# Coughs

"I had a bad cough for six weeks and could find no relief until I tried Ayer's Cherry Pecto-ral. Only one-fourth of the bottle L. Hawn, Newington, Ont.

Neglected colds always lead to something serious. They run into chronic bronchitis, pneumonia, sthma, or consumption.

Don't wait, but take Ayer's Cherry Pectoral ust as soon as your cough begins. A few doses will cure you then. Three sizes : 25c., 50c., \$1. All druggists.

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A Cure for Lumbago. W. C. Williamson, of Amberst year I suffered from lumbago. I finally tried Chamberlain's Pain Balm and it gives me entire relief, which all others remedies had failed to do." Sold by M. B. Black. Great Britain and France.

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WASHINGTON LETTER.

President Roosevelt's mes-

From our Regular Correspondent.

sage to Congress, transmited last week, constitutes a most remarkable recognition of some of the monetary theories advanced by Mr. Bryan. Accompanying the President's communication were notes received from Mexico and China requesting the U nited States to join with them in an international movement to establish standard for silver, the depre ciation and fluctuation of which was causing untold loss to the countries named and tolthe Philippines and French and English colonies. In view of the fact that demonitization has resulted in so serious a "depreciation' of silver, it is suggested that the ratio now be fixed at 32 ceives more stress than that to 1. The President requests a man should be thoroughly that he be empowered to take the steps suggested. He has also suggested that Con gress authorize the appoint-Va., says: "For more than a ment of three commissioners to meet with commissioners from the countries named and an effort will be made to inlist the co-operation of compromise is in the air.

Addressing himself to the subject of the proposed plan, a leading member of the Sen ate, and one who has most vigorously opposed every the ory advocated by Mr. Bryan, said to your correspondent: On its surface the plan appeals to me. If we were to insist on a gold basis in the Philippines and it were to be come necessary for all the si ver-using countries to follow suit it would certainly prove a severe strain on the gold supply of the world and would probably result in an appre ciation of our own eur rency. Of course this is not a scheme for a silver stand ard but for a gold standard with practical bimetalism The gold would be the yard stick by which the silve would be measured. The in creased and steady demand for silver would probably pre vent further depreciation o the value of that metal which is seriously effecting all silver using and producing countries. As great producers of silver we are of course vitally interested in anything which can be done for silve. I hope and believe that the scheme will be found practicable and that all the silver using coun tries and all countries having silver using colonies will agree on establishing the val ue of silver on a basis of 32

By singularly clever tac-\*\*Abstracting titles and tics Senator Quay has placed collection of claims a special- the republican senators who are opposed to Statehood in a most difficult position. He has secured the attachmen of the Omnibus Statebood bill to the Agricultural appropriation bill and predicts its similar attachment to the sundry civil and postoffice ap propriation bills. The admin istration Senators have al ready countenanced the at tachment of the General Staff bill to the Military Appropri ation bill and have thus es tablished, at this session of

Congress, a precedent; along the Treasury who declares further press the Statehood platform. bill on the floor of the Senti-trust legislation.

the Statebood campaign, but | States army. the pro-Statehood Senators declare they are bluffing and

Not since 1897 has there been such hope of recuperaday, present indications are that the republicans in Congress will fail in every incumstances is it naturally ward pneumonia. Sold by argued by the democrats M. B. Blackburn. that the people will turn to them. The President is rapid contributing to that end. In ington are jubilant and say they are certain to win in 1904. The name of Judge Alton B. Parker of New York and Senator-elect Arthur P. Gorman are most often heard in this connection although it is yet too early to make predictions.

An evidence of what the republican leaders think of the President's negro policy is furnished by the action of the Commerce Committee of the Senate which has determined to turn down the nomination of Dr. Crum, the negro appointed Collector of the Port of Charleston, S. C. Although an earnest effort has been made to detend the is freely admitted, confidentially, that the President in bulk. All druggists, roc. has seriou-ly blundered in that respect and has caused grave embarrassment to his existence if we may judge by party. Moreover, he is at the number of felons they outs with his Secretary of have on their hands.

similar lines. Having accom- that Mr. Rooeevelt is coquetplished this, Mr. Quay has ting with free silver and announced that he will not stulifying the republican

The pathetic case of one ate and thus the republicans Juan Gatan, a Filipino whose are afforded an opportunity horse was forcibly taken of demonstrating the sinceri- when questioned by an Army ty of their desire to enact an officer in November, 1900. furnishes an excellent exam-When the agricultural ap- ple of one of the most serious propriation bill comes up for minor defects in the Federal passage a point of order will system. When Gutan's be doubtless raised. Mr. Quay horse was taken he was told will cite numerous precedents that he would be reimbursed for his action and if the by the United States but he question is permitted to come has never received his money to a vote the Statebood ma-although the case has twice jority will decide in its favor. come under the supervision The only remaing hope of of twentyeight army officers. the republicans in preventing It is now in the hands of the the passage of the Statehood House committee on Military bill lies in their ability to Affairs and as Gatan has no talk on the point of order al- influence in Congress it will luded to until the end of the probably rest there for all session. As this would defeat time. Although the Secreregular appropriation bills it tary of War knows the case would necessitate an extra to be perfectly just it will session of Congress. The re- require a special act of Conpublicans declare their inten- gress before he can reimburse tion of taking that step if the man for his property they cannot otherwise block taken and lost by the United

> "Some time ago my daugh ter caught a severe cold She complained of pains in her chest and had a bad cough

I gave her Chamberlain's ting popular favor among Cough Remedy according to our own but of every planet the democrats as these is to directions and in two days of the universe, is advertent she was well and able to go to the earth of every wingto school. I have used this remedy in my family for the past seven years and have stance to carry out the will never known it to fail', says well imitate his Master in of the people. No effective an James Prendergast, merch-this. ti-trust legislation will be ant, Annato Bay, Jamaica, passed. The Cuban treaty will West India Island. The paius day the passing of the birds. in the chest indicated an ap. The blue bird who laid her be left unratified, and every proaching attack of other real important meas- pneumonia, which in this inure will in the judgment of stance was undoubtedly gate post has been out of the democratic leaders, be warded, off by Chamberlain's sight too long. The pot-hunleft undone. Under these cir. Cough Remedy. It counteract | ter that unspeakable Turk any tendency of a cold to in realm of sport, is waging

General "Phil" Sheridan ly losing his popularity allo- at on time asking at what ver the country and his oppolittle incident did he laugh nents in his own party are the most. "Well," he said, Society, and the Observer "I do not know, but lalways hopes the Legislature will laugh when I think of the find time in spite of the wigh the South he has made blun Irishman and the army der after blunder in his dea!- u.ule. I was riding down ings with the negroes, and the line one day, when I saw it is doubtful if he would car an Irishman mounted on a making for the birds. Legisry his own state today, as he mule which was kicking its lation looking to their prolegs rather freely. The mule tection is already before the has lost the confidence of the finally got his hoofcaught in body. business interests of the coun the stirrup' when, in the try. The Democrats in Wash excitement, the Irishmen ington are jubilant and say remarked: "Well, begorrah that with a strong nominee if you're going' to get on' I'll

> Washington Post: Thene groemplovees of the New York Union League Club are Wild Birds in Agriculture,' raising a fund to spend with that we are not only in debt the lawyers who are making ed to the feathered tree dwell a specialty of testing the new ers for the music of the forhaps it might be well for them to save their money. They may need it as the sentiment sect destroyers. One tenth of of employing only white servants in this exclusive Repub duct of the United States is a lican organization is by no means dead. It is liable to crop out again at any time.

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Jailors must lead a painful

A Good, Word for the Birds. Charlotte Observer.

city in the United States, a branch of that praise-worthy State institution, the So rapidly that it is difficult to est of the feathered tribes. The Andubon Society is a world-wide institution.

life is too short, and that mated that during the one there are too many big prob month that these insects inlems in life pressing for solu- fest the trees, each chickadee tion to spend time on in at would destroy over 130,000 birds, nothing but birds? The eggs, A peewee, which I once answer would seem to be watched in Guilford county. that if God, who keeps con-capturted sixteen insects stantly in His omnicient during a period of ten minmind the doings not only of wounded sparrow. Man who is made in His image might

We are witnessing in our eggs in the deep hollow of the the war of extermination upon the "Bob White" whistler of the wheat field. It is well, then that North Carolina has a branch of the Audubon tier matters that press upon it, to hear the plea that it is

The leading authority on birds in this State is Prof. T. Gilbert Pearson, secretary of the Audubon Society with headquarters at Gre nsboro. He shows in a recently published pamphletentitled 'Our Virginia Coustitution. Persest, but that they have a very practical value as well. They are invaluable as inthe entire agricultural prototal loss through the inroads of insects. Here are some of the interesting facts which Mr. Pearson has com piled:

> "The young of some species eat more than their own weight in insect food daily. Grown robins also have been known to consume more than their own weight during a period of twenty four hours. A bird's heart beats twice as fast as a human beart and the temperature of its blood

would be to us a terrible; consuming fever. To keep In our twentieth century up such wonderful vitality, a civilization humanitarianism great quantity of the most is more highly organized nourishing food is at all than ever before in the histo times absolutely necessary. ry of the world. It has been The great majority of birds carried beyond thought subsists chiefly on insectand solicitude for humankind diet, pict and two thirds; of into the realm of animal life the varieties found in North We have in every respectable Carolina are almost wholly insertivorous.

Birds digest their food so ciety for the prevention of cru estimate the real amount elty to animals. Books like which they consume. It is Mr. Ernest Seton-Thompsons known, however, that a swal-Wild Animals I Have Known, low will eat six or eight hunhave humanized to us the dred files in a day. The brute creation, and familiar- stomach jof a cuckoo (rain zed us with their habits and erow), shot at 6 o'clock in with "their manners." It is the marning, held 23 tent not unnatural to find, part caterpillars partly digested. passu with all this, a society The stomachs of chickades not just springing up but al- have not infrequently been ready at work, in the inter- found to contain over 200 eggs of the canker worm and as many as 25 of the female moths, each holding over Does it seem to any that 100 eggs. It has been esti-

> This paper has already urged better protection of the game birds of the State. The Audubon Society in leading a crusade for the birds is doing as most commendable work.

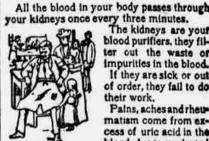
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"I have noticed that the ach & Liver Tublets is al most invariably to those who have once used them," savs Mr. J. H. Weber, a prominent druggist of Cas cade, lowa. What better recommendation could any medicine have than for peo ple to call for when again in need of such a remedy? Try them when you feel dull after eating, when you have a bad taste in your mouth, feel bil ious, have no appetite or when troubled with consti pation, and you are certain to be delighted with the prompt relief which they afford. For sale by M. B. Blekburn.

Three things that beat a drum for noise are a small boy and two drum sticks.

#### Over-Work Weakens Your Kidneys.

Unhealthy Kidneys Make Impure Blood



The kidneys are your blood purifiers, they filimpurities in the blood. If they are sick or ou of order, they fall to do their work. Pains, aches and rheumatism come from excess of uric acid in the

blood, due to neglected kidney trouble. Kidney trouble causes quick or unsteady heart beats, and makes one feel as though they had heart trouble, because the heart is over-working in pumping thick, kidney-poisoned blood through veins and arteries. It used to be considered that only urinary troubles were to be traced to the kidneys, but now modern science proves that nearly all constitutional diseases have their begin

ning in kidney trouble. If you are sick you can make no mistake by first doctoring your kidneys. The mild and the extraordinary effect of Dr. Kilmer's Swamp-Root, the great kidney remedy is soon realized. It stands the highest for its wonderful cures of the most distressing cases and is sold on its merits

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free, also pamphlet telling you how to fin out if you have kidney or bladder Mention this paper wh