

WEEKLY MEDITATION

BY COLIN DOUGLAS

"To them that love God all things work together for good."
—Rom. 8:28.

Have you ever worried and fretted and struggled through an experience, and then later realized that this same experience has brought you great good, that you would not have missed its challenge for anything?

This is true of practically all experiences. In retrospect, we discover that they have given us new knowledge of ourselves, that they have given us a good "workout" and practical exercise of our God-given wisdom, talents, and abilities, that they have taught us to live more harmoniously with others, to make wiser decisions, to draw more fully from life and from ourselves.

"To them that love God all things work together for good." How true this is! If we can remember this when we are confronted with a challenging experience, we can save ourselves pain, fear, resentment, anxiety, and resistance. We can, in-

stead, have all the channels of our minds and hearts clear to accept the knowledge and spiritual growth that every experience has to offer. God has given each of His beloved children the "tools" with which to work, and He expects us to make use of these "tools." It is only through experiences that we can fully put these "tools" to use, and thus develop our own spiritual natures.

God's own conquering spirit is ever with us. His spirit is mightier than any outer circumstance or condition. His spirit is life-giving! His spirit is the source of our power. Through prayer, His spirit will quicken us mentally and physically. Armed with this knowledge, let us meet every experience with strength and with joyous courage, confident that we are being benefited by it. Remember this: WHAT we meet in life is not so important as HOW we meet it!

"In thy light shall we see light." — Psalms 36:9.

Newells Named Danforth Associates At Shaw Univ.

MRS. GEORGE NEWELL
Mr. and Mrs. George P. Newell of Raleigh have been appointed as Danforth Associates on the Campus of Shaw University. This is an appointment given to faculty members and their wives who have demonstrated personal concern for students, combined with scholarly achievement in their field of teaching.

College faculty chosen for these appointments must have major responsibility in classroom teaching and must be highly respected as teacher-scholars by colleagues and students.

They are chosen because they are actively concerned with the intellectual, moral and spiritual growth of students.

The Danforth Foundation, through this appointment, hopes

to encourage these faculty members and their wives to develop the personal dimension of faculty-student relations on campus, explore with students and other faculty members crucial problems of our time, and to increase the competency of the teacher-scholar.

Mr. and Mrs. Newell were recommended to the Foundation by a Regional Selection Committee composed of several academic persons in this area, who were appointed by the Foundation to evaluate applicants for the Associate Program.

Mrs. Virginia Newell is Associate professor of mathematics at Shaw University and Mr. Newell is a biology instructor at Ligon Junior-Senior High School.

UL Head Speaks At High School

INDIANAPOLIS, Ind.—(AP)—The Negro revolution will benefit white Americans as well as black ones, the executive director of the National Urban League has told a group of high school students here.

In a message of congratulations to the Human Relations Council of Shortridge High School, sponsors of today's day-long, city-wide conference on race relations the Urban League official, Whitney M. Young, Jr., says:

"The public has gotten the mistaken impression that the current Negro revolution is designed primarily to benefit Negro citizens alone.

While it is true that this depressed and subjugated minority has greater need than any other group for decent housing, schooling, employment, and health and welfare opportunities, it is absolutely erroneous to think that white Americans will not benefit as much as black Americans."

FSC Slates Workshop In Science Soon

FAYETTEVILLE — Fayetteville State College has been selected by the North Carolina Department of Public Instruction as one of several colleges in the state to assist with its teacher enrichment program.

"Recent Advances in Earth Sciences" will be the theme of a Science Workshop schedule for a three week session, June 8 - June 26, on the FSC campus.

According to Dr. H. M. Eldridge, Institute director, the workshop is open to any public school teacher. However, preference will be given to those persons engaged in elementary and junior high school instruction.

Tuition scholarships are provided by the Department of Public Instruction. Persons interested may write the Institute Office or Director, Summer School, Fayetteville State College.

R. P. Robinson, assistant professor of physics, along with Dr. H. M. Eldridge will make up the Institute staff.

In addition, the staff will be supplemented by persons from the Oak Ridge Institute, National Aeronautical Space Administration and other learned scientific societies.

Emphasis will be placed on new trends, recent developments and improved teaching methods in the sciences.

The enrichment program of the department of public instruction is another method to raise the level of competence of public school teaching in North Carolina.

THE VETERANS CORNER

Here are authoritative answers by the Veterans Administration to questions from former servicemen and their families:

Q—When a veteran is to be admitted to a VA domiciliary, will the VA pay his travel there?
A—Yes, as a rule, for the initial admission.

Q—Is it true that those servicemen who hold on to their GI insurance in-service premium waiver may be depriving their dependents of certain benefits?

A—In some cases, keeping the in-service premium waiver could be detrimental to the interests of dependents should they become beneficiaries. They would be unable to receive Dependency and Indemnity Compensation under the law if the insured died with the waiver in effect. Since it differs for individual cases, each serviceman should check to see how his family will be affected.

Q—Has World War II entitlement expired for GI home loans?
A—Not for all World War II veterans. Entitlement may be used for ten years after discharge plus one additional year for each 90 days of active wartime duty. However, all World War II entitlement does expire on July 25, 1967.

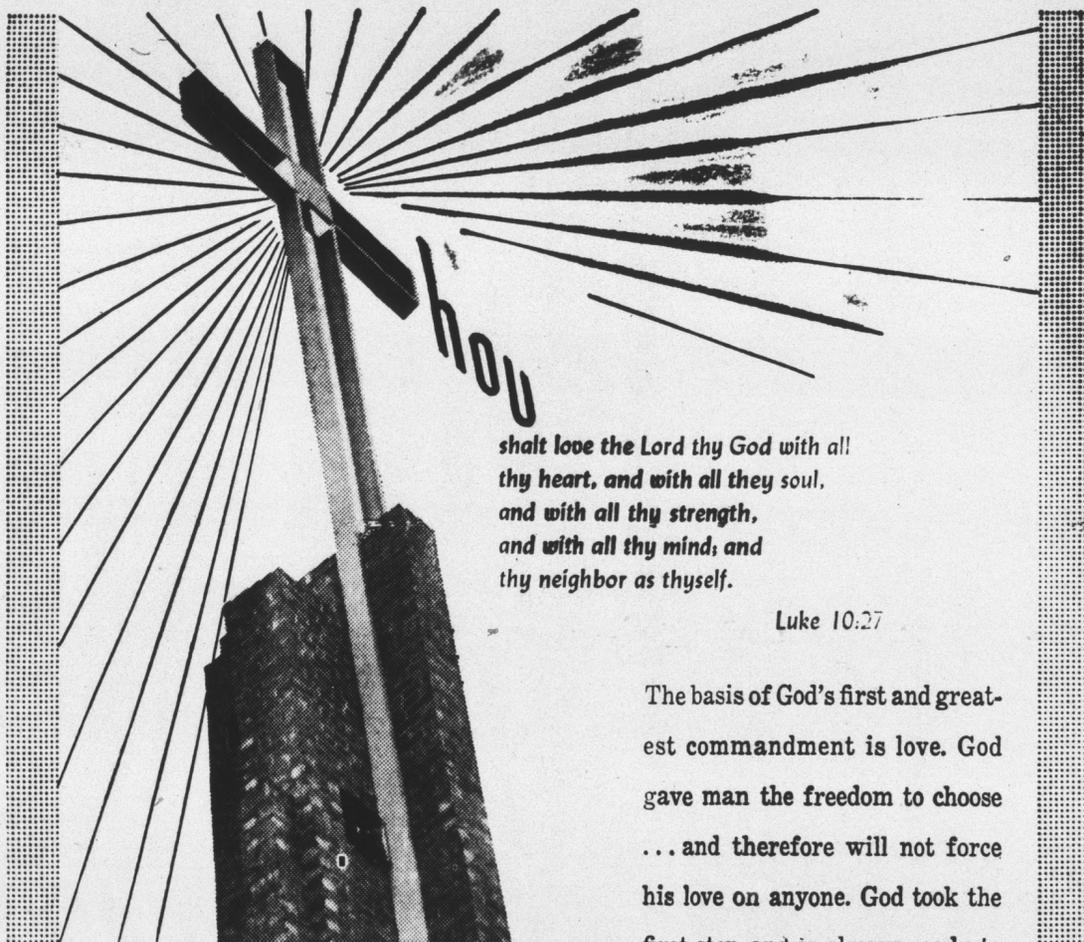
Food And Nutrition Classes

A series of Food and Nutrition Classes for young couples in the Jeffreys Grove School area will get started Wednesday night, May 13, at the Jeffreys Grove School.

The classes will deal with problems in food and nutrition and will include such discussions as Food for Fitness, Problems in Feeding Young Children, How to Save Money on the Grocery Bill and other subjects of interest to this group.

The classes are open to young couples between the ages of 18-40 years and will meet each Wednesday night for 6-8 weeks. You may register for this class by contacting the Extension Agent's Office at 205 Wake County Office Building, 201 West Davis Street, Raleigh.

With Faith... You Are Never Alone Attend Church Regularly



shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind, and thy neighbor as thyself.

Luke 10:27

The basis of God's first and greatest commandment is love. God gave man the freedom to choose ... and therefore will not force his love on anyone. God took the first step and is always ready to receive any who would come to Him. Attend church Sunday and express your love for God.



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