PAGE TWO

WATAUGA DEMOCRAT-EVERY THURSDAY-BOONE, N. C.

Flank Steak Goes Modern

FEBRUARY 28, 1957.

The Navy has revealed th

Twenty-eight Democratic Representatives have proposed a major revision of the immigration and nationality laws.

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February 4th without Comdr. Eugene P

THE NAUTILUS

ett and Mr. Greene. Proceeds from the play will be used to help in paying expenses of the anual 8th grade trip to Ra-leigh in May. The cast will be announced at a future date. Student Teachers Mr. Bert Voet and Mr. Heward Leonard are completing their stu-dent teaching assignments. They have become a part of our school

Leonard are completing their stu-dent teaching assignments. They have become a part of our school

program and our school scene: We

DEMOCRAT ADS PAY

HEADN

shall miss them.

E

AV

Phillips

Appalachian College Groups Sharpen Up Reading Skills

Turee groups of people at Ap-nachian State Teachers College re learning how to get more ch-oyment out of reading, how to in-rease their reading speeds, and ow is improve the effectiveness i their reading comprehension.

These three groups are Appala-aian college students, and pupils chian college students, and pupils from the demonstration high campus. Their director is Iberto Price, member of the fac-ilty of the department of educa-ion at Appalachian, and the work ers better. done through the reading which was established at college during the past year. For the past several weeks Mr. working with a high school group. In the period of six weeks, the to-tal reading achievement of the group improved five months. The major portion of the work was on chanics of reading; but the the reading courses at the college. ed in reading, independent of In these classes there is much s, was more than doubled that six weeks period, raising speed from some 200 words minute to more than 400 put into practice. Thus, one of the per minute. In addition, was a significant gain in g comprehension.

Mr. Price says that there are everal methods which he and his assistants use in the teaching of ding, bearing always in mind prime objective of increasing g enjoyment, "for", he says, the person who enjoys reading and the person who reads reads well." First, the widely reading instructors secure the cowith him, letting him visit the reading center, trying to make him comfortable and welcome. There is, of course, considerable testing of hearing, sight, and many other factors. Most of the

work is on an individual basis, hough some work is done in reading center, is a native of number to be saved.

EARLEEN G. PRITCHETT | groups. It is Mr. Price's belief that | Kentucky, He holds the B. S. de

stany of the children and young people with whom Mr. Price works are not problem readers at all; they are college studients or school children who have a desire to im-prove their present read in g habits; and this is one objective of the center—to make good read-ers better. New York in Plattsh

Much of the work of the reading center is possible because of the availability of college students and graduate students to assist with the program. In almost every instance, the only students who work with the smaller children are college seniors and graduate students who have had previous experience in working with child-ren. Mr.@Price is the teacher of istant theory taught about how to teach reading; and in the reading center these theories are tried out and

major purposes for the existence of the reading center is fulfilled -training young people to teach reading more effectively in the public schools. Mr. Price says that it is a joy to

see the attitudes of the children who are using the facilities of the reading center. They look forward to their periods of training, they enjoy it; and if a school program comes along which interferes with their attending the study sessions, Mr. Price says that they are disappointed. They linger on after the study periods are over, and sometimes he says it is hard to "shoo them out" because they would like to stay and continue their work.

Mr. Price, the director of the many other factors will affect the

Bill Rhinehart of Charlotte, gra-duate student at Appalachian, has been Mr. Price's assistant in the reading center this year. He ex-pects to continue study toward the doctoral degree in reading next year. In the meantime, James Sawyer of Asheville, a senior at Appalachian, has been working with Mr. Price and Mr. Rhinehart hoping to enter graduate school next year and begin work in the reading center as Mr. Price's as-

College students, graduate and undergraduate, who have worked in the reading center say that the experiences they have gained will be of inestimable value to them in their public school work following grad

The center is open to observers. Mr. Price says that groups of not more than two or three can be accommodated at any time. However, groups of larger numbers should make arrangements in advance so that space limitations of the center could be taken into considera tion in the observation and de monstrations.

In a 20-cow milking herd four or five calves should be saved each year. Whether the herd is being increased in size, the amount of culling needed in the herd, and



mixture on flank steak and

to cooking liquid , and

Flank steak is especially in-tored for its rich beef flavor, being a boneless, less-ten-to-% cup cho if desire 1 cup water **3** tablespoons flour Pound or lightly score flank

vored for its rich beef flavor. Being a boneless, less-tender cut of meat, it is first scored to make it more tender. The meat can be pounded instead of scored. This meat cut is very tender when braised, comments Reba Stäggs, well known home economist in the meat industry. steak on both sides. Combine sausage, bread crumbs and para-ley and mix well. Spread saus-Flank Steak, Creele Style

Soil Bank Signers To **Get Eleven Millions**

North Carolina farmers who he said.

have signed up to participate in the . Sign-up for cotton and tobacco Soil Bank Reserve Program will farmers ends March 1 and the qualify for maximum payments in sign-up for corn and rice farmers excess of \$11,583,070, Tilman R. end March 8. Walker urges farm-Walker, chairman of the Agricul- ers who have been turned down ability and on their assigned duty tural Stabilization and Conserva- previously because funds were not tion State Committee, announced available to go by their local ASC this week.

Walker made a report covering sign-up under the acreage reserve phase of the Soil Bank program covering from the first through the ordered by the War Department. 15th of February. He stated that Heretofore, new members of the a total of 35,703 farmers signed guard could volunteer for active-up in the program, thus removing duty training. The new order The eighth grades will present up in the program, thus removing duty training. The new order 168,305 acres from the production of alloted crops.

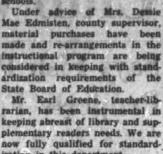
Additional acres will be placed in the reserve and earn maximum ation of \$2,031,039 if availability of funds will later permit inclusions of requests above the maximum limit of cotton and corn.

According to Walker, 33 cotton counties; 29 tobacco counties, and one corn county were out of money last week and therefore were unable to sign firm agreements. With the exception of the one corn county, these counties now have assurances of receiving money from other sources and are now permitted to sign firm agreements,

office and sign up. ters.

Monitors are: Carolyn Harmon Six months active duty for all chief; Patsy Hodges, Reba Jean new National Guardsmen hås been ordered by the War Department. Sharon Wheeler, Freida Trivett, and Peggy Hollar

makes such training compulsary. Is play, "The 13th Day," in early



ed on the list of accredited

Parkway School News

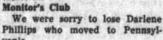
se of being

Parkway will ask for examina- April. It is directed by Mrs. Barn-on by the State Board of Educa- ett and Mr. Greene.

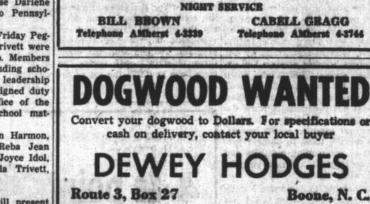
ization in this department. The PTO, under guidance of president Bill Cook and treasurer Archie Carroll, is currently studying ways and means of raising ap-proximately \$300.00 for the pur-chase of additional bulletin board materials-the greatest remaining obstacle to becoming accredited this school year.

Lunchroom The lunchroom now provides more than 400 meals daily. Approximately 60 of these meals are free to needy and undernourished children.

The cafeteria has purchased stainless steel dishwashing equipment, a bakers table and pot racks, costing approximately \$2,800.00. These purchases have becom necessary in order to maintain sanitation and health standards in keeping with increased student participation in the lunch program and to meet requirements of the health department. The lunchroom program has, as of January 1, a net accumulated balance of \$2,200.00.



vania. At our meeting last Friday Peggy Hollar and Freida Trivett were invited to join the club. Member are selected for outstanding scho lastic achievement and leadership days, represent the office of the principal in routine school mat-



At the meets . . . and on the streets . . .

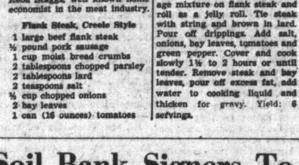


For 1957, Ford's off to a flying start on the NASCAR Short Track, Convertible and Grand National Race Circuit-with more points than all other cars combined!

And now-just in from Daytona-seven more Ford firsts!

A 300-hp 1957 Ford V-8 out-accelerated all other low-priced cars in





- A 1957 Ford Sunliner outclassed all other low-priced cars in the 160-mile National Convertible Championship Race.
- A modified Ford Thunderbird, running in the Experimental Class, outaccelerated every other car in NASCAR history.
- A modified Thunderbird topped every American Sports Car, finished first in its class and placed second to Europe's fastest sports car at the National Amateur Sports Car Race.
- A standard production Thunderbird took first place in the flying mileoutperforming all sports cars made in America.
- A modified Thunderbird won the flying mile in the fastest time made by any car at Daytona this year.
- And a Ford Thunderbird topped the field in acceleration from a standing start in Modified Sports Car Class B.

It was Ford Thunderbird power that set a new stock car record at Indianapolis, too ... and powered the '57 Ford to 458 world endurance records at Bonneville, Utah.

