

# Doctor Talk

By JOHN B. REMBERT, M. D.

Since the days of World War II we have all heard much about the "four freedoms"—the freedom of worship, the freedom of speech, the freedom from fear, and the freedom from want. These freedoms we all accept as basic democratic principles and rightly so. Now, in this year 1959, the American physician, and we hope the majority of people of our nation, must insist upon a Fifth Freedom, The Freedom of Choice.

Perhaps most are familiar with the happenings in the past decade that have brought about the need for this fifth freedom. But, for those not so informed, a little review of past events is in order.

Since the end of the war and the popular vogue of being "ultra liberal" has been a fashion, the private practicing physician of America is experiencing more and more threats to the continuance of his work as a private individual tending to the medical cares of those choosing to seek his assistance.

These "ultra liberals" or third parties have become more and more involved in the business of providing medical and hospital care in competition to the private practice of medicine.

In the beginning their health and welfare programs began as a simple "insurance" program, but more recently the programs have taken on responsibilities formerly assumed by their members. Now many of these groups demand that they have the right and are exercising the right of selecting the hospitals and physicians for their members without regard for the individual's own personal wishes.

Private physicians and organiza-

ed medicine across America has not opposed these health and welfare programs, but they are now genuinely concerned over the way many are being operated.

Recently leaders of organized labor's medical programs have decided upon a campaign to replace "old-fashioned" democratic principles such as free choice of physician and fee-for-service with the more "modern" or "ultra liberal" concept of closed medical panels and direct-service programs. The union leaders now feel that since unions pay the bills they have a right to pass on the quality of medical care provided their members, forgetting entirely that the individual laborer and his union dues make the union possible. This recent concept proposed by the leaders of union health and welfare programs overlooks one important fact—the individual. They have completely forgotten the individual and the protection and the guarantee of his rights. To these labor leaders the PLAN now comes first—the individual and personal judgment are no longer the first considerations.

The ultimate in "liberalism" has recently been decided upon by the unions—individual union members must be educated on the advantages of, among other things, giving up their right to choose their own doctors.

The "ultra liberals" have therefore decided that the individual man is not capable of possessing the fifth freedom—the freedom of choice—so it must be eliminated. How do you feel about this decision?

Store the third alfalfa cutting, or similar high quality hay, on the sheep's side of the barn. In mid-September paint the

# Ain't It So

By BILLY ARTHUR

The Charlotte Chamber of Commerce will offer a course in politics. If it uses Mecklenburg County as a laboratory, the students will get a graduate course.

Thank goodness, so far Little Rock hasn't been a stumbling block.

An old timer is one who remembers when in front of every store there was a hitching post instead of a parking meter.

A Georgia judge ruled that a husband is a figurehead. And how he has to figure!

So Gary Crosby is estranged from his father Bing. That's something to croon about.

In a 200-word statement, Lt. Gov. Barnhart said he was not a gubernatorial candidate. Figuring it costs \$100,000 to run, he saved \$500 a word. Wish we could write and speak like that!

# Blowing Rock Church Notices

**BLOWING ROCK METHODIST CHURCH**  
Dr. H. E. Spence, Pastor.  
Sunday, 11 a. m.—Morning Worship. Celebration of the Lord's Supper.  
Sermon topic: "Second Sight."

**CATHOLIC CHURCH OF THE EPIPHANY**  
Blowing Rock  
Sunday mass at 8 a. m.

**ST. MARY'S of the HILLS EPISCOPAL**  
Rev. John McDuffie, Pastor.  
Sunday, 8 and 11:15 a. m.  
Services will be held at 10:00, Saturday, July 4.

**MT. BETHEP EVANGELICAL and REFORM CHURCH**  
Sunday, 11 a. m.

**CHRISTIAN SCIENCE CHURCH**  
Sunday, 11 a. m.—Morning worship; August, Wednesday night services 8:00 p. m.

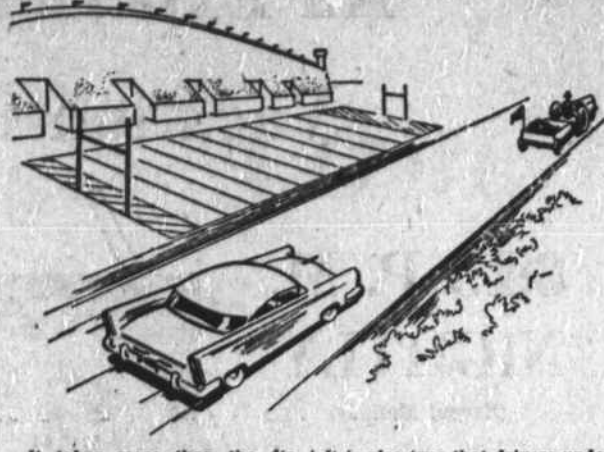
**FIRST BAPTIST CHURCH**  
Rev. G. Carlton Cox, Pastor.  
Sunday School—10:00 a. m.  
Worship service—11:00 a. m.  
Sunday evening service—8:00 p. m.

Prayer service, Wednesday—8:00 p. m.  
Choir rehearsal, Wednesday—8:30 p. m.

**CHURCH OF GOD**  
Rev. Alfred Pitts, Pastor.  
Sunday School—10:00 a. m.  
Morning Worship—11:00 a. m.  
Young People's meeting—7:15 p. m.  
Evening Worship—7:30 p. m.  
Wednesday night prayer service 7:30 p. m.  
(This will be the same throughout the summer months.)

**RUMBLE MEMORIAL PRESBYTERIAN CHURCH**  
Rev. Walter K. Keys, Pastor.  
Sunday:  
9:30 a. m.—Men's Bible Class, in the Manse.  
10:00 a. m.—Sunday School in the Chapel.  
11:00 a. m.—Morning worship.  
7:30 to 9:30 p. m.—Pioneer and Young People's Assembly in the Chapel.  
Wednesday:  
3:15 p. m.—Choir practice in the church.  
7:30 p. m.—Prayer meeting in the chapel.

# Can You Stop In Time?



It takes more than the distance between goal posts on a football field (100 yards) to stop a car traveling at 60 miles per hour under the best driving conditions. 4-H Club members point out. At 60 mph, a car travels 88 feet per second. There's not much "time" to come to a dead stop upon approaching a tractor or other slow-moving farm machinery.

"Highway safety is everyone's responsibility," 4-H leaders declare, and during the summer when traffic is at its peak the obligation becomes greater. The devastating fact that three out of four traffic fatalities occur in rural areas makes the 4-H Safety program the "number one crop" for nearly a million conscientious club members.

Statistics reveal that there are more teen-age drivers on the highways today than ever before.

# FAIRCLOTHS ENTERTAINED

Mr. and Mrs. Hal Faircloth of Vero Beach, Fla., spent last week at Green View, Blowing Rock. During their stay they were entertained by Mr. and Mrs. George Kuster at their summer home "Fersittin'" on Gay Mountain. Mr. and Mrs. Faircloth have recently purchased property on Gay Mountain.

# Recipes Given For Entertaining

Entertaining need not mean fussy menus and a great deal of work. We all love to entertain and be entertained, and it can be simple.

# Pineapple Pie

- 1 baked pie shell
  - 2 tablespoons cornstarch
  - 1/2 cup sugar
  - 1/2 teaspoon salt
  - 1 No. 2 can crushed pineapple
  - 2 egg yolks
- Combine cornstarch, sugar and salt in a saucepan. Add pineapple and cook, stirring constantly until clear and thickened. Add the beaten egg yolks which have been mixed with a little of the hot mixture. Cook for one minute. Cool and pour into baked pie shell. Spread with whipped cream before serving.

# Cheese Straws

- 6 tablespoons grated cheese
  - 12 tablespoons flour
  - 4 tablespoons butter
  - nutmeg—salt
  - Salt and pepper
  - Milk or cream
- Cream butter, add cheese and flour, then seasoning. Mix to a dough with milk or cream. Chill. Roll out 1/4 inch thick. Cut in strips 5 inches long and 1/4 inch wide. Bake about 8 minutes in an oven 400 degrees.

# Chicken A La King

- 4 tablespoons butter or margarine
  - 4 tablespoons flour
  - 1/2 teaspoon salt
  - 2 cups milk
  - 1 can mushroom soup
  - 4 hard boiled eggs, sliced
  - 1/2 cup mushroom liquor
  - 1 No. 2 can of mushrooms
  - 2 cups diced chicken
  - 1 green pepper, minced
  - 1/2 cup chopped stuffed olives
  - 1/2 cup chopped almonds
  - 1/2 cup mayonnaise
- Seasonings  
Make a white sauce with the first 4 ingredients. Add mushroom soup and liquor. Add all other ingredients. Serve hot in patty shells or toast. Serves 12.

Reduce nematode numbers in tobacco fields by plowing up roots of plants after harvest.



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# Church Session Ends At Rock

Blowing Rock—Paul Shoaf of Edgewood Church, Burlington. Dr. Earl Danieley, president of the Churchmen's Brotherhood of the Evangelical and Reformed Churches of North Carolina at the 15th annual session during the weekend at the Blowing Rock Assembly Grounds.

Over 150 delegates attended the convention.

Other officers elected were Virgil Windham, Burlington, vice president; Harry Miller, Conover, vice president; Charlie Farmer, Linds, vice president; Joe Powers, Lexington, secretary; and Lindsey Dorsey, Thomasville, treasurer. Ministerial advisors elected for a two-year term were the Rev. James Cress, Burlington; the Rev. Van Grimes, Lexington; the Rev. Robert Myers, Salisbury; and the Rev. Edwin Alcorn, Conover.

The group voted to continue the loan fund to mission churches. Three new mission churches were granted loans—St. Thomas Church, Winston-Salem; St. Andrews Church, Lexington and

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# Roller Skating Rink Is Newest Diversion

Boone's newest diversion is roller skating, and according to a spokesman for the new rink it is proving a popular one among the youngsters and the more agile adults. "If this interest is maintained", the rink operator said, "we plan a new permanent rink here very soon. We already have several permanent rinks in the piedmont, and would like to add Boone to our year round operations."

The operating firm is "Roller Land, Inc.", a corporation with its home offices at Princeton, N. C. The firm operates rinks at Elkin and King in addition to one in its home location.

The Boone rink features all-new skating shoes for rent; a special floor where children may learn to skate, isolated from the fast skating of teenagers and adults. Its management stresses close supervision of its floor, and insists upon proper conduct, the operator said.

A Learn-To-Skate-Week is now in progress, and from 7:00 to 9:00 p. m. each evening offers free instruction for the benefit of those who wish to learn to skate.

The Boone rink is considered one of the largest in the state, and occupies much of the floor space of its warehouse location in the city-owned tobacco warehouse opposite the bus station.

**SPENDS TIME AT ROCK**  
Connie Oberlin of Maitland, Fla., flew in with the John Abbotts to spend the week at their home on Gay Mountain, Blowing Rock.

Ethiopians see prospect of Iron Curtain aid.

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