

Garden Time

By ROBERT SCHMIDT
In the fall of the year we begin to think of lawns — permanent lawns and winter lawns. In most parts of North Carolina permanent lawns of the bluegrass, Zoysia or fescue are best started in the fall. Centipede and Bermuda grass should not be planted until late spring because heavy freezes will kill the young seedlings.

When we establish a new lawn we hope that it will be with us for a long time without reseeded. Therefore it is very important to do a thorough job of soil preparation before planting. For detailed instructions on soil preparation and planting write to the N. C. Agricultural Extension Service for a bulletin on Carolina Lawns or get one from your county agent.

Zoysia Matrella and Zoysia 52 are two new grasses that will make beautiful lawns in sun or partial shade. However, they are expensive and slow to start. Merion bluegrass is a very promising new strain of bluegrass for the areas where bluegrass will thrive. In the hotter portions of the state centipede grass may be used as a substitute for Bermuda grass. It is low growing but a little coarser than Bermuda and does not grow underground, which makes it less objectionable.

In passing through eastern and central North Carolina during winter you will see many bright green lawns. These lawns are winter lawns of Italian rye grass, usually sown in Bermuda or other permanent sods during late September or October. Italian rye grass is an annual grass which grows during mild winters and springs and dies out during summer. It must be replanted each fall. Sow seed directly on the permanent grass sod and lightly rake it in. Five pounds of seed per 100 sq. ft. is usually sufficient. In order to get a dark green color in the rye grass apply 15 to 20 pounds of a good garden fertilizer per 1000 sq. ft. and water it about a week before sowing. It is not recommended to sow rye grass in a bluegrass lawn because of the danger of crowding out the bluegrass in the spring.

Leaf raking time is close at hand we have the choice of raking and burning our annual crop of leaves or of composting them for use in the garden. If you are trying to grow a new lawn or a winter lawn of rye grass it is necessary to rake the leaves off the young grass plants at least once a week or possibly more often in order to keep from smothering the seedling plants.

Burning your leaf crop is an easy way to dispose of it but it wastes good organic material which is badly needed by our garden soils. Leaves may be piled up and composted or rotted in the following manner:

Pile up leaves in a flat pile about 12 inches deep in a corner of the garden where they can be left undisturbed for several months. Wet them down thoroughly and sprinkle about a cup of 8-8-8 fertilizer for each 10 square feet of leaf pile surface. Any fertilizer rich in nitrogen may be used.

If the leaves are to be used for the vegetable garden a cup of ground limestone may be added with the cup of fertilizer. No lime should be added if the leaves are to be used for azalea or camellia plantings.

Then another 12 inch layer of leaves should be added and wet down and more fertilizer sprinkled. The compost pile can be built up to a height of about 6 feet and covered with a thin layer of soil and left for about 10 to 12 months. During this time it should be kept wet.

At the end of the year the leaves will be thoroughly rotted and may be used as a soil conditioner in the garden.

There is a machine on the market that will rake up the leaves and shred them at the same time and redistribute them over the surface of the ground or lawn, making it unnecessary to pile them up and rot them. I know of a garden club that has purchased one of these shredders for the use of its members. It sounds good to me, but may be somewhat expensive.

More beef at "moderately" low price due next year.

Home Ec Group Thanks Citizens

The Home Economics club of Appalachian State Teachers college and the clubs of Province III wish to express appreciation and thanks to the business firms in Boone that so generously contributed door prizes and souvenirs to the Province III workshop held at the college over the past week end.

The success of the workshop was brought about because of the generosity and hospitality of the people of Boone and the various individuals and departments of the people of Boone and the various individuals and departments of Appalachian State Teachers college.

To these groups and all others who contributed in any way, the club members wish to express a heartfelt "Thank you."

Household Hints For Homemakers

Homemakers—Planning meals that are balanced in nutrients is not enough for you to do. We must plan food combinations that are not only good to eat, nutritionally right, but our food must look appetizing as well. Food must have not only taste appeal but eye appeal.

All this goes towards making meal planning, preparation, and serving an interesting part of homemaking rather than a laborious chore.

People have established certain principles through practicing customs which we consider to be essential for correct table service and good table manners. It's important nowadays for every one to know what customs say we must do in the way of meal time etiquette.

Take advantage of all the different ways to cook vegetables to add texture and flavor to your menus. Why cook in the same way, day in and day out, vegetables, meats, salads, desserts?

Fingernail polish on shoe strings — sometimes metal tips come off of shoe strings. Try dipping the end of shoe string in clear fingernail polish. Two heavy dips would last a good long time. Of course, the polish must dry thoroughly between each dip.

Use kerosene to remove lettering on feed bags. It doesn't always work—most times it does. Lettering on flour or feed bags will come right out when kerosene has been poured on the letters and then rolled up for a day or two, or less time.

Hot oatmeal for breakfast is the pep-giver that can start your day out right. It takes but a few minutes to prepare the flaky oatmeal many of us like best, but a bit longer if you prefer it creamy smooth. Whichever way you prepare it, oatmeal will not lose value during the cooking period. Even when oatmeal is cooked several hours, there is no appreciable difference in food value from that cooked a few minutes, the nutritionists tell us.

As a tempting dish, oatmeal with cream and sugar leads in popularity. You may also add raisins or your favorite spices or dried cooked apricots or prunes. These changes will bring approval from the members of your family. And by eating your oatmeal with brown sugar, it adds a delightful new flavor.

Pressing Synthetic Fabrics Never "strike when the iron is hot" if you are pressing any of the synthetic fabrics or even fabrics that are mixtures of synthetic and other fibers, clothing specialists warn. One touch of a hot iron has ruined many a garment.

It pays to start with low heat on any ironing job and then adjust the temperature to the fabric. Even cotton and linens, which generally can take a hotter iron than other fabric, may have special finishes that call for less heat.

PERSONAL INCOME
The personal income of the people of the United States in August was at the annual rate of \$267,000,000,000, or three billion more than the July rate, according to the Department of Commerce.



Dixie Home Super Markets

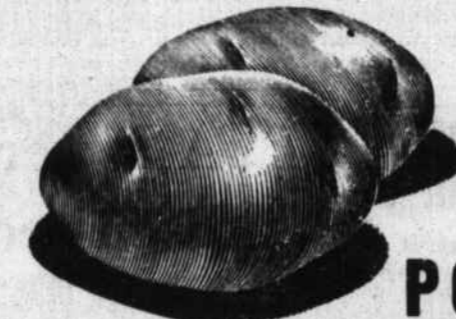
Frozen Food Values!

- PictSweet Frozen Fresh Cut Corn... 2 10-Oz. Pkgs. 31¢
- PictSweet Frozen Fresh Mixed Vegetables... 2 10-Oz. Pkgs. 31¢
- PictSweet Frozen Fresh Young Green Peas... 2 10-Oz. Pkgs. 31¢
- Delicious Southland Strawberries... 12-Oz. Pkg. 29¢

- ### Other Grocery Values!
- Del Monte Yellow Cling Slices Or Halves Peaches... No. 303 Can 22¢
 - Del Monte Brand Whole Green Beans... No. 303 Can 26¢

Famous Pantry Shelf Meal
ARMOUR'S TREET
12-Oz. Can 45¢

Dinty Moore BEEF STEW 24-Oz. Can 52¢	Lipton Noodle SOUP MIX Pkg. 13¢	Lipton Tomato Vegetable SOUP MIX Pkg. 13¢	Peanut Butter BEECH-NUT 11-Oz. Jar 39¢	Coffee BEECH-NUT Lb. Can 94¢	Paper Handkerchiefs MARCAL Pkg. of 100 10¢
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A peer among vegetables, potatoes are nutritious and flavorful as well as economical. Serve them often. An exceptional buy!

- Large Sweet Bell Peppers 2 Lbs. 25¢
- Crisp Green Iceberg Lettuce Lge. Head 17¢
- Fresh Full-O-Milk Large Coconuts Each 17¢
- California Flame Tokay Grapes 3 Lbs. 35¢
- Crisp Green Collards Lge. Bch. 25¢
- Crisp Golden Heart Celery Extra Lge. Stalk 15¢

Dixie Thrifty says...
"HURRY! HURRY! LAST BIG WEEK!"

DEL MONTE ROUND-UP!

"If you haven't cornered your share of these big Del Monte values, this second week of my thrifty Del Monte Round-Up is your chance to stock your pantry. Luscious fruits and "garden-fresh" vegetables await your choosing. Get on the chuck wagon and bring home these Del Monte Quality foods!"



- Del Monte Yellow Cling Slices Or Halves Peaches... 2 No. 2 Cans 59¢
- Made With Pineapple Vinegar—Del Monte Tomato Catsup... 3 14-Oz. Bots. 53¢

Experienced Cook Or "Tenderfoot" You'll Be Dessert-Proud With Del Monte Crushed Pineapple... 2 No. 2 Cans 49¢

Make Your Brand The Brand That Puts Flavor First—Del Monte Pineapple Juice 2 46-Oz. Cans 57¢

Delicious Round-Up Of Five Juicy Fruits For Fine Eating—Del Monte Fruit Cocktail... 2 No. 303 Cans 45¢

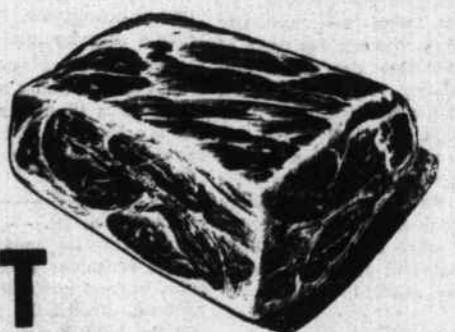
Makes Tasty Casserole Dishes—Del Monte Golden Cream Corn... 2 No. 303 Cans 35¢

- Del Monte Quality Cut Green Beans... No. 303 Can 22¢
- Del Monte Early Garden Sugar Peas... No. 302 Can 21¢
- Del Monte Flavorful Garden Lima Beans... No. 303 Can 27¢
- Chocolate Candy Favorite—Hershey's Kisses... 6-Oz. 8-pk. 25¢
- For Perfect Pancakes—Fillsbury Pancake Mix... 20 Oz. Pkg. 15¢
- Swans Down Instant Cake Mix... 16-Oz. Pkg. 35¢

- ### Stock Your Shelves!
- Healthful Del Monte Prune Juice... Qt. 33¢
 - Salad Favorite—Del Monte Bartlett Pears No. 303 Can 27¢
 - Chef Boy-Ar-Dee Spaghetti & Meat Balls... 152-Oz. Can 25¢
 - Brikat's Premium Coconut... 4-Oz. Pkg. 15¢
 - Ready To Use—Hershey's Chocolate Syrup... 16-Oz. Can 15¢
 - Baker's 4 In 1 Instant Sweet Cocoa Mix... 8-Oz. Pkg. 19¢
 - Post's Healthful Cereal Raisin Bran... 10-Oz. Pkg. 16¢
 - Adits Zest To Meals—Del Monte Chili Sauce... 12-Oz. Bot. 23¢
 - Del Monte Seedless Raisins... 15-Oz. Pkg. 22¢
 - Argo Medium Size Sugar Peas 2 No. 303 Cans 31¢

Talk Of The Town Value!

You can easily divide this economical cut at home into several different meals—a roast, using the part with the bone—boneless steaks for braising—and cube the rest for chop suey or tasty casserole dishes. A Real Buy!



BOSTON BUTT PORK ROAST Lb. 39¢

Dixie-Home's Exclusive Recipe—Hot Or Mild Seasoning (Cups Or Rolls)
Pinky Pig Pork Sausage.. Lb. 39¢

Serve It As Is Or Lightly Fried For Hot Meals
All Meat Bologna... Lb. 39¢

Gerber's Strained BABY FOODS 3 Jars 29¢	Southern Gold Colored 1/4's MARGARINE Lb. 28¢	Macaroni Or Spaghetti DELMONICO 7-Oz. Pkg. 9¢	Swift's JEWEL OIL Pint Bot. 30¢	Staley's Starch STA-FLO Qt Bot. 21¢	Granulated Soap OCTAGON Lge. Pkg. 29¢
MarVELous For Dishes VEL Lge. Pkg. 29¢	For Family Wash FAB Lge. Pkg. 29¢	Laundry Soap OCTAGON 3 Bats 22¢	Soap Powder OCTAGON Lge. Pkg. 21¢	Cleanser OCTAGON Can 10¢	Foaming Cleanser A JAX 14-Oz. Can 12¢

DIXIE HOME'S EVERYDAY LOW PRICES MEAN YOU CAN SHOP ANY DAY AND SAVE ANY WAY!

Try **BISMAREX** for Acid Indigestion. Insist on genuine BISMAREX and refuse other so-called Anti-acid Powders, recommended to be "just as good" BISMAREX is sold in Watauga county at **BOONE DRUG CO.** The REXALL Store

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Everything Photographic
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