

The Family Roundtable:

WRITER URGES GIRL TO TRUST, HAVE FAITH IN FELLOW HUMANS

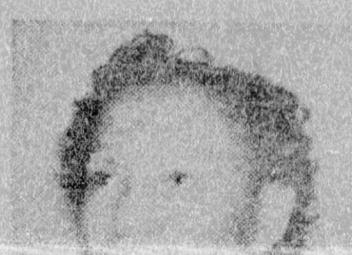
NEW YORK, (GLOBAL) — Dear Miss Ball: There is a member of our club who is a good worker, but insists upon having everything her way and she does not trust anyone. We like her very much and she is wonderful until it comes to these things. The last act in connection with our Christmas dance almost broke up the club. We had organized our committees and she was the dance chairman. She would call up, say Sarah, and ask her to check on Martha, and end by saying, "Martha told me she had made the arrangements, but I'm not sure. You find out for me." She made the arrangements for the dance hall with the manager and then in an attempt to double-check requested me to call on her as if I were making arrangements for another club's dance. I wouldn't do it. Would you?

—Allice, Phoenix, Arizona Dear Allice: Your friend needs to be steered onto the right track. Somewhere along the way, she may have had an unpleasant experience and so does not trust people now. However, one experience should never influence one's entire life in this manner. Trusting no one is very bad, for life necessitates our trusting and cooperating with others. Did you ever stop to think just how much of one's life is really dependent upon cooperation, faith and trust in other human beings — even strangers. When things get to the point where we cannot trust really in a bad state.

... from the

ZETA Zeta Phi Beta Sorority Inc., Raleigh

Sora Lena Hankins, bassist of Omicron Chapter, Shaw University reports that a Finer Womenhood Program, "Meet the Counselor," will be presented in Greenleaf Chapel on Monday, February 28 at 11:00 a.m. Leading roles will be taken by Sorors Christine Wright, Josephine Rice, Lela Hankins, Mary Barnes and Loreta Hankins.



ZETA OF THE WEEK Soror Vivian Toney Brown



Soror Brown, wife of Mr. A. E. Brown, local manager of North Carolina Mutual Life Insurance branch office, is currently chairman of a large group of women who are sponsoring Henry Blackman, Jr. baritone in a benefit program for the YWCA Program Expansion Fund. This concert is to be presented by the auditorium of the Crosby-Gurfield School on Friday, March 4, at 8:00.

HINTS TO HOMEMAKERS

HINTS FOR BAKED APPLES—Bake a few times while they bake, with orange juice, or thin sugar syrup or both. Sprinkle sugar or lard in the baking, at the beginning. The crusty, sugary top is liked by children as well as the grownups. Some cooks like to add butter to a baking apple. Put about 1 tablespoon of butter into which you have stirred cinnamon and a fine bit of grated lemon peel into each apple. Bake apples the night before, serve them with oatmeal and top with milk as a breakfast starter. DEEP DISH APPLE PIE—makes a fine winter night dessert. Pare and core apples, cut in halves, arrange in deep baking dish. Add one-half cup mixed orange juice and water. Sprinkle layers with mixed sugar, cinnamon, and brown sugar. Cover with your best pastry, and bake



SHE'S ENGAGED — Mr and Mrs. Mack McKoy, Sr. of Lillington, announce the engagement of their daughter, Miss Alice Doris McKoy to Mr. Carson Gilbert Jr. of Lillington. A summer wedding is planned.

GARDEN TIME

ROBERT SCHMIDT N.C. STATE COLLEGE

When considering small streams for irrigation purposes, it is important to measure flow during the driest periods because that is when the water will be needed. For efficient dairy operation, a dairyman should obtain 100,000 pounds of milk for each full-time worker.



Even though we are having continued cold weather, we should be preparing to plant our cool season vegetables — at least the very hardy ones. This means that the seed should be on hand ready for planting as soon as the weather permits. Last week we discussed the planting of Irish potatoes and recommended varieties. Other very hardy crops that can be planted early are radishes, mustard, spinach, turnips, cabbage, onions, lettuce, endive, garden peas, kale collards and kohlrabi. Although they are cool season crops, beets, carrots, broccoli and cauliflower will not withstand heavy frozes and should not be planted as early as the above-named vegetables.

New Twist For Favorite Pear-Cheese Combination



Pear and cottage cheese salad is as familiar and favored as toast and jam. For a different flavor, try garnishing it with a dressing of cranberry jelly, crushed pineapple and a few maraschino cherries. The Bartlett pear, of course, is the most popular for canning, whether at home or commercially. Since the Pacific Coast grows this variety in abundance, it's no wonder that 85% of all canned pears come from the three Pacific Coast States. These states have ideal pear growing conditions ... fertile volcanic soil and warm spring and summer days. It's hard to believe, when looking over the vast orchards of the Pacific Coast that pears were ever really strangers to the area ... and, for that matter to all of America, for they were brought to the East coast by the colonists and to the West coast by pioneers, who considered their fruit trees among their most precious possessions.

PEAR SUNDAY SALAD 2 No. 2 cans Bartlett pears 1 pound cottage cheese 2 tablespoons jelled cranberry sauce 1 9-ounce can crushed pineapple 16 maraschino cherries Salad greens

Arrange two pear halves on crisp salad greens. Place a mound of cottage cheese between pears. Mash jelly and add to crushed pineapple. Pour over cottage cheese. Garnish top of each pear half with maraschino cherry. Serves 8.

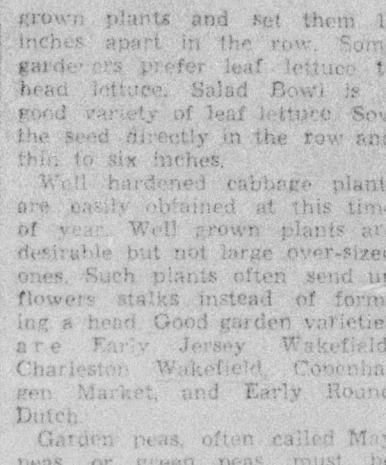
Charm

NEW YORK, (GLOBAL) — Constant nervous tension gets you nowhere. The ordered woman is much more efficient. No one enjoys the sight of woman who does not know the secret of how to relax. Doodling, fighting, or other uncontrolled habits annoy people in your presence. The first relaxation requisite is good posture. Then, get quiet within. Now you are relaxed and ready to get about planning your day, or whatever you have to get accomplished. Take time — lots of it — to study this important rule. It really pays off.

Share Your Wisdom

NEW YORK, (GLOBAL) — We grow eternally on the death of Christ and His suffering. It would be a relief to preach about his health, wisdom and the advantage accruing from a fast, or the benefits derived from a wiser sense in choosing the foods that do not tend to cause pain or suffering. Life is not punitive. It is devoted to helping sufferers who have the common sense to study God's laws and learn that health improves as eating and thinking habits become harmonious and intelligent.

Breakfast — Three-Part Harmony



Breakfast becomes a three-part harmony when Buttermilk French Toast, bacon strips and marmalade are the menu. Your grandmother would never have thought of buttermilk as something to sing about, but who hasn't heard the lyric about Buttermilk French Toast? Buttermilk toast is a principal feature of the three-part breakfast harmony — Buttermilk French Toast, bacon strips, and marmalade. It's the buttermilk that gives this trio individuality. Buttermilk French Toast is almost a meal in itself, a delightful blending of buttermilk, eggs and enriched toast. It's a natural for the minute-miser breakfast menu, too. The mixture could be prepared in advance the night before, refrigerated, ready for speedy dipping of the bread while the bacon is grilling.

Buttermilk French Toast

2 eggs, beaten slightly 1 cup buttermilk 1/2 teaspoon salt 1/2 cup shortening 12 slices enriched or whole wheat bread Combine beaten eggs, buttermilk, and salt in a shallow bowl. Make shortening in a skillet. Dip bread slices into egg mixture, turning to coat both sides. Brown bread on both sides in hot fat. Serve with marmalade, jelly preserves, honey or syrup. Yield: 6 servings — 2 slices toast per serving.

Always Keep Lemonade on Hand



Lemonade — the perfect thirst quencher — is so easy to have on hand all the time. Keep a supply of the handy six-ounce cans of frozen lemonade (which is pure California lemon juice with sugar added) in the freezing section of your refrigerator. To satisfy thirsty youngsters, make it a habit to have a container of lemonade mixed. One new model refrigerator has a special "juicer" or home fruit juice dispenser. All you do is empty a can of frozen lemonade into the

Woman's Angle

Miss Juanita E. Freeman And Sgt. Groves Plight Troths At Home

The marriage of Miss Juanita E. Freeman of Raleigh and Sgt. Eugene Groves of New York City was solemnized at the bride's home recently. The vows were spoken before an improvised altar arranged with palms, ferns, and candles, with burning tapers.



On top of the marital was a large bouquet of white carnations.

From the ceremony, a program of musical selections were given by Miss Juanita E. Freeman, vocalist, and Sgt. Groves, Jr., pianist. Both are from Raleigh.

The bride was given in marriage by her Uncle, Dayton Freeman. She wore a white, long-sleeved dress of chintilly lace over a blue tulle, styled, mottled dress of lace with a white neckline, a hip length jacket of lace over one with three-quarter sleeves. The bride's skirt, of lace, over a white tulle skirt, was a joyful sight. Her shoulder length veil was made of tulle and cap to match. She carried a white lace covered basket in which rested a cascade arrangement of bride's roses, stephanotis, fleur de lis, and a large bouquet of pink and white roses.

The bride's mother chose for her daughter's wedding a lovely rose tulle dress with matching accessories and a purple white throwed orchid corsage. The bride's grandmother, Mrs. Susie Freeman, wore a French blue tulle dress with an orchid corsage.

A reception was held for the newlyweds immediately following the ceremony by the mother of the bride at her home.

Mrs. Groves is a graduate of North Carolina College at Durham and is presently employed at the Pender County Training School, Rocky Point, N. C.

Sgt. Groves is serving in the United States Marine Corps and is now located in South America.

Sgt. Groves is serving in the United States Marine Corps and is now located in South America.

STATE COLLEGE ANSWERS

QUESTION: To qualify for ACP payments of the Agricultural Stabilization and Conservation Act I have to have soil tests made? ANSWER: Not on your 1955 crops. The ACP soil work is a special requirement because of the pressure on the State Soil Testing Laboratory facilities was so great. If you had a backlog of 20,000 soil samples to test, Gordon Gregory, ACP administrative officer, points out that his organization still considers soil testing a vital and profitable farm practice, but ACP does not wish to penalize farmers who are unable to get soil tests.

A Shortcut for Shortcake



SERVE SHORTCAKE AND IT'S A SURE THING... everybody loves it, especially when lots of sweet, luscious fruit comes sliding over the top and through the middle. And now when you can depend on your freezer for fruit all through the year, fresh or frozen, it means shortcake comes more often to your table. And as long as you have an excellent recipe for shortcake such as this, you can have as many variations as there are fruits to spoon on the top — and be happy there are so many reasons for serving this dessert. This new recipe comes through the courtesy of Pream, the 100% dairy product to "cream" your coffee as well as your cooking. They suggest you try serving the individual shortcakes un-garnished with several varieties of fruit in serving dishes, then let each guest select his own fruit topping.

QUICK SHORTCAKE

2 cups biscuit mix 2 tablespoons sugar 1/2 cup frozen fruit 1/2 cup water

Comb Away Gray Hair



You don't need to tolerate gray faded, burnt hair any longer. Newly Improved JET BLACK COLORING FORMULA does the trick with your comb and brush. Apply it as you would any Gloss Pomade then brush and comb away gray, bring new highlights and sheen. Make the hair look better, gleams. Makes you look younger. It's easy, so simple, a child can do it. It's easy as one, two, three. You can't lose. Try it. Every cent back if you are not delighted. SEND NO MONEY NOW. On delivery pay only \$1.50 plus postage. Just try it. It will wash out but will not run off. Pretty up. Have lovely looking hair the easy quick way. WRITE FOR IT NOW TO Gold Medal Hair Products Inc. Dept. E-3, Brooklyn 23, N. Y.

"Mrs. America" Sew



Mrs. Wanda Jennings of St. Louis, who is "Mrs. America" of 1955, tries her hand at the Elina automatic portable machine as Benjamin Kristoff (left) and Leon Johnson, official "Mrs. America" look on. In the "Mrs. America" Homemakers Contest in Ellenville, Florida, during the week of May 9th next, in an effort to find Mrs. Jennings' successor, finalists from 48 States and District of Columbia selected by gas utility companies, will use the Necchi and Elina machines. Who ever is chosen "Mrs. America," the nation's top homemaker, will receive the Necchi zig-zag cabinet model and Elina portable; a new Freedom Gas Kitchen and Laundry and a DeSoto car, among other prizes.



You can now control your complexion with the new "Jet Black" hair coloring. It's so easy to use, so simple, a child can do it. It's easy as one, two, three. You can't lose. Try it. Every cent back if you are not delighted. SEND NO MONEY NOW. On delivery pay only \$1.50 plus postage. Just try it. It will wash out but will not run off. Pretty up. Have lovely looking hair the easy quick way. WRITE FOR IT NOW TO Gold Medal Hair Products Inc. Dept. E-3, Brooklyn 23, N. Y.

BE-GONE OIL SHAMPOO

BE-GONE OIL SHAMPOO. The only permanent dye. It will wash out. No more hair loss. Write Today!

GOLD MEDAL HAIR PRODUCTS INC. DEPT. M BROOKLYN 35, N. Y.

FEATURED IN LATEST MEDALO HAIR CATALOG

