

Winter Likely to Increase Death Rate.

A bulletin of the State Board of Health puts us in mind again that as our windows go down and stay down this winter, our death rate will go up and stay up.

And yet, says the bulletin, these diseases are not to be the common fate of all during the winter months, no more than was typhoid or malarial fever the lot of all during the summer.

Baby Had Whooping Cough.

Mrs. Sam C. Small, Clayton, N. M. writes. "My grandson had whooping cough when he was 3 months old. We used Foley's Honey and Tar and I believe it saved his life.

Gone Before.

When some old pickeral critters, who've lapped up gin and rye, and every kind of bitters, get done with booze and die, we bend above their bodies and say quite quite inebriated, "Poor victims of hot toddies! They were their own worst foes!"

No Doubt About This,

Foley Cathartic Tablets are just a plain, honest, old-fashioned physic. They act promptly and effectively on the bowels without pain, griping or nausea.

Clean skimmed milk is a valuable food, but it should be sold as skimmed.

FOLEY KIDNEY PILLS FOR BACKACHE, KIDNEYS AND BLADDER. FOLEY KIDNEY PILLS FOR BACKACHE & URINE ALL FLUIDS

A subscriber wants to know why we do not give quotations on eggs and farm products. We understand that some of our readers have weak hearts and can't stand the shock.—Greensboro Record.

HOWS THIS.

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Medicine.

Hall's Catarrh Medicine has been taken by catarrh sufferers for the past 35 years, and has become known as the most reliable remedy for Catarrh.

After you have taken Hall's Catarrh Medicine for a short time you will see a great improvement in your general health.

F. J. CHENEY & Co., Toledo, O. Sold by all Druggists, 75c.

With the lady from Montana having all the rights of speech some Congressmen are going to have a hard time of it getting a word in edgewise.—Observer.

Now Lookout.

When a cold hangs on as often happens, or when you have hardly gotten over one cold before you contract another, look out for you are liable to contract another.

The Uruguayan government is planning the construction of a dry dock large enough to hold the largest ocean liners.

Pine-Tar Relieves A Cold.

Dr. Bell's Pine-Tar Honey contains all the soothing elements of the pine forest. It heals the irritated membrane, and by its antiseptic properties loosens the phlegm, you breathe easier, and what promised to be a severe cold has been broken up.

Pockets for money and jewelry are woven into the tops of women's stockings that a Pennsylvanian has patented.

A Clogged System Must Be Cleared.

You will find Dr. King's New Life Pills a gentle yet effective laxative for removing impurities from the system.

Only those with touring cars and runabouts can enjoy fast living these days.—High Point Enterprise.

Her Son Subject to Croup.

"My son Edwin is subject to croup," writes Mrs. E. O. Irwin, New Kensington, Penn. "I put in many sleepless hours at night before I learned of Chamberlain's Cough Remedy.

Children Cry FOR FLETCHER'S CASTORIA

With it lacking less than four weeks to Christmas an advance of twenty-five per cent. in the price of candy has been announced. Shame on the advancers.—Greenville Reflector.

Rheumatism Follows Exposure.

In the rain all day is generally followed by painful twinges of neuralgia or rheumatism. Sloan's Liniment will give you quick relief and prevent the twinges from becoming torture.

The Hon. Jeannette Rankin, of Montana, will take her seat on the Republican side of Congress, but she is apt to cast glances on the Democratic side on account of its good looks.—The Wilmington Star.

Changing Seasons Brings Colds.

"Stuffed up head," clogged up nose, sore throat are sure signs of cold, and Dr. King's New Discovery is sure relief. A dose of this combination of antiseptic balsams soothes the irritated membrane, clears the head, loosens the phlegm, you breathe easier and realize your cold is broken up.

People who complain that shoes are to High, can buy low low cuts at after-season prices and be happy.—Greensboro Record.

Sufferer From Indigestion Relieved.

"Before taking Chamberlain's Tablets my husband suffered for several years from indigestion, causing him to have pains in the stomach and distress after eating.

King Cotton has decided not to wait on Mr. Hughes to congratulate President Wilson, but has taken up his march toward the port of twenty-five cents.—Charlotte Observer.

EXECUTOR'S NOTICE.

The undersigned having qualified as Executor of the estate of James D. Teague, Dec'd., all persons having claims against said estate are notified to present them to him on or before the 15th day of Nov., 1917, or this notice will be plead in bar of their recovery.

S. L. BOLLINGER, Executor.

DR. ALFRED W. DULA EYE SPECIALIST TO SEE BETTER SEE DULA 17 Year's Experience The Best Equipment Obtainable. Glasses Fitted Exclusively MARTIN BLOCK, LENOIR, N. C.

Rubbing Eases Pain Rubbing sends the liniment tingling through the flesh and quickly stops pain. Demand a liniment that you can rub with. The best rubbing liniment is

MUSTANG LINIMENT Good for the Ailments of Horses, Mules, Cattle, Etc. Good for your own Aches, Pains, Rheumatism, Sprains, Cuts, Burns, Etc. 25c. 50c. \$1 At all Dealers.

Mechanism whereby the music of a piano and phonograph can be combined has been patented by a New Jersey inventor.

Men Feel Tired, Too.

While much is said about tired women it must be remembered that men also pay the penalty of overwork. When the kidneys are weak, inactive, or sluggish, when one feels tired and miserable, has the "blues" lacks energy and ambition, Foley Kidney Pills are tonic and strengthening. They act quickly. Sold everywhere.

Several large French insurance companies keep records of their clients' teeth to insure identification after death.

MORTGAGEE'S SALE OF LAND.

Under and by virtue of the power of sale contained in a certain mortgage deed, executed on the 9th day of Nov., 1914, by John Davis and wife Bettie Davis, to J. W. Ward, to secure certain notes therein set forth, the said mortgage deed being registered in the office of the Register of Deeds of Watauga county, North Carolina, in book U, page 211; and the said mortgage and notes having been sold and assigned to the undersigned Standard Grocery Co., and default having been made in the payment of said notes as secured, the undersigned will sell at public auction to the highest bidder for cash at the court house door in the said Watauga county, between the hours of ten, a.m. and four p.m., on the 28th day of December, 1916, to satisfy the said notes to the action, the following tract of land situated in Shawneehaw township, Watauga county, adjoining the lands of J. W. Ward and others and bounded as follows, to wit: Beginning on a locust tree, and runs E 40 poles to a cumber tree; thence a south course 40 poles to a chestnut tree the Skiles old corner, thence W 20 poles to a stake, thence N 2° E 40 poles with J. W. Ward's line to the beginning, containing 2 acres more or less, This 22nd day of Nov. 1916.

J. W. WARD, Mortgagee. Standard Gro. Co., Assignee. V. W. BOWER, Atty.

WATCH AND JEWELRY REPAIRING done at this shop under a positive guarantee & all material used is guaranteed to be genuine. Estimator furnished on all mail orders. Satisfaction guaranteed in every respect on all railroad watches. Office near the Watauga Co. Bank.

J. W. BRYAN Graduate Jeweler and Watchmaker BOONE, N. C.

NOTICE.

The large tract of land owned by W. Whiting in this county containing something like 4,200 acres is being subdivided into small tracts is now FOR SALE.

This great body of land embraces some of the finest lands in the county. It is Mr. Whiting's object to sell these lands to those who desire to make their homes upon it. It is an opportunity for the poor man or man of moderate means to secure a home. This land will be sold for a reasonable cash payment in hand, one, two and three year's time given on the remainder.

I hope that the citizens of Watauga, with whom we are going to stay and do business, will buy this land. The price is reasonable. A map showing the exact location of each tract made by a competent engineer will be furnished each purchaser. This land lies between Blowing Rock and Grandfather Mountain and between Shulls Mills and Youahloosee turnpike road and will be from one half mile to three miles from the Linville River railway now being built to Shulls Mills, North Carolina. Come and see this land and buy you a home. If you have a home, come and buy a home for your children. It will only be a very short time before this land will double the price now asked for it. Call on or address, J. M. LAUY, Gen. Supt. Boone Fork Lumber Co., Shulls Mills, N. C.

Old Folks Saved From Suffering

Mrs. Mary A. Dean, Taunton, Mass., in her 87th year, says: "I thought I was beyond the reach of medicine, but Foley Kidney Pills have proven most beneficial in my case." Mr. Sam A. Hoover, High Point, N. C., writes: "My kidney trouble was worse at night and I had to get up from five to seven times. Now I do not have to get up at night, and consider myself in a truly normal condition, which I attribute to Foley Kidney Pills, as I have taken nothing else." Mrs. M. A. Bridges, Robinson, Mass., says: "I suffered from kidney ailments for two years. I commenced taking Foley Kidney Pills ten months ago, and though I am 61 years of age, I feel like a 16-year-old girl." Foley Kidney Pills are tonic, strengthening and up-building, and restore normal action to the kidneys and to a disordered and painful bladder. They act quickly and contain no dangerous or harmful drugs.

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Fletcher. In Use For Over Thirty Years CASTORIA THE CENTAUR COMPANY, NEW YORK CITY.

Virginia & Carolina Railway Schedule—No. 57 In Effect 12:01, a. m. Thursday August 10, 1916.

Table with columns for Southbound, Northbound, Daily Ex. Sunday, 2d Class, 1st Class, STATIONS, Daily Ex. Sunday, 1st Class, 2d Class, and KONNAROCK BRANCH.

It Always Helps says Mrs. Sylvania Woods, of Clifton Mills, Ky., in writing of her experience with Cardui, the woman's tonic. She says further: "Before I began to use Cardui, my back and head would hurt so bad, I thought the pain would kill me. I was hardly able to do any of my housework. After taking three bottles of Cardui, I began to feel like a new woman. I soon gained 35 pounds, and now, I do all my housework, as well as run a big water mill. I wish every suffering woman would give CARDUI The Woman's Tonic a trial. I still use Cardui when I feel a little bad, and it always does me good." Headache, backache, side ache, nervousness, tired, worn-out feelings, etc., are sure signs of womanly trouble. Signs that you need Cardui, the woman's tonic. You cannot make a mistake in trying Cardui for your trouble. It has been helping weak, ailing women for more than fifty years. Get a Bottle Today!