

# Health and Beauty

Many well-meaning parents seek to help their children about tests by "hounding" them into studying. This does not mean that you should not encourage your children to make good grades and to take an interest in the important courses they are taking.

Instead of repeated hounding and nagging, try telling your child at every opportunity how much his studying and learning now will mean to him later. Tell him you know that he can make good marks if he applies himself; never moan that he is no good in a subject, and tell him you know he will fail.

Grade school is the time for your children to learn to apply themselves to consistent study—to learn to dig, if necessary. If the normal child makes an effort to keep up with his studies, there will be no dread of examinations at the term's end, even for tough subjects. Few teachers fail students who try conscientiously and consistently to learn through the year.

The mental and physical health of your child can be greatly affected by the wrong study habits. There are students who let bad grades and worry over tests lead to jitters characterized by sleeplessness, dilated pupils, excessive perspiration, loss of appetite, and other usual symptoms of situational anxiety.

There is evidence that undue anxiety about grades and tests can trigger an existing neurosis into an emotional explosion.

Adjusting to the pressure and demands of school life is one of the first important steps along life's way for many children. By the time they reach school age they have usually made their adjustment to group activity and social intercourse. In a marked way their personalities are cast. In school they make the first necessary adjustment to applying themselves to work of a demanding mental nature. Although it may all seem very simple to a 25 or 30 year old parent—it is not simple to the child. It is new and hard, and the child can benefit from all the constructive help from parents that is possible.

## Cruise, Resort Wear Showing

Cruise and resort wear are already beginning to make their appearance around fashion circles. Bright colors mark the new collections of important designers.

The bulky sweater will be a "must" for any sea voyager. One attractive number selling for \$36.00 features a V-neck and is colored in bright red. At the border is a band of turquoise, yellow and green stripes. Sounds a bit loud, but is most attractive and flattering.

White will never be replaced in popular colors for cruise wear. The white coat and the white bulky knit are worn for almost any occasion from sport to evening.

The tailored walking coat of tweed in a pastel color is the backbone of many a traveler's daytime wardrobe. One eye-catching number is in turquoise tweed with notched lapels and an easy flare to the skirt. The lining is of striped silk. The cost was \$128.00.

Evening wear is kept somewhat informal for most resort and cruise wardrobes. The softly pleated skirt with a silk shantung or chiffon blouse coupled with an evening sweater is a big favorite. The shirt-waist evening dress with a tremendous skirt and many under-skirts is also popular.

Multicolored prints are outstanding choices for afternoon dresses.

### N. L. R. B. AND PICKETS

The National Labor Relations Board has ruled that a striking union must tell other workers, on the same job the purpose of its walkout to avoid an illegal secondary boycott.

In a 2-to-1 decision, the board said that the appearance of a picket at a work project was often regarded as a "strike signal" by members of other unions unless they were advised otherwise.

### ON BARTER GOODS

President Eisenhower has approved an expanded list of strategic minerals that the Agricultural Department may seek abroad through barter transactions.

The strategic materials would be traded for surplus farm commodities and added to the United States stockpile of strategic goods.

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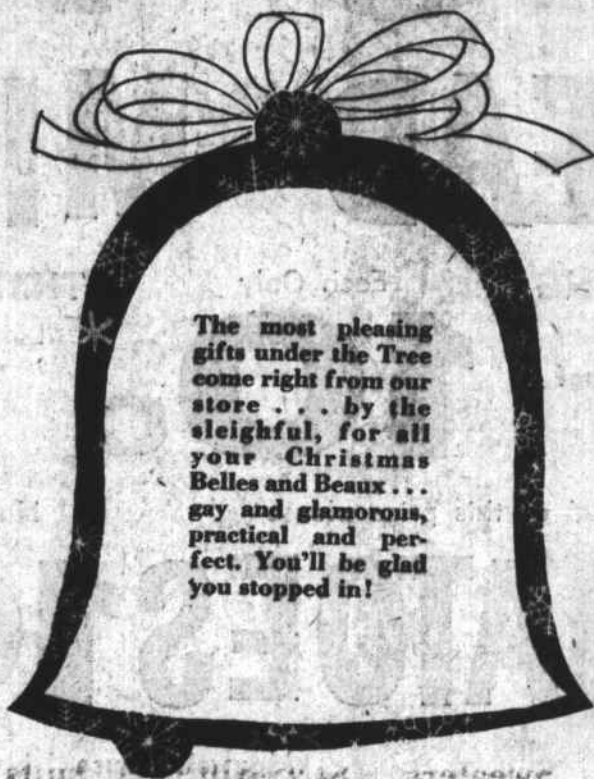
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