

# WEEKLY MEDITATION

BY COLIN DOUGLAS

"Cast thy burden upon the Lord."—Psalms 55:22.

Are you one of those persons who often feel weighed down by the thought of work that has piled up, by correspondence that lies unanswered, by "important things" undone, by questions in the mind that need to be thought through?

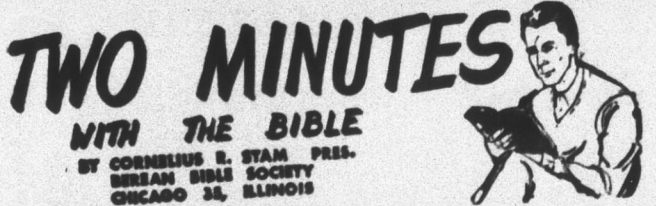
Nearly every one of us a some time or another finds himself in such a burdened state of mind. Of course, we cannot ignore these responsibilities. But it is possible to take an attitude that will free our minds and lighten them as completely as though we were without all these responsibilities.

First, we must take a fresh start in our minds. Through prayer, we can turn over to God for the time being all the responsibilities that have piled up to burdensome proportions. Then, with renewed faith in the power and love of our Father, we can begin all over again, accepting only one thing at a time to do.

Free and relaxed in prayer, in close communion with God, our minds and hearts are freed of worry, anxiety and tension. And you really analyze it, it is worry and tension that create our real burdens—not the things to be done.

In the deepest spiritual quietness of your soul you will always find the strength and wisdom needed to meet any situation that may arise. No matter what the turmoil and confusion about us, in this infinite stillness of God in your hearts you can find rest and peace. Jesus said we must have faith in God if we would overcome our difficulties—by all requirements needed for such faith, first and foremost is the need of a quiet mind, free of all doubt, tension, and worry.

"Teach me thy way, O Jehovah; and lead me in a plain path."—Psalms 27:11.



### THE MIGHTY POWER OF GOD

In 1868, Alfred Nobel invented an explosive made of nitroglycerin absorbed in a porous material. It was by far the most powerful explosive that had so far been invented.

When Nobel and his friends saw what his invention could do, and had to decide on a name, they sought for the strongest possible word for power—in any language. The word they finally chose was the Greek word DYNAMIS. Hence our word DYNAMITE.

This word—the strongest word for power—is used again and again in the New Testament and is generally translated simply "power."

When Jesus wrought miracles, for example, St. Luke testifies that "the POWER (dynamis) of the Lord was present to heal" (Luke 5:17). In promising His apostles that they too would work miracles, our Lord said, "Ye shall be endued with POWER (dynamis) from on high" (Luke 24:49).

When the Sadducees questioned the resurrection, Jesus answered: "Ye do err, not knowing the Scriptures, nor the POWER (dynamis) of God" (Matt. 22:29) and St. Paul declares that Christ was "declared to be the Son of God with POWER (dynamis) . . . by the resurrection from the dead" (Rom. 1:4).

Using this same word, Paul, by inspiration, declares that "the gospel of Christ . . . is THE POWER OF GOD UNTO SALVATION, to every one that believeth . . ." (Rom. 1:16). This is because, according to this gospel, or good news, "Christ

### Correction!

In a news story on page 6 of The CAROLINIAN last week, headline read, "Mrs. Logan Heard By Presbyterians." A photograph of Mrs. Addie Logan, well-known churchwoman and former local school teacher was above the headline. This was incorrect.

The speaker at the Davie Street Presbyterian Church which the news story referred to was Mrs. Hazel Logan. We apologize to both ladies. This error was an oversight of our mechanical department.

Mrs. Addie Logan did speak on the Sunday mentioned, however. She was the featured orator at the Lettys Hill Baptist Church in Franklin County, whose pastor is the Rev. J. W. Lucas.

### At Howard U.: Carl Rowan Addresses 882 Grads

WASHINGTON, D. C., June 5—U. S. Information Agency Director Carl T. Rowan Friday cautioned civil rights advocates against concentrating exclusively on street demonstrations while ignoring the other forms of protest, saying that the battle for human dignity is complex and must be fought on many levels.

His remarks came during a commencement address at Howard University, Washington, D. C., where 882 seniors received from Howard President James M. Nabrit, Jr. degrees, ranging from the bachelor's to the Doctor of Philosophy.

Declaring that the rights demonstrations or recent years have "jarred the conscience of America," Mr. Rowan said that even this form of protest has not been sufficient to bring about the ends that are sought.

"Because men differ in both emotions and intellect, you can convince one with moral suasion whereas you must shame another," the government official stated. "You can move one man with the inconvenience of a picket line whereas another responds more quickly to the force of law that represents a new standard of his society; you can move one man with the human force of a boycott while another will be permanently removed by the personality and the intellect of a well-educated man or woman."

Mr. Rowan, who received the honorary degree of Doctor of Laws during the commencement, said that there is today a need for a "master teacher" in areas of human behavior.

### Dr. T. Lawless Addresses 220 VSC Grads

PETERSBURG, Va.—A world-famous educator, dermatologist and philanthropist called for a nationwide emphasis on an acceleration program of mass education in order to "raise the standards of our nation physically, intellectually and morally."

Speaking at the 82nd commencement of Virginia State College, Dr. Theodore K. Lawless suggested mass education which would accentuate "both basic training and mental development."

The speaker told 220 graduates that "education . . . cannot accomplish its full purpose until it assures for each child a chance to reach the goals of economic efficiency, the ability to think, universal opportunity, and finally a chance to fulfill the promise of the Declaration of Independence in regard to the pursuit of happiness."

Dr. Lawless decried America's emphasis on providing more educational advantages for the gifted child while the average and below-average students are more and more neglected.

"A new concept of democratic education must be based on need as well as ability," the speaker continued. "The American system of education has failed to teach the great mass of the people."

### Granted Leave

GREENSBORO—Miss Dorothy D. Boone, a member of the English faculty at Bennett College, has been granted a leave of absence for 1964-65 so that she might accept the IBM Faculty Fellowship of the United Negro College Fund.

A graduate of A. & T. College, with a master's degree from North Carolina College, at Durham, she will continue work toward the doctorate at the University of Michigan, at Ann Arbor.

died for our sins." "The preaching of the cross," he says, is believers "THE POWER OF GOD" (1 Cor. 1:18).

But not only are believers saved by the power of God; they are "KEPT BY THE POWER OF GOD" (1 Pet. 1:13). Indeed, the adjective of this same word "dynamis" is used in Heb. 7:25 where we read that the Lord Jesus Christ is "ABLE TO SAVE UNTO THE UTMOST MOST ALL THEM THAT COME UNTO GOD BY HIM." Thus the Bible uses the very strongest word for power to show how completely He saves and keeps those who trust in Christ, who died for our sins.

# With Faith... You Are Never Alone Attend Church Regularly

## GOOD FRUITS

*"The wisdom that is from above is first pure, then peaceable, gentle, and easy to be entreated, full of mercy and GOOD FRUITS."*

There are two forces at work in this world, evil and good. We have the freedom to choose between these two things.

*"O taste and see that the Lord is good: blessed is the man that trusteth in him."*



The Church is God's appointed agency in this world for spreading the knowledge of His love for man and of His demand for man to respond to that love by loving his neighbor. Without this grounding in the love of God, no government or society or way of life will long persevere and the freedoms which we hold so dear will inevitably perish. Therefore, even from a selfish point of view, one should support the Church for the sake of the welfare of himself and his family. Beyond that, however, every person should uphold and participate in the Church because it tells the truth about man's life, death and destiny; the truth which alone will set him free to live as a child of God.

© 1961, Coleman Adv. Serv., P. O. Box 4887, Dallas, Texas



**THIS INSPIRATIONAL MESSAGE APPEARS EACH WEEK TO HELP MAKE THIS INCREASINGLY A CHURCH-MINDED AREA. IT IS OFFERED FOR YOUR CONSIDERATION BY THE GENEROSITY OF PUBLIC-SPIRITED INDIVIDUALS AND BUSINESS FIRMS.**

Telephone: TE 3-9395  
**JAMES SANDERS TILE CO.**  
License No. 1939  
Ceramic, Asphalt, Rubber and Vinyl Tile  
819 ELLINGTON STREET RALEIGH, N. C.

**FOR RENT**  
Apartments and 4 and 5 Room Houses  
ALL WITH HOT AND COLD WATER AND BATHS  
Live in either a first-class apartment or house. We can offer you at reasonable rental either 3 or 4 room apartments or 4 and 5 room houses. All these dwellings are located in nice neighborhoods and in first-class repair.  
See Us Today For Better Living!  
**ACME REALTY CO.**  
139 E. HARGETT ST. DIAL TE 2-0956

**CHURCH FURNITURE DESIGNERS AND MANUFACTURERS**  
Buy Direct From The Factory ---  
Pews, Chancel Chairs, Pulpits  
Communion Tables, Etc.  
**Bluefield Church Furniture Co.**  
Shaw Avenue Galax, Va.

**FAITH...**  
★  
Faith does nothing alone—nothing of itself, but everything under God, by God, through God.  
Stoughton  
★  
DAY AND NIGHT  
**Ambulance Service**  
**Raleigh Funeral Home**  
322 E. CABARRUS ST. DIAL TE 2-2835

**PEPSI-COLA BOTTLING CO.**  
Raleigh, North Carolina  
**JESSE JONES SAUSAGE**  
For A Special Breakfast With Pan Cakes and N. C. Eggs  
**BILTMORE HILLS**  
JOHN W. WINTERS & CO.

**McLAURIN PARKING COMPANY**  
Raleigh and Other North Carolina Cities  
**MEDLIN-DAVIS**  
"Cleaners of Distinction"  
**DIXIE DRY CLEANERS - LAUNDRY**  
228 E. Martin Street  
Cor. Bloodworth & Davis Streets  
515 West Morgan St.  
3-Hour Shirt Service  
**BETTER BRAKE SHOP OF RALEIGH, INC.**  
500 West Morgan Street  
See Herbert Rance

**AMBURN PONTIAC, INC.**  
3623 Hillsboro St. — TE 832-3907  
**BRANCH BANKING & TRUST CO.**  
4 Convenient Locations in Raleigh  
"You Have Friends at Branch Banking and Trust Company"  
**HUDSON-BELE-ETIEN'S OF RALEIGH**  
**RALEIGH SAVINGS & LOAN ASSOCIATION**  
"Raleigh's Oldest Financial Institution"