Watauga Demorrat. Published Every Thursday

| Who Has Blandered? <br> Monroe Journal <br> I few years ago the 'armers of this country, blewned with bounteous crops, eould scatrely secure euough rash for their sur plas whirh went tofeed and clothe the nation, to buy the bare ne- cersities that they were unable to make on the farms <br> Now the crowded populations <br> of the citi-s an I townseas searce <br> Iy make enough from their libor <br> to buy their foud and chothing <br> and pay their ronts. This is true <br> of those who hase steady jotes. <br> of work half of the time, ifrift to <br> the slums and to degradation. <br> Yet all the time the country <br> has been producing nlenty for <br> all. Mare than eanugh fond, <br> more than enougli clothing from <br> the If Ids; while the mines and <br> forests give up m re than in ne. <br> Backward a $n$ d firward the <br> country seesums between thesen <br> hard conditions of city or coun- |
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## be done to remedy them.

THE,TELEPHONEGIRL
Te telephone girl siss in hipr
chary and lietonsto voiers froms
errywhere, she lifars all the ne ws
shin knows mito is hafily and whic
has the btues.
She knows all our sorrows, she
knows oll our joves she knows all
knows allo our joses, she nnows all
our troubles she know of our
strife. she knows evy man who
she knows evry "mim whin you
are with "the bors" "she hears
the knows estry woman who bias
Rhe knors sury man who is in.
lined to be "flast in fart theres's
secret beneath each suncy Telephoner ginl.
If the telphone girl told all
that she knows, it would half our fieiends into bitterest
frees, she coull. sow a smath mind
that would soon be a gale, and
that would soon be a gale, and
engulf us in truable and latd us in jail. gaining in forre, woulcanses me she could get all our churches mixed up in a filht, and turn all
oar days into sorrowing rimpht, town in a ster it sh.'d toll only a Oh hrother. Now don't it make
your head aliril when suu think girl?
miles.
A cake and a bad rostom
ought to be broken. ephant withia hair.
No man ean do nothing, a
no man can do evrything.
Where there are to manv en the soup will be salt.
Or moner, wit and virtue, be. lieve
hear.

## Of two cowards, the one that

 attacks conquors the other Rather check your appetite than get in debr, and thoughpenniless be pationk.
If stomachs could speak they would protestacsinat nrosperity When you have theumatism in your feet or instep apply Chamberquick relef. It costs but a quarter
quick relief. It costs but a quarter
Why suger? For sale by all dealers.

Tre Exiwet Itambug.
the ag- is the sioralld "expert"
testimony in ronrt ravees Ench
side has its own experts to ted.

Do sou haw, tue mom 1 tow s.anteremumpin



Children Cry CASTORIA



 asay
Northern Pacific Ry




## 

Scienifific Fimerican.
Muvis 8 Go ine win New York


Foley Kidney Pills

## What They Will Do for Yon

 trengthen your kidneys, cor rect urinary your irregulanitites, build up the worn out tissus,s, and eliminate the euxcesss urice anid that causes rheumatism. Pre.
vent Bright's vent Brights Disease and Diad
bates, and restore health and bates, and restore health an strength. Refuso substitutes


## The Right Combination

## Every manufacturer of shoes knows

 he can play up any one feature he cares to insproducing a shoe to sell. He can make it stylish out a shoe so heavy and stocky will never wear out. He also knows that a nicely balanced combination of these three shoe viruses is about the hardest problem in shoe making.
## The <br> Southern Girl S2.00-Shoe- 82.50

owes its reputation and its many friends
to the fine sense of proportion of style, to the fine sense of proportion of style, comfort and durability, each to each.
You never saw better style-a neater,
snappier shoe. Your foot never knew snappier shoe. Your foot never knew
greater comfort than The Southern Girl
Shoe will give. Once you've worn a pair Shoe will give. Once you ve worn a pair
you'll say you never got better value in you ll say you never got better value in
wearing quality. Look up our dealer in wearing quality let him show you the line.

CRADDOCK-TERRY CO.
Lynchburg, Va.

## The Secret of Youth

Do you ever wonder how you can remain young, or
why other women older than you look younger than you do? The secret can be put in a few words: "Preserve your health, and you will preserve your youth." By "health" we mean not alone physical heaith, but
nerve health, as, sometimes, magnificently strong-looking
women are nervous wrecks. women are nervous wrecks. But whether you are weak physically or nervously,
you need a tonic, and the best tonic for you is Cardui you need a tonic, and the best tonic for you is Cardui.
It builds strength for the physical and nervous system It helps put flesh on your bones and vitality into your nerves.
Take CARDUI
The Woman's Tonic


A Handsome Weman
Ever weman myy. otich hand
keep with care the good points
noture has given her. No womar noture has given her. No woman
need have sallow skin, d.ll eja,





## We Ask You

to take Cardul, for your female troubles, because we are sure it
vill help yous Remember that
this great female remedy-

has brought relief to thousands of Other sick women, so why not to
your For headache, backache
pert you For headache, backache,
perlodical pains, femalo weak
ness, many havo sald it is "the ness, many have sald it is "the
best medicine to take." Try It
$\qquad$
Children Cry CASTETORERA

THINK OF

## Mexican Mustang Liniment <br> AND WHAT IT MEANS TO YOU.

Relief from pain that might otherwise Rase you hours of agony Tired out muscles eased up and made Ia for another day's work. Lameness in the back and shoulders

Burns, Scalds, Cuts and Mashes ren ered painless and quickly healed. Rheumatism, Lumbago and Sciatica robbed of their anguish and banished Ulcers, Old Sores and Open Wounds healed promptly and permanently


The first application of Mexican Mus tang Liniment subdues the pain but it continues its work until every quivering nerve is soothed and quieted.
The great penetrating power of this famous remedy enables it to do this quickly and positively.
In all cases of Sprains, Bruises or Lameness. Mexican Mustang Liniment should be rubbed in persistently.
The antiseptic qualities of this old reliable household remedy make it safe and sure.

