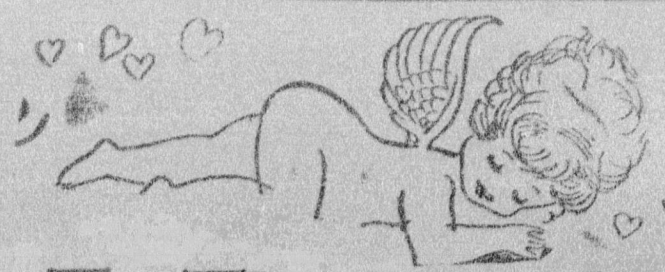


... from the

Woman's Angle



Monolita's

Advice To The Lovelorn

Dear Monolita:

I am a young man, 26 years old, and World War II veteran. Well, while I was over seas in France I started running around with a girl just for kicks. She fell deeply in love with me, and I was flattered by her obvious attention. I know that she was a member of the oldest profession on earth, but then this did not matter. But now I find that I am honestly in love with this girl. I'm restless, I feel lost and unable to interest myself in any job. I am thinking of going back to Paris and marrying this girl. Monolita, what do you advise? I am all mixed up.

Dear Monolita:

The States setting means a lot in relation to personality traits. We cannot altogether condemn the girls in Europe for using the only weapon in defence of survival. I understand that this was their only means of subsistence. Now that your girl is employed by a respectable law firm, it would seem that she was caught in the hysteria that a war creates.

Monolita

Dear Monolita:

I am deeply in love with a married man, and since I have been loving him, boys love me. Yet I have never seen him.

Dear Monolita:

This man is very nice to me; he buys me everything I need. I am a junior in high school. My mother drinks heavily, and my father never stays home. I am bewildered. I love pretty clothes and just can't give the other man up.

Gracie

Dear Gracie:

Why don't you try getting yourself an after-school job and buying your own clothes? You are just running your chances of future happiness. Decide what you actually want out of life — a life of constant shame and tears of grief, or a good professional career, or a family. You are old enough to help your parents by making their contacts of the beauty of good clean living.

Monolita

Dear Monolita:

I want so badly to be popular with the boys and girls at school, but they all seem to shun me. A boy will take me out once and then never call anymore. My future looks so dark and lonely.

Gracie Ann

Dear Gracie Ann:

There are three things that you must check at once. — Your personal hygiene, your teeth, and your ability to get along with others. If you come out 100 percent in this little test, stop worrying and concentrate on your studies. Friends will come in time.

Monolita

Dear Monolita:

I am a lonely widow of fifty years old. I want another husband. Please help me.

B. A.

Dear B. A.:

Stop worrying and do something about your problem. Get out of your rut, join community clubs, work diligently in the church. Men will be attracted to you more if they find you a live wire in your community and church. Forget marriage and think in terms of helping others and you will be surprised how quickly you will find peace of mind or a husband.

Monolita

Write Monolita in care of The CAROLINIAN

State College's
HINTS TO HOMEMAKERS
Miss Ruth Conrad
State Home Demonstration Agent

GET THE GOOD FROM POTATOES — Potatoes fit into any meal—breakfast, dinner, or supper.

If you're watching weight, watch what you put on the potatoes. It's the gravy, butter, or other fat that "piles up" calories. (One medium sized potato has about 100 calories, no more than an apple or banana, and only half the calories of a medium sized piece of pie or a hamburger and roll.)

Best way to get most food value from potatoes is to cook them in their jackets. And of the ways of cooking potatoes in jackets, boiling conserves more vitamins than baking.

Peel potatoes just before you cook them — don't let them soak. If you must peel them ahead of time, put them in slightly salted water.

WHEN YOU COOK — Fix only as much food as you know your family will eat at one meal — unless you plan to have leftovers for another meal.

Measure all ingredients. Measure your stateless. If you use a scale, use a standard one. Save your outer leaves of cabbage and lettuce to chop in salads or cook with mixed greens.

When skins are tender, scrub and scrub. These vegetables will stand on summer squash, cucumbers, carrots, tomatoes. Leave skins on them and apples for snacking, fruit and applesauce.

The Family Roundtable

NEW YORK, (GLOBAL) —

Dear Miss Ball:

I am 14 years old and lots of times I have to baby sit when my parents go out. My brothers are 9 and 6 and my sister is 3. My mother was very strict on me, but she tried psychology on John and Alvin, the boys, but now she tries to be strict with them too. John will not obey and she says, "I'll spank you." I'm 14 and I can't spank him. I'm in a bind. My father says he told her not to try that psychology business, and I do not think much of it either. John behaves when my father is home, is there anything mother could do to make him different?

Enid—Alabama

Dear Enid:

Psychology is good when properly applied but there are people upon whom it seems not to work. It is likely that your brother knows your mother cannot control him or that she feels insecure where he is concerned, and therefore takes advantage of the situation. Children are smart. They take their cues from adults. John knows well what your father will do if he is bad, but he calls your mother's bluff. He is testing her, so to speak. Should your mother surprise him a few times after he kicks Alvin, with a few good spankings, you would see a changed John.

It is important that a parent be firm with his child, never argue with the child, but try reasoning, and if that fails, the parent must revert to the old fashioned method. Clamping down on him will spare the parent later heartaches. Psychology is good, so use it, but never go to the extreme. Today's parents need to find a happy medium—a blending of the old and the new. The psychological approach is something to be understood to be used effectively. Reading such books as "Being a Good Parent" or "Discipline" both by James L. Hyman, Jr., may give your mother a better understanding and may suggest a method of dealing with John. This will benefit all of you.

E. B.

Shopping With RUTH

The greatest concern of every mother is the health of her child. This is truly the age of robust, intelligent children. All mothers complain about the over-activity of their youngsters, but let them become droopy for a second then your mothers start becoming frantic. We have become so highly specialized as a country that a mother only has to walk into a grocery, clothing, or drug store and "pick up" her child's needs. No longer do you have to doubt whether your child has a well-balanced diet—special diets are prepared for all age levels.

With all these modern facilities on the market, "the child" still remains the American No. 1 problem. The educational system is being revised constantly to meet the daily needs of the little American prodigy. The church now sets up a special children's program, including special sermons for children. Gone is the day when your little ones must sit up in church and listen to two-hour sermons. Homes are planned with nurseries and playrooms. Yes, America is every child conscious and determined to give her children the best spiritual, physical, and intellectual care.

Parliamentary Speaking

By MARCUS H. BOULWARE

It should be the purpose of parliamentary law to enable clubs to transact business with speed and efficiency, to protect the rights of each member, to carry out the wishes of the majority, and to preserve a spirit of harmony among the members. This purpose is made possible through an understanding of the fundamental principles of parliamentary procedure. Varying with different authorities, the number of fundamental principles range from four to twelve, but they may be expanded or reduced to five.

(1) Only one question may be brought before the members of a club at one time. The chairman and members should be on guard against infraction of this principle.

(2) Full and free debate on every question. Before any question is put to a deciding vote, members should be permitted to discuss it freely. The presiding officer must not hurry the business by saying, "Are you ready for the question?" He ought to say, "Is there any discussion?"

(3) Equality of membership. Every member has rights equal to those of every other member, and hence the chairman should show no partiality or preference toward certain members.

(4) Will of majority must be carried out, and the rights of the minority should be preserved. Although the will of the majority must be carried out, the majority is not always right.

(5) The desires of each member should be merged into that of the club. Hence, if a member votes against a motion as it passes, it is his duty to carry out the spirit and aim of the motion. For every question, suppose a member voted against the motion: "I move that each member be assessed ten dollars for the annual dues." It is the duty of the dissenting member to pay the ten-dollar assessment even though he opposed the motion.

EXPECTANT MOTHER'S PARADISE

All of you "will-be" mothers will find just the things you need in Charles' special children's department. No steps! Just walk in the front door and you will find a beautiful array of pink, blue and white.

Charles has everything you will need for your baby from birth through the growing stages.

There is the sweetest little white nylon dresses trimmed in dainty white ribbon braid. This dress can be used as a Sunday dress for the little one, or a baptismal dress. It's a darling little dream! You must go to Charles and see their complete baby line.

SHOES FOR LITTLE MISSIE

Now for that fashionable little Miss who loves to wear mother's shoes. Brittain's children's department carries dreamy little suede and patent leather pumps with bags to match. This little number has patent-tipped toes and heels just like "Moms." There is another little grown-up pump with or without straps. It's Navy blue trimmed in light blue stitching with matching bags. You must visit this children's shoe store, because it's really unique. There is also the added attraction of the hobby-horse and chewing gum machine.

SHOPPING FUN

Mothers' you and the little ones will truly enjoy shopping at the A&P Stores, where shopping becomes an excursion instead of everyday drudgery. In A&P you will find everything in the food line to suit the gourmet, such things as crisp fresh fruits and vegetables, A-1 meats, and all known brands of children's foods.

One Stop Electrical Service One Stop

Electrical Appliances

Sales and Service on Ranges, Refrigerators, Radios, Heaters, and Everything Electrical

— CONTRACTORS —

HAYES-JACKSON ELECTRICAL SERVICE

131 E. Hargett St. Phone 3-5031

YOUR WESTINGHOUSE DEALER

"Every House Needs Westinghouse"

READERS

For my free paper set on public discussion, you should send two stamps and a self-addressed business envelope. Write Dr. Marcus Boulware, in care of The Carolinian, 518 East Martin Street, Raleigh, N. C.

If furniture is padded with foam rubber, it's best to shampoo the upholstery with thick soap and water. The reason is that dry-cleaning solutions will deteriorate the fabric.

LADIES' SHOES

After a full morning shopping for the family, every lady owes it to herself to relax in a luxurious atmosphere where the service is superb. You will honestly enjoy shopping in Brittain's where courteous service to all is the motto. Every clerk in Brittain's Shoe Store has been trained to fit and advise you in your buying. There is also quiet, relaxing music, plush carpets, and free parking space—all to please the lady who shops at Brittain's.

For the care of delicate hands, only use the pure vegetable soap. Avoid harsh caustic soaps. Use gloves for your household cleaning and washing. Each night bathe the hands in a generous amount of lotion. See you same place, same time.

—RUTH

PEPSI-COLA

Pepsi-Cola Bottling Co. Of Raleigh

3705 HILLSBORO STREET, RALEIGH, NORTH CAROLINA TEL 3-1071

How's Your LIFE INSURANCE?

Is your Fire Insurance adequate on your home? Was it bought to cover your home ten years ago or five years ago when the value was half what it is now? The value of your home is worth protecting. Let Caveness Insurance Agency give you full protection on your home and furnishings.

CALL 3-3563 BEFORE YOU SUFFER UNNECESSARY FIRE LOSS.

CAVENESS Insurance Agency

ACADEMY BUILDING

Dial 3-3563

ROY CAVENESS, Jr.

ROY CAVENESS, Sr.

Television Producer

Ed Murrow Joins NAACP

NEW YORK — (AP) — Edward R. Murrow, nationally famous news analyst, television producer and member, board of directors, Columbia Broadcasting system, has made an initial payment on a life membership in the NAACP. It was announced here last week.

A native of North Carolina, Murrow has been cited by numerous organizations for his contributions to news reporting, radio broadcasting, television production, and to the cause of democracy in America.

Among his citations were the Russ wurtin award from the National Newspaper Publishers Association, and the Page One award from the Newspaper Guild of New York.

He was also cited by the Academy of Television Arts and Sciences, the Sidney Hillman Foundation and Look magazine, The National Association for Mental Health also cited him for that new Dacron knit neckwear that comes clean in warm soaps, is a boon to the well-groomed man. Remember, though, that all knits are apt to stretch if hung up while water-laden. For best results, rinse, and roll Dacron knit ties in a towel before hanging to dry — or else by their list.

COMPLETE HOME FURNISHERS

We can furnish any room in your home — from the living room to the kitchen

SEE US FIRST

W. E. COOPER FURNITURE COMPANY

121 East Martin Street

UMSTEAD'S TRANSFER COMPANY • GROCERY STORE

LIGHT AND HEAVY HAULING

LOCAL AND LONG DISTANCE

Courteous — Prompt Efficient

FULL LINE OF GROCERIES

Your Patronage Appreciated

ED. UMSTEAD, Manager

602 S. Dawson Street • Tarboro & Martin Streets

DIAL 9478—9212

CAVENESS Insurance Agency

ACADEMY BUILDING

Dial 3-3563

ROY CAVENESS, Jr.

ROY CAVENESS, Sr.

Sales-Repairs

Lawn Mowers Sharpened

Sewing Machines

Bicycles and Tricycles

Rods and Fishing Tackle

Carriage Wheels Retired

HILL'S

105 S. Wilmington St. Dial 8172

WILLIAMS' GROCERY

FOR Fine Meats — Groceries Vegetables and Canned Goods

221 E. Martin Street Phone 2-3166

DELIVERY SERVICE

PEOPLE'S GROCERY & MARKET

Corner Tarboro Rd. & Martin Street

Phone 5286 Open Daily 7:30 A. M. - 8:30 P. M.

INSURE YOUR HOME AGAINST FIRE

Consult — YOUR LOCAL AGENT

BANKERS FIRE INSURANCE CO.

Durham, N. C.

PRINTING

COMMERCIAL SOCIAL

Consult Us for Reasonable Estimates

Prompt Service

—THE—

CAROLINIAN PUBLISHING COMPANY

518 E. Martin Street

Phone 4-5558

Raleigh, N. C.

ALLAN MIMS, INC.

FORD SALES AND SERVICE

225 TARBORO ST. ROCKY MOUNT, N. C.

Telephone 2-2191

MORINE'S NEW GROW

(Double Strength) Relieves Itchy Dry Scalp

Makes Hair Silky and Glamorous

—Distributed By—

HARREN'S Sales Agency

243 ATLANTIC AVE. Rocky Mount, N. C.

Let Us Do Your SPRING CHECK-UP

• WASHING • POLISHING • GREASING • DRAIN RADIATOR

Dunn's Esso Service

PHONE 9246

502 E. BLOODWORTH ST.

FOR QUALITY MONUMENTS and MARKERS

At Reasonable Cost SEE US FIRST

WAKE MONUMENT COMPANY

Rolesville, N. C.

Warner Memorials

Hillsboro Road, Raleigh

Announcing The...

Second Annual STATE-WIDE Beauticians Seminar

COLD WAVING HAIR COOLING SCALP TREATMENTS

PIN CURLING HAIR STYLING HAIR SHAPING

For Advanced Training in Beauty Culture

CLASSES IN:

MONDAY - TUESDAY, OCT. 25-26, 1954

At The Bloodworth St. Y.M.C.A., Raleigh

Presented by the N. C. Chapter of the **Nat'l Foundation of Trichology Science**

MISS VIVIAN BORT, State President

Finance or Borrow On Your Car

Through The

Dillon Motor Finance Co.

122 E. Davie Street

Phone 3-3231