## Whe valatauga 男emocrat.

## SUBSCRIPTION RATES:

 Whace, Three months, 25 cents.
## Thorueghly wall To Avir Tubrealo

Get thoroughly well of "Flu" vice that the Stote Beerd ealth is giving all influenza pat. st the people are made to real. influenza, that many an unsus. evelop. Not only weeks but or a complete recovery from in lenza. As a matter of fact, if the period ol recovery as well as lally the same as for a case of roper time for full recuperation requently a wakens slumbering serious active cases. According to the case-histories number of them date the begingrippe or influenza.
There are three signs, says the Board, which call for an immed
iate examination of the lungs The first is that "tired, worn-out feeling," the second is a "cough or cold that hangs on," and the third is a rise of temperature
however slight, in the afternoon Any of these signs should de
mand ready attention and prompt mand ready attention and prompt examination by a good physician
If the lungs are found free from tuberculosis, every effort should be made to keep them so. This
can be done by right living, good food and plenty of fresh air Cough medicines are not only
worthless at this point, but dewitve the patient by making him lose valuable time in taking the proper treatment for tuberculo
sis. If the lungs are found Intec
ted, proper treatment should be ted, proper treatment should be under the direction of agood phy sician.

## Blowing Rock ltems.

0 Mr. Chas. E. Hagaman, who N. C. has accepteda position with the Boone Fork Lumber Co. a Shulls Mills.
Miss Bessie Ezell, the popular
teacher at Blowing Rock, spent last Saturday and Sunday with home folks at Shulls Mills. Mr. Jonathan Walters visited
at Shulls Mills last Saturday He reeeived a letter from his grand son, Dewey Walters, who is in Germany. Lewey was fortunate in the great conffict
Mr. H. C. Hayes and wife mo tored to Boone last Sunday $t$
visit their daughter, Dorothy who is at the Appalachian Trainin shool.
The mail from Lenoir has been rought in a car last week, ar riving here betorenight
Mt. Henry Coffer mbtored to Hickory one day last week. H reports that the roads are in Rev, R.D. Cross filled his a pointments at Blowing Rock las Saturday, Sunday, and Sunday Saturd
ni ght:
git
Miss ELlen Coffey is able to be
the street, after having been confined to bed with "flu" for a week, ,
The' Yadkin Woolen Mills wool yarns, wool blankikts PATTERSON, N. C
have government permit to buy our wool or exchange yarn therefor.

## Irabing Sclual Itams.

During the past week the fol-
owing was the programme at the laily chapel exercise: On Tues ay the Superintendent spoke on his school experience, of which ave quite a num Miss Prestwood ing readings on Thursday; Prot Downum on Thursday spoke on the present status of the Peace Conference, some of its features, and the hope thus inspired; Prof. Stedman gave an interesting talk College during the the peat an. Colege during the the past sum. Lillie Campbell entertained the udience with some witty readwere Miss Prestwood's on Tues. day. The school wagon force is put. ing in quite a nice supply vood has the School. A large porwing to the mild weather, ebruary may increase the value of the wood pile. It is well to be prepared.
Sunday the 2nd of February was a clear day, so the groundlog certainly saw his shadow, hence the believer in this indica.
tor of the weather will either or of the weather will either be whe to say, "I told you so," will in explaning why the his skilin in expla
did not hit.
We of th
We of the School sincerely sym Spaulding in the death G. W. little girl, Danford, on Saturdy night. She had influenza was thought to be better, but complications developed which were too severe for the little constitution. She was between ten and eleven years old. They bore her little form to the cemetery in the dusk of the quiet Sabbath ev. ening atter the sun had sunk be. hind the western mountain and laid it to rest till the Resurrecton, when little Danford will come forth with the good and pure of IIt time to spend eternity with friends as well will greatly miss he little girl going about in her weet quiet way, al ways with smine. No mother is more at tentive to her chiliren than was
this little girl to her two younger rothers, who seemed to trust her implicity. The memory of lure her loved ones and friends onward to that Great World of joy and smiles.

## Ittens from valie Cuucts.

 There are no new cases of influ Misses Mary Lizzie Taylor and Wilhelmina Shull have gone Raleigh to attend Peace Institute his winter.School is progressing nicely under the leadership of Miss Mae Thomson. Miss Anna Mae Shipley has lately become one of the faculty.
Mrs. Claude Mast, with her ittle daughter has returned from the Globe, where she has been Mr
Mr. and Mrs. Lund from Or visiting relatives here, have re turned home
Miss Mary Shull is right sick $t$ this writing.
Mr. and Mrs. C. D. Taylor en. tertained a number of their friends and relatives Sunday.
Mr. and Mrs. W. H. Mast, who got their house burned last fall, have moved into their new one.
They were welcomed by an old fashioned "house warming."

## Kis. Clourt lloris Dies of filu,

Mrs. Elbert Norris, of Route , daughter of Mr. W. L. Coffey, Saturday, flu beinge the cause of the death of the splendid lady. tery at Fair View churchSunda afternoon, her pastor, the Rev Mr. Yount, asssisted by Rev. H L. Powell, conducting the funer dren are left.

## Wituge Boy Writes from Fruce.

I am Watauga democrat: I am living in a beautiful little In on the Seine River. I am am whaving an easy time, fo I whing in a telephoze of ost six months, but France al time will soon come to sail for the S. A. I think we will sail ithin the next sixty days. I belong to the 81st Division, Iter known as the "Wild Cats. wear a red cat on our shoulder wear a red cat on our shoulder. ront when the last gun was fired Perhaps the most internationally that in Verdun on Monday. Th day opened with a tremendous long the line north and east all Verdun, which was answered b the Germans. The fighting had been heavy for several days and on Saturday night the Germens had sent over five aeroplanes 10 Yet by 10 eady shattered town yrowd of soldiers from the under ground city and nearby camps ncluding French, English, Am rican and Senegalese had gath red in the city. Shortly before 110 'clock the men formed ranks
nd British, French and Americans marched side by side. On the marched side by side. On the doors were thrown open and the ell tolled for the first time since 914. The crowd rushed in, all taking a turn at the bell rope. Manyer of the Y. by Oscar G. the rest of the day bands played and soldiers paraded throughthe city, but there wereno spectators
as the city has virtually no civil an population.
An odd feature of the peac
elebration on the frontlinesnea Verdun was that the Germans as d. All along the allied lines onfires, rockets and singing groups attested the joy of the
soluiers in the victory they had von, and at numerous places the ligited flares. Will close bysayignted flares. Will close by sa FRED of WILSON. Buncy, ce. Therth Carolina, Watauga County. The undersigned having qualififed as
administrator of T. A. Cable, dee'd ll persons having claims against th ant the same to to te undersigned to payment on or before the 4th day
February 1920 or this notice will b
plegd in tar of their recovery. Al ersons indebted to said estate are his Feb, $4,1919$.
A. S. SWIFT.
Admr of T. A. Cable, d
A. ANNEY, Attorney.
votice of Service by publication North Carolina, Wataya county, in
the Superior court, before the jerk.
Ida Vannoy, widow of R. F. Van-
noy, Tas anney, widow of R. F. Van-
noy, deceased, VS John A. Vannoy
Charres E. Vanoy, James F. Van-
noy Wiley C V

 whom Charles E. Vanno is actin
guardian ad litem,
at law of the R. F. Vannoy, heit hect Tho detendants above named will take
otice that an anetion natitled as above
as been commenced ourt before Clerk of Wstauga coun year's
Yands a
deceasee
 notice that they are required to appe
at my affee in the town of Boonet
said county and state on Sat. Mar
 complaint or petition in seld sotion,
or the pismint mill apply the court
or the rellet demanded in said com.
$\qquad$
Plenty of exercise, fresh air, regular hours-is all the prescription you need to avoid Influenza-unless through gets you. Then takegets
once



## Carit of Thats

We wish to thank the good people of this and other communities lor their helpand loving kindess shown to us during the long wife and mother sers of our dear iffgs rest on every one. J. Cook asd Family. E HUNDRED AND FIFY DOLLARS REWARD wlll pay a cash reward of 150.00 one hundred and fifty dolCom, or C. D. Watson, to the sheriff of Ashe county, for an ason Saturday, Feb. 1.
T. S. WATSONn. est Riverside, N. C. CONFIRMED STATEMENT vidence boone readers will Doan's Kidney Pills Dlendid work in this locality. Have merited the unstinted raise they have received.
Here's evidence of their hat none can doubt.
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ty twice-told and well confirmed.
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the annals of medicine. Should convince the cal Boone reader
W. L. Lafone, 1413 8th Avenue Hickory, N. C., says: "I suffered from severe pains in my back and ges of the kidney secretions. ased Doan's Kidney Pills and
$y$ helped me in every wa
LASTING RESULTS.
Over three years later Mr. La bothered me for some time and 1 attribute their healthy condition using Doan's Kidney Pills."
Price 60c, at all dealers. Don Price 60c, at all dealers. Dont get Doan's Kidney Pills-the same that Mr. Lafone had. Fos
ter-Milburn Co., Migrs. Buffalo

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NOTICE.
Having qualifiled as administrator
 late of Watnuza county, N. ©., thir in
to uotily all perrons haviog claium crainast the entate o us d deoraved th ande within twelve $u$ nths tron ate of pablieation, or this votice ill be plealed lu bar of their reco Thit will nuthe imwediate paymeut. $\begin{array}{r}\text { This 22ud of January } \\ M \text { H.19. } \\ \text { H. NORRI } \\ \hline\end{array}$

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