

From the

Fashion Trends

by Freda S. Henderson



THE SIREN LOOK — APPROACH WITH CAUTION. The fashion industry is not doing itself any favors by creating a siren look which is reminiscent of the "New Look" of 1947. The "siren look" is a little more than a "New Look" and a little less than a "Siren Look". Now, the siren look has its advantages which are: when it is done right, it is a beautiful and elegant look. The siren look is a little more than a "New Look" and a little less than a "Siren Look".

The siren look means just what it says — to look like a siren. In other words, to look alluring, tempting and enticing. The siren look is a little more than a "New Look" and a little less than a "Siren Look".

"EASY DOES IT"
BY... MELBA PALE

POTATOES are a versatile food, but few people have heard of them served stewed. Melt 4 tablespoons of butter into a skillet, add 8 potatoes, peeled and sliced, then 1 1/2 cups milk and salt and pepper to taste. Cook, covered, slowly until potatoes are tender. Slice orange (about 1/2 cup) over good eating with lamb. Sprinkle them with brown sugar, dot with butter and dust lightly with curry powder and bread.

RECIPE OF THE WEEK
Cranberry Ribbon Loaf
(Serves 8)

- 1 1/2 pound can whole cranberry sauce
- 2 tablespoons lemon juice
- 1/2 pint heavy cream, whipped
- 1/2 cup confectioners' sugar
- 3/4 cup chopped nuts
- 1/4 cup crushed, drained pineapple

Combine cranberry sauce and lemon juice. Pour into refrigerator tray. Blend together remaining ingredients and place this over cranberry sauce. Freeze until firm. Serve in slices as salad or dessert.

this week's patterns...
BY AUDREY LANE

3096
SIZES 12-14

2811
SIZES 1-2-3-4

oliate-frosted, grate some orange rind on top and listen to the call for second helpings.

In place of parsley as a garnish, use the parsley in the food prepared and see how much zest it adds to simple dishes. Chop it fine for hamburgers, salad dressings or biscuits.

Shrimp à la king can be prepared the same way as you do the famous chicken dish of the same name. Serve on a bed of well-seasoned peas, or, if desired, on a bed of rice mixed with peas.

Lime frosting on a whole cake does wonders in color and taste appeal. Use a package of cream cheese (3 ounces), 2 1/2 cups confectioners' sugar and 1 tablespoon lime juice. If you like, add 2 teaspoons grated lime rind and mix until smooth.

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Woman's Angle

The War Paint Problem



Halloween marks the day that the children can get a greater variety and quantity of stuff on their faces than any other time of the year. Mother's problem is to remove Junior's war paint before his later-than-usual bedtime.

A solution of All-Purpose Surf, applied with wash rag or sponge will whisk away almost every type of "decoration" the little fellow can get on his face... and his delicate skin will remain baby-smooth.

A & P Slashes Price On Popular Seasonal Item

CHARLOTTE — Southern housewives were assured this week of at least one boon in their fall food projects.

Officials of the Great Atlantic & Pacific Tea Company announced that the price of their 1952 Jane Parker fruit cakes, which take a considerable time and cost in preparation, has been reduced.

The price reduction was made possible, they revealed, because of the unprecedented demand for this particular item, one of the most popular of their seasonal offerings.

The 1952-53 sample of fruit containing this price cut without any sacrifice in quality will be about 4 per cent less than in 1951-52.

ing Their Way Thru College



Dreams can be true for 66 girls—all members of the biggest sorority without a college campus. Last week these members of Sigma Alpha Sigma—Midwest sorority for working girls only—took over the business, scenic and night life of New York City. On a sailor's holiday they observed carousels in action of 106 food specialists in the General Foods Consumer Service Department kitchens at 200 Park Avenue. Typical of the group is Jeannette Gryszzana, (extreme left in the first row, top picture). Jeannette is a clerk in the advertising department of a national mail order house and had never been to New York before. Her SAS membership made it possible to have a week in New York with total train, hotel, food and expenses for around \$150. Left middle picture above—Jeannette, Nancy Mulhull of Chicago and Donna Johnson of Racine, Wisconsin, learning all about recipe testing from Vera Swope, GP home economist. Right, Ginny Mahoney describes technology of jelly recipe testing to Jeannette and Nancy. The girls took part in the actual recipe testing of a new minute rice product, as seen in the bottom picture.

Sigma Alpha Sigma, or "the miracle of Jackson Boulevard" sprung from an idea of Muriel Davis (second from left in bottom picture). It was Muriel who conceived the idea of a non-profit organization of working girls, which would give them a chance to explore the country at cut rates. From a handful of girls in 1946, SAS now has 2000 members and a long waiting list. Most members are in their twenties. It operates on the idea that a group can get better rates for travel—transportation, meals and rooms. The idea works. On top of it all the State of Illinois granted Muriel a charter in 1948. Now there are SAS chapters all over the middle west—and the idea is spreading fast.

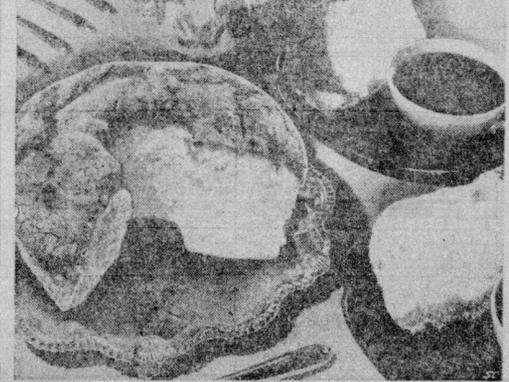
CHARM

NEW YORK (Herald) — Have you ever been bothered by the rummy letters which are best in a feminine and masculine manner? Most of them are cleanliness of mind and easy to read. With these letters, you can understand the meaning of the letters in a very short time. They are more than just letters, they are a way of life.

Feminine Fashion Flair
A.M.P.

Many of you like myself, find it hard to carry too much of a large bag of vegetables that will last for an evening out. The travel bag is shown in illustration. It is made of a soft material and is very easy to carry. It is a very useful item for the traveling woman.

Angel Cake That Cuts Calories 60%



Angel cake is the cake that is so tender it melts in your mouth. It can now be yours no matter how limited your calories may be—thanks to this brand new recipe from the Calorie Saving Kitchen. For each grand big, generous serving contains only 58 calories... a saving of 20 percent over ordinary angel cake. Having fewer calories than many plain fruit desserts, this Low Calorie Angel Cake still provides the sweetness you like because it is made with Sucaryl, the new non-caloric sweetener that can be cooked just like sugar without becoming bitter.

Angel cake is one of our most nutritive cakes, containing calcium and protein in large amounts. Now you can make it easily and thanks to Sucaryl it can be as sweet as Angel Cake should be without the high calories of sugar.

Low Calorie Angel Cake
1 1/2 cups egg whites (10 to 12 whites)
1 1/2 teaspoons cream of tartar
2 tablespoons Sucaryl Solution or 48 tablets
1 cup sifted cake flour
2 teaspoons vanilla

Have egg whites at room temperature; beat until foamy; add cream of tartar; beat until stiff but not dry. If Sucaryl Solution is used add to egg whites with flavoring, beat 1/2 minute longer. If tablets are used, wash to powder and sift 3 times with cake flour. After flavoring is added, sift a small amount of flour over surface; fold in by hand or use electric mixer at lowest speed. Repeat until all flour is added. Spoon gently into ungreased 9-inch ring mold or 7-inch tube pan. Bake in moderately hot oven (375°F.) for 35 minutes. Cool upside down in pan on wire rack. When thoroughly cool, remove from pan. Makes 8 generous servings. Each serving contains: protein, 5.4 grams; fat, none; carbohydrate, 9.5 grams; calories, 58. If made with sugar each portion would contain 144 calories.

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HAND ACROSS CENTURIES — American teenager in Dublin clasps hands with man who had been dead 1,000 years. Corpse in ancient Irish cemetery is mysteriously unrotted.

Do you include fish in your weekly menu? If you do, you are probably getting a lot of good things out of it. Fish is a very healthy food and is easy to digest. It is also a good source of protein and vitamins.

Watts New

Do you include fish in your weekly menu? If you do, you are probably getting a lot of good things out of it. Fish is a very healthy food and is easy to digest. It is also a good source of protein and vitamins.

SPORTS

See Pages 6-7
This Section

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