The Family Roundtable:

WRITER URGES GIRL TO TRUST, HAVE FAITH IN FELLOW HUMANS

NEW YORK, (GLOBAL) -

Dear Miss Ball: club's dance There is a member of our club Would you? who is a good worker, but ansists upon having averything her Dear Alicia: dance simost broke up the club. We had congarized our committees influence one's entire life in this and she was the dance chairman. She would call it, say Sarah, and sak her to check on Martha and end by saying, "Martha told me the arrangements, but I'm not sure. You find out for one," She made the arrangements for the caree ball with ments for the caree ball with the manager and then, in an anterest to double check request the point where we cannot trust and the point where the save and the point where we cannot trust and the point where the save and the point t ad me to call then as if I were really in a nei State.

Some cooks like to add butter

to a baking apple. Put about 1 of sour cream.

making arrangements for another ; our friends, then our affore are

-Alicia, Phoenix, Arizona connection with our Christmas | does not trust people now. How- | you are all cooperating and have dance almost broke up the club, ever, one experience should never a mutual interest. If "push comes

HINTS FOR BAKED APPLES - , like apple pie. Or mix a special

Baste a few times while they dessert pastry of butter, sugar, a bake, with orange juice, or thin little flour, and a spoonful of

Sugar syrup or both.

Sprinkle sugar on late in the baking, at the beginning The erusty, sugary too is liked by children as well as the grownups.

Some roots like to an are specifically size in circles; lay circles over apples Bake like apple to the Serve warm with a specific preserve warm with a specific

tablespoon of butter (into which | BROWN BETTY THAT'S

you have surved charanton and a fine off of grated known pesh apples to make one quant sliced. Mrx with six cups soft fread crumbs in a puttered two-quart caserole. Mix with six cups soft fread crumbs in a puttered two-quart caserole. Mix one-half cup method with halk as a breakhast station of the property of the pro

orange judge and water. Sprinkle oven (350 degrees) for 45 minutes, layers with mixed sugar clana mon, and brown sugar. Cover with your best pastry, and bake warm with cream.

New Twist For Favorite

Pear-Cheese Combination

is as familiar and favored as were canned at home because the toast and jam. For a different fruit was plentiful and the crop

club's dance. I wouldn't do it. You friend needs someone to help her learn trust. She should be told how the others feel about way and she does not trust any. Your friend needs to be steered her actions. Point out to her one. We like her very much and onto the right track. Somewhere that others have carried their her actions, Point out to her she is wonderful until it comes along the way, she may have had end of the responsibilities in the to these things. The last act in | on unpleasant experience and so, | past and will do so again, since

to. . from the

Moman's Ingle

Miss Juanita E. Freeman And Sgt.

Groves Plight Troths At Home

META Zeta Phi Beta Sorority

will be taken by Sorors Christine Wright, Josephine Flich, Lela Barkine Mary Barnes and Loret-



ZETA OF THE WEEK Soror Vivian Toney Brown

Sorer Brown, wife of Mr. A. E. Brown, local manager of North Carolina Mutaal Lite Insurance branch office, is currently chairman of a large group of women who are speasoring Henry Blackman, 2c., baritone, in a henefat program for the YWCA Program 2.5pansion Fund. This concert is torium of the Croshy-Garfield School on Friday, March 4, at

for irrigation purposes, it is to portant to measure flow durin the direct periods becomes that

For efficient dairy obera dairyman should obusin 12000 Even though we are having grown plants and set them 12 pounds of milk for each 1911-18

The marriage of Miss Juanita Elviria External of Raleigh, and Sgt. Eusene Groves of New York City was solemaized at the bride's borne recently. The vows were spoken before an improvised al- 1 arranged with palms, ferns,

riage by her Uncle, Dayton Freeman, the wore a walteover he blue testeta, styled, belier neekline, a hip length jacket or tors over nine with three-emarter sleeves. The immiliard skirt of lace ever taffeta exagit at the side with jeweled pla Her shoulder length well was made of ice idue tolls and cap to match. She carried a white face covand Siede on which rested a

Always Keep Lemonade on Hand

Lemonade - the perfect thirst | "joicer." Ice water automatically

and all the time. Keep a supply | making lemonade; then when

nuencher - is an easy to have on flows into the juice container,

of the handy six-ounce cans of frozen lemonade (which is pure California lemon juice with sur-

ar added) in the freezing section comes out of the spout. Presto, he has a glassful of cool, refreshing, healthful lemonade!

make it a habit to have a centain-er of lemonade mixed. One new own built-in dispenser, you can

model refrigerator has a special still casey chilled lemonade at "juicer" or home fruit time dispenser. All you do is empty a can the or pitcher of lemonade in your

of frazen lemonade into the | refrigerator.

roses, rink snapdragons and a cultiuse dress with matching with matching ribbons. The bride-groom chose for his best man, Set. Baford H. Robertson of Dirmis Ushers were J. B. Allen, III. and James Miller.

pumps, congenthemums field accesses and a purple white throated orchid corsage. The bride's grandmother. Mrs. Susie Freeman, wore a French blu repe dress with an orchid cor-

girl, were a short white dress of the commony by the mother of

The bride's chother chose for her the Pender County Training drughter's wedding a dusty cose School Rocky Point, N. C. toffete does with matching screet St. Groves is serving in the ories and a purple orchid corsage. United States Marine Corps and



ANDWLE Not on your 1985

OUTSTION: Can I use the said actions and equipment to apply metryl beomine gas to my vegetable plant bed that I used for my tobacco

ANSWER: Yes. Recent research has shown that the methyl bromide teratment is effective in controlling damping-off disease of certain vegetable crops. Methods of application of the same as as for tobacco beds, but rates of material are different, Use 18 to 27 pounds of methyl bromide per 100 square yards

ANSWER! Nobody can be sure,

North Carelina's commercial hatcheries produced an estimated 4,632,000 chicks during last Decem ber, or 15 per cent below the





DEPT M BROOKLYN 35, N. Y. Sand me everything, complete, THE MOR. I TON PERFECT HAIR COLORING BRUSH, \$ the shade of "BE GONE" OIL SHAMFOO TINI as marked obave with full directions ONE WRITTEN MONEY-BACK GUARANTEE On delivery I will pay postman only \$2.98 plus portuge.

FEATURED IN LATEST





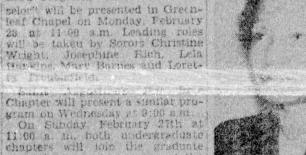






ma62 Hand Venrilated Net \$28.50 5.00 DEPOSIT Requires on GOLD MEDAL WAIR PRODUCTS II DEPT. H. BROOKLYN 35, N. Y.

IEST Inc., Raleigh



group in a worship service at the Saint Paul Church, Rev. L. S. Penn, paster Boror Rosa Winchester, Greensboro will speak on our watch word, "Finer Womanhood." See complete story elsewhere in this issue. The sick and shut-ins seem to spatiight our corner this

week Sorors Lou Perrin, Ida Washington and L. Mae Kel-ly have not reported for class assignments for several days. We sincerely hope that they are out before these pages reach you. Soror Edna Mehatfey's father's serious illness has forced her to make a trip to Chicago, Ill. Soror Evelyn Pope's mother, Mrs. Delia H. Pope, is still cheerfully confined to her sick chamber. An industrious wife, mothe

homemaker, and business comar Mrs Vician T Brown, finds suf ficient time to sandwich into her otherwise busy life so much community work that we pause to salute her as Zets of the Week.



Mrs. Mack McKey, Sr., of Lil-

fington, announce the engage-

continued cold weather we inches apart in the row. Some should be preparing to plant our garde as prefer leaf lettuce to cool season vegetables — at least the very hardy ones. This means good variety of leaf lettuce. Sow that the seed should be on hand the seed should be on hand. ready for planting as soon as the thin to six inches, weather permits. Last week we Well hardened cabbage plants discussed the planting of Irish are easily obtained at this time potatoes and recommended varie- of year. Well grown plants are ties. Other very hardy crops desirable but not large over-sized that can be planted early are ones. Such plants often send up i radishes, mustard, spinach, tur- flowers stalks instead of formnips, cabbage, onions, lettuce, ing a head Good garden varieties endive, garden peas kale collards are Farly Jersey Wakefield, and kohlrabi. Although they are Charleston Wakefield. Concohncool season crops, beets, carrots, gen Market, and Early Round broccoli and cauliflower will not Dutch. withstand heavy freezes and Garden peas, often called May should not be planted as early peas, or green peas, must be

as the above-named vegetables. planted early enough to get Dry sets are generally planted shead of the hot weather. They for home garden onions. White may be planted now as they are sets are better for green onions very hardy. Good varieties are: and yellow sets for mature bulb Freezonian, Laxion's Progress onions — they keep better Large and Wando Wando is a recently sets should not be used because introduced variety that will with-they often send up seed stalks stand some hot weather and make a poor quality bulb. Cool season crops that are not Multiplier onloss. Egyptian Top commonly grown in our gardens onions and shallots may be used are entire and columbi. They as sets to produce green onions, are well worth the effort Endive If planted early enough a good is an excellent salad crop. A erop of bulb onions may be pro-duced from seed. circular on "Recommended Veg-etable Varieties for 1955" may be

Good head lettuce may be pro-duced in North Carolina home Agricultural Extension Service. N gardens if planted early enough. | C. State College, Raleigh, N. C. The Great Lakes variety is recommended. If possible get well

Charm

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you nowhere. The ordered woman is much more efficient. No one enjoys the sight of woman who does not know the secret of how to relax. Doodling, figiting, or other uncontrolled habits annoy people in your presence. The first relaxation requisite is good posture. Then, get quiet within. Now you are relaxed and ready to set about planning your day, or whatever you have to get accomplished. Take time it - to study this important rule. It really pays off.

Mrs. Wanda Jennings of St. Louis, who is "Mrs. America" of 1955, tries her hand at the Elna automatic portable machine as Benjamin Krislioff (Left) and Leon Jolson, officials of Necchi-Elna look on. In the "Mrs. America" Homemakers Contest in Ellinor Village, Florida, during the week of May 9th next, in an effort to find Mrs. Jennings' successor, finalists from 48 States and District of Columbia selected by gas utility companies, will use the Necchi and Elua machines. Who-ever is chosen "Mrs. America," the nation's top homemaker, will receive the Neschi zig-zag cabinet model and Eins portable; a new Freedom Gas Kitchen and Laundry and a DeSoto car, among other



In the early days, all pears

fruit was plentiful and the crop

had to be saved for the barren

winter months. As the pear in dustry developed, commercial can-neries were established to pro-

cess the ever-increasing crop.

Now there are many modern can-

neries and homemakers in every

section of the country can enjoy flavorful canned Bartlett pears

even if they have never seen a

PEAR SUNDAE SALAD

2 tablespoons jellied cranberry

1 9-ounce can crushed pineapple

Arrange two pear halves on

crisp salad greens. Place a mound of cottage cheese between pears. Mash jelly and add to crushed

pineapple. Pour over cottage

cheese. Garnish top of each pear

half with maraschino cherry.

2 No. 2 cans Bartlett pears

pear growing on a tree,

1 pound cottage cheese

16 maraschino cherries

Salad greens

Serves 8.

intelligent.

By LOU LUTOUR

NEW YORK, (GLOBAL) -Constant nervous tension gets

Share Your

NEW YORK, (GLOBAL) -- We preach eternally on the death of Christ and His suffering. It would be a relief to preach about his health, wisdom and the advantage accruing from a fast, or the benefits derived rom a wiser sense in choosing the foods that do not tend to cause pain or suffering. Life is not punitive. It is devoted to helping sufferers who have the common sense to study God's laws and learn that health improves as eating and thinking habits become harmonious and

According to the USDA, 219 per cent of the cows are removed from dairy herds each

Breakfast - Three-Part Harmony

There is a daily net loss of 1,150 agricultural workers from

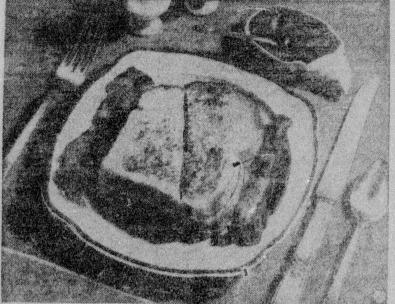
A cross between a purebred

meat-type boar of one breed and

a purebred meat-type sow of an-

other breed will produce strong,

American farms,



Breakfast becomes a three-part harmony when Buttermilk French Toust, bacon strips and marmalade are the menu.

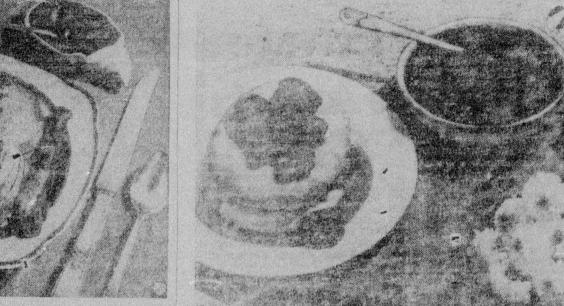
Your grandmother would never have thought of butternilk as something to sing about, but who hasn't heard the lysic about Buttermisk Shies? Now, buttermisk toast is a principal feature of the three part breakfast harmony — Buttermisk French Toast, bacon strips, and marmalade. It's the buttermilk that gives this trio individuality.

Buttermilk French Toust is almost a meal in itself, a delightful blending of buttermilk, eggs and enriched toast. It's a natural for the minute miser breakfast menu, too. The mixture could be prepared in advance the night before, refrigerated, ready for speedy dipping of the bread while the bacon is grilling.

Buttermilk French Toast

Yield: 6 servings - 2 slices toast per serving.

2 eggs, beaten slightly 14 cup shortening 12 slices enriched or 1 cup buttermilk 16 teaspoon salt whole wheat bread Combine beaten eggs, butterrollk and salt in a shallow bowl. Melishortening in a skillet. Dip bread slices into eng mixture, to a serio to coat both sides. Brown bread on both sides in hot res, Barre was marmalade, jelly preserves, honey or syrup.



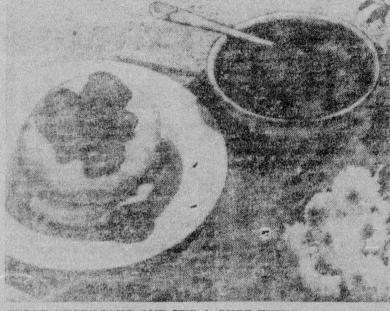
SERVE SHORTCAKE AND IT'S A SURE THING . . . everybody loves it, especially when lots of sweet, luscious fruit comes sliding over the top and through the middle. And now when you can depend on your grocer for fruit all through the year, fresh or frozen, it means shortcake comes more often to your table. And as long as you have an excellent recipe for shortcake such as this, you can have as many variations as there are fruits to spoon on the topand be happy there are so many reasons for serving this dessert.

This new recipe comes through the courtesy of Pream, the 100% dairy product to "cream" your coffee as well as your cooking. They suggest you try serving the individual shortcakes ungarnished with several varieties of fruit in serving dishes, then let each guest select his own fruit topping.

> QUICK SHORTCARE 2 cups biscuit mix

li cup Fream % cup water Mix the dry ingredients thoroughly and stir in water. Roll ou into six biscuits. Bake for 12 to 15 minutes in oven at 450°. (ANS)

A Shortcut for Shortcake



2 tablespoons saga.

pioneers, the entire nation enjoys canned pears from the West Coast the year round, in every sort of dish, for every occasion. Comb Away Gray Hair

Pear and cottage cheese salad

flavor, try garnishing it with a

crushed pineapple and a few

the most popular for canning,

whether at home or commercially.

Since the Pacific Coast grows this

variety in abundance, it's ne-wonder that 95% of all canned

pears come from the three Pacific

Coast States, These states have

ideal pear growing conditions . . . fertile volcanic soil and warm

spring and summer days. It's hard to believe, when looking over

the vast orchards of the Pacific

Coast, that pears were ever really

strangers to the area . . . and, for that matter to all of America,

for they were brought to the

East coast by the colonists and

to the West coast by pioneers, who considered their fruit trees

among their most precious pos-

Now, thanks to those early

The Bartlett pear, of course, is

dressing of cranberry jelly,

maraschino cherries.



faded, burnt hair any longer. Newly improved JET BLACK COLORING POMADE does the trick with your somb and brush. Apply it as you would any Gloss Pomade then brush and comb away gray, bring new highlights and sheen, blake the hair look liveller, gleams. Makes you look younger. It's easy, so simple, a child can do it. It's as wasy as one, two, three. You can't lose. Try it. Every sent back at you are not delighted. SEND NO MONEY NOW. On delivery pay only \$1.50 plus postage. Just try is. It will wash out but will not rub off. Pretty up. Have lovely looking hate the easy quick way. WRITE FORE

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