

Alcoholism: A Family, Community, State Problem

(First In A Series)

Today in the United States over seventy million adults fifteen years of age and older use alcoholic beverages in some form and degree. Out of this seventy million, over five million have lost control over their drinking to the extent that it interferes with job and family living.

For each one of these five million alcoholics approximately five other family members, relatives and friends are affected either directly or indirectly. That's a total of fifteen million people in our country alone whose lives are disrupted to some degree by the excessive use of alcohol.

Alcoholism is a family problem, a community problem, a state problem and a national problem. The approach to the solution of this tremendous problem is a matter of education of the layman as well as the professional. We can all do something to help by changing our own attitudes through acquiring more information and understanding of alcoholism as an illness. We must accept the alcoholic as a sick person who is worthy of help.

IS ALCOHOL A STIMULANT?
No. Alcohol is a depressant like ether. In fact, it was used by physicians as an anesthetic before ether was discovered. Alcohol de-

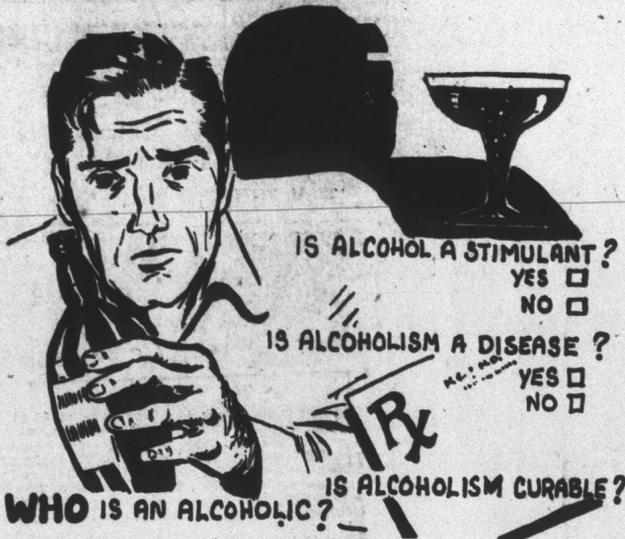
presses all centers of the central nervous system. Depending on the individual's personality, he may act impulsively, take social liberties, become over-talkative, lose normal inhibitions and become very aggressive. Alcohol creates a false feeling of "stimulation" while in reality skills and abilities are reduced much below normal levels.

IS ALCOHOLISM A DISEASE?
According to the best scientific judgment of today, alcoholism is a serious, but treatable, illness that may result in death or insanity unless checked.

In 1956 the American Medical Association identified alcoholism as a complex illness. The National Council on Alcoholism also defines alcoholism as a complex illness having physiological, psychological and sociological implications.

The public is slowly beginning to become aware of the fact that alcoholism is a disease, yet there is still much to be learned and attitudes to be changed before we can begin to find a solution to this tremendous problem.

IS ALCOHOLISM CURABLE?
Unfortunately, there is no cure for alcoholism. However, like diabetes and tuberculosis, the illness can be arrested. The alcoholic can recover and live a comfortable and happy life as long as he re-



frains from drinking. To help him maintain his sobriety, he needs most of all sincere help, understanding and encouragement from family, friends and associates.

The alcoholic is a person, who when he takes a drink, feels a need to continue drinking. He is often referred to as a compulsive, uncontrolled drinker. He drinks to the extent that his drinking in-

terferes with his personal, social and economic life. Many agree that the alcoholic is one who has never been able to make satisfactory adjustments in life so he uses alcohol as a "crutch" to lean on.

Dr. Mays Addresses Over 1,200 Teachers At FSC

FAYETTEVILLE — One thousand, two hundred and twenty persons registered for the Twenty-eighth Annual Meeting of the Southeastern District of the North Carolina Teachers Association, which convened at Fayetteville State College, November 20. The general theme was "Education for World Responsibility."

The first general session in Seabrook Auditorium included department meetings of Classroom Teachers, Administrators and Supervisors; and a luncheon workers section. The theme: "I Teach A Child" was brought out in the discussion of Association Responsibility and Mrs. A. M. Pridgen, Central High School, Whiteville is District Director.

The theme: "Education for World Responsibility" as related to Administrators and Supervisors, was stressed in a scholarly message by Dr. Frank B. Weaver, Supervisor Elementary Schools, State Department of Public Instruction, Raleigh. Highlights of the Luncheon Workers Section included a baking demonstration.

Miss Thelma L. Cumbo, Guidance Consultant, State Department of Public Instruction, Raleigh spoke on the topic, "Guidance for the Culturally Disadvantaged." Miss Cumbo geared her remarks to concern over dropouts which primarily come from the underprivileged groups. "Counselors," she stated, "must realize that students who drop out of the tenth and eleventh grades, were potential drop-outs in the third and fourth grades due to poor reading habits and being at least one or two grades behind their class."

Other features of the First General Session included the theme: "Music Education for World Responsibility," and "Driver Education—The Science of Staying Alive." Presiding over the business

session was Mr. Bruce Hargrove, vice-president of SED.

The high point of the Second General Session was the address by the dynamic Dr. Benjamin Mays, president, Morehouse College. Dr. Mays said, "The world's future is in the hearts and hands of the young. Teachers shape the lives of the young more than any professional group. Teachers must be dedicated for world responsibility, which requires understanding of and appreciation for people of other lands—their languages, habits, customs and traditions; also their successes and failures. Nobody is prepared for world responsibility who thinks that he and his country are better than the vast majority of other countries. Those who have a world view must recognize the fact that there is no essential difference between man."

"Children should be taught right attitudes early. Much of the prejudice," Mays stated, "is due to what was taught in history books or what was taught at home. In the past, nothing good was written about the Negro; but the bad was always on the front page. How could anybody develop a world view with geography and history taught that way," he argued. Dr. Mays declared, "that it has taken the South 100 years to develop a man big enough to be President of the United States. The South has produced brilliant men, but they were restricted in their world view and blinded with prejudice. President Lyndon Johnson, a southerner, has grown to the point of world view."

MARY, MOTHER OF CHRIST
The Virgin Mary's name was actually Mirya, from the Scriptures, and meant Beloved of God, the Catholic Digest claims.

CORE Aids In Prosecution On Job Jim Crow

NEW YORK — What is believed to be the nation's first criminal prosecution for employment discrimination, announced November 24 by the New York District Attorney's office, was largely the result of CORE research coupled with pressure to get city officials to invoke existing laws.

The case involved, that of Haywood Jones, was one of many referred by CORE and referred to the District Attorney's office following the 1962 summer demonstrations at construction sites in which hundreds of CORE members were arrested for protesting job discrimination but no contractor or union official was arrested for practicing job discrimination.

Jones, a Negro laborer, had been hired in the fall of 1962 by Jayco Air Conditioning Corp., a contracting sub-contractor, and then fired at the behest of Jules Schurkman, company attorney, under pressure from Thomas McLinskey, who for 45 years had been business agent for Plumbers Local 638. The District Attorney's announcement disclosed that both the attorney and the union official have been indicted by a grand jury under sections of the penal law calling for up to 90 days in jail and \$500 fines. Local 638 had no Negroes among its 4,000 members until last August when its officials learned that the present case was being prepared.

Scout Tunnell Calls Taylor Best Since Ollie

PITTSBURGH (UPI) — Em Tunnell, scout of the New York Giants, has tabbed Charley Taylor, former Arizona State star, as the best rookie to play in the National Football League since Ollie Matson and Hugh McElhenny. He also tabbed Taylor a player "who has everything."

Tunnell lauded Taylor during an interview here recently and after Taylor had boosted his total offense yardage rushing to 1091.

Tunnell, a former nose defensive back who played 14 years in the league with the Giants and the Green Bay Packers before becoming a coach, said he was especially impressed by Taylor's versatility. He said: "Taylor is the best rookie to come into this league since Ollie Matson and Hugh McElhenny. He has everything—natural instinct, speed, all the moves, and hits. And he would be as good as any defensive back in the league if they played him there."

Asked if he were not considering a hit in prevailing Taylor, Tunnell pointed out that he has been observing the star rookie for a long time. "I saw Taylor play at Arizona State," Tunnell replied. "I spent four days with him there. I know then he was going to be a great one. Ask anybody."

Dr. Gragg New Veep Of Carver Park In D. C.

WASHINGTON, D. C.—Dr. Rosa L. Gragg, president-emerita of the National Association of Colored Women's Club, has been named vice president-director of Carver Memorial Park, a 217-acre burial site and shrine located on U. S. Rt. 1 midway between Washington, D. C. and Baltimore, Md.

Dr. Gragg's appointment was announced today by Irving H. Glasser, president and founder of the park, which is one of several of its kind in the East owned and operated by the Big Corporation of New York City. Dr. Gragg will assume her duties immediately at the park's Wash-

George Wiley Named CORE's Associate Dir.

NEW YORK — George Wiley, assistant professor of chemistry at Syracuse University and a founder of the CORE chapter in that upstate New York city, has been named Associate National Director of CORE. He succeeds Richard Haley, who now heads CORE's southern office in New Orleans and directs the staff throughout the south.

"At Syracuse University, George Wiley has become known as 'the militant man on campus,'" said the New York Times in a special biography following the announcement of his appointment. "He was a founder and leader of the Syracuse chapter of CORE. His vigorous activities in the civil rights movement led to his appointment as Associate National Director of CORE, making him the 'Number Two man to James Farmer, the National Director."

The case involved, that of Haywood Jones, was one of many referred by CORE and referred to the District Attorney's office following the 1962 summer demonstrations at construction sites in which hundreds of CORE members were arrested for protesting job discrimination but no contractor or union official was arrested for practicing job discrimination.

A good meal often changes an individual's entire viewpoint on life

PATRONIZE OUR ADVERTISERS



"My hair must be lustrous for close-up shots"

—says lovely Dianne White who recommends **Godefroy's LARIEUSE haircoloring**

"Television audiences are critical of your appearance as well as your performance," Miss White adds. "The right hair color is particularly important."

18 exciting shades. At your favorite cosmetic counter. Only \$1.25 plus tax.

Godefroy Mfg. Company, 3810 Olive St., St. Louis, Mo. 63108

STORE WIDE CLOSE OUT USED TV SETS

\$9.95 Because of Recent Trade-in, We Are Overstocked

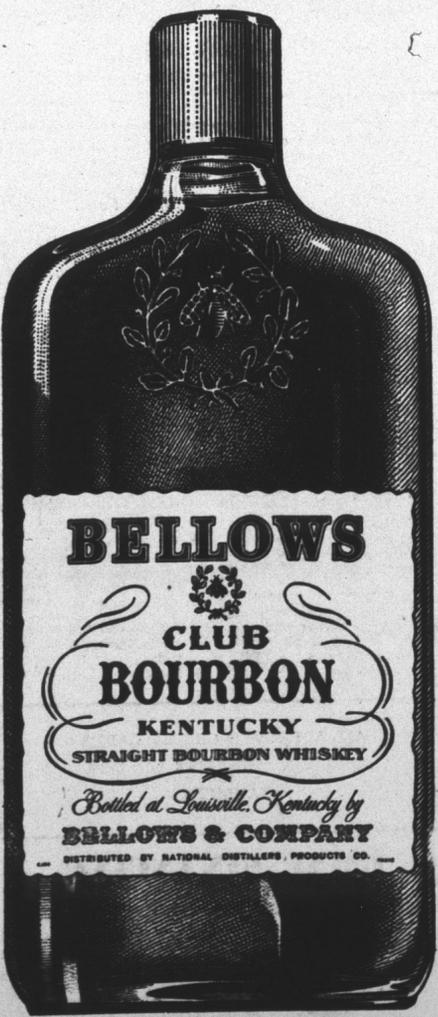
★ Hurry While They Last ★

NELSON'S WAYSIDE

(OPEN EVERY NITE THIS WEEK 'TIL 9)
Raleigh-Durham Hwy. 70 West
Ph. 787-2322

Kentucky Straight Bourbon

\$2.50 **\$3.95**
PINT 4/5 QT.



BELLOWS & CO., LOUISVILLE, KY. • KENTUCKY STRAIGHT BOURBON WHISKEY • 66 PROOF

UMSTEAD'S
TRANSFER COMPANY • GROCERY STORE

LIGHT AND HEAVY HAULING LOCAL AND LONG DISTANCE Courteous — Prompt Efficient

FULL LINE OF GROCERIES Your Patronage Appreciated

ED. UMSTEAD, Manager
602 S. Dawson Street @ Iarboro & Martin Streets
DIAL TE 1-9478 — TE 1-9212

It Costs You Nothing

- To find out how you can step up into your own home on your own land in '64.
- To see how the new tax cut can help you stop wasting money on rent.
- To find out if you can be OK'd for a GI or FHA home loan in beautiful...

Biltmore Hills

Estates Building Company Call Our Agents Now John W. Winters & Company

6000 Yorkin St. 787-1221 W. E. BURNHAM, Pres.
607 E. Martin St. 682-5786

"SUPER-RIGHT" HEAVY CORN-FED BEEF

ROAST

CHUCK BLADE PER LB. **35¢**

ALLGOOD BRAND NO. 1 SLICED

BACON 1-LB. PKG. **37¢** 2-LB. PKG. **73¢**

Prices In This Ad Eff. Thru Sat. Dec. 5

MARVEL BRAND

ICE MILK

 Half Gallon Carton **39¢**

U. S. NO. 1-RUSSET ALL PURPOSE

POTATOES

10 ★ **59¢**
LB. BAG