

KING STREET BY ROB RIVERS

SASSAFRAS TEA MAKES COMEBACK

Many of our readers no doubt remember when there was bone-set and "pennyrite" and catnip and stuff hanging on the back porch or in the woodshed...

Corn pone and sassafras tea, a warm open fireplace, and old Jeff curled at your feet.

Sounds old, maybe. If it does, that's because it is old.

But what with the price of coffee rising as it is, and with this tree called sassafras growing in abundance and wild throughout Tennessee and Western North Carolina...

It's easy to make, this sassafras tea. And it's good and warming to the soul when sweetened with about two teaspoons of sugar.

Many of the old folks say it's best when hot, and not fittin' to drink elsewise.

MODERNS LIKE IT COLD

"We've heard here lately though that some of the "moderns" like it cold, just like they take their iced coffee.

Your bread or cookie is dropped down in the tea and soaked. Then you spoon it out.

Believe it or not, though, sassafras tea is used as a medicinal beverage, a stimulant, as well as a pleasure drink.

The sassafras tree is native to the north temperate zone. There are just a few varieties of it—the most important being the American sassafras—known hifaultingly as sassafras varifolium.

Some folks claim that if you drink it in February you won't have to worry the rest of that year about taking typhoid fever. And the argument seems to be at least partially validated by the generally accepted belief that sassafras thins the blood.

The bark of the root occasionally has been used in medicine as a diuretic; and that oil of sassafras, a rapidly evaporating liquid, also comes from this bark of the roots.

But the people who drink it never think about all these things. They just drink it 'cause they like it. And once you get a yearning for it, it's hard to give it up.

Mind you, if you think you'd like to go out and start brewing a pot, you oughta be watchful for some of things veteran tea drinkers can tell you.

First of all—and most important—don't use the white sassafras roots. Use only the red ones. You can't always tell the difference just by looking at the tree.

SECOND BOIL NECESSARY

Then, you might like to have this word of advice, too. If the first brew from your prepared roots is "sappy," you can throw it right out, turn around and boil those same roots again, and you'll find your tea is not at all sappy.

The more you boil your roots, the redder the tea gets. And that provides a source of much quest.



CAMERA CLINIC PERSONNEL—These photographers will give lectures and demonstrations to amateur photographers this week end at the first Grandfather Mountain Camera Clinic.

Camera Clinic Is Scheduled For Week End At Grandfather

Scout Finances To Be Discussed Friday Evening

Clyde R. Greene, co-chairman of the approaching Boy Scout finance campaign, has called a meeting of his committee for supper on Saturday September 18 at 6:00 o'clock at the Gateway Restaurant.

Dr. Lawrence Owsley is co-chairman of the special committee. Other members include Frank Triplett, Howard Holshouser, Howard Steelman, Howard Cottrell, Glenn Andrews, Dr. J. T. C. Wright, Stanley Harris, Howard Mast, Cecil Miller, and Dr. J. G. Martin.

The above committee has been selected from the various communities in Watauga county which have scouting units to finance the growing Scout activities of the local scouting area.

Retarded Children To Get Attention At Convention

Mr. Taylor Kennerly of High Point, president of North Carolina Association for Retarded Children, has announced that the association will hold its second annual convention on September 18 and 19 in the Robert E. Lee Hotel in Winston-Salem.

Mr. Kennerly, and Mrs. Rebecca Chamberlain, chairman of the Watauga County chapter of the N. C. Association for Retarded Children, emphasized that the association will hold its second annual convention on September 18 and 19 in the Robert E. Lee Hotel in Winston-Salem.

President Eisenhower has signed the bill making peacetime espionage a crime punishable by death.

Mary Helen Isaacs Takes Nursing Job

Miss Mary Helen Isaacs of Reese, N. C. received her diploma from Grace Hospital School of Nursing in Morganton, Sept. 5.

At the beginning of her senior year she was tapped as a member of the Santa Filomena, senior honorary society, of which she served as secretary-treasurer for the year.

At the graduation exercises she received a citation for outstanding achievement in medical nursing.

She left Monday of this week to join the nursing staff of North Carolina Memorial Hospital, Chapel Hill.

Miss Isaacs is the daughter of Mr. T. E. Isaacs and the late Mrs. Isaacs of Reese.

Young GOP Plans Friday Supper

The Watauga County Young Republican Club will meet Friday evening, Sept. 17 at 6:30 with a picnic supper on the courthouse lawn and business meeting later in the courthouse.

Slow increase in consumer credit continued in July.

County Singing In Boone Sunday

The Watauga county singing will be held at the Gospel Tabernacle in Boone October 3, starting at 1 o'clock.

Leonard Wilson, singing chairman, states that all choirs and other local groups are invited to participate.



MISS MARY HELEN ISAACS

Appalachian's Fall Enrollment Of 1440 Is Greatest In History

Commerce Body Hears Plans For Guard Unit

A further discussion of the possibilities of securing a National Guard unit and an armory for Boone was led by Lt. Boyd Dougherty, chief engineer of radio station WATA, at the September meeting of the Boone Chamber of Commerce.

Mr. George Dewey Martin, new district superintendent of the Postal Transportation Service, was scheduled to address the meeting, but was unable to attend because of illness.

Lt. Dougherty said the proposed National Guard unit would be a service battery of the 112th Field Artillery at Lenoir with a complement of about 60 men. There are three times as many applications for units in the state as there are units available.

Record Enrollment At Cove Creek Schools

Cove Creek District Schools have a record enrollment with 445 in the elementary school and 350 in the high school. The elementary school gained an additional teacher over last year's allotment and it is hoped that the attendance the first two weeks this year will be sufficient to justify the State in assigning another high school teacher.

Poley Wike Moretz Dies Here Friday At Age 69 Years

Poley Wike Moretz of Boone, succumbed Friday, September 10, in Watauga Hospital to a stroke suffered the same day. He was 69 years of age.

Funeral services were held at 2 p. m. Monday, September 13, at the Grace Lutheran Church in Boone, conducted by the pastor, Rev. E. F. Troutman, assisted by the Rev. W. C. Payne.

He was the son of the late Joseph L. and Mary Ellen Moretz of Watauga County. Surviving are his widow, Mrs. Ruth B. Moretz; five sons, Ralph M. Moretz, Clinton, Tenn., Clayton M. Moretz, Sanford, John Moretz, Boone, Vilas J. Moretz, Boone, and Luther Moretz, Zionville; two brothers, McCoy Moretz, Charlotte, and Leonard Moretz, Wyne, Ark.; two stepsons, Horace Doan, Greenville, S. C., and William E. Doan, with the U. S. Navy at San Diego, Calif.

Mr. Moretz was a building contractor in Boone, and Watauga County for a number of years and for some time had dealt in real estate here and in DeLand, Florida, where he and Mrs. Moretz spent the winter months.

Blowing Rock C. of C. Elects Officers for Year

By MRS. LUCILE LETT Election of officers and general discussion of tourist promotion ideas featured the annual membership meeting of the Blowing Rock Chamber of Commerce Friday evening at the Wagon Wheel Restaurant with President Grover C. Robbins, Sr. presiding.



MICHAEL L. TAFT

Michael L. Taft Appears In Interest Tourist Business

A representative group of Watauga County motor court and hotel operators held a luncheon meeting Friday, September 10, at the Ranch Motel near Blowing Rock to discuss ways and means of improving service and increasing the tourist business in this area.

Leader of the discussion was Michael L. Taft, director of the State Tourist Bureau of the North Carolina Department of Conservation and Development. Matters taken up included advantages and disadvantages of reducing rates in the off season, next year's promotion of the area as a tourist attraction, methods of persuading tourists to remain longer, advisability of holding tourist clinics, and asking the public, especially service station and restaurant personnel, to equip themselves with complete information about accommodations and attractions, sight seeing trips, and fishing.

The Blowing Rock Chamber of Commerce has called another meeting at the Wagon Wheel Restaurant in Blowing Rock to be held at 12 noon, Monday, September 20, for the purpose of discussing the advisability of forming an organization to be known as the Watauga County Tourist Association.

Army Gets Four Watauga Men

Sgt. Carl Engele, local U. S. Army Recruiting Officer, announced that the following young men enlisted for their first tour of military service with the army last month.

Clyde J. Wagoner of Stratford, Van D. Greer of Todd, Jesse M. Miller and Robert C. Miller both of Jefferson, Mack D. Greene of Boone, re-enlisted for his second tour of duty with the regular army.

Sgt. Engele said the army is now offering young men a career with a future that "can't be beat." For information on how to become a member of America's proud regular army, contact Sgt. Engele at the postoffice in Boone at 9:00 a. m. every Wednesday.

More Expected To Register Before Friday

By MRS. EARLEEN PRITCHETT Appalachian State Teachers College, with the largest enrollment that it has ever had, is bulging at the seams this year. The total number of students registered is 1440, with a large number expected to register before Friday when registration closes.

North Carolina, as always, leads with the number of students representing 71 of the State's 100 counties. Other states represented are Georgia, South Carolina, Tennessee, Virginia, Michigan, Florida, Alabama, Maryland, and West Virginia. Also represented are Cuba, South America, and Peru.

Of the total number, 463 freshmen have been counted, with approximately fifty additional freshmen awaiting completion of their registration.

At this same date last year there were 1197 students enrolled, which sends the enrollment ahead upward of three hundred.

New faculty members include Dr. James Stone, University of Illinois, who arrives to be associated with the office of student teaching; Mrs. I. W. Carpenter, Jr., in the field of speech; Marshall Edwards, former Wake Forest football star, who has been added to the physical education and coaching staff; Dr. T. Richard Fisher in the department of biology; Miss Anna Hines in the department of piano; Dr. William Jones also in music; Miss Mary Jane Matthews in physical education; Dr. James O. Miller in physical education; Miss Jane Sharp and Miss Marian Whitener in Home Economics; Miss Barbara Stephenson in counseling; and several teaching assistants.

Although two new dormitories, one for men and one for women, have been in use for only two years, the college could easily have filled another dormitory with women students this year had it been available, and a large overflow of students, men and women, have been housed by the cooperating citizens of the town of Boone. Classroom space also is at a high premium. The college has under construction at present a physical education building and swimming pool and a library extension, which should, within a year, relieve the classroom housing tension. The new elementary school building, which it had been hoped would be occupied at this time, is held up because of a delay in the arrival of furnishings. When this building is occupied, sometime within the immediate future, this will help the situation so far as observation by the college classes is concerned.

The college administration, faced with the problem of continuing and permanent growth of the student body at Appalachian, announces that it is making every effort to take care of its students in the best way possible. Although all classes, college-wide, are larger than are ordinarily desirable, the faculty of the college is cooperating in a very fine way to take care of the emergency. Appalachian faces the possibility of a splendid year.