

# Scheme To Make Barnett Evers' Trustee Backfires

## On The Home Front

WITH THE FARM WOMEN ... BY MAIDRED MORRIS

(Items this week from Carteret, Nash, Bladen, Henderson, Lincoln and Forsyth Counties.)

### PLANT EVERGREENS FOR FUTURE USE

Homemakers in Carteret County have been urged by their home economics agent, Mrs. Floy Garner, to use evergreens in their landscaping plans so they will have greenery available for making arrangements.

Mrs. Nosh Avery, who is known as the "flower lady" at the curb market, said she had more orders for arrangements during the holiday season than she could fill. But several years ago, she planted cedars so she would have greenery available.

**NUTRITION COUNCIL**  
Representatives of health and welfare agencies, home economics teachers and Extension workers met recently in Nash County to organize a county nutrition council.

Mrs. Agnes Saff, home economics agent, says the group wants to formulate and coordinate plans for working together to improve the nutritional status of the local families.

**INTEREST IN 4-H**  
The Brantly Willis family of Tar Heel, Rt. 1, has a deep interest in 4-H work. Mr. and Mrs. Willis are not only interested in what 4-H can do for their four children but what it can do for all the boys and girls in their community.

Mrs. Jane Ross, associate home economics agent, says the local club has made plans to conduct a forestry demonstration on the Willis farm. They plan to conduct the demonstration so other 4-H'ers can tour the farm plot in Bladen County.

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### CLUB SPONSORS BUYING SPREE

Mrs. Oscar Metcalf reports that her Home Demonstration club recently made a trip to a mill outlet to select fabrics which they will use in their home sewing in Henderson County.

Mrs. Peggie Davis, associate home economics agent, says Mrs. Metcalf bought material to make raincoats for all members of her family. She estimates that she will save at least \$18 on each raincoat.

### OUTSTANDING HD LEADER

Boys and girls are the main interest of Mrs. Blair Goodson who received the outstanding leader award in Lincoln County. Her interest extends further than her own children as she works with 4-H and other youth organizations in her community, reports Miss Margie Huneycut, home economics agent.

### Grandma's Treatment of Cold Still Good

Since Americans suffer some 600 million colds a year, chances are you will have one or more this winter. The most-often asked question is, what can be done for a cold?

According to the American Medical Association, despite all the research going on to find a cure for the cold, grandma's treatment is still good. Says the AMA: "Most folks know you can't cure it. And yet we still waste a lot of time and money on pills and nostrums and treatments—all in the faint hope that maybe this time something will help."

Actually, grandma's home therapy is still good. If you get a cold, stay home in bed. Keep warm. Gargle to ease a sore throat. Take aspirin for the discomfort. None of this will cure the cold, but it will make you feel more comfortable while your body's natural defense mechanisms are building up enough steam to overcome the cold virus.

Some people get cold "shots" in an effort to prevent the respiratory infection. On these, the AMA says: "From time to time there have been vaccines to protect against colds. To really protect, the vaccine would have to include many different viruses. Some of the viruses that cause colds most likely haven't even been identified. It's unlikely that a vaccine will help much." But, of course, a person should consult his physician on this.

Antihistamine products can make the symptoms of a cold less severe, says the AMA, but they have limitations and problems. For one, they can cause drowsiness, "which could be highly dangerous to the driver of an auto."

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A TYPICAL SCENE AT SAINT AUGUSTINE'S — This is a typical scene at Saint Augustine's College as Exam Week approaches. Ever-increasing academic standards are forcing the complacent student out the rear exit. Here Willie Iyoho, standing, assists fellow students. A native of Nigeria, West Africa, Iyoho has consistently maintained an "A" average during his 3½ years at Saint Augustine's. Pictured from left to right, seated, are Miss Christine Credle, Miss Margery Graham, and William Miles.

### Valentine's Day Brings Heart Fund Appeal



NEXT FRIDAY is St. Valentine's Day, which, according to 7-year-old Susan Mangini, can best be observed by giving generously to the 1964 Heart Fund. Susan, a beneficiary of heart surgery, lives at Bakerfield, Calif.

## "Mrs. Evers Not in Need," NAACP's Wilkins Declares

NEW YORK (AP)—A scheme evidently designed to prick the conscience of Mississippi's lame duck governor, Ross Barnett, ricocheted and instead embarrassed the NAACP.

The plan was to make Barnett trustee of funds sent him for the family of the late Medger Evers, state NAACP secretary who was slain by a sniper's bullet in Jackson last June 12. Barnett was opposed to everything that Evers devoted his life to.

More than 500 contributions were sent to the Governor, and last week, his secretary announced that all the money was being returned to the contributors.

But unexpectedly, Roy Wilkins, executive secretary of the NAACP, denounced the scheme because, it implies that Mrs. Evers is in need.

"Mrs. Evers is not in need. We would rather run out and hide than have her be in need."

Mrs. Evers is receiving and will continue to receive money voted by the association's board of directors, Wilkins said. In addition,

she has received direct contributions of about \$10,000. A fund for the support and education of Evers' children now has about \$58,000.

Mrs. Evers, who had been unaware of the chain letter campaign said that her family continued to live under a strain. She was most concerned with her 10-year-old boy, who has become moody and withdrawn and sometimes cries uncontrollably, she said.

Charles Evers, who replaced his brother in the Mississippi post, said, "If anyone desires to make a contribution, make it directly to Mrs. Evers, not to Governor Barnett. The Governor does not represent Mrs. Evers or any other Negro in Mississippi."

The checks, for \$1 to \$2, have arrived since last fall, Mrs. Evers' lawyer said.

**Go To Church Sunday**

# WIN \$100... PLAY SWORD IN THE STONE



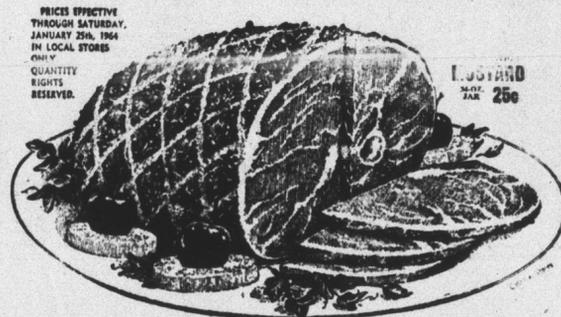
**BORDEN'S BUTTER MILK BISCUITS**

8-OZ. CAN ONLY **5¢**

**MAACKEREL STEAKS** 1 lb. 30¢  
**WHITING** 1 lb. 15¢  
**GREEN HEADLESS SHRIMP** 1 lb. 60¢  
**BRAUNSCHWEIGER** 1 lb. 30¢  
**CHUNK SALAMI** 1 lb. 47¢  
**CHUNK POLONA** 1 lb. 33¢

**SAVE 7¢ ON FRANKS** WITH COUPON IN NEWSPAPER

**C. S. SALADS**  
Gole Salad 33¢  
Potato Salad 33¢  
Pimento Cheese 59¢  
Fruit Jell 33¢  
Macaroni Salad 33¢



ARMOUR STAR or SWIFT'S PREMIUM

**HAMS**  
FULLY COOKED  
Shank portion **lb. 29¢**

LAKE VINE-RIPE SLICING **TOMATOES** 1 lb. 19¢

JUICY, SWEET, FLORIDA **ORANGES** 4-LB. BAG 49¢

JUICY, CRISP, RED ROME **APPLES** 4-LB. BAG 39¢

**CENTER HAM CUTS... lb. 89¢**  
**BUTT PORTION HAMS lb. 39¢**

YANKEE BRAND NEW YORK **CHEESE** SHARP AGED 1 1/2-OZ. WEDGE 59¢  
KRAFT'S PARKAY **MARGARINE** 2-OZ. LABEL 2 ONE-LB. PKGS. 49¢  
GOOD 'N RICH MASHED **INSTANT POTATOES** 3-OZ. PKG. 10¢

CHOOSE YOUR FAVORITE BRAND!  
**COFFEE**  
SILVER LABEL **43¢**  
MAXWELL HOUSE **59¢**

SAVE ON LUCK'S **BEANS**  
★ PINTO ★ GREAT NORTHERN ★ NAVY  
★ BLACKEYE ★ GREEN LIMAS ★ GIANT LIMAS ★ FIELD PEAS AND SNAPS  
Your Choice  
300 OZ. YOUR CHOICE **49¢**

SPECIAL PRICE ON LIBBY'S **CORNED BEEF HASH** 3 15 1/2-OZ. CANS **\$1.00** SAVE 17¢

GOOD 'N RICH **CAKE MIX** 8-OZ. PKG. EACH 10¢  
GOOD 'N RICH WHITE OR CHOCOLATE **FROSTING MIX** 3 1/2-OZ. PKG. 10¢  
MORTON'S FROZEN HONEY BUNS 12¢ 29¢

SOFTER, SMOOTHER... NEW C.S. FRESH BAKED **BREAD**  
24-OZ. KING SIZE LOAVES **2 37¢** SAVE 10¢ OFF

Bake & Serve... **PARKER'S FROZEN PIES**  
★ APPLE  
★ PEACH  
★ COCOANUT  
22-OZ. SIZE **25¢**

**MORE \$100.00 "Sword in the Stone" WINNERS**  
Mrs. Pamela Dunning, Greenville, N. C.  
Mrs. Mary N. Smith, Raleigh, N. C.  
Mrs. D. V. Nelson, Raleigh, N. C.  
Thomas B. Hughes, Jr., Wilmington, N. C.  
Earl H. Lanning, Jr., Greensboro, N. C.  
Joy Cox, West-salem, N. C.  
Mrs. R. H. Hollingsworth, High Point, N. C.  
Mrs. Carolyn Funder, Siler City, N. C.  
Mrs. Irene M. Harris, Durham, N. C.  
Mrs. L. R. Dole, Clinton, N. C.  
Ann Eliza Bower, Raleigh, N. C.  
O. G. Gray, Roanoke, Va.  
James E. Jones, Oxford, N. C.  
Mrs. Richard Owen, Kinston, N. C.  
James C. Grubbs, Fayetteville, N. C.  
Mrs. Robert Parham, Morehead City, N. C.  
Mrs. J. B. McDaniel, Jr., Winton, N. C.  
Dale S. Cox, Greenville, N. C.  
Mrs. Ruth Powers, Chapel Hill, N. C.

**50 FREE GOLD BOND STAMPS** WITH THIS COUPON AND PURCHASE OF TWO 16-OZ. JARS KRAFT APPLE OR GRAPE JELLY. VOID AFTER JAN. 31, 1964.

**50 FREE GOLD BOND STAMPS** WITH THIS COUPON AND PURCHASE OF TWO 9 1/2-OZ. PKGS. MORTON'S FROZEN CORN MUFFINS. VOID AFTER JAN. 31, 1964.

**25 FREE GOLD BOND STAMPS** WITH THIS COUPON AND PURCHASE OF ONE 16-OZ. PKG. NABISCO OREO CREAM COOKIES. VOID AFTER JAN. 31, 1964.

**50 FREE GOLD BOND STAMPS** WITH THIS COUPON AND PURCHASE OF ONE 60-CNT. BOTTLE EXCEDRIN TABLETS. VOID AFTER JAN. 31, 1964.

**100 FREE GOLD BOND STAMPS** WITH THIS COUPON AND PURCHASE OF 3-LB. BOX TRADE WINDS BREADED BUNDS. VOID AFTER JAN. 31, 1964.

**50 FREE GOLD BOND STAMPS** WITH THIS COUPON AND PURCHASE OF 3-LB. PKG. FRESH GROUND BEEF. VOID AFTER JAN. 31, 1964.

**Kitchen-wise** by LYDIA PERRINE

**Good Gravy!**  
Hamburgers, liver, or leftover meat taste twice as good when served with a delicious gravy or sauce.

**MUSHROOM GRAVY**  
1 can (3 ea.) mushrooms  
1/2 cup liquor from mushrooms  
2 Tbsp. butter  
2 Tbsp. flour  
1/2 cup cream or milk  
1 tsp. Lea & Perrins Worcestershire  
Salt and pepper to taste  
Drain the mushrooms and measure 1/2 cup of the liquor. Chop mushrooms fine. Melt butter. Stir in flour. Add cream and mushroom liquor and cook, stirring constantly, until mixture is thick and smooth. Add Worcestershire, salt and pepper and mushrooms. (Make 1 1/2 cups)

**ONION SAUCE**  
1 large onion, sliced thin  
1/2 cup oil  
1/2 cup flour  
2 cups beef stock or bouillon  
1 tsp. Lea & Perrins Worcestershire  
Salt and pepper to taste  
Cook the onion in the oil until transparent. Stir in flour. Add beef stock. Cook, stirring constantly, until sauce is thick and smooth. Season with Worcestershire, salt and pepper. (Makes 2 cups)

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