

Planetarium Has Colorful Easter Week Programs

The fourth annual Easter program opened at the Morehead Planetarium last Tuesday evening. Presentations are being given at 8:30 every evening and in the afternoons on Saturdays at 3:00 and 4:00 and on Sundays at 2:00, 3:00 and 4:00. Special demonstrations are given by advance reservation for school groups on Wednesday and Thursday of each week. Individual mail order tickets are available for every public performance. Last year nearly 20,000 visitors attended the Easter program.

"Easter, The Awakening" combines science and religion in a beautiful seasonal concept. Huge scenes portray the glory of Easter and its significance. These sets cover a combined length of half the perimeter of the large Planetarium dome, and range in height up to thirty-five feet above the audience. They are concealed from the audience until the psychological moment, when successively they appear, bathed in warm colors, to visibly relate the narrated scriptures. The sequences include "The Last Supper," "Agony in the Garden," "The Crucifixion," "The Sepulchre," and "The Resurrection."

An altar with forty-one candles ranging in height up to six feet supports a great "stained glass" window. The altar adorns the figure of the risen Christ, which occupies the central panel of the window. This set alone spans the entire southern portion of the chamber and takes hundreds of map-hours to erect each year. When completely illuminated by almost seven thousand watts of power, this work of art provides an exciting climax to the greatest of all stories: that of Easter, the season of awakening for nature and man.

Bethel Home Club Meets

The Bethel Home Demonstration Club met at the home of Mrs. E. N. Norris on March 25. The meeting was opened with a song, after which Mrs. Lula Earp conducted the devotional exercises. Plans for the Red Cross campaign were made, and other business attended to.

Mrs. Mary Helen Neil's demonstration was on "Built-ins." She showed a number of colored slides presenting the idea of built-in cabinets in every room which would provide for the storage of every article near the space where it is used. We saw attractive bed rooms with only a bed, two chairs and a lamp as furnishings, the other furniture being replaced with built-ins.

Mrs. W. R. Vines provided the recreation with a contest, prizes for which were given by Mrs. Vines and the hostesses.

Refreshments were served the 19 members present by the hostess, assisted by Mrs. Lula Earp and Mrs. Mona Norris.

Mrs. Fred Farthing of Wythville, Va., visited the club.

CARD OF THANKS

We wish to express our sincere appreciation to our neighbors and friends for every act of kindness and expression of sympathy shown us in the illness and death of our beloved husband and father. We also wish to thank every one for the food and flowers sent—MRS. CLARENCE MCGHEE AND FAMILY.

Art Is Theme For Annual Banquet Of Woman's Club

"Art is our American Heritage" was the theme of the annual banquet of the Worthwhile Woman's Club, federated club of Boone, held March 26 at Daniel Boone Hotel.

Distinguished speakers were Dr. I. G. Greer of the University of North Carolina, and Mrs. J. Wilbur Bunn of Raleigh, president of the N. C. Federation of Woman's Clubs.

Mrs. John Horton, president, welcomed 60 club members and guests, around tables decorated with spring daffodils, log cabins and local wood carvings of mountain men and animals. Mrs. A. E. South introduced six charter members, on this 30th anniversary of the club, recognized past presidents, and gave events in club history, all in verse. Charter members present included Mrs. Cicero Greer, Mrs. Watt Gragg, Mrs. Wiley Hartzog, Mrs. E. S. Qualla, Mrs. Dempsey Wilcox, and Mrs. Ralph Winkler.

Dr. I. G. Greer stressed the quality of our mountain heritage of Old English ballads and folk songs, and sang to Mrs. Greer's accompaniment upon a mountain dulcimer.

Mrs. J. Wilbur Bunn declared all doors, all activities and opportunities are now open to women, so far as they choose to go. She believes women may still subtly best express themselves through intimate influence in home and family, as when Cyrus Dallin sculptured his mother in his inspiring "Pioneer Woman," so that she said, "Sen, I don't know how I look, but it looks just like I feel." She cited the opinion of the Juvenile Court Judge, that, when mothers are faithful to home and children, juvenile courts will not be needed.

Exercise taken for pleasure is described as a prime deterrent of the effects of aging.

CARD OF THANKS

We wish to express our sincere thanks to our friends and neighbors for their many acts of kindness and expressions of sympathy incident to the illness and death of J. G. Hodges.—THE HODGES FAMILY.

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The REXALL Store

Conservationist Urges Farmers To Learn Capabilities Of Land

By H. J. WILLIAMS

Do you know what each acre of your farm is capable of doing?

The first step in conservation farming is to start using each acre of land for a job that it is suited to do. Some land is suited for cultivation, some is best suited for grass or trees. On some of your cultivated land you must use a lot of conservation measures; on other land you need nothing but ordinary good farming methods. Each acre of land has its capabilities. It is capable of doing certain things for you, if you treat it right. But you must use each acre for the job it is capable of doing and treat it with the conservation measures it needs, if you expect it to last and to return a profit on your work.

The capabilities of land are determined mainly by the kind of soil, depth of soil, the slope of the land, and the amount and kind of erosion.

You can restore a depleted soil by adding fertilizer, organic matter, or lime where needed. But even though you improve a soil in some ways, you can't change the kind of soil; you can't change the slope by any practical means; and you can't change the topsoil, once it has washed away.

The above picture shows the classification of lands in the Watauga Soil Conservation District. These classes are based on a soil survey that is available to any farmer in the county. The first four classes of land are suited to cultivation, if necessary measures are taken to prevent soil and water losses.

Class I land has no conservation problem while the problems become greater and more care is needed as the classes reach higher numbers, with Class IV land requiring great care to prevent excess soil losses. Land in Class V is of a wet nature and usually cannot be drained sufficiently for crop production, but produces good hay or pasture. Class VI and VII lands are best suited to a permanent type vegetation such as hay, pasture, or trees. Class VIII is suited only for wildlife and recreation.

Through the use of soil surveys, Soil Conservation Service is able to assist the farmer in planning a farming program that will bring about better land use, higher yields, and a lasting type of agriculture.

Sweet Corn Is Gardening Topic

By ROBERT SCHMIDT

With the coming of spring weather and the swelling of dogwood buds it is time to talk about sweet corn again. There are a few gardeners who still plant early varieties of field corn for roasting ears because the ears are large and there are not many earworms. However, once they have given real sweet corn a fair trial, they will not be satisfied with field corn. There is no comparison in edible quality.

There are a number of very good hybrid sweet corn varieties to choose from. In order of earliness the following are recommended: North Star, Seneca Chief, Hoosier Gold, Golden Cross Bantam, Iowa, Huron, Aristogold. These are all yellow corns. Early and late varieties may be planted at the same time in order to get a succession of harvest, or any one variety may be planted at two weeks intervals. Corn is mostly wind pollinated and therefore it is best to plant in blocks of two or three rows rather than in a single row. Sweet corn may be planted a little closer than field corn because it usually makes a smaller stalk growth.

Sweet corn is of best quality if used as soon as harvested. If it cannot be used immediately, it should be kept on ice or in the refrigerator, otherwise it will lose a large part of its sugar content in a few hours and will taste like field corn.

The entomologists have developed a fairly good control for the earworm—a spray of DDT emulsion that is applied to the silks. Instructions on earworm control may be obtained by writing the N. C. Agricultural Extension Service, N. C. State College, Raleigh.

Thirty-three consumer food-marketing specialists are now working in 25 states and Puerto Rico under funds provided by the Research and Marketing Act of 1946.



LAND CAPABILITY CLASSES

SUITED FOR CULTIVATION	NO CULTIVATION PRACTICAL, USE WOODLAND OR PASTURE
1. SOILS OF HIGH FERTILITY AND DEPTH	1. SOILS OF LOW FERTILITY AND SHALLOW DEPTH
2. SOILS OF MODERATE FERTILITY AND DEPTH	2. SOILS OF MODERATE FERTILITY AND SHALLOW DEPTH
3. SOILS OF MODERATE FERTILITY AND DEPTH	3. SOILS OF MODERATE FERTILITY AND SHALLOW DEPTH
4. SOILS OF MODERATE FERTILITY AND DEPTH	4. SOILS OF MODERATE FERTILITY AND SHALLOW DEPTH
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Mrs. Francis Says Tuberculosis Can Be Detected In Early Stages

By Mrs. FRANCES C. FRANCIS

Years ago it was difficult to detect tuberculosis until the disease was in an advanced stage and visible signs, such as coughing, expectoration of blood, and noticeable loss of weight, had appeared.

While all stages of tuberculosis are serious, the patient whose disease is found early and treated promptly has the best chance of a relatively quick recovery.

Today, tuberculosis can be found in an early stage, when it is easiest to cure. One of the greatest aids in finding tuberculosis in the early stage is the chest x-ray, for the x-ray can detect tuberculosis before outward symptoms appear.

Some people are misled by a diagnosis of an early case of tuberculosis. They are inclined to think of an "early case" as a "slight case" which can be lightly dismissed. On the contrary, tuberculosis is serious in all its stages and, if ignored or neglected, it may progress to a fatal stage.

Furthermore, tuberculosis can be spread by persons who have it even in an early stage. For his own protection, and that of his family and friends, the person who has received a diagnosis of tuberculosis should seek prompt treatment.

Fortunately, through increasingly widespread use of the x-ray, more cases are being found in the early stage than formerly. People know more about tuberculosis these days than they used to, and more of them are forming the excellent habit of regular physical examinations and chest x-rays.

Moreover, with an estimated 200,000 "unknown" cases of tuberculosis still to be found, tuberculosis associations and health departments in communities all over the nation are cooperatively conducting x-ray surveys on apparently healthy people. Since tuberculosis has no obvious symptoms in its early stages, many of these unknown cases are found and will continue to be found among the apparently healthy.

About Your Home

By FRANCES DELL

The killing action of nicotine insecticide can be increased ten times by mixing it with polyethylene glycol compounds. The old-time nicotine has always been one of the most effective insecticides for controlling aphids.

When polyethylene glycol is added to nicotine, the power of nicotine to penetrate the skin of the insect is increased. Thoughtless handling of nicotine can be quite dangerous, as there is a possibility of skin absorption.

There is a new control for wingworms, earworms, white grubs, and other soil insects which damage vegetables. It comes in convenient capsules which are pressed into the soil at intervals. The moisture in the soil dissolves them, releasing the gas.

The soil temperature should be above sixty degrees for good control.

Household Hints For Homemakers

Let's make housekeeping easier by carrying out these suggestions from home management specialist Mamie N. Whisnant, State College, Raleigh.

HOUSE CLEANING—Clean by taking dirt away, and not by scattering it to settle down again. Use a broom less and a treated mop and treated dust cloth more. Dust before you clean floors. Sometimes dusting isn't done if floor cleaning comes first.

Do heavy cleaning a little at a time.

Use improved cellulose or sponge rubber wet mop with self-wringing device instead of the old cotton or string type. It makes mopping easier.

Use long-handled tools especially for the floor: dustpan, mops, brushes, polisher. It saves much stooping and bending.

Dust walls regularly. If you have no vacuum cleaner, use a soft flannel bag made to fit over your broom.

Schedule window washing so that they will be done a few at a time.

Wax window sills, door handles and thresholds, refrigerator, washing machine — waxed surfaces are easier to clean.

LAUNDRING—Have convenient storage at washing center for all small laundry supplies and equipment.

Use cart, wheelbarrow or children's wagon to take wet clothes to line.

Use clothes-pin apron to save time and energy when hanging up clothes.

Hang up work shirts and overalls dripping wet. Don't wring

them and they will need very little ironing.

Hang sheets on line dripping wet; when dry, fold correctly from line and little, if any, ironing will be necessary—only top hem and selvage.

TRADE AT HOME

Suggestions For Housewives

Laundry Hits for Work Clothes

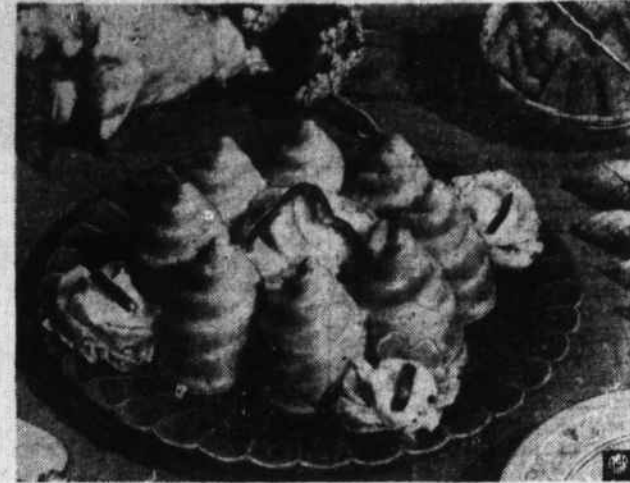
First of all shake work clothes thoroughly to remove all loose dirt. Turn cuffs down, turn pockets inside out. Stubborn stains should be removed and all rips and tears mended before washing.

Glove Washing
Fabric gloves, cotton, nylon.

rayon are all washable. Colored cotton, nylon, and rayon gloves should be tested for colorfastness before washing—if there is no sign of bleeding, wash them with other fast-colored items. Dry your fabric gloves as fast as possible.

Many leather gloves are washable. Read the labels first! It is too late to wash leather gloves if they already have been dry cleaned. White capeskin and doeskin are popular leather gloves for Spring.

New Salad Success



Make a Soufflé Salad, the new Fast-Frost way, and you will have prepared a molded salad quicker than ever before possible. The technique calls for putting a basic mixture of real mayonnaise, lemon or lime-flavored gelatin, vinegar, salt and pepper into the freezing compartment of the refrigerator for 15 to 20 minutes, which speeds up the setting time.

Then to this basic mixture, meat, fish, hard-cooked eggs, cheese, vegetables or fruit can be added making the Soufflé Salad an all-purpose salad: appetizer, side dish, entree or dessert. Here for a luncheon entrée to be served with soup and hot muffins, or as an accompanying salad with dinner, is a delicious Tomato Soufflé Salad.

Tomato Soufflé Salad

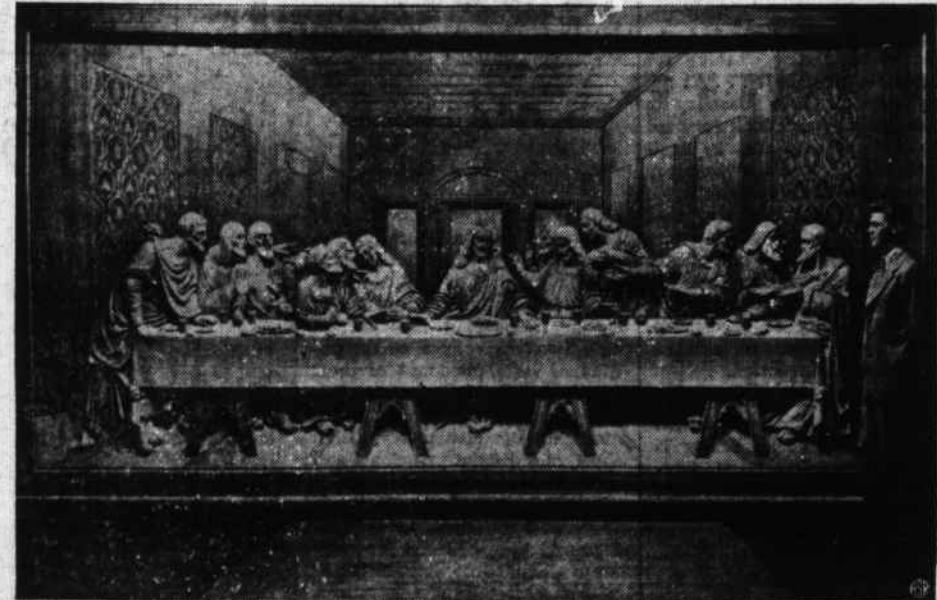
- 1 package lemon-flavored gelatin
- 1 cup hot water
- 1 can condensed tomato soup
- 2 tablespoons vinegar
- 1/2 cup real mayonnaise
- 1/2 teaspoon salt
- 1/2 teaspoon Worcestershire sauce
- Dash of pepper
- 2 packages (3 ounces each) cream cheese
- 1 cup diced celery
- 1/2 cup chopped green pepper

Dissolve gelatin in hot water. Add soup, vinegar, mayonnaise, salt, Worcestershire sauce, pepper, and cream cheese. Blend well with rotary beater. Pour into refrigerator freezing tray.

Quick-chill in freezing unit (without changing control) 15 to 20 minutes, or until firm about 1 inch from edge but soft in center. Turn mixture into bowl and whip with rotary beater until fluffy.

Fold in celery and green pepper. Pour into 1-quart mold or individual molds. Chill until firm in refrigerator (not freezing unit) 30 to 60 minutes. Unmold. Garnish with lettuce cups filled with mayonnaise and topped with strips of green pepper. Makes 8 servings.

Life-size Wood Carving of Last Supper



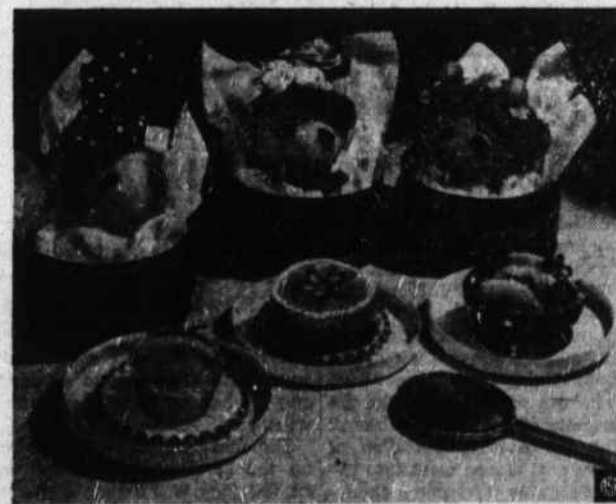
Courtesy Christian Science Monitor

BOSTON, MASS.—All the specialized skills of some of the finest craftsmen of New England have been combined to create this life-size copy in wood of the famous painting "The Last Supper" by Leonardo da Vinci.

More than a year was used in preparing the great carving—18 1/2 feet long and 8 1/2 feet wide. The figures, of limewood, are delicately tinted to give a feeling of lifelike reality, and a giant frame of contrasting walnut gives it depth. The carving will be the point of central interest in The Upper Room chapel, now nearing completion in Nashville. It is expected that visitors who view the carving will be moved to spend a few moments in prayer and meditation in keeping with the purpose of The Upper Room—a devotional guide issued in 17 languages and used round the world. The chapel itself is part of the new headquarters building for The Upper Room, the world's most widely used devotional guide. It is believed that it will become a devotional shrine and point of interest for visitors of the Mid South.

The picture shows W. D. Irving, of Irving and Casson, New York and Boston, who have produced wood carvings for some of America's greatest churches and cathedrals. The wood carving was done from a model created by Earnest Pellierini.

Put This In Your Spring Bonnet—Florida Grapefruit's A Good Buy!



Come spring, comes not only a desire for fetching new chapeaux but for brighter faces to go with them. And no food's as good for the complexion and the system as grapefruit, rich in vitamin C and low in calories, with its alkalizing attributes.

Fortunately, Florida is sending to local markets large quantities of just-ripe golden grapefruit now, and they are available in various sizes for uses all through the menu. Spring calls, too, for lighter foods, and here grapefruit can't be beat—it's a real spring tonic.

Use the smaller size grapefruit for juicing—fresh grapefruit juice is a wonderful sexy beverage for morning or midday. Serve the halves, varying the toppings, for breakfast, or for luncheon or dinner first or last courses. Here sliced strawberries make a picture-pretty arrangement. Section the whole fruit for fruit cups and salads. Combined with greens and French dressing, grapefruit sections make about the most refreshing salad yet concocted.

Easter Bunny Comes In Style Pulling An Ice Cream Cart



What fun for the family to make an Easter egg cart out of ice cream, drawn by a team of bright-eyed bunny cookies! A perfect cart is the block-shaped carton of pre-packaged ice cream so conveniently available in your grocery or drug store. Buy either a pint or half-gallon of your favorite flavor, depending on your family's size and appetite.

To make the Easter bunny cookies, follow directions for your favorite sugar cookie recipe. Cut half the dough with a bunny cookie cutter, and remaining half with a round cutter. After baking, place bunnies upright on base in small mound of confectioner's sugar frosting. Place block-shaped ice cream on serving platter. Mound shredded coconut on top of ice cream to resemble Easter nest; fill nest with jelly beans. Place chocolate mint patties on sides for wheels, and put bunnies in front. For individual carts, cut each pint of ice cream into 3 or 4 blocks, use two mint patties for wheels.

Take Home A Case



Pepsi-Cola Bottling Co.

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