingers to restore softness. If gloves have dried stiff, roll in damp towel for a few minutes to dampen, then 'finger press.'

### WATCH YOUR POSTURE

Regular exercises will approve your posture. Lie flat on your back and raise your legs straight about 10 inches. Feel the pull across your front? That's your soft muscles tightening. Do forward bends; then with hands on hips, twist upper part of body far to the right, now to the left. Twist hard.

To get rid of shoulder slouch, use exaggerated rear press heels, hips, shoulders, head against wall — then try to make the small of your back touch, too. Keep trying.

## YOUR brain budget

1. Which is misspelled: (a) fetich, (b) flasco, (c) flogty, (d) fidelity?
2. "Farm system" suggest which of these units of sports games: (a) inning, (b) round, (c) frame, (d) quarter?
3. Trichonosis should remind you of the animal that makes which sound: (a) moo, (b) oink, (c) cackle, (d) ba-a?
4. Which auto tire receives the least wear: (a) left front, (b) left rear, (c) right front, (d) right rear?
5. Eileenynary means which: (a) lily, (b) craven, (c) relating to charity?

### ANSWERS

1. (c) Flogty
2. (d) Quarter
3. (d) Ba-a
4. (a) Left front
5. (c) Relating to charity

It's an idea way to revamp your old bathroom in a luxurious manner. Sudsing on the angle has its points as well. Two wide corner seats and a flat base bottom make it ideal for either the younger set or their grandparents.

A fine cotton mesh bag that holds up to three pounds of washables permits machine washing of dainty lace-trimmed clothes; fine curtains, and many small items. You can also use it as a laundry bag for soiled handkerchiefs and then toss them—bag and all—into the washer. The bag's open weave construction allows complete sudsing action, and still protects its contents from tangling with larger pieces.

A little paint, paper, and fabric can create a new world in a child's room — and no upkeep problem for the mother whose wise choice of materials that need only soap and water care.

Bed covers and slip covers are available to the budget-minded in plastics, in machine-washable corduroys, and cotton denims. Washable paints and wall papers look as fine as the most expensive finishes.

It's a sign of real progress in home making that often it's the washables that cost the least money—and give the most satisfaction!

—BFC



**DANCING AT THE BELMONT** — Doris Duke, "richest girl in the world," dances with polo player Laddie Sanford at Belmont (N.Y.) turf and field club ball.

## PATTERN OF THE WEEK



**2446**  
SIZES 12-44



**2440**  
SIZES 12-44

No. 2446 is cut in sizes 12 to 20; 36 to 46. Size 18, 16 and 38-40.  
No. 2440 is cut in sizes 2 to 8. Size 4, 14, 16, 32-34.  
Send 30c for EACH pattern with name, address, style number and size to: ALFREY LANE BUREAU, Box 369, Madison Square Station, New York 10. The new Spring-Summer fashion book shows 126 other styles, 25c extra.



Maxine Rigaud, attractive New York model, makes up a milk shake for herself and her friends. This wonderful new drink is refreshing but not fattening.

## America's Iced Tea Hostess



Rhonda Fleming, one of Hollywood's most radiant stars, has been named America's hostess for National Iced Tea Time, July 11th through the 15th. Lovely Rhonda, whose bright reddish brown colored hair matches the color of the tall glass of iced tea she is about to drink, is a confirmed tea lover. As hostess she will take a leading part in the many activities with which a sweltering nation will honor "the best summertime refresher of them all," during National Iced Tea Time. Interviewed during the making of her latest Columbia picture, "The Golden Hawk," Rhonda said, "Want to know how I make my own iced tea? For 4 tall glasses of iced tea, I pour 4 cups of bubbling, boiling water over 6 teaspoons of loose tea or 6 tea bags in a teapot, let this stand from 3 to 5 minutes and watch the clock closely because I demand that my tea be perfect. Then I stir and strain it and pour hot into the ice filled glasses. Sugar to taste! A wedge of lemon! Voilà! What a drink! And how do you like my Libbey's Crystal-Flair iced tea glass?"



**FOR A STRONGER GENERATION**—Training one generation in better care for another is part of Asia's fight to safeguard human life. The World Health Organization (WHO) helps governments solve the problems of mother-child health and has assisted in developing five projects like those to train more midwives and health visitors.

## FASHION-OF-WEEK



**DAINTY FROSTED ORGANDY**, featuring giant puffs of sleeves and delicate, cuffed sweetheart neckline. Flowers dance delightfully all over this lovely print. Available in heaven blue, cloud pink, angel white. Sold by housewife representatives of Fashion Frocks, Cincinnati. (ANP)

## NATURAL HAIR ATTACHMENTS

YOU CAN HAVE YOUR HAIR PERFECTLY MATCHED



**PAGE BOY**  
This most useful hair piece blends in with your own hair and keeps the rough ends even. .... \$3.00



**THE HALF CLAMOUR**  
fastens at the crown of the head and hangs naturally down the back. (It is 15 to 20 inches long). .... \$10.00



**BACK OF THE HEAD CLUSTER**  
This item is made from one of our Clamour Page Boys, and you can easily make it yourself, if you care to. .... \$7.00



**THE ALL-AROUND ROLL**  
This attachment is a time and money saver. Wear it and eliminate the necessity for constantly curling your own hair. This will give it time to grow. \$7.00

Small Cluster of Curls ..... \$3.50  
Clignons ..... \$3.50  
Braids ..... \$5.00

SEND NO MONEY PAY POSTMAN ON DELIVERY. Send sample of your hair or state color. ORDER TODAY!

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507 FIFTH Ave., (Suite 905)  
NEW YORK 17, N. Y.

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BLENDED WHISKEY — 80 PROOF — 70% GRAIN NEUTRAL SPIRITS  
MR. BOSTON DISTILLER INC., BOSTON, MASS.

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