

# Watauga Democrat.

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## Coated

Look at your tongue. Is it coated?

Then you have a bad taste in your mouth every morning. Your appetite is poor, and food distresses you. You have frequent headaches and are often dizzy. Your stomach is weak and your bowels are always constipated.

There's an old and reliable cure:



Don't take a cathartic dose and then stop. Better take a laxative dose each night, just enough to cause one good free movement the day following. You feel better the very next day. Your appetite returns, your dyspepsia is cured, your headaches pass away, your tongue clears up, your liver acts well, and your bowels no longer give you trouble.

Price, 25 cents. All druggists.

"I have taken Ayer's Pills for 35 years, and I consider them the best made. One pill does me more good than half a box of any other kind I have ever tried."

Mrs. N. E. TALBOT, March 26, 1899. Attington, Kans.

## Kodol Dyspepsia Cure

Digests what you eat.

It artificially digests the food and aids Nature in strengthening and reconstructing the exhausted digestive organs. It is the latest discovered digestant and tonic. No other preparation can approach it in efficiency. It instantly relieves and permanently cures Dyspepsia, Indigestion, Heartburn, Flatulence, Sour Stomach, Nausea, Sick Headache, Gas, Cramps, and all other results of imperfect digestion.

Prepared by E. C. DeWitt & Co., Chicago.

Coffey Bros., Phillips & Son.

### PROFESSIONAL.

W. B. COUNCELL, JR., ATTORNEY AT LAW, Boone, N. C.

Dr. J. M. HOGSHEAD, Cancer Specialist, BANNER'S ELK, N. C.

No Knife, No Burning Out. Highest references and endorsements of prominent persons successfully treated in Va., Tenn. and N. C. Remember that there is no time too soon to get rid of a cancerous growth—no matter how small. Examination free, letters answered promptly, and satisfaction guaranteed.

### STATE NORMAL AND INDUSTRIAL COLLEGE

Offers to young women thorough literary, classical, scientific and industrial education and special pedagogical training. Annual expenses \$92 to \$132. For non-residents \$152. Faculty of 30 members. More than 400 regular students. Has matriculated about 2,000 students, representing every county in the State except one. Practice and Observation School of about 250 pupils. To secure book in dormitories, all fees, tuition applications should be made before Aug. 1st. Correspondence invited from those desiring competent trained teachers. For catalogue and other information address until Aug. 15th PROF. J. Y. JOYNER, DEAN OF COLLEGE, CHAS. D. McIVER, PRESIDENT.

### CURIOSITY.

Men, as well as some of the lower animals, suffer from what is sometimes fatal curiosity. Hunters of wild animals have various devices by which they excite the curiosity of deer, ducks and other game and lure them to death. Hunters of men act on precisely the same principle, and the human animal does not differ greatly from the innocent moose, who, seeing something out of the ordinary, approaches to learn what it is. The long suffering of the human race is attributed to curiosity, and it has been the fruitful cause of sin and suffering for centuries. Well directed curiosity leads, on the other hand, to an increase of useful knowledge. The desire to investigate the forces of nature leads to discovery and invention; curiosity on the part of children promotes the acquisition of knowledge; but curiosity to be beneficial must be directed to proper channels. Curiosity respecting forbidden things, such as vice, is extremely dangerous. One may begin his researches with the purest and best of motives, but vice, familiar grown, becomes tolerable, and may in the end master the curious investigator. Passion may get the better of reason, under strong temptation, and one who thought to view vice from the outside is inspired by his passions to seek an experience that can be gained only by personal indulgence. For this reason, among others, it has been found desirable to forestall curiosity in the young by teaching them all they should know about the weaknesses of humanity, instead of leaving them to gain such knowledge by themselves. The doctrine of heredity has suffered by conspicuous exceptions to its rules, mainly because the effects of curiosity, or its absence, have not been taken into account. The child of strictly virtuous and respectable parents goes astray sometimes because of unsatisfied curiosity. Knowledge is withheld from him that ought to have been imparted and he falls, while seeking it, unguided and unguarded. On the other hand, the child of vicious parents may reject their example. The outer world has nothing to teach him in the way of vice. He learns at an early age all that can be taught, and hence does not become the victim of an unhealthy curiosity. He may not be virtuous and respectable from high motives, but because he has noted in time the evil effects of vice, and is not to be allured by its false promises. Recognizing the potential force of curiosity for good or evil, it is important that the curiosity of children should be, in a measure satisfied and directed into the right channels. Children, as a rule, are of an inquiring turn of mind, and, except in rare instances, have plastic minds. They can be interested in studies and researches that will be beneficial to them just

as easily as they can be interested in forms of vicious entertainment. The important thing to do is to give proper direction to their activities, and this should be done at a very early age. Ordinarily parents do not give much thought to the future of their children until the latter have attained the age of 14 or 16 years, yet, before this age the children's habits of thought may have been formed. One is a book worm, another is interested in sports still another is an idler, easily led away by bad associates. It is an easy matter to keep the good boy in the right path, but it is exceedingly difficult to reform the one who has gone wrong. Curiosity guides them all but in very different directions, and the aim of parents and guardians should be to arouse in the very young a curiosity respecting good or at least, harmless things, to the exclusion of curiosity about the things which are vicious in their influences. Thus may the curiosity of childhood, so pernicious at times when left unguided, be turned into proper channels and made helpful to them.

### AN ELECTRIC STORM.

The severest electric storm of the season visited our town yesterday evening, and it is only a miracle that several people are not dead and the court house and the Methodist church destroyed. The storm did not last over a half hour, but it was frightful, to say the least, while it lasted. The lightning first struck the belfry of the Methodist church partly demolishing the belfry and tearing a good-sized hole in the top of the church and doing other slight damages. The court house belfry was the next place hit. The lightning ranged down one of the belfry posts, partly demolishing the belfry and shattering several planks in the ceiling and perhaps one or two sleepers. J. W. Bailey, D. A. Bowman, C. R. Garland and Joseph Greene were all standing in the court house door right in the track of lightning, and it is indeed a miracle they were not all killed. All them were shocked but not badly. Lightning also struck a large willow, just in front of the Stalford property, and shattered J. L. McKinney was only a few feet from the tree when it was struck and received a slight shock.

### A Mother Tells How She Saved Her Little Daughter's Life.

I am the mother of eight children and have had a great deal of experience with medicines. Last summer my little girl had the dysentery in its worst form. We thought she would die. I tried every thing I could think of, but nothing seemed to do her any good. I saw by an advertisement in our paper that Chamberlain's colic, cholera and diarrhoea remedy was highly recommended and sent and got a bottle at once. It proved to be one of the very best medicines we ever used in the house. It saved my little daughter's life. I am anxious for every mother to know what an excellent medicine it is. Had I known it at first it would have saved me a great deal of anxiety and my little daughter much suffering.—Yours truly, Mrs. GEO. F. BURDICK, Liberty, R. I. For sale by dealers.

### Mr. Wu's Ideas About America.

Interviewed recently by newspaper reporters Mr. Wu Ting Fang, the Chinese minister at Washington, said: "The educated Chinaman who comes to America is not so much impressed with the superiority of your civilization as you might be inclined to imagine. Certain advantages you may have over ourselves, but there are offsets. After all, the object of existence is the pursuit of happiness, and I do not think that people generally are happier in the United States than they are in my country. "Happiness is a condition of the mind rather than one dependent upon extraneous circumstances. The Chinese have managed to get along until now very comfortably without electric cars and telephones, but we are not so reluctant as is generally imagined to accept what you call modern improvements, and both these instruments of civilization are being rapidly introduced. "I do not find that the great stores of your large cities are superior to our own, so far as the opportunity of buying what one wants is concerned. On the contrary, it is a rather interesting fact that we are able to buy in China many products of American manufacture at prices less than are charged for the same articles in the United States. That seems odd, doesn't it? Our markets, in which provisions and other food supplies are sold, are at least as good as yours. In our own view, our method of living affords us comforts equal to those which you enjoy. In respect to the clothes we wear, we have an advantage over you. Prejudice aside, I am sure that the costume worn by men and women in China are handsomer and more comfortable than those which are the fashion in the United States. "Perhaps it may be said that the American costume is more suitable for work. As for the comfortableness of it, I might speak with more certainty if I had ever tried it on. Our shoes are surely more pleasant to wear than yours; I never heard of a Chinaman who had a corn. Our women compress their feet, and I am not prepared to defend the custom; but how about the habit of tight-lacing adopted by so many American women? It is admitted that tight-lacing constricts the body organs and is a serious injury to health, and yet it is very general in your country. Chinese women, on the other hand, wear no corsets, and not even a belt—nothing to interfere with the normal development of their bodies. "From the Chinese standpoint, the full-dress costume of American women is extraordinary. What can be the reason for such exposure? I do not understand it. How did it originate? The dress of American women, in my opinion, is not nearly so sensible, so becoming, or so hygienic as that of my own countrywomen.

"The opportunities offered for ability and worth in China are not less than in the United States. A public career presents quite as many attractions. It is not possible in my country for a wood chopper to become Emperor, but he may rise to the premiership. One thing I may mention incidentally if that the opium evil, which is supposed to be a national vice in China, is not nearly so widespread, nor does it bring in its train such dreadful evils as are caused by alcohol in America."

### MAN'S HORN BLASTS.

The love of truth is the only way to the light of truth. There is no harm in the tongue when work keeps pace with word. Mix all your grief with gratitude and it will taste of the latter. The blustering of the infidel are the winds of a tempest-tossed heart. Every man deceives himself more successfully than he deceives others. It is always easier to weep over the wanderer than to keep him at home. The great man has greatness in him before the occasion brings it out. Light comes with the knowledge of God and love with the taste of His love. It is not the length but the largeness of eternal life that makes it desirable. Holy joys are current coin in heaven, but they will not pay church expenses on earth. Salvation is not the gathering of the salvage, but the perfection of the whole being. The church that is frozen at heart is most likely to depend on the ice cream social for its support. Many who are very solicitous that God should have the shells are eating the kernels themselves. The early Christians worshipped in barns, but the modern Christian is not like them because he is willing to let the church look that way. Life is more than a living. Righteousness usually curses rags. Conformers do not make reformers. The cross is the crucible of the Christian. What we can is the measure of what we ought. There is no second childhood in the Christian life. It is useless reaching out dirty hands for God's holy gift. The experience of Christians is not always Christian experience. The Bible in the head will suffocate a man unless it is in the heart too. God uses the chaff to protect the wheat. The falling leaves enrich the living plant. He who fears God is not afraid of any other. The plea of consistency often means cowardice. A competent pilot may be a sad wreck in himself. The man who gets on in life is the one who knows when to stand fast. The Gospel trumpet can smash the walls of sin or soothe the woes of the sorrowing.

### Liberty Under Law.

When in making a political argument any one is able to bring upon his side some dictum from the Constitution or the Declaration of Independence, we all stand by and hearken. Of late, however, frequently have we seen the quotation from the latter adduced with regard to Porto Rico and the Philippines—"Governments derive their just rights from the consent of the governed!" The gentlemen who say it are utterly oblivious of the bloodiest fact and the biggest in the history of the United States—the Civil War, waged and won to compel consent of the governed when they would not. From that day until now the unwritten declaration of the United States has been that the majority rules because it is the majority—not that might make right, but that the best available standard—and we must have a standard—is the will of the most. This does not make the dictum any the less good—if it is good—but it does vitiate its effect in an argument by a citizen of the United States. As for the dictum itself, it is quite as easy to make it the motto of anarchy as of liberty, as a writer recently pointed out. The consent of the governed is worth having only when the governed are capable of free government. Time was when American citizens went so far in their revolt against tyranny that they opposed all sovereignty; but long since we have learned that in one stage people need a king, in another a limited monarchy, in another a commonwealth; and seeing that none of these are perfect, there being serious objections to even a republic, we look forward to the time promised when every man shall so rule himself that no outward authority will be required. But meanwhile let us not make the mistake of seeking to effect this too soon or fall into the scarcely less serious one of investing inferior peoples with a more advanced political condition that they are prepared for. We could do them no worse wrong. We do well to exalt liberty—but it is no exaltation to entrust it to hands that will abuse and degrade it.

### DO YOU GET UP WITH A LAME BACK?

Kidney Trouble Makes You Miserable. Almost everybody who reads the newspapers is sure to know of the wonderful cures made by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy. It is the great medical triumph of the nineteenth century; discovered after years of scientific research by Dr. Kilmer, the eminent kidney and bladder specialist, and is wonderfully successful in promptly curing lame back, kidney, bladder, uric acid troubles and Bright's Disease, which is the worst form of kidney trouble. Dr. Kilmer's Swamp-Root is not recommended for everything but if you have kidney, liver or bladder trouble it will be found just the remedy you need. It has been tested in so many ways, in hospital work, in private practice, among the helpless too poor to purchase relief and has proved so successful in every case that a special arrangement has been made by which all readers of this paper who have not already tried it, may have a sample bottle sent free by mail, also a book telling more about Swamp-Root and how to find out if you have kidney or bladder trouble. When writing mention reading this generous offer in this paper and send your address to Dr. Kilmer & Co., Birmingham, N. Y. The regular fifty cent and dollar sizes are sold by all good druggists.