fron.

Moman's Ingle

GLOBAL JOTTINGS Lou LuTour



NEW YORK, (GLOBAL)-Designer Beulah Bullock expressed and others who participated in the levely fashion show held reday. One of the features of the their beautiful new establishafternoon was the outstanding ment. musical performance by Johnny Hospital, loves to be referred to

One of the nicest affairs of the coutstanding and the prettiest cotpast week was the Testimonial ton dresses. The New York Dinner given in honor of Ar- Club of the National Association thur Ford, recently appointed of Negro Business and Profes-Commissioner of Water Supply, sional Women's Clubs will pre-Gas and Electricity in New York City. The affair was held at the Tea, Sunday, May 16 at the In-Town Hill Restaurant at 391 ternational Center 46th Street Eastern Parkway in Brooklyn, and United Nations Plaza A-which, incidentally was just remong those honored will be Mrs.

well known Brooklyn lawyer. her appreciation to the models. The affair, therefice, afforded a double opportunity for us -- to help pay tribute to Commissioner cently in her home, by entertain- Ford, and to congratulate Charite ing them at cocktails last Sun- and his lovely wife. Doris on

The Lambda and Tau Omega Johnson, who, although a dis- | Chapters of Alpha Kappa Alpha tinguished analyst at Bellevue Formal Friday evening, May 7 at the Park Terrace Ballroom in the as a "Guitarists." The young Bronx ... The Buggs present doctor is quite a performer on Sorority present their Spring that instrument and contributed their annual Kotton Festival Suna great deal to the success and day, May 16 As usual, prizes will be awarded for the most unusual. sent its Sojourner Truth Award

After Months Of Research

A&P Food Stores Market A New Gelatin Dessert

by A&P Food Stores.

The new dessert is the result of months of research in A&P's | more easily digestible, and for its laboratories to obtain the proper | value in neutralizing an excess flavoring and color. It will be of acid. marketed in the regular threeounce size in a new package under the Ann Page label and will be manufactured in the company's Quaker Maid plants in both Brooklyn, N. Y. and Terre Haufe Indiana.

Gelatin desserts have been in widespread demand for many years but most have been limited to six popular flavors: lemon, lime, orange, cherry, strawberry, and red rasberry. Sometime ago, A&P added black rasberry to its flavors and the black cherry makes the eighth with its own distinctive flavor. This will give housewives a wide choice of easily prepared geltain desserts from which to choose-

While the ready-mixed golatin contains sugar, natural and artifical flavor, fruit acids and coloring, each average serving is low in calories. It is also free from carbohydrates. Gelatin desserts are widely used in hospitals and are recommended by physician's

Page Sparkle Black Cherry, an instrition experts, for its services eignth flavor, is being introduced as a complement of other pro-

My Neighbors

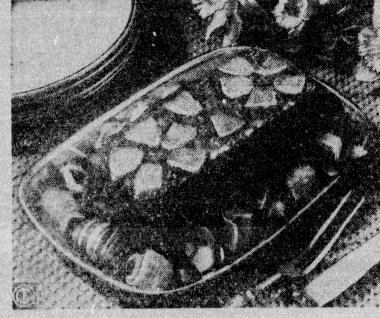


dear, I don't hear any pops cork-

tains, for its property of making various foods more palatable or



Help Yourself To A Bonus!



ENNY for penny, here's a food value team you can't beat— cereal and milk. Whether you start the day with a bowl of cereal and mills, munch on a handful of pre sweetened cereal, enjoy cereal made cookies along with a tall glass of cold milk, or use the pair to stretch leftovers into a main dish, few foods can make such a contribution to the satisfaction of daily nutritional needs at such a cost as does this well-liked combination.

Used together, cereal and milk offer 10 important nutrientsigh-quality protein, carbohydrate thiamine, riboflavin and niacin; iron, phosphorus, calcium, fat, Vitamin A. The calcium is especially important in view of recent studies which show that calcium deficiency in teen-age and adult diets is greater than any other nutritional deficiency... You never outgrow your need for cereal and milk.

Upside Down Ham Loaf is designed to use up leftover ham in a glamourous fashion, and it's as much fun to make as that kind of cake. Pretty isn't it? What you can't see is the cereal and milk goodness which makes it such Good Eating in more ways than one.

Upside Down Ham Loaf

1 pound ground lean smoked ham or leftover cooked ham pound ground lean fresh purk 4 cup chopped parsley 4 teaspoon salt ¼ teaspoon pepper

cup milk

cup pineapple syrup cup diced canned pineapple 2 tablespoons brown sugar

Combine ham, pork, parsley, slightly crushed wheat flakes, salt, and pepper with egg, milk, and pineapple syrup; mix well. Place pineapple in bottom of 9x5x3 inch loaf pan and sprinkle with brown sugar. Pack pork mixture on top. Bake in moderate oven (350°-375°F.) about one hour. Remove from pan, turning upside down onto platter to serve. Yield: 8 to

10 servings. Homemakers of the nation can do a great service to the farmers by serving milk more often and in different ways. A bowl of cereal and milk for breakfast is not only a nutritional bonus but a way of solving the milk surplus problem.



PIE - Coconut-Strawberry Pie leatures Spring's favorite fruit

make when you use a p. " re of Jell-O coconut cream pud-

County Dress Revue Ends At Shaw Univ.

Forty women participated in Judges for the Diess Revue the County Diess Revus held at vere Mrs. Moore. Mrs. L. Diess West Campus of Show University | e son and Miss D. M. Parker, last week.

The Danish System of judging was used with the foilowing women receiving blue ribbons: Mesdames Eu'y Mayo, Margaret Creen, Wil-lia Mayo of Shilob Club: Mesdames Ashley Powell and Clenora Dovier of Fleirbers Grove Club; Mrs. Willie Mac Hunter of Springfield Cub; Mrs. Mable Burton of Freury Springs Club; Mrs. Lovie Mrs. Romelia Chavis of Jeffries Club; Mrs. Katie Leach and Katle Mable Leach of

Pine View Club. Four-H winners were Ruby Garner Four-H Clab, and Swane Debnam, Lockhart Club, The McKinney and Ennice Avery, Four-H members will represent the County in the District Contest to be held id Ebzabethtown

Campbell and Mrs Pittenia G. Peters. The Cilizens Com-mittee of the Vocational Guidance and Workshop Center presented its 1954 Awards this week to Dr Max Rubinstein, Dr. Ruer, and Mrs. Alberta T. Kline.] with seiter you with bigher

The Dress Revue was centered around pattern and material selection for nouse, street and cassual dresses with Mrs. Annie Walker of Fuguar and Mrs. Annie Demonstration Agent for Walker of Shotvell acting as parrators.

Home Economics Teachers at the link sheed lemon. Simmer for litten manues, remove lemon and serve hot.

School and Sheet Mrs. Natale P. Wimberley is Assistant Negro best ground Ground hum provides a delicious druner dish when make into nam, sweet polate and principles.

i pinuapple pattles.

on forage erep diseases? structiveness of forage diseases I valuable training for your c

QUESTION: What are some of the advantages of a horse

vegetable garden, other than the exercise you get? ANSWER: A vegetable garden will save you money. Returns Mrs. Evelyn Cunningham, and from a garden plot, on an acre-Miss Lucille Cromer Also to care baris, are higher than Buddy Bowser, Mrs. Myrtle Parks for most other crops. A garden

ANSWER: Weather conditions, should be, you will eat mor especially temperature and mois- | vegetables, regardless of inco ture, largely determine the de- The garden will help provide They are responsible for a real whether in town or on the discuse being of epidemic pro- | farm It provides a bobby, espec portions one season and of major ally one persons doing pon-farm consequences the next Unforth work. And escluding the exercise nately, weather conditions in you set it will provide you with so in Caronna faror the deve- better health. Vogetables are a lopment and spread of certain mong nature's best foods. The forage diseases the year round furbish valuable material to Theims Bertack Boozer Dr. Vers | But there are ways to control | building and regulating the body and maintaining health and

> QUESTION: What are "robber bees?"

ANSWER: Bees that swarm oer exposed honey, gorge that starts, it is difficult to central. Reduce the super entrances and close all cracks where bees may

Quick-Frozen Foods 25 Years Old



ty-five years ago that the average American family would be enjoying such rareties as strawberries in January or com-onthe-cob in March, or that the choicest ocean-fresh fish would be served a thousand miles in-land? And what homemaker herself in 1929 thought that one day in 1954 she could put a com-plete dinner of chicken, green peas, whipped potatoes and strawberry shortcake on the table in less than an hour. But table in less than an hour. But actually all this has occurred in the span of twenty five years since Birds Eye began to quickfreeze food two and a half dec-

Today quick-frozen foods know

Who would have thought twen- dressed poultry are rushed to the y-five years ago that the aver- quick-freezing machine. Here, below zero temperatures are released and the original freshness and nutritive value of the food are retained.

No wonder homemakers are enthusiastic about this time and work-saving phenomena. Try the quick-and-easy dinner of fried chicken, whipped potatoes, green peas and strawberry shortcakeall featuring quick-frozen foods -and see for yourself what it Fried Chicken, Southern Style

Thaw quick-frozen frying chicken or chicken parts just enough to separate pieces. Dry Today quick-frozen foods know between towels and roll in sea-no season and no limit to their somed flour. Fry in sizzling hot variety. From such items as fish, fat, 1/4 to 1/2 inch deep, in poultry, vegetables, and fruits, heavy skillet until golden brown. they have gone on to specialties. Reduce heat to medium, cover, like quick-frozen orange juice and cook clowly until almost and lemonade and pre-cooked tender—about 25 to 40 minutes; foods like French fries, whipped then remove cover and cook until toncer—about 5 minutes longer. Brimming over with fever and toncer—about 5 minutes longer.

Recordness, secondly grown crosspicted fruits and vegetables, gravy made with mile. Makes 4 | tonder-about 5 minutes longer.

CHARM

Whether a woman is a great | Dixie Winedot, beauty, or not there is one | Plant dablia quality which is most charming and which all women should try to develop, and that is the quality of simplicity. This does not mean that one must not wear ornaments, or the more frilly styles in clothing, but it does mean that one must watch very carefully to see that frills are not overdone. Nothing is more confusing several different kinds of jewelry decorating her person, and the most ornate shoes and accessories she can find: Smart women know simplicity is the essence of all art-and being well dressed is an art. So, don't drupe yourself in excess frills, and stumble around in the most ridiculous looking footwear just because somebody said it was the style. Nothing is more elegant than a sumple-not

Dorothye Says...

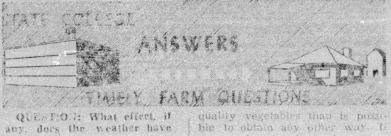
BY DOROTHYE LANE WALKER Home Economist, Carolina Power and Light Company

CHERRY SAUCE FOR MAM One can sour red cherries 2 tablespoons cornstarch

3-4 cup sugar 1-4 teaspoon cinnamon

Drain juice from cherries into a saucepan. Combine sugar, cornstarch and connamon and add to fulce. Cook until thickened, stirting constantly. Add cherries and hin sliced lemon, Simmer

The very last of the ham is best ground Ground ham pro-





MULLING WITH MULLER By Edna M. Muller

Some women, who have blond eye-brows, have found that using a black pencil is too heavy for their coloring. and brown presents the problem of being too reddish. The answer may be in the new charcoal gray pencil, just introduced. It goes on easily and the clear sweep of the eyebrow adds to feminine charm! Last night I placed the world's

newest electric shaver on the table and exclaimed to all the familyit's mine! And I mean it! I'm tired of comments made by certain members of the family because I find this an excellent way for good leg grooming-no ugly nicks or bother. Foolish of me to let them see it because it's the thinnest, lightest and most powerful shaver the new Custom Schick-and, of course, they each in turn had to try it . . . what's more they "enthused" over the feather-touch shave. It wouldn't surprise me if it became a "Father's Day" gift instead of my very own! Oh, well, their enthusiasm has given me an ides for graduation and birthdays!

Sometimes table and chair legs get badly scratched and no end of polishing will help. There are little 1 tubes with built-in brush, now andit able, containing made, mahogany or walnut-color "paint" which can be ap-plied to scretches. Let dry, then polish,

About this time of year we give thought to motheroughing winter suits, furs, etc. If you don't want to put your tiny Peter Pan mink collar or small fur piece in storage just shake camphor crystals on them and wrap in aluminum foil. You'll really foil the moths. Gath!

Garden Time

This is a good month to plant dablias. They will grow well in any good, well drained garden soil-either sandy loam or clay leam. Good varieties for North Carolina acording to color are: White - The Real Glory, Great Lakes, Red -- Cherokee Brave, Edna D, Maffie, Pink -Jersey's Beauty, Victory, Five-Star General, D. Day, Pink Fla-

mingo; Auturn shades — Jana Cowl, Kirsten Flagstad, Califor-nia Fageant; Yellow — Prairie Sun, Edgar Guest, Clara Hook; Purple — King David, Jean Trimbee; Orange-Red - Arthur Godfrey, Ruffled Giant; Blend --Plant dahlias at least three

feet apart and stake them with tive stakes or they will blow over in our summer storms. Do not fertilize too much at planting time, but apply fertilizer at least once a month during the growing season. Any good garden fertilizer will be satisfactory. During this month also the narcissi and tulip leaves will bein to turn yellow and die down-That indicates that they are going into their rest period for summer. This is the time to move them if you plan to do so -they may be taken up and stored in a cool dry place for the sumther and replanted in the fall Easter lily plants, after they

are through blooming may be set out in the yard. They should be taken out of the pot and planted much deeper in the garden seven to 10 inches deep. They may bloom again next year or the second year.

Hints To Homemakers

EXTRA - QUICK LAUNDER-ING - Some garments, especially rayon prints that run slightly, can be successfully washed if you do everything, including ironing, as fast as possible. Use the regular hand laundering method with the following chan

1. Use water that is just barely warm; 2. Wash garments as quickly as possible; 3. Rinse garments twice, as quickly as possibile; and 4. Use two turkish towels to remove excess water. Put one towel inside the garment. then put the garment on the second towel and roll them up together, Knead slightly, then un-

Iron immediately. It is suggested that you set your ironing board up and start your iron nealing to proper femperature for the material before you begin wash the garment.

AVOID: excessive bleaching, prolonged wearing of soiled clothing, over-exposure to sun. wind and rain on clothestine.



100 PROOF LIQUEUR SOUTHERN COMFORT CORP. LOUIS 3, MISSOURI



frequently ad- ian and skin specialist, dmonished to "Act your age," but strate and leuture eround for a long time now they have thenie, "A trin back to you refrained from telling the age three weeks. Her present Incongruous? I'd say. Also inconwas delightfully entertailed. gruous is the fact that so many very convincing. While sh women who would not dare tell mitted that some women their ages go around showing it much longer trip than weeks, none is without here. As for me, I think that you theory is that the appeared might as well be old as to look old. Now the cosmetic houses are | the skin has nothing at all with years, and her own capitalizing on the fact that womost representative mer, like to conceal their ages. and entire store promotions have been worked around the theme. It sounds like a good idea, what

are giving attention to the p bem of beauty for the man, and while some of the pas parations are on the expensive side, many a woman is Willing to risk a trip to the prophose in order to get a trip back to

FLOATING VEGETABLE MARKET

with the expected life span of a

woman already about the level

A few days agao it was my

pleasure to hear and see Dr. Sylia

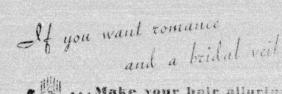
Lourie, emment Parisian physic-

of "three score and ten."



VENICE, ITALY-Everything floats in Venice-the world's "swimmingest" city. This is a floating vegetable market. Ger lebs of various shapes and pixes are until for a malifycom





... Make your bair alluring with . a lively, new halveolog It's so easy to give your hair the glames and after that spells irresistible attraction and against

Ask at your cosmetic counter for God in Larieuse Hair Coloring in the red box. Choose from 18 flattering colors.

Godefroy's Laneuse

