



GARDEN TIME  
m e gardner  
n. c. state college

We have always associated holly with Christmas. The bright shiny leaves contrasting with the red berries lend color, warmth and meaning.

Perhaps it is not generally known that all sorts of supernatural powers were once attributed to holly. This shiny plant was thought to have power to repel lightning. The eastern Indians believed that holly trees planted near the cabin would act as protectors and ward off evil spirits. Since the leaves of the holly do not readily fall off they also looked up to the plant as an emblem of courage.

Early Christians believed that holly was used to make the crown of thorns for the crucifixion. The plant was then called "righteous branch" or "thorn of Christ," for the red berries supposedly symbolized the drops of blood on Christ's brow.

The legend has it in Brittany that when Christ was bearing His cross, a small bird attempted to relieve His suffering by plucking thorns from His brow. The bird's breast became stained with blood and was known ever after as Robin Redbreast.

To this day in England and Germany, it is considered unlucky to step on a holly berry, a favorite food of the robin in recognition of the bird's charitable act.

Many superstitions existed about bringing in the holly before Christmas. In Wales, if it was brought in

before Christmas Eve, it was sure to cause family quarrels through the year. The type of holly brought into the household determined who was to dominate during the year. If the holly was smooth, the wife was in command; if prickly, the husband governed.

Infusions, decoctions and fomentations of holly were used for a variety of ailments. In England, a tea of holly bark was a cure for a cough. In France, a decoction of leaves and bark was considered equal to quinine in the treatment of intermittent fever. A tea of holly leaves was believed to be a cure of measles by North American Indians.

A beverage of the berries pacified the squaws of Cherokees and curbed their urge for wandering. The juice of leaves was recommended as a cure for jaundice and was also good for a pain in the side.

Other infusions, decoctions and fomentations of leaves, berries, bark or combinations, were used for many other human ills—whooping cough, chilblains, toothache, kidney ailments and as stimulants for the nerves and brain.

**DRIVE SAFELY**



ZETA AMICAE ENTERTAIN KIDS, MOMS — The Zeta Amicae Chapter of Raleigh had loads of fun themselves as they entertained children of the community and their mothers at Tuttle Community Center Sunday, December 22. The hostesses, from left to right, are: Mrs. Ludelle Delany, sitting; Mrs. Mary Carnegie, Mrs. Polly Saunders, Mrs. Marie Winters, Mrs.

Dorothy Allen, Mrs. Emma J. Muse, Mrs. Carrie Matthews, Miss Iris Spencer, Mrs. Sadie Herndon, Mrs. Mildred James, Mrs. Laura Wise, and Mrs. Marian Browning on end. The Amicae Chapter will sponsor a Friendship Tea on Sunday, January 26, at Tuttle Center. The public is invited.



RALEIGH DAY NURSERY—Raleigh Day Nursery School program here Friday, December 20. (See story). Children at attention, prior to beginning their annual Christmas

## Industry Booming In CP&L Region

Industrial firms announced plans in 1963 to spend in excess of \$100 million for new and expanded plants in the two-state region served by Carolina Power & Light Co. Dan E. Stewart, vice-president in charge of area development for CP&L, said expenditures cover 74 new plants and 167 expansions expected to create a total of 11,265 new jobs and new annual payroll of \$35.5 million.

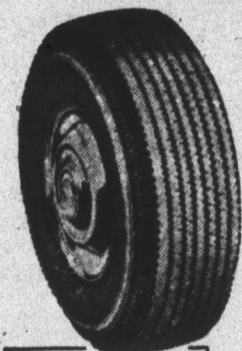
The 1963 figure is the second highest in the history of the company's industrial development program, and is just under 1962's record-breaking \$110 million. "Tribute is due the North Carolina Department of Conservation and Development and the South

Carolina Development Board, local chambers of commerce, industrial development agencies and other utilities for their initiative and for the excellent support they have given in this industrial effort," Stewart said.

He cited the wide dispersal of industrial growth throughout the CP&L region, which covers about half the land area of North Carolina and a fourth of the Palmetto State.

**Go To Church Sunday**

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