

Watauga Democrat.

VOL. XXII

BOONE, WATAUGA COUNTY, THURSDAY, JULY 7, 1910.

NO. 1.

PROFESSIONAL.

DR. OSCAR L. MOORE,
DENTIST.

I will be at Blowing Rock from the first to the fifteenth of each month prepared to do all kinds of dental work.
Office Near Watauga Hotel, Oct. 21, 1909.

NAT T. DULANEY, M. D.,

—SPECIALIST—

Fourth St. Bristol Tenn.—Va.
Eye and Throat Diseases.
Refraction for Glasses.

L. D. LOVE,

ATTORNEY AT LAW,
CANNER BLDG. N. C.
Well practiced in the courts Watauga, Mitchell and adjoining counties.
7-6-10

EDMUND JONES
—LAWYER—
—LENOIR, N. C.—
All Practices Regularly in all parts of Watauga.

F. A. LINNEY,
ATTORNEY AT LAW,
—BOONE, N. C.—
Will practice in the courts of the 13th Judicial District in all matters of a civil nature.
111-1809.

C. FLETCHER,
Attorney At Law,
—BOONE, N. C.—
Special attention given to crops.

W. R. LOVILL,
ATTORNEY AT LAW,
—BOONE, N. C.—
Special attention given to all business entrusted to agents.
7-9-10

E. S. GOFFEY,
ATTORNEY AT LAW,
—BOONE, N. C.—
Prompt attention given to all matters of a legal nature.
Abstracting titles and collection of claims a speciality.
1-1 '09

R. Ross Donnelly,
UNDERTAKER & EMBALMER
SHOON'S, --- Tennessee,
Has Varnished and Glazed White Coffins Black Bread Cloth and White Plush Caskets; Black and White Metallic Caskets; Robes, Shoes and Finishings.
Extra large Coffins and Caskets always on hand. Phone orders given special attention.
R. ROSS DONNELLY.

Why Abuse Your Watch
You do not run your buggy, sewing machine or other machinery till it squawks and grinds and cuts itself to pieces. You clean and oil it often. You should be as careful with your watch. It is small and cannot squeak loud when it is dry and needs oiling. You may not know it till the watch is completely ruined and stops. Bring your watch to me I will show you and explain the exact condition. Take proper care of your watch and it will last you a life time. Consult me on watch diseases.
Yours Very Truly,
S. M. GREENE, Jeweler,
Zionsville, N. C. R. F. D.

Mystery of Slumber.

Indianapolis Star.
While it is true, as one knows exactly what sleeps, some curious notes have been discovered about it lately. For example, when we sleep the lower half of us weighs more than the upper half—the brain is lighter and the legs heavier. Experiments have shown that if a man goes to sleep on a bed suspended exactly at the middle point of his weight his head begins to tip slowly up and his feet to go down. When he awakens it is to find that his head is getting nearer and nearer the ceiling and his feet nearer the floor. This is due to the fact that when we are asleep the blood in the brain goes off to other parts of the body. The moment the brain awakes to life again it draws the blood back. In fact, the physician can give sleep to the most restless individual in a few minutes by tightly compressing the great arteries in the neck that carry blood to the brain.

Our sense of time is stronger when we are asleep than when we are awake. Experiments conducted some years ago on a number of men and women between the ages of twenty and thirty showed that 66 per cent of them were able to wake up in the morning at any time they had decided upon the night before. The resolver seems to wind up a little clock in the sub-conscious brain. When the hour arrives the clock gives the alarm in some mysterious way to the day shift of the brain and the eyelids open. Then the night shift goes to sleep in turn, or at least the clock does not seem to work in the daytime. You can test this by resolving to look at your watch some morning at 10:20. It is a hundred to one that you will do it unless by chance.

It is quite likely that when all the mysteries of sleep are probed, the curious phenomena will be found closely correlated with electricity as identified with life. It is not improbable that the molecular components of the physical organism are both negative and positive, and the human activity is simply the expenditure of a given amount of this electrical force. When the cells have been emptied the desire for sleep comes. Nature demands that the batteries be recharged and she can only fill them properly when the objective functions of the body are at rest, thus permitting the energy of the human machine to be devoted entirely to the subjective recharging process. While the process is going on we have "sleep."

Says the Raleigh Times: Mr. R. F. Peasley, editor of the Monroe Journal, has been elected chairman of the anti-saloon league, succeeding Mr. C. H. Poe, resigned. Mr. Peasley is a strong prohibitionist, but not a pharisee. He will give no quarters to the saloon interests, but will conduct his fight along conservative lines. The interests of prohibition have fallen into good hands. Probably no man in the state could do as much as he to make and keep the prohibition law effective, to encourage its enforcement and to inspire confidence. We repeat the interests of prohibitionists are in good hands.

The Democrats of Catawba county are to be commended for the clean primary they pulled off last Saturday. So far as we have heard everything was done harmoniously and on high plain.—Times-Mercury.

BELL'S ANTI-PAIN
For Internal and External Pains.

Good Management.

Charlotte Chronicle.
The Chronicle has never felt inclined to withhold praise for the management of the Baptist Orphanage, at Thomasville. Whether in normal times or times of distress it is of the best. It is particularly successful from a financial point of view. Always under a strain, but always making both ends meet, the institution is now out of debt—does not owe a dollar. In making this gratifying announcement, Editor Johnson says in *Charity and Children*: "This is the first time since the writer's connection with the institution began fifteen years ago, that this statement, at this season of the year, could truthfully be made. One reason for this happy financial situation is that the treasury has not been raided this year to make up a deficit in the building fund. Heretofore, much of the current fund was temporarily diverted from its purpose, to pay off workmen, and this drove the treasurer to the banks and forced him to pay interest on money that should have gone into the remaining expenses of the institution." It appears that the orphanage needs more room. It is now caring for 385 children and the institution is crowded. A call will be made for the addition of another dormitory making the eleventh home to the orphanage group. During the past year there were only two deaths. The average health record has been high. The splendid influenza that bears the noble name of "Woman's Building," has vindicated the wisdom of its builders. The small pox was stayed in its beginning. The only ens it had were those that developed at first. As to the record of the institution, *Charity and Children* says: "Twenty-five years behind the Orphanage. They have been excellent years. More than a thousand children have found a happy home within its walls. Upon its ample bosom these homeless ones have laid their heads safely and safe from the tempests of sin that rage without. The loving kindness of the Lord has marked every step of the long and winding way. Indeed the towering lesson the orphanage has brought to the world is that, in spite of the blinders, the folly, and even the opposition of men of men the Lord has led it safely on and kept watch above His own." In the Thomasville Orphanage, the Baptists have an institution in which they may well take pride.

A Women's Great Idea
is how to make herself attractive. But, without health, it is hard for her to be lovely in face, form or temper. A weak, sickly woman will be nervous and irritable. Constipation and kidney poisons show in pimples, blotches, skin eruptions and a wretched complexion. But Electric Bitters always prove a godsend to women who want health, beauty and friends. They regulate stomach, liver and kidneys, purify the blood; give strong nerves, bright eyes, pure breath, smooth, velvety skin, lovely complexion and good health. Try them. 50c. at all druggists.

A German expert says that there is less prussic acid in twenty-five cigars than in one bitter almond.

Soreness of the muscles, whether induced by violent exercise or injury, is quickly relieved by free application of Chamberlain's Liniment. This liniment is equally valuable for muscular rheumatism, and always affords quick relief. Sold by all dealers.

A Word For Dad.

Much has been said about "Mother's day." "Wear a rose for mother" injunctions have been scattered the nation over. Poets have recited of tributes miles in length. Historians have enshrined her memory on records that dim not with age. Orators have pointed her merits in glowing terms. And none has overdrawn more has exaggerated. She deserves it all, and more, God bless her. But unfortunate oversight. Dad has rather been lost in the shuffle. From the obscurity of the discard, however, a bard, a bard, whose name we do not know, jerks the hero who pays the bills, and about his much abused head wreaths this garland of tender prose poetry: "We happened in a home the other night and over the parlor door saw the legend in letters of red, 'What is Home Without a Mother?' Across the room was another brief, 'God Bless our Home.' 'Now, what's the matter with 'God Bless Our Dad?' He gets up early, lights the fire, boils an egg and wipes the dew off the lawn with his boots while many a mother is sleeping. He makes the weekly haul for the butcher, the grocer, the milkman and baker, and his pile is partly worn before he has been home an hour. 'If there is a noise during the night, dad is roused in the back and made to go downstairs to find and kill the burglar and kill him. Mother dries the socks, but dad bought the socks in the first place and the needles and the yarn afterward. Mother does up the fruit, well, dad bought it, and the jam and sugar cost like the mischief. 'Dad buys the chickens for the Sunday dinner, carves them himself and draws the neck from the ribs after every one else is served. What is Home Without a Mother? Yes, that is all right, but what is home without a father? For chances to one it's a boarding house, father is under a slab and the landlady is the widow. Dad, here's to you—you've got your faults—you may have lots of 'em—but you're all right, and we will miss you when you you're gone."

Marvelous Discoveries
mark the wonderful progress of the age. Air flights on heavy machines, telegrams without wires, terrible war inventions to kill men, and that wonder of wonders—Dr. King's New Discovery—to save life when threatened by coughs, colds, influenza, pneumonia, bronchitis, hemorrhages, hay fever and whooping cough or lung trouble. For all bronchial affections it has no equal. It relieves instantly. It's the surest cure. James M. Black, of Asheville, N. C., R. R. No. 4, writes it cured him of an obstinate cough after all other remedies failed, 50c. and \$1. A trial bottle free. Guaranteed by all druggists.

When the stomach fails to perform its functions, the bowels become deranged; the liver and kidneys congested causing numerous diseases. The stomach and liver must be restored to a healthy condition, and Chamberlain's Stomach and Liver Tablets can be depended upon to do it. Easy to take and most effective. Sold by all dealers.

Salisbury Post: The Republican of Rowan county are calculating on getting out a paper during the campaign this year. At first it was their intention to publish a semi-weekly but during the past few days they have become more ambitious and it is stated today that they may issue a daily for three months preceding the election.

The Way Wake Does.

News and Observer.
Some of the papers have not understood the situation in Wake county, but the Greensboro Record has had as true an appreciation of conditions here as if it lived in the county. It says: "Wake Democrats may wrangle between themselves, but when it is over they get right down to the work of cementing the Union that binds. All heads are now willing to let by-gones be by-gones and will pull for the ticket nominated in Saturday's primary. This is what is called practical politics."

It is the only sort of politics that wins victories, and insures the success of Democratic principles. The Record has a clear understanding of the Republican attitude in Wake, for it says: "The Republicans in Wake county have been licking their chops in expectation of deriving great benefit over the Democratic primary, but they are doomed to disappointment. The factions fought each other and now both will fight the common enemy. It is disgusting to see a dog hanging around until he spies another with a bone and then slip in and try to steal it when the other is not looking. This is the condition of the Republicans in Wake."

In the past few days many absurd stories have been sent out from Raleigh about what the Republicans are going to do in Wake county and much blugging through the incessant wail of office holders. It amounts to nothing. The Republican party in Wake is like a last year's bird's nest, and can do nothing. Its best men are disgusted with its leadership. The best Republican in Cary township says Tait's administration is a failure, and the men in the party who are good men are in no mood to be pulled into the sort of light the presenters are planning. And all Republicans who admit to the situation know this to be true. The Republican vote in Wake in November will fall off one-half from the vote polled in 1908, and the best Republicans are not going to join the program marked out by the federal office holders and their allies who boss the party.

A Dreadful Wound.
from a knife, gun, tin can, rusty nail, fireworks, or of any other nature, demands prompt treatment with Buckle's Arnica Salve to prevent blood poison or gangrene. It's the quickest, surest healer for all such wounds as also for Burns, Boils, Sores, Skin Eruptions, Dizziness, Clapped Hands, Corns or Piles, 25 cents at all druggists.

Parliament Col. Joe Reese, of the Greensboro Record, makes a modest bid for the *Charlotte Chronicle's* much talked-of menudict medal with a story about a Guilford county farmer who carelessly left his reaper in the field while the wheat was being shocked and found that he could not get out of the field without first hauling the wheat out of the way. Some class to that story.

Teething children have more or less diarrhoea, which can be controlled by giving Chamberlain's Colic, Cholera and Diarrhoea Remedy. All that is necessary is to give the prescribed dose after each operation of the bowels more than natural, and then castor oil to cleanse the system. It is safe and sure. Sold by all dealers.

Fifty-two loads of coke can be dumped from up-to-date freight cars in less than two minutes.

The arrangements and attractions at the next fair will be the best collection ever brought to gather in Wilkes County. Get ready for Sept. 27-28-29, the big red letter days. Every one who has relatives or friends in other counties in N. C. should write and invite them to come to Wilkes and attend the fair this year. Let them see what development we are making. Make them want to come back to Wilkes to live, and if you know of a former resident who has gone west sit down right now while you are thinking of it and write him and tell him about our fair and invite him to visit Old Wilkes and attend the fair on above dates.

At a Bargain

740 and 800 acres adjoining in the Piedmont Belt of Virginia, Fannings Co., 7 miles of Stations on main line of Southern R. R. 45 miles of Washington D. C., about half cleared. Lies well, clear running streams, clay sub-soil, gray and buff-colored top soil, desirable for grain and stock farms. Each has ordinary Residence with Barns and out buildings. Timber estimates on larger tracts. Two million feet Virginia Pine. 40 acres good oak, mostly white oak. The following low price if you deal direct with me: Timber right on larger tract \$3000.00 each. One or both farms no timber \$12.50 per acre cash had, easy terms. The larger farm lies well to divide. Reason for selling I live in Tenn., too far away to give them personal attention. Write for further particulars.

J. L. HARRELL,
Bristol, Tenn.—Va.

NOTICE.

All persons are hereby notified that the undersigned has this day qualified as administratrix of R. D. Holloway, deceased, all persons owing the said estate are notified to make payment at once, and all persons having claims against said estate are notified to present the same duly verified within twelve months from the date hereof, or this notice will be pleaded in bar of their recovery.
MARTHA A. HOLLOWAY, Adm'x.

Little Lawrence jealously gnarred his baby brother, and when a lady visitor asked how much he thought his mother would take for him said, "Oh, ever so much—about a hundred dollars!" "Well," she said, "I am able to give that much." He reflected a moment, then seized with a sudden inspiration, he replied, "But she wouldn't like to break the set."—EX.

London has 2,151 miles of streets and three hundred miles of tramways.

Thousands Have Kidney Trouble and Never Suspect It.

How To Find Out.
Fill a bottle or common glass with your water and let it stand twenty-four hours; a thick dust sediment, or settling, stringy or milky appearance often indicates an unhealthy condition of the kidneys; too frequent desire to pass it or pain in the back are also symptoms that tell of the kidneys and bladder are out of order and need attention.

What To Do.
There is comfort in the knowledge so often expressed, that Dr. Kilmor's Swamp-Root, the great kidney remedy, cures almost every ailment in correcting rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. Corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often through the day, and to get up many times during the night. The mild and immediate effect of Swamp-Root is soon realized. It stands the highest because of its remarkable health restoring properties. If you need a medicine you should have the best. Sold by druggists in fifty-cent and one-dollar sizes. You may have a sample bottle sent free by mail. Address Dr. Kilmor & Co., Binghamton, N. Y. Mention this paper and remember the name, Dr. Kilmor's Swamp-Root, and the address, Binghamton.