

TWO MINUTES WITH THE BIBLE

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CHICAGO 15, ILLINOIS



THE CHRISTIAN HOME
"As for me and my house, we will serve the Lord" (Josh. 24:15). There is no place in all this world so wholesome and refreshing as a Christian home, a home where Christ is truly loved and honored.

This writer was brought up in such a home. There were ten of us: dad, mother and eight children. There was lots doing all the time, but a truly happy home it was, for dad and mother never let us get so busy with temporal things that we brushed eternal values aside.

On the basis that "man shall not live by bread alone, but by every word of God" (Luke 4:4), we read some small portion of the Bible before every meal, and had family devotions before retiring at night.

Result: all eight children bless the dear dad and mother who led

them right, morally and spiritually, and best of all, taught them the importance of trusting in the Savior who died for all our sins. More: five of the children and many of the grandchildren have given themselves for full time Christian service, and have become pastors, college deans, Christian writers and missionaries in various parts of the world.

Counting the grand children there are now exactly 100 of us and the divorces and broken homes that have brought sorrow to so many are not even known among us.

This is not because we are one whit better than others, but because we experience the help and grace of God in our lives. But it all began as, one day, a young American, like Joshua of old, came to a decision and declared: "As for me and my house, we will serve the Lord."

WEEKLY MEDITATION

BY COLIN DOUGLAS

"Cast thy burden upon Jehovah, and He will sustain Thee." — Psalms 55:22.

We all agree that it is important to start each day right. The day that begins well is likely to be a happy day, and most of us know that during the first few waking moments we can prepare ourselves for the hours ahead.

But the day does not really begin at the hour in the morning when we arise. It begins five minutes before we fall asleep the night before! It has been said that the last few minutes before we sleep are the most important moments of the day—that these minutes can set the pattern of the day ahead. It is surprising the number of people who accept poor rest as a normal part of life and who depend upon sleeping pills.

The first step in assuring good sleep is to clear the mind of worry, fear, and all else that wars again.

lems bothering us, we must realize first and always that God is in complete charge of our life and affairs, that His power will not fail us, that with His help we can meet anything with courage, understanding, and faith. With this assurance in our hearts, we shall be able to relax, let go of all anxiety, and sleep the good sleep.

Instead of floundering in unhappy thoughts as you lie in your bed at night, spend those last few minutes before your sleep in recalling the goodness of God. Count your blessings, remembering the innumerable ways in which God has showered you with His good... your home, your family, your clothing, your food, the sunshine, the rain, the flowers, the trees. Thank Him for all these. Thankfulness makes for contentment, which adds up to tranquility of spirit—and that means restful sleep.

"Jehovah will be thy confi-

GARDEN TIME
m. e. gardner
n. c. state college

"I need to remove some rather large limbs from oak trees growing near the house. Do you have suggestions about doing this job?"

If the limbs are over two or three inches in diameter at base, I would employ someone with the know-how and equipment to properly do the work.

There is always the possibility of punching a hole in the roof unless ropes and pulleys are used to lower the large limbs to the ground. Then, too, the cuts should be made smooth (no stub left) in order that the cambium can heal the wound. This is rather difficult because, if the limb is not held in position while cutting, it will tear the bark and leave a jagged wound which may not heal over.

"Please tell me something about the tung tree. Can it be grown in eastern North Carolina?"

Tung trees are grown for their fruits which contain seed that produce large quantities of oil. This oil has excellent drying qualities and is used extensively in making paints, varnishes and printers ink. The trees grow to a height of from 12-20 feet and have showy flowers. The mature fruit is roundish in shape, has a dark brown outer cover and contains from four to seven large brown seeds. These produce the oil.

Tests have shown that tung trees thrive best in a belt about 50-100 miles wide extending from northern Florida westward to Louisiana and eastern Texas. At present Mississippi leads in commercial plantings followed by Florida, Louisiana, Alabama and Georgia.

The tung requires a long, warm, frost-free growing season and a short comparatively mild non-growing season to break the rest period. The long warm growing season is necessary or maximum growth and production.

Since temperature seems to be the limiting factor in growth and production of the tung tree.

Rev. Goodwin Speaker At Fayetteville

FAYETTEVILLE — Reverend K. O. P. Goodwin, pastor of Mt. Zion Baptist Church, Winston-Salem, was guest speaker for the Delta Gamma and Beta Chi chapters of

Yes, We All Talk

BY MARCUS H. BOLWARE
READINESS FOR SPEECH

There are numerous studies published and books written on the learning of language by children; their is a language readiness period approximately between one and a half years to perhaps four, when the child begins talking — i. e., saying his first words. If for some reason, he does not begin talking during these years, language will be more difficult for him to master after that time.

According to Dr. Mildred Templin, in her study of certain language factors in children, it takes the child up to about seven and one-half years to learn all of the English consonant sounds. Persons wanting to see the sound-learning table should purchase "Speech Correction Through Listening" by Bryng Bryngelson, and published by the Scott, Foresman and Co., with offices in Atlanta, Ga.

Many times parents get overly concerned about children missing certain sounds. What they should know is that it is not yet time for the child to learn this particular sound. For example, 90 per cent of the children do not make the unvoiced "TH" sound until the age of 7 1/2 years. At 4 1/2 years, for example, the average child can utter the K, G, T, D, M, N, and Y sounds. At three years of age, the average child has a 900 word vocabulary for speaking.

The child walks a little ahead of learning to speak, and because he is "on the go" parents overwork the word "No". Strange, as it may seem, this will lead to stuttering for a few children.

READERS: For my free consonant pamphlet, send two stamps and a self-addressed long business envelope to Dr. M. H. Bolware, Florida A&M University, Box 310-A, Tallahassee, Fla. — 92367.

Omega Psi Phi Fraternity during their observance of National Achievement Week recently at Fayetteville State College.

"This moment we have now," Reverend Goodwin declared, "we can never reclaim again."

James Chavis, instructor at the Fayetteville State College, introduced the speaker.

The historical development of the Omega national achievement week project was reviewed by William Westfield, junior from Orange, N. J.

Others appearing on the program included George Langford, junior of Potocasi, and Lee Thomas Council.

Special music was provided by the Fayetteville State College choir under the direction of Mrs. Mary T. Eldridge.

With Faith... You Are Never Alone Attend Church Regularly

KEEPING UP

These are serious times. Communism is all around us, and threatens to stamp out our freedom of worship. We should keep ourselves informed on the world situation at all times. We should know more of the threats that they make, and we should know more of what they are trying to do away from us.

Attend church "and take the helmet of salvation, and the sword of the Spirit, which is the Word of God: Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints."



The Church is God's appointed agency in this world for spreading the knowledge of His love for man and of His demand for man to respond to that love by loving his neighbor. Without this grounding in the love of God, no government or society or way of life will long persevere and the freedoms which we hold so dear will inevitably perish. Therefore, even from a selfish point of view, one should support the Church for the sake of the welfare of himself and his family. Beyond that, however, every person should uphold and participate in the Church because it tells the truth about man's life, death and destiny, the truth which alone will set him free to live as a child of God.



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