WATAUGA DEMOCRAT-EVERY THURSDAY-BOONE, N. C. **JANUARY 13, 1949**. Sarah Anne's 1 bay leaf State College Hints prevent cuts as well as possible toy cannot be fixed for safety, it Many Tar Heel farms contain North Carolina's goal in lespe-No one can live on vitamins style or American cheese grated. alone, yet no one can live with-drain. Chop all coarsely. Put but-out them. They are made in ter, onion, garlie and celery in likely to accumulate around the tary by ordinary dish washing chemical laboratories and can be large kettle; brown slowly for 5 house, are accident hazards. Act cracked components, stiring bccasionally, which should be discarded health hazard as well as an acci-wave for the male forelock. High er foods which can and should be seasonings, and vinegar. Cover, Any chipped or cracked glass. Grees Gumbs waste of food. Chipped enamel-pays to throw it away. 1 tablespoon vinegar idle land which would be ideal deza seed production for 1948 has Finally, be sure not to throw for pasture production. been set at 215,000 acres. it's about time to treat your watch to reconversion water, promptly. Cover, Any chipped or cracked glass-. Tipsy pots and pans have stunt of years ago by getting slowly ware—whether, tumbler, caming caused many a serious burn permanents for a front lock of beans, warejar, cooking or serving dish Cooking utensils should stand hair, leaving the rest of their mon—should be retired from use to steady on the stove. Our repair specialists can now do the thorough rejuvenation job you've delayed so long, at a reasonable Green Gumbe 4 medium sized carrots 1-2 pound spinach 1-2 head lettuce 1-4 medium sized cabbage 3 tablescores built cover and simmer for 30 hair in its natural state. price. A TIP: re-style your watch with Lives Cakes with Bacon
Liver Cakes with Bacon
2 1-2 cups ground liver
2 slices bacon, cut in small Office of the Register of December, 1946, and recorded in the trate structions from the lightly beaten
1-2 cup bread crumbs
1-4 cup stock or milk
1 teaspoon salt
Pepper
Strips of bacon
Strips of bacon
Mix liver, pieces of bacon, and metsioned of crumbs which have
The ACT, NO, 1: Beginning on all contracts of the contained of the structure struct Home medicine cabinets are inutes. Serve hot, topped with a smart, new, nationally-advertised watch band by JACQUES KREISLER. rounds of toast sprinkled BASKETWRAVE BAND SHOWN, \$12.50 3 tablespoons butter or mar garine 1-4 cup chopped onion 1 teaspoon chopped garlic STALLINGS JEWELERS 1-4 cup chopped celery 6 cups water 2 1-2 teaspoons salt At the Sign of the Clock 1-4 teaspoon thyme BOONE, N. C. Strips of bacon Mix liver, pieces of bacon, and the bread crumbs which have been moistened in the beaten egg and milk. Add salt and pep-per. Shape into thin cakes and wrap with strips of bacon. Broil Turn once during cooking. Ham with Scrambled Eggs and 1 large onion chopped 1 large green pepper chopped 1 teaspoon sugar 6 eggs Fry the slice of ham, then re-6 eggs Fry the slice of ham, then re-f eggs and mile the tomatoes, salt, pepper, and sugar. Cook until brown. Add the tomatoes, salt, pepper, and sugar. Cook until somewhat thickened, then add the slightly beaten eggs and Baked Chopped Steak with based Chopped Steak with base chopped Steak with based Cho To Relieve lisery of take OOD New Chevrolet for For Extra Wear-In Good Shoe Repair SEE US TODAY **Daniel Boone Shoe** Shop CHAS. C. ROGERS, Mgr. WHITE LILY. FLOUR May 8, 1939. This the 3rd day of January, 1949 W. H. Strickland, Trustee 1-13-4c Baked Chopped Steak with Onions NOTICE OF SERVICE OF SUMMONS BY PUBLICATION IN THE SUPERIOR COURT 1 1-2 lbs. beef chopped in For Baking small pieces at its Best

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small pieces Salt and pepper 2-3 cup evaporated milk unli-luted 2 tablespoons mustard 4 medium sized onions peeled and cut into thin slices 2 tablespoons fat Mix chopped beef and milk. Season with salt and pepper. Shape into 2 round flat cakes. Spread each with 1 tablespoon prepared mustard. Separate on-ions into rings. Arrange meat cakes in baking pan, shortcake fashion, with sliced onions be-tween layers and on top. Sprinkle with salt and pepper. Dot with fat, bake in an oven 350 degreese for 50 minutes. Cover in last half hour of baking. Baste occassion-ally. **Vegetable Salad** salad bowl. Arrange shredded dried beef in circle in center, heaving border or lettuce. Gar-

then ring of carrot around beef,

then ring of carrot around beef, leaving border or lettuce. Gar-3 cups crisp, shredded lettuce 1 onion sliced 1-4 pound dried beef 1 cup shredded carrots 1-3 cup green pepper shredded Place lettuce and onion in nish with green pepper. Serve with cottage cheese dressing. Cottage Cheese Dressing 1-2 cup French dressing 1-4 cup cottage cheese Salt, pepper, cayenne Salt, pepper, cayenne

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Salt, pepper, cayenne 18 teaspoon Worcestershire sauce Combine all ingredients and beat with a fork until well mixed. Chill before serving. VICEE STATION

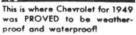
By order of the Watauga County oard of Elections dated December 1948. R. T. GREER Chairman, Watauga County Board Elections

12-30-40

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BOONE, N. C.

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