

# Watauga Democrat.

VOL. XIV.

BOONE, WATAUGA COUNTY, N. C., THURSDAY, SEPTEMBER 18.

NO. 81.

## Black Hair

"I have used your Hair Vigor for five years and am greatly pleased with it. It certainly restores the original color to gray hair. It keeps my hair soft."—Mrs. Helen Kilkenny, New Portland, Me.

Ayer's Hair Vigor has been restoring color to gray hair for fifty years, and it never fails to do this work, either.

You can rely upon it for stopping your hair from falling, for keeping your scalp clean, and for making your hair grow.

Send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address, J. C. AYER CO., Lowell, Mass.

"God wants the flowers on hearts more than on altar clothes."

A Certain Cure for Dysentery and Diarrhoea.

Some years ago I was one of a party that intended making a long bicycle trip, says E. L. Taylor, of New Albany, Bradford county, Pa. "I was taken suddenly with diarrhoea and was about to give up the trip, when Editor Ward, of the Laceyville Messenger, suggested that I take a dose of Chamberlain's Colic, Cholera and Diarrhoea Remedy. I purchased a bottle and took two doses, one before starting and one on the route. I made the trip successfully and never felt any bad effect. Again last summer I was almost completely broke down with an attack of dysentery. I bought a bottle of the same remedy and this time one dose cured me." Sold by M. B. Blackburn.

PROFESSIONAL.

J. C. FLETCHER,  
Attorney At Law,  
—BOONE, N. C.—

Careful attention given to collections.

E. F. LOVILL,  
—ATTORNEY AT LAW,—  
—BOONE, N. C.—

Special attention given to all business entrusted to his care.

8-28, 1900.

J. W. TODD, GEO. P. PELL,  
TODD & PELL,  
ATTORNEYS AT LAW,  
JEFFERSON, N. C.

Will practice regularly in the courts of Watauga. Headquarters at Coffey's Hotel during court. 5-4-99.

E. S. COFFEY,  
—ATTORNEY AT LAW,—  
—BOONE, N. C.—

Prompt attention given to all matters of a legal nature. Abstracting titles and collection of claims a specialty.

8-23 1900.

Dr. J. M. HOGSHEAD,  
Cancer Specialist,  
BANNER'S ELK, N. C.,  
No Knife; No Burning Out.

Highest references and endorsements of prominent persons successfully treated in Va., Tenn. and N. C. Remember that there is no time too soon to get rid of a cancerous growth—no matter how small. Examination free, letters answered promptly, and satisfaction guaranteed.

## Typhoid Fever—Rules for its Prevention.

The following is taken from advance sheets of the August Bulletin of the State Board of Health, and is an article of great importance to the people just now:

Typhoid fever is present in seventy-five of the ninety counties reporting for July. It is therefore widely prevalent in our State. It is a communicable disease, spreading from one case to another, though generally in a round about fashion. Its extension can be prevented by the careful observance of certain simple rules. For the information of the people we give these rules, preceded by a statement of the reasons upon which they are based. If read and heeded by even a few some lives would be saved and much sickness would be prevented. Read them and tell about them.

The active agency in the causation of typhoid fever is a bacterium, which attacks and causes the ulceration of certain glands in the small intestine, developing therein by myriads. They are there fore to be found chiefly in the bowel discharges though present also in the excretion of the kidneys and to some extent in the excretion of a person sick with the disease. From one of these sources, nearly always the first named, the bacteria are transferred to the intestinal tract of a healthy person. The poison is always swallowed. The most common agencies of transfer are the drinking water, including milk infected by washing cans in polluted water, and the common house fly, although it may be conveyed directly to the nurse by her own soiled hands, and sometimes in dust. The most important rules therefore for the prevention of the extension of the disease may be briefly stated as follows:

1. Cover immediately upon their passage the body discharges—to prevent access of flies.
2. As soon as possible thoroughly disinfect the discharges by mixing in equal quantity with them one of the following: (a) freshly made milk of lime, or "white wash" (unslacked lime); (b) a five per cent. solution of carbolic acid; (c) a 1 000 solution of corrosive sublimate; (d) a 1 per cent. solution of formaldehyde. After standing a half an hour, covered all the time, should be buried, never left on the surface of the ground, at a distance from the well of not less than 150 feet.

TAKE CARE OF THE STOMACH. The man or woman whose digestion is perfect and whose stomach performs its every function is never sick. Kodol cleanses, purifies and sweetens the stomach and cures positively and permanently all stomach troubles, indigestion and dyspepsia. It is the wonderful reconstructive tonic that is making so many sick people well and weak people strong by conveying to their bodies all of the nourishment in the food they eat. Rev. J. H. Holladay, of Holladay, Miss. writes, "Kodol cured me. I consider it the best remedy I ever used for dyspepsia and stomach troubles. I was given up by physicians. Kodol saved my life. Take it after meals." T. J. Coffey & Bro.

3. Provide in the sick room a wooden tub one-third full of either of the three last named solutions, and drop therein as soon as removed everything in the way of body or bed clothing, handkerchiefs, etc., that have come in contact with the patient, and keep them submerged until they can be boiled, washed and dried in the sun.

4. All remnants of food that may for any reason be carried into the sick room must be burned.

5. The nurse should wash her hands and dip them into one of the solutions, preferably corrosive sublimate, after every "changing" of the patient. She should never draw water from the family well, unless a pump is used. In case it should be absolutely necessary she should disinfect her hands as above before doing so.

6. The soiled linen of the patient should never be washed at or near the spring or well. The greatest care should be observed to prevent the drainage or seepage through the soil into the spring or well from accumulation of filth of all kinds. As soon as a case of typhoid fever appears in a family all drinking water should be boiled until a report on the same can be obtained from the State Biologist, the family physician making application to the Secretary of the Board of health for permit and sterilized bottle.

7. As the germ is present in the intestine in the preliminary stages and for several weeks after convalescence is established and the patient practically well, extra care of surface privies should be observed. Every evacuation should be immediately and completely covered with lime or dry powdered earth.

Summary:—Prompt disinfection of all discharges from the body of the patient; protection of the same against flies, special care as to drinking water; scrupulous cleanliness.

To the profession: As the people cannot be reached except through the medical attendant we earnestly beg all physicians having cases of typhoid fever under their care to insist upon the strict observance of the above simple rules. Printed copies of the same will be furnished in quantities upon request.

High Point Enterprise; Wm. Collett, the Enterprise's weather prophet who never fails, was in town this week and says: Look for seven snows this winter—five big ones. A record of the August fogs has been kept.

## A Night of Terror.

"Awful anxiety was felt for the widow of the brave General Burnham, of Machiam, Me., when the doctors said she would die from pneumonia before morning," writes Mrs. S. H. Lincoln, who attended her that fearful night, but she begged for Dr. King's New Discovery, which had more than once saved her life, and cured her of consumption. After taking, she slept all night. Further use entirely cured her." This marvelous medicine is guaranteed to cure all throat, lung, and chest diseases. Only 50 cents and \$1 per bottle. Trial bottles free at M. B. Blackburn's.

## How to Revise the Tariff.

Secretary of the Treasury Shaw's ingenious contention that a large Republican majority should be returned to the next Congress in order to insure a revision of the tariff without delay will strike the average voter as being a brilliant example of humor in politics.

Surely the Secretary must have been inwardly tickled when he advanced this reason for Republican victory at the polls. His argument, however, was made with a straight face, and was to the effect that, with such a majority, there would be "ample courage" to do what is "wisest and best." A party with a big majority is so much braver, Mr. Shaw maintains. Under such conditions, he said, the Republican leaders would confer with representative business men and revise the tariff in short order.

The average order will be so occupied with the fun of Secretary Shaw's theory that he will forget to resent its inflection on the intelligence of American voters. Oh, certainly, the Republican party will revise the tariff promptly and willingly if only a big Republican majority is returned to the next Congress. To be sure, to be sure, why haven't we realized this great truth sooner? The Republican party has just been waiting till its Congressional majority is big enough, that's all, of course. It is wild to "revise the tariff in short order"—in fact, it lies awake o' nights yearning to do so. It had a whooping big majority in the last session of Congress, but not big enough, you know. Give it a regular sockdolager majority—and then you wait and see.

There may be other comical developments during the present campaign—let us hope there will be—but it is safe to say that none will equal this of the Shaw argument for tariff revision via a big Republican majority. The Secretary of the Treasury should be encouraged to the most ample participation in the campaign if he is capable of duplicating so distinguished an achievement in the line of political humor. In his new character he is emphatically a potent factor in sustaining the gaiety of nations.

"I am using a box of Chamberlain's Stomach & Liver Tablets and find them the best thing for my stomach I ever used," says T. W. Robinson, justice of the peace, Loomis, Mich. These tablets not only correct disorders of the stomach, but regulate the liver and bowels. They are easy to take and pleasant in effect. Price 25 cents per box. For sale by M. B. Blackburn.

It is still worth while to be right, no matter who is wrong.

**CASTORIA**  
For Infants and Children.  
The Kind You Have Always Bought  
Bears the Signature of *W. D. Hoagland*

## What Could be Done.

The President declares his enmity against the trusts. But has he and the Congress he has under him exhausted the means now at their command against them? Until they have done so, shall they be taken seriously? Does a man cry for fear of starvation and leave unaten those things he still has to eat, while crying for more? Before asking for a change of our Constitution why do they not exhaust the means they now have?

Congress can do these things whenever it chooses:

The Department of Justice, which is wholly under the President's control, can do these things:

1. It can prosecute offenders under the existing Sherman Anti-Trust law in good faith and with the same energy that Attorney General Knox would have shown in prosecuting any rascals who might have tried to break in to one of the Trusts for which he was the attorney before he took office.
2. The Department of Justice whenever it elects to do so, can proceed against the Trust lawbreakers criminally as well as civilly.

Anti-trust talk without anti-trust action, Mr. Roosevelt amounts to nothing. Or, to quote your own language: "Words are good when backed up by deeds, and only so."

The Republican party for six years has been in full possession of the Federal government. During all that time it has done nothing to curb the Trusts. Why? Because the Republican party owes its election to the campaign fund contributed by the trusts.

Josh Westhafer, of Loggotee, Ind., is a poor man, but he says he would not be without Chamberlain's Pain Balm if it cost five dollars a bottle for it saved him from being a cripple. No external application is equal to this liniment for stiff and swollen joints, contracted muscles, stiff neck sprains and rheumatic and muscular pains. It has also cured numerous cases of partial paralysis. It is for sale by M. B. Blackburn.

Corn is high in Watauga, Ashe and Alleghany counties for example, that cattle raisers there are selling cattle as "feeders" say at 4 cents a pound, to people who are taking them to Chicago to fatten. These buyers will get from 7½ to 9 cents for them, says the Christian Advocate.



## WOMAN'S RELIEF

A really healthy woman has little pain or discomfort at the menstrual period. No woman needs to have any. Wine of Cardui will quickly relieve those smarting menstrual pains and the dragging head, back and side aches caused by falling of the womb and irregular menses.

## WINE OF CARDUI

has brought permanent relief to 1,000,000 women who suffered every month. It makes the menstrual organs strong and healthy. It is the provision made by Nature to give women relief from the terrible aches and pains which blight so many homes.

CHATTANOOGA, TENN., OCT. 11, 1900.  
I have been very sick for some time. I was taken with a severe pain in my side and could not get any relief until I tried a bottle of Wine of Cardui. Before I had taken all of it I was relieved. I feel it my duty to say that you have a wonderful medicine.  
Mrs. M. A. Youns.

For advice and literature, address, giving symptoms, "The Ladies' Advisory Department," Chattanooga Medicine Co., Chattanooga, Tenn.

Winston Journal: Secretary Holmes says that California farmers can ship their stuff 3,000 miles over railroads and sell cheaper than North Carolina farmers can who have to haul their produce twenty miles over bad roads. And the railroads cost \$10,000 a mile. Farmers who put up with bad roads have a good deal to learn and more to pay for their education.

## A Communication.

MR. EDITOR:—Allow me to speak a few words in favor of Chamberlain's Cough Remedy. I suffered for three years with bronchitis and couldn't sleep at night. I tried several doctors and various patent medicines, but could get nothing to give me any relief until my wife got a bottle of this valuable medicine which has completely relieved me.—W. S. Brockman, Bagnell, Mo. This remedy is for sale by M. B. Blackburn.

Rocky Mount Motor: One row of tobacco on Cooper's floor last Saturday sold for \$948.92.

The Seaboard Air Line has given an order to the Baldwin Locomotive Works for thirty one new locomotives.

## The Eminent Kidney and Bladder Specialist.



The Discoverer of Swamp-Root at Work in His Laboratory.

There is a disease prevailing in this country most dangerous because so deceptive. Many sudden deaths are caused by it—heart disease, pneumonia, heart failure or apoplexy are often the result of kidney disease. If kidney trouble is allowed to advance the kidney-poisoned blood will attack the vital organs, or the kidneys themselves break down and waste away cell by cell. Then the richness of the blood—the albumen—leaks out and the sufferer has Bright's Disease, the worst form of kidney trouble.

Dr. Kilmer's Swamp-Root the new discovery is the true specific for kidney, bladder and urinary troubles. It has cured thousands of apparently hopeless cases, after all other efforts have failed. At druggists in fifty-cent and dollar sizes. A sample bottle sent free by mail, also a book telling about Swamp-Root and its wonderful cures. Address Dr. Kilmer & Co., Binghamton, N. Y., and mention this paper.