

# Dry Climate Is Not A Cure-All For T. B.

By MRS. CARL FRANCIS  
Not so long ago people thought a change of climate was just the thing they needed to fight off tuberculosis. Even today, some people with active tuberculosis leave their homes for the warm, dry air of the Southwest. They hope they will find a magic cure in the air or in the heat of the desert sun. But they won't.

This belief is one of the lingering superstitions about tuberculosis, like the misconception that TB is inherited or "runs in the family." It isn't inherited. You aren't born with tuberculosis. TB is an infectious disease, spread from person to person, from the sick to the well. It sometimes seems to run in families because one member of the family passes his germs to another.

It is true that TB germs—tubercle bacilli—may be killed

by direct exposure to the rays of the sun. But germs inside the lungs are not killed by sunshine on the surface of the body. In some forms of TB, such as tuberculosis of the bones, and joints, the sun can be helpful. But in tuberculosis of the lungs, the sun can be harmful. Sun bathing is not recommended for pulmonary tuberculosis patients.

There are other good reasons for not following the will-o'-the-wisp of the sun or the mountains in connection with treatment for tuberculosis. The process of recovering from tuberculosis, under the best conditions, is a long, difficult one. It helps to be in a hospital near your home, since you can then see your family and friends while you are under treatment.

Time and money are both important factors in recovery from TB. The sooner you can enter a tuberculosis hospital the quicker your recovery is likely to be. A long hospital stay costs more money than most people can afford, but every state and many large communities have tuberculosis hospitals supported entirely or principally by tax funds. Since you must be a legal resident of a state to enter a state TB hospital, it is obvious that moving to another state when you are ill will not help.

Legal residence requirements vary from state to state, and in parts of the Southwest run as high as three years. Why run the risk of being stranded far from home with a serious illness? If you have tuberculosis, the best advice is to enter a sanatorium in your own state.

## County Agent Gives Pointers

Are you ready for the spring planting season? W. E. Tuckwiler, Watauga county farm agent points out that there is not much time left to condition your farm equipment before field work starts. Timely servicing of all farm machinery will reduce accidents as well as costly field breakdowns. Poorly conditioned equipment is irritating, fatiguing and inefficient.

Farm machinery repairs should begin with a thorough inspection. The National Safety Council's reminder list of things to check, includes hitches, seats, clutches, brakes, and other controls as well as unguarded revolving parts such as gears, chains, shafts. Check your fuel line and wiring systems. Leaky fuel lines or hazardous wiring can easily lead to a bad fire. It is also important to remove dirt, trash and grease from platforms, pedals, foot rests or steps if safe footing is to be assured when operating equipment.

Careful operators will also take time to equip tractors with fire extinguishers and secure holders for grease guns or other servicing tools carried on the tractor. Loose accessories may lead to falls or other casualties. A secure step or grab bar may also avoid a fall in getting on or off the tractor.

Special care should be taken in checking home made labor saving equipment for accident hazards. The operator's safety is often overlooked in building this type of equipment.

## New Books At County Library

Recent additions at the Public Library in Boone, as announced by Librarian Homer Brown, are as follows:

"The Hidden Flower," by Pearl Buck; "The Balance Wheel," by Taylor Caldwell; "Adventures in Two Worlds," A. J. Cronin; "Giant," by Edna Ferber; "Queen's Gift," by Inglis Fletcher and "Better Vegetables for Your Home Garden," by John H. Melady.

Stocks of five grains in the United States on January 1 were 123.3 million short tons, about 10 per cent above the comparable figure at the beginning of 1952 and 23 per cent above the 1945-49 average.



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**Sugar Peas** .2 No. 303 Cans 31c

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**Campbell's** .2 Cans 27c

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**Dried Beef** .1 2 1/2-Oz. Jar 35c

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**Raisin Bran** .1 No. 1 Pkg. 17c

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**Libby's Olives** .1 3-Oz. Jar 32c

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**Cider Vinegar** .1 Qt. Bot. 18c

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### Frozen Food Values!

Dixie-Home Frozen Fresh — Makes 1 1/2 Pints Enriched Sunshine

**Orange Juice** .2 6 Oz. Cans 27c

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**Beans** .2 10-Oz. Pkgs. 35c

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**Carrots** .2 10-Oz. Pkgs. 35c

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**Green Peas** .2 12-Oz. Pkgs. 35c

Libby's Frozen Fresh Chopped  
**Spinach** .2 Pkgs. 35c

Sweet Golden

**BANTAM CORN**

For a real treat—serve the folks a platterful of this tender sweet corn — drenched in fresh butter!  
**4 Ears 29c**

Fresh Tender

**Green Beans** 2 Lbs. 29c

New Crop Texas Yellow  
**Onions** .3 Lbs. 20c

Crisp Firm Salad  
**Cucumbers** .1 Lb. 10c

Add "Zip" To Menus With Sunkist  
**Lemons** .1 Doz. 43c

Other

### Grocery Values!

Castleberry's Famous Ga.  
**Hash** .1 No. 300 Can 46c

Gorton's Fillet of Salt  
**Mackerel** .1 12-Oz. Can 33c

Stokely Flavorful Shellie  
**Beans** .1 No. 303 Can 21c

Lady Betty Sweet Cucumber  
**Wafers** .1 15-Oz. Jar 21c

Liquid Starch  
**Sta-Flo** .1 Qt. Bot. 21c

Yosemite Yellow Cling  
**Peaches** .1 No. 2 1/2 Can 27c

Keystone Grape  
**Juice** .1 24-Oz. Bot. 30c

Planters Cocktail  
**Peanuts** .1 8-Oz. Can 35c

Marcal Paper

**NAPKINS**

80-Ct. Pkg. 10c

Playmates Sweet Mixed

**PICKLES**

22-Oz. Jar 28c

Nonfat Dry Milk Solids

**CLOVERLEAF**

7-Oz. Pkg. 17c

Armour's Savory

**BEEF STEW**

16-Oz. Can 37c

Priced a Better Buy!

**PINKY PIG PURE PORK**

**SAUSAGE**  
Lb. Cup Only **45c**



### Fish Values!

Center Cut Fish Steaks

**King Mackerel** .1 Lb. 49c

Fish Steak Treat! Red

**Salmon** .1 Lb. 65c

Quality Tender

**Chuck Roast** .1 Lb. 45c

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**Beef Roast** .1 Lb. 59c

Cutrite Wax Paper

125-Pt. Roll 25c

Flavorful Coffee Red Label

**LUZIANNE**

Lb. 87c

Pkg. 87c

Enriched Spaghetti

**SKINNER'S**

7-Oz. 12c

Pkg. 12c

Raisin Wheat Cereal

**SKINNER'S**

10-Oz. 18c

Pkg. 18c

## Take Home A Case



**Pepsi-Cola Bottling Co.**

SPRUCE PINE, N. C.

Armour's Vienna <b>SAUSAGE</b> 1/2 Can 19c	Armour's Corned <b>BEEF HASH</b> 16-Oz. Can 29c	Armour's Tasty <b>CHOPPED HAM</b> 12-Oz. Can 53c	Armour's All Meat <b>TREET</b> 12-Oz. Can 45c	Person's "Sudsy" <b>AMMONIA</b> Pt. bot. 14c	Soap of Beautiful Women <b>CAMAY</b> 3 Reg. Size 23c
Toilet Soap <b>CAMAY</b> 2 Bath Size 23c	Safe Soap Suds <b>DUZ</b> Lge. Pkg. 27c	For Extra White Washes <b>OXYDOL</b> Lge. Pkg. 27c	Famous Detergent <b>TIDE</b> Lge. Pkg. 29c	Blue Magic Suds <b>BLUE CHEER</b> Lge. Pkg. 29c	Foams Away Grease <b>BAB-O</b> Can 12c

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