## f. C. aVERS, JR, pUGLISMER <br> bod for ts yours by the Buscapion RATES <br> 

 olp, as woll au the NEW addrem.BOONE, NORTH CAROLINA, THURSDAY, AUGUST 27, 1959

## "Come Back In October"

## Ralph Tugman, whose genius and c

 pacity as a promoter, is only exceeded by his love for his native hill countryand his zeal for the welfare of all the people of the Holiday Highlands, is promoting something new this week
As the Vacation Section of the As the Vacation Section of the Dem.
ocrat, which he initiated this year, and which has met with its inferspread favor in the days of its infancy, reaches
the last two weeks of its current rum the last two weeks of its current rum,
Mr . Tugman is promoting the "come back in October" theme, in an effort to Stimulate
The publicity is going out to the varocrat all along the crest of the Blue Ridge in these last issues, in an effort to bring to the attention of the summer residents the desirability of
to the highlands later on.
All through the years the Democrat has plugged for a lengthened tourist
season, which to a degree, certainly, is season, which to a degree, certainly, is
prevented by the opening of the schools

## Labor Day Well Observed

Labor Day can be variously defined as: the end of summer; the beginning jam; or simply an excuse for a long jam; or simply an excuse for
week end away from the office. But the founder of the holiday, Peter But the founder of the holiday, Peter
J. MeGuire, conceived it as a tribute to "the industrial spirit, the great vital the industrial spirit,
In 1882, MeGuire-a leader in the
Knights of Knights of Labor-proposed that a day be set aside to honor the working man.
He suggested the first Monday in Sep. tember, since it came almost midway between Independence Day and Thanksgiving Day.
The Central Labor Union of New York
adopted his proposal and held the first adopted his proposal and held the first Labor Day celebration on September 5th. As McGuire had suggested, the union
paraded through the streets of Man
in September. But now with good roads and swift travel, long week ends may
be enjoyed in the glorious days of autumn by the residents of a wide area of the country
Nearly two hundred miles of the Parkway are now open to travelers, good
State and National highways reach out in different directions, and we'd be the the first to agree with Mr. Tugman that worth promoting.
We hope that our visitors, whom w have enjoyed so much in this area, wil heed our suggestion and come back
in October to get a different look of in October to get a different look of
the hill country, when she's all decked the hill country,
We'll be looking for you when the emerald fronds have been stained with
both subdued and livid colors and when both subdued and livid colors and when
there's a warning of wintertime in the nippy haziness of autumn. Its a post ummer journey into nature's fairylan one's not apt to forget.
hattan, to show the strength and spir of trade and labor organizations.
Shortly after, the Knights of Labo voted for an annual celebration. In 1884, the Federation of Organized 1884, the Federation of Organized States and Canada-predecessor of the American Federation of Labor-
make the celebration national
The first state to make Labor Day legal holiday was Oregon, in 1887 according to The World Book Encyclo
pedia. The legislatures of Colorado Massachusetts, New Jersey and New York quickly followed suit and, in 1894 Congress made Labor Day a nationa holiday
Labor Day now ranks with Independence Day, Washington's Birthday ant
Thanksgiving Day as the most generaliy
celebrated holidays in the U. S.

## X-Rays Available

Watauga county people are again urged by the Alleghany-Ashe-Watauga
Tuberculosis Association to take advantTuberculosis Association to take advant-
age of the free chest $x$-ray clinic being conducted in the county
These clinics started last week and are being held in the different sections of the county for the convenience of the
citizenry. citizenry.
The mobile unit will be on King Street
in Boone through Septem in Boone through September 3, on Sep-
tember 4 the facilities will be made available to the State Prison Camp $7: 30$ to 9 a. m.; at Cove Creek Elementary
School the same day 10 a. School the same day $10 \mathrm{a} . \mathrm{m}$. to $3 \mathrm{p} . \mathrm{m}$.
and day September 5 ; Main Street, and all day September 5; Main Street,
Blowing Rock, September $2-5$, and ApBlowing Rock, September $2-5$, and Ap-
palachian State Teachers College SepWhere hours are not mentioned the units are open $10 \mathrm{a} . \mathrm{m}$. to 4 p . m . No
x-rays are taken on Sundays and Mondays.
Once a year this service is provided for the people of the county, and all
those 16 years of age and older are asked to take advantage of this special service. If chest disorders do not exist, well
and good. If there is trouble, early detection, in most cases, can result in omplete recovery, it is said.
Citizens are reminded th
Citizens are reminded that plans should be made now for the chest $x$ -
rays. Only a few seconds are required rays. Only a few seconds are requir.
and no clothing needs to be removed. and no clothing needs to be removed.
Until recent years tuberculosis, once Until recent years tuberculosis, once
referred to as consumption, or the great white plague was regarded as the mo ruthless killer, and one whose inroad vances in public health and in medical sciences, tuberculosis may now Those who are giving so much of their ime and effort to the development of better health again insist on a complete $y$, to the end that tuberculosis and its lethal impact may to a considerable degree be banished from our midst.

## 'Dieting' Cures The Blues

[^0] I don't mean that kind of diet," he watching my women folk dieting for years. If their.clothes get tight on them,
they diet a few days, and everything eases up. So one day I got to thinking maybe a person could get in the head. Maybe my trouble was my thoughts were
getting too tight for me. So I getting too tight for me. So I went on diet. A mental diet. I quit thinking my usual thoughts and reading the usual
books and magazines. I chose my books and magazines. I chose thoughts and my reading as particularly as I saw the womenfolk choosing their
calories. I read a number of books I didn't want to read, just the way the gals ate things they didn't want to eat. By golly, it worked wonders. Now whenever I get down in' the dumps, I go mental diet. Try it, some time. It sounds salubrious.


## BETTER GRAMMARLANS NEEDED

## Ancient Newsmen Probed Phrases



SOME LOCAL HISTORICAL SKETCHES

## From Early Democrat Files



KING STREET

By ROB RIVERS

## Giant Vegetables. . They Grow Here

Watauga has long been noted for her tender, succulent vegetables, which grow big and tender in the rich loamy coves and aiong the productive strips of cep in bote years it seems, gong in more for caune and sheep in late years in seems than for row crops, but still cabbage and potatoes are grown with better varieties, spuds reach punkin size sometimes. W. Cetter variectes, spuds reach punkin size sometimes combined weight of eight and one-half pounds, which created comsiderable interest about the Democrat office, and which have been given to people far and near to show what can be done in the matter of producing food crops in-the highlands. .. Mr. Clay says the potatoes which have provided him with such a bumper yield are the Kennebeck variety, which have proven popular since their introduction several years ago. . One caller comments on having some seed of the living in the hills a good many years ago. . . . Later Irish Cobbler and Green Mountain came in for their superio yields, the mammoth Sequoia had its day, and now Kenne becks and perhaps other varieties are shooting the per acre yields to fantastic figures. . . . Mr. Clay also fetched us four Big Boy hybrid tomatoes which weighed a total of four po
and two ounces. . . We appreciate Mr. Clay's kindness.

## School Bells Ring . . Snail-Like Steps

 This week marks the start of the schools in Boone and the county, and the return of the teachers and the studentto the class rooms from which most of them have been absen or three months. ... The swim suits, the pienic baskets, and other paraphernalia of carefree summertime are to give way
to study hall, homework, basketball, band, football, and all the other activities of the expanded educational system And most of the youngsters seem more or less anxious to get
back in the academic grove, or at least into the routine of back in the academic grove, or at least into the routine of
school activities.... The youngsters are being taught more nd more that school presents a challenge and an opportunity and at the same time a vehicle for moving into an area o
usefulness and of wholesome living in an age of wheels and usefulness and of wholesome living in an ag
atoms and space probing and big business.
toms and space probing and business.. It's a happ
the sowing of the seeds of learning which will prepare our youngsters for the grasping of the opportunities of their golden tomorrows. . . . But some of the youngsters, like alway plod slowly along the street, snail-like, hoping to be a smidg late for school, and wondering what could be so important a to take a lad of the hills away from the skies and the sunshine and the blossoms and the snows and all the other wonders fo so long a time. . . . And we've been a mite sympathetic when we observe a fat little boy drinking in the joys of nature a he tries not to get there in time. .. It's like our looking int a mirror and seeing ourself in the days of our childish reticence and wonder and love for most everything, 'cept school.

## The Grapevine . . It Supplies The Tales

 One of the joys of, jiving in a small community, and at times one of the vexations is that everyone knows everything about everybody's business. . . . We've often marveled howpeople could tefl us about our own affairs, including whether or not we had any cash, and if so, what we aimed to do w it. . . . The accuracy of these reports sometimes intrigues.
But we gathered one from the week end which was so afield, the best we could manage was a wry smile. grapevine which was rooted way down below our lovely blue hills brought us the news that we were not only quittin' work, but were in the process of selling our business, and that erstwhile friend of ours was coming to spark the thing Of course anyone who's observed the affinity of a Rivers
for a newspaper, or his love for Boone, or his willingness or a newspaper, or his love for Boone, or his willingnes to plow whatever profits accrue into an improved product notion of quitting, that the Demoerat, or no portion thereof, is available to anybody, and that we aim to keep plo
as Kerr Scott used to say, right down to the end of the ro But if word comes to you that we and the fine members o our staff are busily engaged in plans for making the Democrat bigger and better, and of more service to the town and country and area, you may perk up your ears, for that will be the

Uncle Pinkney



[^0]:    At a highway service station last
    week I ran into a fellow I had not seen since the war. He used to be one of the gloomiest, grouchiest of men.
    If he had no troubles of his own he
    was always ready to take on the world's was always ready to take on the world's
    troubles. He was not exactly a pessimist. He was a sourpuss.
    But here, waiting in the service sta-
    tion while the boys replaced a burnt out bearing in his car, was my old acquaintance as cheery and cordial as the So friendly was our meeting that we went in my car down the highway a I commented on his changed dispo
    "Well, sir," he said, "I dieted." "Well, sir," he said, "I dieted."
    "I always figured you had eaten something that disagreed with you," I confessed.

