

Published Every Thursday

Measles Epidemic Serious.

As great as has been the scourge of infantile paralysis throughout the country for the past three months, particularly in New York City, there has been an epidemic of measles almost three times as great in the number of cases and not far behind in mortality and serious after-effects. There were during the month of May, June and July, 9,710 cases of measles in New York City, while there were 3,302 cases of infantile paralysis. Dr. F. B. Crum says of the seriousness of measles: "It ranks with small pox in communicability, with scarlet fever in mortality, and has serious complications and after-effects. Its cause like the cause of infantile paralysis, is not yet known."

Other diseases outranking infantile paralysis in the number of cases in New York City during the past three months were tuberculosis and diphtheria. Against 3,502 cases of infantile paralysis there were 4,846 cases of tuberculosis and 4,291 cases of diphtheria. There were, also, 3,201 cases of whooping cough and 1,591 cases of scarlet fever.

Infantile paralysis is a spectacular disease. A death from this cause is given publicity while no account is usually taken of a death from measles. This is due partly to the suddenness and novelty of the disease and partly to the elements of real tragedy connected with it, while on the other hand we have measles with us always and think we know all about it when as a matter of fact, we know almost as much about infantile paralysis as we do about measles.

While the best skill of the country is working upon the problems of the cause and cure of infantile paralysis, the other figures quoted are a reminder of the fact that there are other disease problems yet to be solved.—The State Board of Health.

Too Many Clothes.

A prudish person who wanted to provoke the "Cruelty Society" to suppress the nude babies on the East Side of New York has been rebuked by Dr. Josaphine Baker, director of the New York Bureau of Hygiene. The specialist commends the mothers who are letting their babies under five run about in a state of nature and innocence, like the cherubs in the paintings of the Renaissance Madonnas, and frankly says that if more mothers would do the same there would be a great lowering of the summer death rate among infants. While, of course, those who are over five and not in a state of grace can hardly expect the same consideration that the hygienists recommend for the little tots, it is still true that all of us do wear too many clothes in the hot weather. We threaten every hot spell—that is the male population does—to apply a radical reform in attire; but then conventional steps in and the tyrannical phyllosophy of clothes sees us all too heavily clothed to be in our right minds when we are experiencing the climate of Calcutta and the torture of the damned. Who is the clothes doctor who will work out for all those over five the proper clothes for summertime? And yet he has never reached the manufacturers' ear. Philadelphia Ledger.

DR. W. H. WAKEFIELD COMING

Dr. W. H. Wakefield of Charlotte will be at Blowing Rock Hotel on Wednesday, Sept 6th, and at Blackburn's Hotel in Boone on Thursday Sept. 7, and at Banners Elk, Saturday Sept. 9, to treat diseases of eye, ear, nose and throat. Owing to storm damage the doctor will charge no fee for tasting eyes for glasses if the glasses are ordered from

In Russia there about eighty-public holidays in a year.

As a cure for coughs Dr. Bell's Pine-Tar-Honey combines these remedies in just the right proportion to do the most good for summer coughs and colds. A trial will prove the value of this splendid cough medicine. Dr. Bell's Pine-Tar-Honey soothes the irritation, stops your cough, kills the cold germs and does you a world of good. A 25c. bottle will more than convince you. It will stop your cough. At druggists.

Holland is annually increasing its products of potato flour.

For Summer Troubles.

Hay fever afflicts thousands and asthma sufferers endure torture. Foley's Honey and Tar gives relief. It allays inflammation, clears air passages, eases rasping cough, soothes and heals. This wholesome family remedy contains no opiate—a bottle lasts a long time. For sale by M. B. Blackburn.

The value of our banana importations range around \$14,000,000.

Gave the Baby Rest.

Children just cannot keep covered at night and that is one way they take colic. Foley's Honey and Tar is a reliable family cough medicine that contains no opiates or harmful ingredients. Mrs. William Leonard, Pottsville, Pa., writes: "My baby had a very bad cough. First dose gave her relief. For sale by M B Blackburn."

The yellow poplar, or tulip, is the largest broad-leaf tree in America.

Cure for Cholera Morbus.

"When our little boy, now seven years old, was a baby he was cured of cholera morbus by Chamberlain's Colic, Cholera and Diarrhoea Remedy," writes Mrs. Sidney Simmons, Fair Haven, N. Y. "Since then, other members of my family have used this valuable medicine for colic and bowel troubles with good satisfaction and I gladly endorse it as a remedy of exceptional merit." Obtainable everywhere.

Sale of Property For Town Taxes.

By virtue of the power of sale vested in me as town tax collector for the town of Blowing Rock N. C., I will, on Monday, Sept. 4, 1916, expose to sale at the court house door in Boone at 12 M., the following real estate on which the taxes for the year 1915, remains unpaid, to wit:

Ken Atkinson one lot	\$3.50
B. B. Blackwelder one lot	3.50
W. L. Boatright one lot	1.50
J. C. Coulter one lot	1.90
J. F. Cox one lot	5.27
J. A. Edmiston one lot	1.06
O. P. Lutz one lot	1.10
W. J. Palmer one lot	3.90
Scott H. Perky one lot	3.10
M. H. Pinkney one lot	4.70
J. P. Green, one lot	2.75
N. H. Martin, one lot	1.30
Mattie Gwyn, one lot	1.00
J. S. Worth one lot	1.50
A. H. Washburn one lot	12.59
W. P. Wilson one lot	1.64
Annie Sidenburg	3.70
Seamen one lot	1.50

J. W. HOLLIFIELD, Tax Collector.

August 22

The opening date of the fourteenth year of the Appalachian Training School. All charges are very reasonable. Address Secretary of the Faculty Boone, N. C.

SEED WHEAT.

I sowed 9 bushels of marvelous wheat and made 246. Stacked before the rainy season, perfectly dry, re-cleaned and graded price \$1.75 per bu. Write me a week before you need it, you might call and it be gone.

HILLERY E. MADRON, Trade, Tenn.

FOLEY KIDNEY PILLS

FOR BACKACHE KIDNEYS AND BLADDER

To prevent a shade flapping when a window is opened an inventor has combined a holding clip and a vacuum cup.

Says They Are Wonderful.

Hot weather is doubly dangerous when digestion is bad. Constipation, sick headache, biliousness, or other conditions caused by clogged bowels yield quickly to Foley Cathartic Tablets. Mrs. Elizabeth Slauson, So. Norwalk Conn., writes: "I can honestly say they are wonderful." For sale by M B Blackburn.

When their motors fail expert aviators, by gliding, can advance about four miles in a descent of a mile.

The Best Laxative.

To keep the bowels regular the best laxative is outdoor exercise. Drink a full glass of water half an hour before breakfast and eat an abundance of fruit and vegetables also establish a regular habit and be sure that your bowels move once each day. When a medicine is needed use Chamberlain's Tablets. They are pleasant to take and mild and gentle in effect. Obtainable everywhere.

Club women in various parts of Kansas has adopted courses of study in public health problems.

Just the Thing for Diarrhoea.

"About two years ago I had a severe attack of diarrhoea which lasted over a week," writes W C Jones, Budford, N. D. "I became so weak that I could not stand upright. A druggist recommended Chamberlain's Colic, Cholera and Diarrhoea Remedy. The first dose relieved me and within two days I was as well as ever." Many druggists recommend this remedy because they know that it is reliable. Obtainable everywhere.

The Yale School of Medicine has opened its doors to women students.

The Independent Order of Good Templars originated in New York in 1851.

It is believed to be no rare occurrence for a condor to soar to a height of four miles.

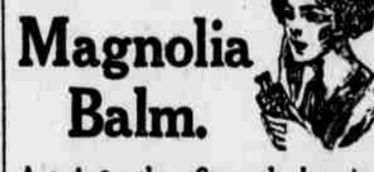
NIGHTS OF UNREST.

No sleep, no peace, no rest with a Lame or Aching Back.

Wearily the lot of many a kidney sufferer. Pain and distress from morning to night. Get up with a lame back, Twinges of backache bother you all day, Dull aching breaks your rest at night, Urinary disorders add to your misery. If you have kidney trouble Reach the cause—the kidneys. Doan's Kidney Pills are for the kidneys only—Have made an enviable reputation in this locality. Mrs. Elmira Hahn, 528 Chestnut Ave., Hickory, N. C., says: "My back pained me so severely that I could hardly stoop over and it was hard for me to straighten up again. I was kept awake at night and mornings was tired. I tried Doan's Kidney Pills and they removed the trouble and reduced the swelling in my feet." Price 50c at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs Hahn had. Foster-Milburn Co. Props. Buffalo N. Y.

Get Rid of Tan, Sunburn and Freckles

by using HAGAN'S



Magnolia Balm.

Acts instantly. Stops the burning. Clears your complexion of Tan and Blemishes. You cannot know how good it is until you try it. Thousands of women say it is best of all beautifiers and heals Sunburn quickest. Don't be without it a day longer. Get a bottle now. At your Druggist or by mail direct. 75 cents for either color, White, Pink, Rose-Red.

SAMPLE FREE. LYON MFG. CO., 40 So. 5th St., Brooklyn, N.Y.

Your Bowels Should Move Once a Day.

A free easy movement of the bowels every day is a signal of good health. Dr. King's New Life Pills will give you a gentle laxative effect without griping and free your system of blood poisons, purify your blood, overcome constipation and have an excellent tonic effect on the entire system. Makes you feel like lying. Only 25c. at druggists.

After three years of work a government committee has recommended a uniform system of weights and measures for all India.

His Backache Gone.

Just how dangerous a backache, sore muscles, aching joints or rheumatic pains may be is sometimes realized only when life insurance is refused on account of kidney troubles. Joseph G. Wolf, of Green Bay, Wis., writes: "Foley kidney Pills relieved me of a severe backache that had bothered me for several months." Take Foley Kidney Pills for weak lame back and weary sleepless nights. For sale by M B Blackburn.

Gold is mined at a depth of more than 5,000 feet in South Africa, and it is believed that the shafts can be sunk 3,000 feet more.

HOWS THIS.

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine.

Hall's Catarrh Medicine has been taken by catarrh sufferers for the past 35 years, and has become known as the most reliable remedy for Catarrh. Hall's Catarrh Medicine acts through the Blood on the Mucous surfaces expelling the poison from the blood and healing the diseased portions.

After you have taken Hall's Catarrh Medicine for a short time you will see a great improvement in your general health. Start taking Hall's Catarrh Medicine at once and get rid of catarrh. Send for testimonials, free.

F. J. CHENEY & Co., Toledo, O. Sold by all Druggists, 75c.

NOTICE.

North Carolina Watauga county in the Superior Court fall term, 1916. H. M. Bumgarner vs E. E. Earp. The defendant above named will take notice that a summons in the above entitled action was issued against said defendant on the 14th day of July 1916, by W. D. Farthing, clerk of the superior court of Watauga county, North Carolina for the sum of \$244.60 which amount the plaintiff had to pay off by reason of his having endorsed note for defendant to one L. A. Hayes, which summons is returnable to the fall term of the superior court of Watauga county 1916. The defendant will also take notice that a warrant of attachment was issued by said clerk of the court on the 14th day of July 1916 against the property of said defendant, which warrant is returnable at the time and place named for the return of the summons, when and where the defendant is required to appear and answer or demand to the complaint or the relief demanded will be granted. This 17th day of July 1916, W. D. Farthing, C. S. C.

NOTICE.

The large tract of land owned by W. Whiting in this county containing something like 4,300 acres is being subdivided into small tracts is now FOR SALE.

This great body of land embraces some of the finest lands in the county. It is Mr. Whiting's object to sell these lands to those who desire to make their homes upon it. It is an opportunity for the poor man or man of moderate means to secure a home. This land will be sold for a reasonable cash payment in hand, one two and three year's time given on the remainder.

I hope that the citizens of Watauga, with whom we are going to stay and do business, will buy this land. The price is reasonable. A map showing the exact location of each tract made by a competent engineer will be furnished each purchaser. This land lies between Blowing Rock and Grandfather Mountain and between Shulls Mills and Yonahlossee turnpike road and will be from one half mile to three miles from the Linville River railway now being built to Shulls Mills, North Carolina. Come and see this land and buy you a home. If you have a home, come and buy a home for your children. It will only be a very short time before this land will double the price now asked for it. Call on or address, J. M. LACY, Gen. Supt. Boone Fork Lumber Co., Shulls Mills, N. C.

Children Cry for Fletcher's
CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought
THE CENTAUR COMPANY, NEW YORK CITY.

Virginia & Carolina Railway Schedule—No. 56

Effective May 12, 1915

SOUTHBOUND		STATIONS		NORTHBOUND	
Daily Ex. Sunday	First-Class	Eastern Standard Time.		Daily Ex. Sunday	First-Class
A. M.		Lv.	ABINGDON	Ar.	P. M.
7 20		"	WATAUGA	"	5 15
7 45		"	BARRON	"	5 00
8 15		"	DAMASCUS	"	4 45
8 39		"	TAYLOR'S VALLEY	"	4 20
8 54		Ar.	CREEK JUNCTION	Lv.	3 48
A. M.		Lv.	CREEK JUNCTION	Ar.	P. M.
9 27		"	GREEN COVE	"	3 16
9 42		"	TUCKERDALE	"	3 01
10 27		"	WEST JEFFERSON	"	2 16
11 03		"	BOWIE	"	1 40
11 39		Ar.	ELKLAND	Lv.	1 10
12 05					12 40
No. 5	No. 6	KONNAROCK BRANCH		No. 4	No. 6
P. M.	A. M.	Lv.	CREEK JUNCTION	Ar.	P. M.
3 17	8 35	Ar.	KONNAROCK	Lv.	3 47
6 32	9 10				9 11

Saved Girl's Life

"I want to tell you what wonderful benefit I have received from the use of Thedford's Black-Draught," writes Mrs. Sylvania Woods, of Clifton Mills, Ky. "It certainly has no equal for the grippe, bad colds, liver and stomach troubles. I firmly believe Black-Draught saved my little girl's life. When she had the measles, they went in on her, but one good dose of Thedford's Black-Draught made them break out, and she has had no more trouble. I shall never be without

THEDFORD'S BLACK-DRAUGHT

in my home." For constipation, indigestion, headache, dizziness, malaria, chills and fever, biliousness, and all similar ailments, Thedford's Black-Draught has proved itself a safe, reliable, gentle and valuable remedy. If you suffer from any of these complaints, try Black-Draught. It is a medicine of known merit. Seventy-five years of splendid success proves its value. Good for young and old. For sale everywhere. Price 25 cents. (148)

WATCH AND JEWELRY REPAIRING



done at this shop under a positive guarantee & all material used is guaranteed to be genuine. Estimates furnished on all mail orders. Satisfaction guaranteed in every respect on all railroad watches. Office near the Watauga Co. Bank.

J. W. BRYAN
a late Jeweler and Watchmaker
BOONE, N. C.

DR. R. D. JENNINGS

RESIDENT DENTIST
BANNERS ELK, N. C.
At Boone on first Monday of every month for 4 or 5 days and every court week. Office at the Blackburn Hotel.

Don't Invite Serious Sickness

"A stitch in time saves nine" is an old and true saying, but it is nevertheless true. Common colds and a constipated condition are the foundation of much serious illness and dread disease that could be avoided if prompt attention were given to the first so-called slight ailment. Every family can provide prompt treatment for these first attacks of ill health—and every family should be prepared for an emergency by having on hand that standard old family cough syrup, Foley's Honey and Tar Compound, for the relief of cough, croup, whooping cough, irritated and inflamed throat, tight and sore chest, grippe and bronchial coughs. Foley's Cathartic Tablets are just the thing for constipation and sluggish bowel movement—a wholesome laxative and cleansing cathartic. They do not gripe or cause nausea or inconvenience and are particularly welcome to stout people.

Children Cry FOR FLETCHER'S CASTORIA