FSA Families In

The families on the Farm Security Administration program in 40 counties represented in this area have not hesitated to maintain their high food production and conserva-tion records. In 1944 they not only maintained, but exceeded, their previous records, stated Miss Margaret F. Fuller, area home supervisor.

This is the time of year when the FSA supervisors in charge of the home management work in the various counties review with the fami-lies on the FSA program the prog-ress, or lack of it, made during the

In 1944 the 5,813 families in 40 counties in this area averaged canning 478 quarts of fruits, vegetables and meats per family, or a total of 2,782,000 quarts. In order to have a more adequate diet, these families did not stop with canning this amount: they stored 185,000 bushels of such foods as potatoes, onions, apples, cabbage, pumpkins and tur-nips. This stored and canned foods at market value would mean a saving of approximately \$1,205,548, or an average of \$208 per family banked on pantry shelves, in cellars, bank houses or holed in the ground. Of course all of the FSA families have adequate milk and butters. have adequate milk and butter as they averaged 2.1 cows per family. Thus, with their chickens and eggs, pork and beef (800 killed beeves) to say nothing of their cornmeal, wheat, molasses, as well as winter gardens, the FSA homemakers have no difficulty in preparing three nu-tritious meals a day which include the basic 7 food groups. These the basic 7 food groups. These FSA families and the home management supervisors in charge of the educational program in these counties are to be commended on their excellent contributions made to the war effort. This high production and conservation figure rep-resents the wholehearted effort beresents the wholehearted effort being made by families to make their farms provide most of their living requirements through concentrated work and careful planning.

By producing their own food, these FSA families are releasing food which they would otherwise



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purchase, thus helping to swell the quantity available for the defense effort. In addition to improving Area Save Big Sum more adequate diets, they are augmenting cash incomes by good manmenting cash incomes by good management and planning and setting aside increased funds for medical care, farm operatings, payment of debts and becoming more secure fi-

FSA supervisors have made their mark in guiding and advising the families along the road to security. Good business demands that our farm families plan ahead and that each year they take inventory of what they have and what they owe. They then plan their farm and home operations for the coming year, tak-ing into consideration what they have on hand, the needs for the fam ily and the farm, the estimated cash income and what will be required to meet these needs. By keeping records of money spent and check-ing their saving and spending plan it is possible to make better use of their income. The supervisors plan with the family the guidance need-ed in order to carry out the plan. They have taught the FSA families how to produce food as well as the methods of conserving and preparing, approved by the agricultural ex-

tension service.

During 1944 the 20 home economists who have charge of the home management program of the FSA gave 974 demonstrations to families or groups of families on the FSA program. These lessons taught, in addition to food production and conservation, included what to eat and ways of preparing and serving, making American cheese from surplus milk, bread making, and use of whole grain cereals, health problems lems and construction of first aid units, care and construction of cloth-

ing, and sanitation and storage.
Since there is a great need for medical and hospital care in the rural areas of North Carolina, FSA, through the Blue Cross Hospital In surance Association of Chapel Hill and Durham, have made it possible and Durham, have made it possible for FSA families to get hospital insurance at a rate within their ability to pay. At present 2,604 families in this area are receiving protection of this policy. In addition to this, a large number of families are carrying surgical care insurance which has been arranged by the FSA.

FSA families are becoming more health conscious and are taking advantage of the services rendered by the county health departments and the various clinics held in the coun-

Mildred L. Sedberry, home management supervisor for Watauga and Avery counties, and the 307 homemakers with whom she is working, are to be congratulated on the contribution they have made during the very incomplete. during the year in canning 178,837 quarts of fruits and vegetables and meats, storing and drying 19,761 bushels of fruits and vegetables and the general progress they have made along the road to security.

GORDON H. WINKLER

M. R. Maddux, Prop

In Liberation Army



Cpl. Robert Holder, son of Mr. and Mrs. F. F. Holder, of Blowand Mrs. F. F. Holder, of Blow-ing Rock, who is now in the Philippines, has been in service since October, 1942. He received his training at Camp Rohinson, Ark., and Brigham City, Utah. After a year spent in the South Pacific he proceeded to the Phil-ippines in December, 1944. Writ-ing his parents he says: "This is a wonderful place compared with a wonderful place compared with other places we have been. Even the children are singing 'God Bless America.' After hearing this I could realize why we are flighting this war, if we can make people as happy as the Filipino children. The people are good to us—bring us cooked chickens, wash our clothes, and many oth-er kindnesses." In one of his let-ters he said he had the privilege of meeting the man he worked for, General Douglas MacArthur.

Seventh War Loan Goal Placed at 14 Billions

Washington — Secretary Morgen-thau announced Saturday a \$14,-000,000,000 goal for the Seventh War Loan, divided evenly between indi-viduals and corporations. The \$7,000,000,000 quota for indi-

viduals is the highest ever assigned them. The series E quota of \$4,000,them. The series E quota of \$4,000,000,000 is also more than Mr. and Mrs. America have been asked to dig up for that class of securities here-

The total quota is the same as that of the Sixth War Loan.
In order to sell the unprecedented amount of bonds to non-corporate investors the treasury set the long-

est sales period yet.

The formal drive with its customary great promotional campaign will extend from May 14 to June 30
—seven weeks as compared with
four weeks in the Sixth War Loan
from November 20 to December 16.

In addition to this seven week drive, an "intensification of activi-ties" in the sale of series E bonds will begin April 9, when millions of persons in payroll savings plans throughout the country will be asked to enlarge their participation as a part of the Seventh War Loan.

Over a period of nearly three months—April 9 through July 7—all series F. F. and C. residents.

series E, F and G savings bonds and series C savings notes processed through the Federal Reserve Banks

Morgenthau said at a news con-ference he feels that lifting the quota on individual sales and E bonds and extending the time over a three-month period "ought to have a good effect in curbing in-

Good Care of Bees Will Triple Honey

Get ready for the transfer of bees from old-fashioned box and log gums to modern hives at the begin-ning of the first important early spring honey flow, says Prof. Ross O. Stevens of the zoology depart-ment at State College.

He explains that one good colony is worth more than a half dozen mediocre colonies. One may get a start in bees either by buying complete colonies or by obtaining bees

sand placing them in modern hives.

Swarms may be obtained in one of three ways, according to Stevens.

Packages of bees may be bought from reliable raisers. Second, swarms may be obtained during the swarming season from other nearby beekeepers. Third, bees may be transferred from old-fashioned gums to modern hives.

Stevens cites several advantages of the modern hive: with removable frames, it is possible to make sure that enough honey is left for the bees; to find old queens and replace them with vigorous queens; to regu-late the brood chamber so as to pro-duce more worker bees and fewer drones; to control swarming more effectively; and to take off surplus honey without the messy job of cutting it out.

With better management of bees,

North Carolina should easily pro-duce three times as much honey as at presnt, according to Stevens.

Practical suggestions on improved beekeeping may be found in Extension Circular No. 274. A free copy of this publication may be obtained at the office of the county agent or by writing the Agricultural Editor. by writing the Agricultural Editor, State College, Raleigh.

A promising new use for penicillin is the treatment of mastitis, one of the most injurious diseases of dairy cows.

Boone Flower Shop Cut Plowers, Potted Plants.

FARMERS IN STATE GE HALF BILLION FOR CROPS IN 1944 with the state department culture announced today. OPA Price and

All farm auctions of government surplus property by the RFC, under auspices of the War Food adminis-tration, will be subject to price ceilings, according to the local OPA

Surplus government property sold at RFC auctions covers a wide va-riety of items, Mr. Olsen reports, including such essentials as wire, nails, hand tools, screws and mis-cellaneous farm supplies.

Shoe Dealers Reminded
All shoe dealers in Watauga and neighboring counties were cautioned this week by OPA to keep necessary records of the recent "odd lot" sale of ration free shoes. Records should include the number of such shoes bought and the number sold during the stamp-free period, Feb. 19-March 10. This information should be attached to the dealer's regular inventory records, Mr. Olsen said.

Gasoline

Concurrent with its announcement that A-15 gas coupons are valid from March 22 through June 21, the Watauga War 'Price and Rationing board again reminds motorists of the extreme need of con-serving all gasoline possible.

"With our war leaders stepping up offensive action on every front," said Board Chairman G. H. Winkler, "gasoline takes on more omportance than ever as a war weapon. One single raid on Japan, Berlin or oth-er targets can consume a million

er targets can consume a million gallons of gasoline—and we here at home have to see that the gasoline is there to be used."

Warning against buying or selling gasoline without coupons, Mr. Winkler announced: "The gasoline black marketer is not only cheating his neighbors of their fair share of scarce gasoline; but in effect he is draining it from the tanks of our pilots over enemy targets."

Sugar Sugar may be sweet to the user, but it turns sour for the grocer who accepts loose ration stamps, Mr. R. A. Olsen, of the local ration board, and the standard of the local ration board, said yesterday.

"A surprising number of counter-feit sugar stamps are turning up at our region verification center in Atlanta," Mr. Olsen said, "and it's being pinned right back on the gro-

"Any dealer who accepts counterfeit sugar stamps," explained Mr. Olsen, "will have the total value Olsen, "will have the total value of the counterfeits deducted from his future allotments of sugar. And if it turns out he accepted the counterfeits wilfully then appropriate action will be taken."

with the state department of agri-

Raleigh, March 20 — Receiving \$504,044,000 for their crops during 1944, North Carolina farmers ranked third in the nation in total from tobacco, while cotton accounted third in the nation in total from tobacco, while cotton accounted for \$80,590,000, and peanuts and soybeans, \$27,919,000.

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