

Wake 4-H Event Draws 1,000 Persons At Apex School

Specialist Informs Farmers On Exchanging Tobacco For Milk

Nice to give... Nice to get...



A Negro dairy specialist recently suggested that if some of North Carolina's tobacco farmers are wise they'll use some of their 1958 tobacco money to buy a family milk cow.

R. L. Wynn said the family milk cow is particularly rare in Eastern North Carolina, where less than 50 per cent of the farmers don't even own a cow. Wynn says there are many good reasons why they should. "Farmers that have cows find the selling much smoother throughout the year than those that are without them," he declared. Here are some of the benefits Wynn says a good milk cow brings to a farm home:

"She produces family food at low cost—necessary proteins, vitamins and minerals are provided cheaply and in large amounts. She supplies high quality foods—a quart of milk contains 100 per cent of your daily needs of calcium, 82 per cent of your riboflavin (the 'keep young' vitamin), 67 per cent of your phosphorus, 49 per cent of your proteins, 30 per cent of your vitamin A and 22 per cent of your thiamine.

"A milk cow is also a source of cash income where farmers provide themselves with a market. She serves as an excellent market for grass and other cheap roughage and also enables us to more efficiently utilize our farm land and labor. The dairy cow encourages the use of improved farm practices and serves as a source of security, wherever she is kept and well cared for. Many farmers have found the old cow the only available collateral to use as a mortgage for emergency cash. Because of such security, to call upon, rural people, that would otherwise have had to do without, have found medical care, hospitalization and a means of keeping their children in school and college.

"If you are interested in a good milk cow, see your county farm agent."

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Achievement Day Program Annual Affair In County

Approximately 1,000 4-H members, leaders and parents from all over Wake County crowded the auditorium of the Apex Consolidated School Thursday, October 23 to witness the Annual 4-H Club Achievement Day Program.

The program got underway at 11:00 a.m. with Mary Ray of the Jeffers Grove 4-H Club presiding and singing of The Old North State led by 4-H Song Leader Barbara Ramsey with Pauline Cuffed at the piano, both of the Garner 4-H Club. The 4-H Pledge was led by Marvin McNeill of the Apex 4-H Club and invocation was offered by Nathaniel Montague of the Shepard 4-H Club.

John Carolyn Jones of the Holly Springs 4-H Club gave the introductory remarks. P. A. Williams, principal, welcomed the large delegation. Response was given by Jessie Tansley of the Riley Hill 4-H Club. The Wake County 4-H Summary was given by Lemuel Miel of the Lockhart 4-H Club. Special music was given by the Apex Green Club with Mrs. Ruby P. Green and Mrs. M. C. Williamson in charge.

Demonstration: A demonstration entitled "Electric Hotbed" was given by Ben Stinson and Joseph Parks of the Fuquay Springs 4-H Club. Joyce Flippin and Zula Farrar of the Apex 4-H Club gave a demonstration entitled "Marvelous Milk".

John H. Wheeler, president of the Mechanics and Farmers Bank, Durham, was the speaker. He was introduced by How and Honkins of the Cary 4-H Club. Mr. Wheeler advised his audience, "You must have education if you are to make a contribution. Your younger years are for you to get your education ready for the times you will have to do." He continued by saying, "We are on the threshold of a new day. If you are prepared you will be able to master any job. There is no end to present and future opportunities."

General Fulton, Assistant Administrator of the Federal Extension Service, Washington, D. C. gave interesting remarks. He was introduced by E. L. Norton, North-eastern District Extension Agent, State College, Raleigh.

Twenty-six gold medals and pins and 114 certificates of achievement were awarded 4-H members for having done outstanding project work during the 1958 club year. The awards were made possible by the National Committee on Boys and Girls Club Work.

The medals were presented to the following champions—Bread Making: Beverly Vinson, Raleigh; Barbara Holden, Route 3, Raleigh; and Theresa Barlim, Route 1, Knightdale; Canning: Viola Lassiter, Fuquay Springs; Dairy: Benjamin Newkirk, Route 2, Raleigh; Dairymaking: Joyce Flippin, Route 1, Holly Springs; Field Crops: Vernon Perry, Route 2, Wendell; Food Preparation: Geraldine Lucas, Rt. 5, Raleigh.

Also, Frozen Foods: Carolyn Christmas, Route 2, Raleigh; Gardening: Donald McCoy, Route 1, Fu-

quay Springs; Health: Thomas Tylage, Route 1, Varina; Home Improvement: Clara Sanders, Route 1, Garner; Landmaking: Carolyn Harris, Raleigh; Poultry: Chester Hinton, Route 4, Raleigh; and Swine: Howard Hopkins, Route 1, Morrisville.

Dress Revue medals were won by Joyce Flippin, Zula Farrar, Linda McLamb and Blenda Page of the Apex Club; Geneva Perry and Elsie Robertson of the Riley Hill Club; Beatrice Miel of the Shepard Club; Minnette Jiles of the Garner 4-H Club.

County champion certificates were also awarded to Lonnie Davis, peanuts; Clarence Watkins, white potatoes; Riley Hill Club; Lonnal Moore, home beautification; Holly Springs Club; Steven Montague, crafts; Shepard Club; and Roy Smith, sweet potatoes, Fuquay Springs Club.

Donald McCoy, Route 2, Raleigh, who made the second highest score in placing Guernsey Cows at the State Judging Contest held at the State College Dairy Farm, was presented a plaque made possible by the American Guernsey Cattle Association.

Other certificate winners by schools were: Shepard; Nathaniel Montague, Steven Montague, Millard High; Barbara Lucas, Willie

McMillan and Betty Perry, Holly Springs; Eugene McMillan, Lenoir Moore, Alfordville (CONTINUED ON PAGE 14)

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PREPARED — Miss Geneva J. Holmes, the new dean of women at A&T College, is well prepared for the post with valuable experience from both training and travel. She has traveled widely in Europe, Africa and the Caribbean and was trained at some of the leading universities in the world.

Cited For Helping Equality

NEW YORK, N. Y. — Frederick W. Richmond, New York industrialist and national chairman of Equal Opportunity Day, met recently at National Urban League headquarters with key labor members of his national committee to further plans for the 2nd annual observance of Equal Opportunity Day, November 19th. The League is sponsor of the event.

Highlight of this planning meeting was the presentation of a newly designed plaque to Jacob S. Potofsky, president of Amalgamated Clothing Workers of America, who was cited at last year's EOD observance for his contribution in furthering the Urban League goal of equal opportunity.

Purpose of the day is to focus attention on the importance of equal opportunity in American life, and it will be observed on the 85th anniversary of Lincoln's Gettysburg address.

Henry R. Luce, editor-in-chief, Time, Life, and Fortune, and George Meany, president, AFL-CIO are serving as honorary co-chairmen. Harry Van Arsdale, president of the Greater New York Trades and Labor Council is chairman of the trade union committee which includes:

George Baldanz, United Textile Workers; Joseph H. Beine, Communications Workers of America; L. S. Blockmaster, United Rubber Workers; James B. Cray, International Electrical Workers Union; Max Greenberg, Retail, Wholesale Dept. Store Union; and John J. Grogan, Marine Shipbuilders.

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