

Appalachian College Chosen As Nationwide Testing Center

Appalachian has been designated as a testing center for the 1960 nationwide administration of the National Teacher Examination next February, Dr. William E. Fulmer, Director of Student Teaching, announced today.

College seniors preparing to teach and teachers applying for positions in school systems which encourage or require applicants to submit their scores on the National Teacher Examinations along with their other credentials are eligible to take the tests.

The examinations are prepared and administered annually by Educational Testing Service, Princeton, New Jersey.

The designation of Appalachian as a testing center for these examinations will give prospective teachers in this area

an opportunity to compare their performance on the examination with approximately 10,000 candidates throughout the country who will be participating in the nationwide administration on February 13, 1960, Dr. Fulmer said.

At the one-day testing session a candidate may take the Common Examinations, which include tests in Professional Information, General Culture, English Expression, and Nonverbal Reasoning.

In addition, each candidate may take one or two of the eleven Optional Examinations which are designed to demonstrate mastery of subject matter in the fields in which he may be assigned to teach.

Applications for the examinations and a Bulletin of Informa-

tion describing registration procedures and containing representative test questions may be obtained from Dr. Fulmer, Office of Student Teaching, in the Education Building, or from the National Teacher Examinations, Educational Testing Service, 20 Nassau Street, Princeton, New Jersey.

Prospective teachers planning to take the test should secure an application blank and a Bulletin of Information promptly, Dr. Fulmer advised.

CARD OF THANKS
The family of William Andrew Cowles thank their friends for their kindnesses, sympathy and helpfulness during their recent bereavement. They also thank Reins-Sturdivant Funeral Home for their efficient service.

Monday Mailing Day For Christmas Seals

Monday was mailing day for the 1959 Christmas Seals to individuals and Bonds with Seals to business firms. It is only through these annual sales, as no personal solicitation or participation in any other drives are made, that your Alleghany-Ash-Watauga TB Association can continue its full activity, along with the North Carolina and National Associations, with a strong three point fight against TB.

Suddenly, it can happen and often it does to many. Right now there are about 1700 TB patients in our own North Carolina Sanatoriums being treated for TB with another person being stricken

every six minutes, while this number one contagious disease killer claims another life every 45 minutes," said Dr. H. M. Cooke, Seal Sale Chairman.

The three point fight against TB is given by Dr. Cooke as: "Detection, by X-ray and TB testing; Treatment, by new drugs and better use of existing ones; Research, medical research has produced and will continue to produce amazing discoveries to save lives."

"So much for so little, to help keep every one safe from TB. Please be as generous as possible and there's no better time than today for answering your Christmas Seal letter," concluded Dr. Cooke.

About Your Home

By RUTH CURRENT
Research and Home Economists answer Homemakers' Questions:
How does low-fat cottage cheese differ in food value from creamed cottage cheese? Low-fat cottage cheese has very little fat and vitamin A. Creamed cottage cheese usually has about 5 per cent fat and therefore furnishes more calories and vitamin A.

How is milk homogenized? Milk is homogenized by a mechanical process that breaks up fat into small particles and distributes them throughout the milk. Cream does not form in homogenized milk because the fat particles do not rise to the top.

Is it possible for a person to drink too much milk? Yes; if milk is consumed in such large amounts that it crowds out other important foods.

Does white cabbage have a lower food value than red? Not necessarily. Some varieties of white cabbage have as much vitamin C (the main nutrient) as red cabbage. The amount present depends in part upon conditions under which cabbage has been stored and length of storage period. The method of cooking also affects the final value.

Is there any difference in food value between green and yellow dried peas? Food values of green and yellow dried peas are very similar.

Is tomato juice a good source of vitamin C? Yes. One-half cup of tomato juice will supply about one-fourth of the daily allowance of vitamin C.

Good wool blankets are no small investment and should be well taken care of. They will give years of comfort and enjoyment if cared for properly.

Correct laundering or dry-cleaning by a reputable cleaner are necessary to keep blankets fluffy, warm and soft.

The way blankets are stored and the every-day care and use they receive are important in retaining their serviceability and beauty.

Brush blankets often, with the nap toward the binding, to remove dust and dirt. Every now and then air them outdoors.

Soiled bindings must be washed with a thick mild soap lather, using a soft brush. The next step is to pull the binding straight and press with a moderate iron. Use a pressing cloth and don't create the outer edge of the binding. When bindings become frayed or soiled beyond cleaning, replace them.

Always store blankets clean, in a cool, dry place in a tightly sealed case. Do not pile other things to be stored on top of blankets because the weight will flatten their nap.

Don't try to remove stains or re-dye blankets. Instead send them to a professional. Never iron a blanket, it can quite easily be ruined by doing this.

When removing blankets from beds, don't twist or pull, or allow them to drag on the floor.

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ACROSS FROM COLLEGE ENTRANCE



There's nothing like a new car—and no new car like a Chevrolet. This is the 1960 Chevrolet Bel Air Sport Coupe

PEOPLE SAY THESE ARE THE THINGS THEY WANT IN A CAR...and CHEVROLET for '60 comes closest to meeting every need!

Interviews with thousands of car owners across the country show clearly what they like or dislike about their present cars . . . and what they want most in their 1960 cars. Here's what the people tell us they want . . . and here's how Chevrolet meets their needs.

"Price, that's what's uppermost in my mind." All Impalas and Bel Airs with V8 engines are lower in price, as are automatic transmissions and many other popular options. Also Biscaynes now include as standard equipment conveniences formerly optional at extra cost.

Chevrolet. You've got big, sturdy brakes underfoot, for example, that last longer. As it has been for years, safety is standard equipment in Chevy.

1960 is no exception. But really, this kind of lightness and precision you've simply got to enjoy for yourself.

"And how about operating economy? And resale value?" You keep right on saving after you buy your favorite Chevrolet, too. And Chevrolet's traditionally higher resale value means you'll get more back when you trade.

"Let's keep upkeep down, too." More than ever, Chevrolet for 1960 is built to stay on the road and out of the repair shop. You can tell that from its hushed, unruffled way of going, from the solid thunk of Chevy's big doors. Of course, if you should need service, you're always near efficient, economical attention to your needs.

"... a car you can look at and be smug about buying it." Chevrolet for 1960 leaves the low-price field far behind when it comes to fashion. But you're the best judge of styling, so take a good close look at Chevrolet. We warn you: you're about to fall in love.

"Give me plenty of good old-fashioned comfort." There's comfort and then some in this one. Chevy's long on space, for one thing. Once you're under way you'll know just how comfortable Full Coil suspension makes your ride.

"I want a car that will stand up to the driving I do." For proof of Chevy's staying power, just spend a minute watching the nearest road. You'll see more Chevrolets traveling on it than any other car—evidence-on-wheels of Chevrolet durability. (And that higher resale value attests to it, too.)


"And performance. Let's have a hot one!" Chevy's spirited V8's have set the standard for ultra-efficient power in American-built passenger car engines. You've got a long list of performance-minded transmissions to pick from, too.

"Safety—don't forget safety!" You're surrounded by safety features in a new

"Me for a sweet-handling car." Handling's always been Chevy's forte, and

So that, friends, is what you told us you want. We think it can be summed up rather well in just one word: value.

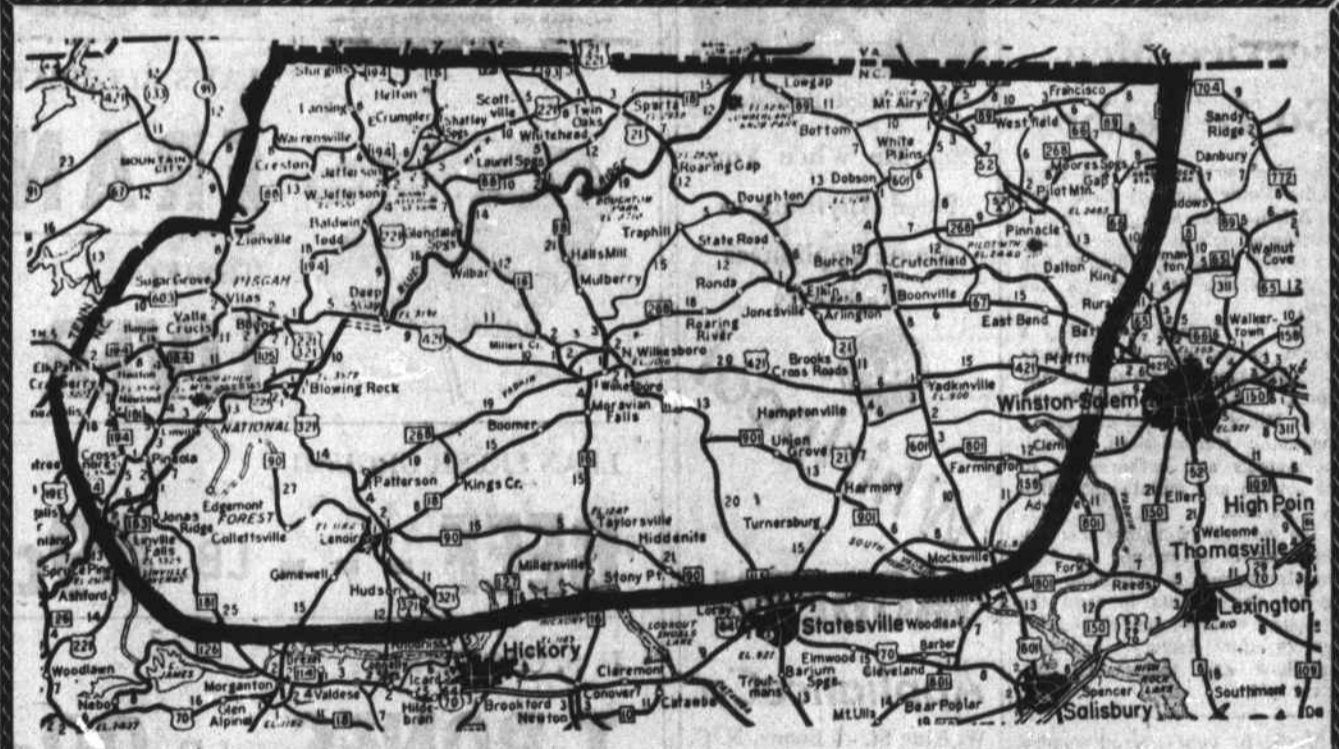
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The One And Only

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