

From the

Woman's Angle

Serve Video Meals Buffet Style

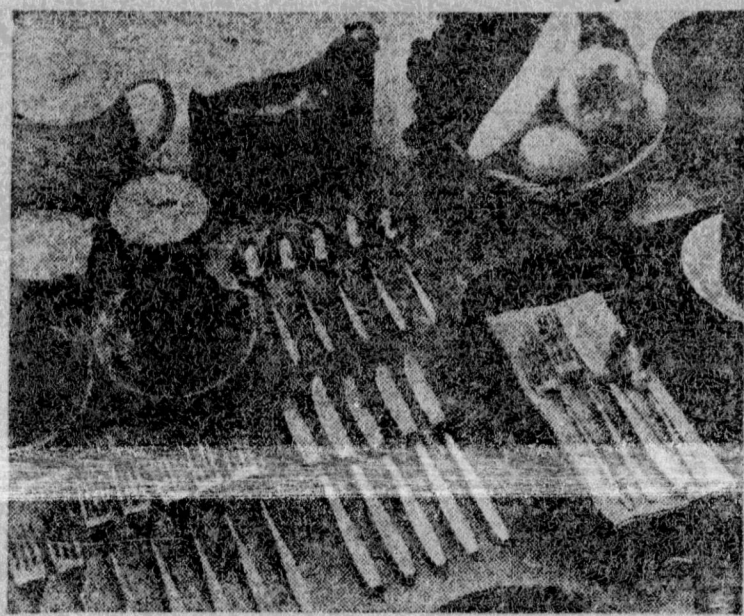


Photo by International Studios

If you enjoy T.V. especially during the cold winter months, serve your meals buffet so that the family can have tray dinners while watching the programs. Place your knives, forks and spoons in easy-to-reach order and stack your trays for help-yourself service. A one-hot cas-

serole, fruit and cake make a filling and easy meal. Flatware illustrated is International Stainless' Today pattern, as modern as video. This new stainless has a lustrous finish, is scratch-resistant, and needs no special care in normal use.

The Family Roundtable

By ELGIVA BALL
NEW YORK (GLOBAL) — Dear Miss Ball:

I am an older woman and have only my Social Security for an income. Now and then I have had a baby filler for extra checks and to keep from getting too alone.

One family I "sit" for has a nine-year-old daughter and a three-year-old boy. They pay well, but I really earn very little, and hardly any after expenses.

My husband, a retired engineer, has a pension of \$100 a month, as well as I do. The mother does a lot of talking about supporting the children's education, but what Avlene and John need is an old-fashioned mothering. Ariene just stomps her feet and screams, "I want I want!"

The private school would not accept her this term, so the private school has to suffer. What can an outsider do if the boy cannot control or train a child? What kind of future is in store for her? What could a sister do to help her?

EVA—Tennessee

Dear Eva: Your letter is one teachers wish many parents would read and heed. Many people read various books and adopt the theories without studying them or seeking to fit them to the individual needs. Both the modern and the old-fashioned methods have their advantages, but each must be suited to the child concerned, though I do not say that there are times when the rod and a little corporal parental authority is necessary.

A child who cannot be controlled by his parents, frequently storms through life knocking people aside or browbeating them. Such people feel that everyone must bow to them, and they are a menace to the community. They come to no good end and naturally happiness eludes them.

A sister can help such a child understand that there are some authorities which must be obeyed and respected. Parents should be very careful in the raising of their children — there is no second chance. Remember, if you cannot stand your child, then other people will not tolerate him either.

Charm

By LOU LETOUR

NEW YORK (GLOBAL) — Use a soap that is kind to your skin. Some skins are rather sensitive and do better with the use of cleansing cream than the mildest soap. There is no hard and fast rule we can give. Every type of skin is a case unto itself and calls for special study. Your face is not washed every day, but it is washed when you are in the shower. This will insure for your face, at least, as much beauty as it already has.

Four Guys, a new rhythm group, and Sonny Stitt and his band, comprised the star-studded cast of the Christmas show at the Apollo Theatre. They were supported by the Masad Trio.

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THEATRICALY YOURS
By LARRY DOUGLAS
NEW YORK (GLOBAL) — Frank Walker, President of MGM Records is back after enjoying his Thanksgiving with his daughter and son-in-law in Seattle, Washington. The "queen of the record industry" as he is called by immediate associates, was busy during his trip, visiting his representatives at MGM in Hollywood.

The Ebony Lounge, fashionable cocktail spot located on New York's Sugar Hill, and owned by the notable host, "Mr. Watts" is noted for the pretty, glamorous girls who frequent the spot. Sarah Vaughan, Ella Fitzgerald and Nat Cole visited there last week.

Billy Eckstein's MGM recording of "Suzanne" is now number 4 on the hit parade in England. An all-out effort is in preparation to stimulate this disk among the American disk jockeys again, since it has "hit" in England.

Lip Hulseley, Theatrical Editor of the Journal and Guide, has called "My Love For Dorothy" a classic. The song, which is recorded by Fred Newman and his orchestra, is dedicated to Dorothy Dandridge. And, Lip takes his hat off to MGM Records for celebrating the song to a beautiful Negro girl.

Thousands of letters have come in to MGM from fans all over the country congratulating them for releasing such a record, and promising their loyalty and support.

In Los Angeles, the Member of the "Suzanne" singer, Obedia Dallas, the

State College's HINTS TO HOMEMAKER

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Miss Ruth Conner, Extension Agent

WAYS WITH VEGETABLES

It is thrifty to bake vegetables when you heat the oven for other cooking. Potatoes are the star bakers. Carrots are good baked around meat, or sliced from into a baking dish with a little water, cover and bake in a moderate oven until tender. Season with butter, salt and pepper.

Scalloping gives a crusty top to plain bottled vegetables and is an excellent way to

leftovers in a fire dish for all. To three cups of cooked vegetables, allow 1 1/2 cups of white sauce and 1 cup of bread crumbs blended with a little fat. Place layers of the vegetables and sauce in baking dish. Cover with the crumbs and bake in a moderate oven until brown and bubbling.

Remember to cook vegetables as quickly as possible and to cook them only until they are tender. Quick cooking tends to preserve their color, original flavor and texture. All vegetables cooked at their best are tender but never mushy.

Everyone's daily diet should include these servings of vegetables:

SEWING HINTS

If sewing machine needles become a little blunt, ditch through fine sandpaper a few times and they will become sharp once more.

Scissors may be sharpened by cutting through fine sandpaper several times.

STATE COLLEGE ANSWERS

TIMELY FARM QUESTIONS

QUESTION: Is there such a thing as an "overfeeding" disease?
ANSWER: Yes. It is called hemorrhagic enterotoxemia, a disease that affects lambs, and calves a few days to a few weeks old. Many animals die within a few hours. A preventive vaccine or serum has been developed for use on bred cows or ewes from four months prior to the birth of their offspring.

QUESTION: How can I get around buying expensive feed for my livestock?
ANSWER: By using cottonseed meal and molasses along with roughage such as ground corn stover, cottonseed hulls, or ground corn cobs. Cows utilize roughage

well and it is their most economical source of supplemental energy.

QUESTION: How did the Agricultural Conservation Program get its start?
ANSWER: A major depression, a dust bowl, numerous floods, and millions of acres of gullied and devastated land combined to bring a realization that something had to be done to prevent the nation's resources from being ruined. The program started in 1936.

U. S. plant breeders still find many useful plants in other countries. For use in breeding improved cereal crops alone, nearly 12,000 plants have been introduced from America. Farmers used more hybrids this year than ever before, but they will probably use even more next year.

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Global Jottings

BY RUBY TENNYSON
NEW YORK (GLOBAL) — Christmas is the time for giving, and the best of life's gifts are love and peace. And so, we extend our best wishes to you for good health, happiness and success.

Speaking of giving, I am reminded of a young woman named Rose Elvero who gives her time making others happy. Rose, who lives in Astoria, Long Island, has won for herself the title "Angel of Mercy" and the recent story about her life in the Long Island Star-Journal must have been most encouraging to the thousands who read it. Back in 1950, Rose was stricken with an illness which deprived her of her speech, and the doctors said she would never be able to speak again.

For two whole years, she never did, but Rose, through undaunted faith in God, began to speak. Since that time, she has entertained for shut-ins and others so as to spread cheer, and happiness. So, we know that Rose makes

GARDEN TIME

ROBERT SCHMIDT
N.C. STATE COLLEGE

Many of our deciduous shrubs, trees and vines are easily propagated by means of hardwood cuttings taken during the dormant or winter season. A deciduous tree or shrub is one that sheds its leaves during late fall and grows a new set of leaves in the spring. Examples of deciduous shrubs are spirea, crape myrtle, pearl bush, shrub alder and mock orange. Cuttings should be made from wood of the past summer's growth. A convenient size to handle is from six to eight inches in length and they may be tied in bundles of 25, 50 or 100 cuttings per bundle, taking care that the base ends of the cuttings are together and the top ends together.

Prepare a small trench in a well drained location, place the bundles of cuttings in the trench with the base ends up and the tops down and cover with sand or sandy soil. The bundles may be placed in a sloping position.

They should be covered two or three inches deep. The reason for burying the bundles of cuttings upside down is to prevent early growth of shoots and to promote growth of callus tissue and roots on the basal ends of the cuttings because of the heat from the sun. Before growth starts in the spring the bundles of cuttings must be taken up and planted out in rows in the garden. In order to conserve space the cuttings may be placed as close as three or four inches apart in the row with about three-fourths of the basal end of the cutting below ground and one-fourth above ground.

There must always be at least one bud above ground. When only a few cuttings are to be made they may be planted directly in

the garden row instead of burying them until spring.

Bunch grapes are usually propagated by means of hardwood cuttings taken at pruning time. Grape cuttings are cut about 10 to 12 inches long and when set in the row must have at least one bud above ground and one below. Cuttings of muscadine and scuppernon grapes are very difficult to root and therefore they are usually propagated by layers instead of cuttings.

Figs are easily propagated by hardwood cuttings, as are currants and gooseberries and most climbing type roses.

Of course, it is not to be expected that all of the cuttings will root successfully. The percentage of rooting will depend upon the kind of plant and the care in handling. The rooted cuttings should be allowed to remain where set for one full growing season. Then they may be taken up and moved to a more permanent location.

Visited Relatives, Friends: Happy Yule Enjoyed By Foreign Girls Attending Tar Heel School

GREENSBORO — While the thousands of miles from home. The girls all agreed that they missed being with their families and exchanging gifts with childhood friends, but admitted that an American-style Christmas was a "snappy" holiday season, although

For Lillian and Imelda Walker, twins from Nassau, Bahamas, who spent the holidays with an aunt Mrs. O. E. Dean of Greensboro, the celebration was not too unlike that in their homeland, except for the climate and the Christmas Festival which is traditional in the Bahamas.

Susilbada Christian, whose home is in Bombay, India, visited her sister and brother who are attending school in Philadelphia. The American Santa Claus, she said, is much like the Christmas Father in India.

Muriel Darrell of Bermuda was a guest of a classic Christmas dinner at the home of Mrs. C. E. Oliver, an Orangeburg, S. C. resident, who said she missed most of the festive dancers who go from Bermuda to Greensboro for the holidays.

Shantia spent the holidays with schoolmates, Constance in Kinston, N. C. "The things that I missed most," she said, "were the traditional Christmas dish of baked pig and 'Boxing Day' the day after Christmas when we exchange gifts."

Rose (Kary) Jean South, Korea, spent her vacation with Ruth Keesee of Darlington, S. C. Olaya Uko of Nigeria, West Africa, visited relatives in Washington, D. C. and Oreyemi Sabika also of Nigeria, visited a schoolmate in Louisville, Kentucky.

With four months of school and rough play behind them, individuals it is a good time to check your children's shoes if you want them to walk into the new school term on a healthy feet.

And be sure to take a little extra time and care when you buy Junior new shoes, especially as far as fit and material are concerned. Make certain that the uppers are of simple design which allows for normal foot expansion and that the soles are made of flexible leather. That heels easily with the feet. Leathers is recommended by foot doctors because it conforms to the foot rather than forcing the foot to conform to it.

But no matter how much you youngsters like a particular style, don't let him leave the store with badly fitting shoes. Have his feet measured standing up — feet spread naturally with his weight on them. The proper length allows three-quarters of an inch between his big toe and the tip of the shoe. You can be certain the width is correct if the space between the toes can be lumped up slightly between the fingers. The heel fit should be snug, with no in-and-out slipping as he walks.

See that Junior tries on both shoes and walks around the store in them to check for comfort. Sometimes one foot is slightly larger than the other and shoes should be fitted for the larger one.

Average prices paid by Tar Heel farmers for most feed items remained unchanged during the month ended November 15, 1954.

North Carolina farmers were paying slightly less for some feed items on September 15 than a year earlier.

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Vows Are Said By Couple at Kinston

KINSTON (MIB) — Under a beautifully decorated arch of ivy and chrysanthemums, Miss Hazel Murphy of Kinston became the bride of Mr. Henry Shephard, of the same town, Saturday afternoon.

Only members of the immediate families and a few friends were present.

The bride is the daughter of Mrs. R. M. Murphy of Kinston, while the groom is the son of Mr. and Mrs. H. M. Shephard, Sr. of Morehead City.

A program of nuptial music was presented by Mr. S. McDonald of Charlotte and Miss E. Lowery, vocalist of the "Lords Prayer" and "Through The Years."

The bride, given in marriage by her brother-in-law, Mr. Willie A. Freeman, wore a ballerina length white lace dress designed by Mrs. Leatrice P. Terry. The dress featured a satin slip over a book-clip style a Juliet cap of lace bordered in blue satin. She carried a bouquet of white flowers and satin ribbon.

The bride only attended was her sister, Mrs. Frances Gooding, who was the matron of honor. She wore a similar dress of pink

paper nylon with matching hat and a string of pearls. Her bouquet was of white gladioli.

Shadrack Barrow of Morehead City was the groom's best man. The ceremony was held at the First Methodist Church.

Immediately following the ceremony, the bride's sister, Mrs. Mable Freeman, entertained the wedding party, guests and friends at a reception at her home, 1100 Chestnut Street.

Mrs. Marie Johnson of Kinston presided over the nuptial bowl, while Mrs. Minnie Wade of Kinston and Miss Nina Pearson of Lillington, received gifts.

Later in the evening the couple left on a wedding trip. The bride chose for her trip a black and pink tuxedo suit with matching accessories. She wore the arch lifted from her prayer book.

Mrs. Shephard is a graduate of Shaw University, Raleigh. Prior to her graduation from Shaw she was a graduate of DeShazo's Beauty College at Durham. She is at present employed at the Savannah High School.

Mrs. Shephard is a graduate of Johnson C. Smith University, Charlotte. He is a member of Kappa Alpha Psi Fraternity, the Methodist Church, and is affiliated with the Masonic Order. He is coach at the North Wilkesboro High School.

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