

App Baseballers Resume Action This Weekend

Appalachian's baseball teams, 4-2 after a half-dozen games, resume their schedule after a break for the Easter holidays with a pair of games downstate Friday and Saturday.

Coach Bill Church's Mountaineers play at High Point Friday and then move on to Guilford Saturday. They return home next Tuesday for a doubleheader against Newberry.

The Mountaineers swept all three of their games last week prior to the Easter vacation. They pounded Elon 13-5 on Monday, then came on to sweep a twin bill at Presbyterian. The Apps pounded out a 15-1 victory over Presbyterian in the first contest, then took a 6-4 decision in 10 innings in the nightcap.

Richard Bustek scored on an error and Danny Williams on a fielder's choice in the 10th to bring the Apps the sweep.

Church's club, with the four triumphs to its credit, already has exceeded its record of three victories a year ago. Church has been extremely pleased with the way the Appalachian hitters have come along.

In the game against Elon, Ron Goch hammered a grand-slam homer in the seventh to spark a seven-run outburst which overcame a 5-1 lead. The Apps sent 12 men to the plate in the inning, and ten batted around in adding five more runs in the eighth.

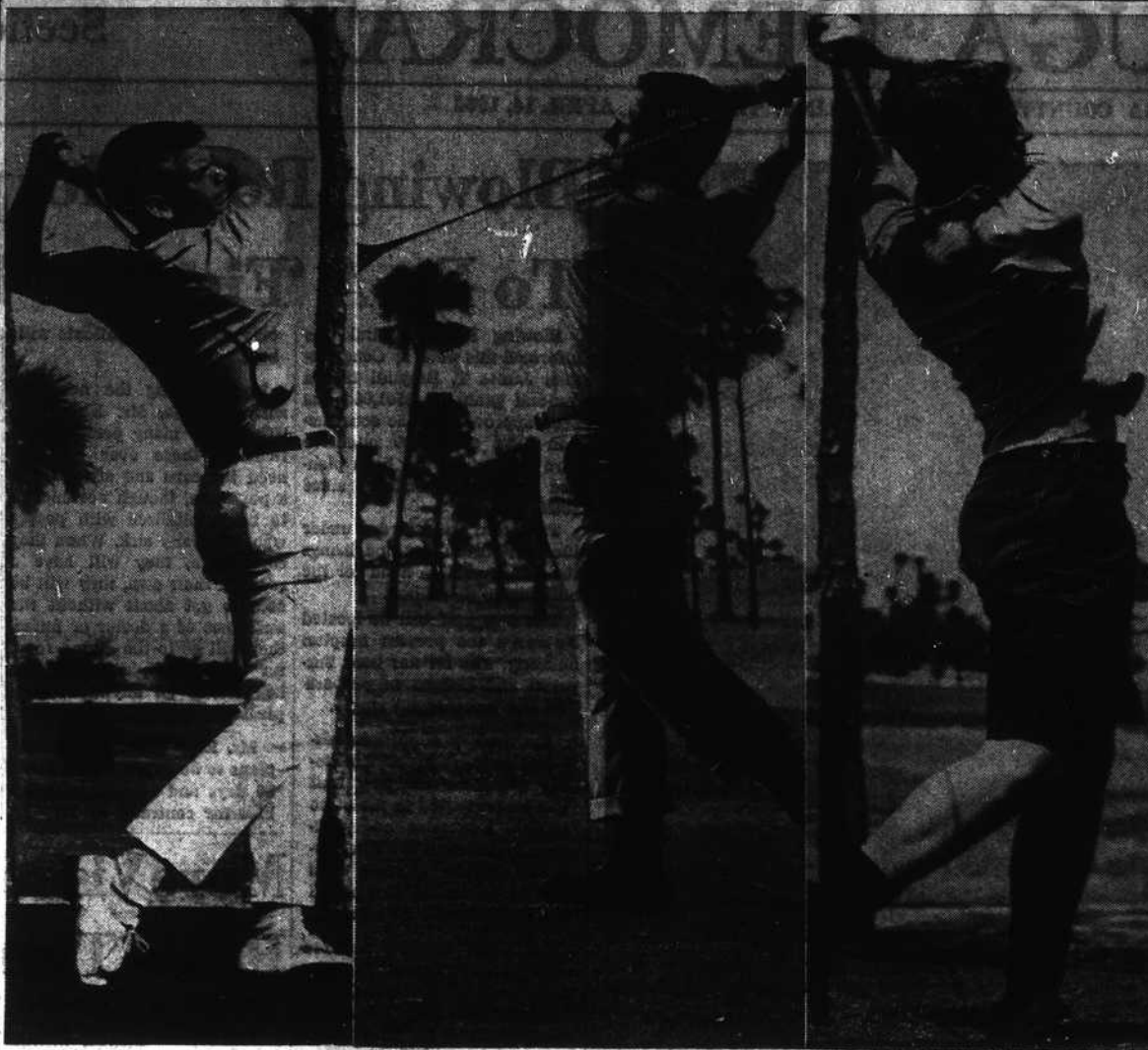
Wayne Byrd and Jerry Pierce led the attack with three hits each. Larry McCann received credit for the win.

The tennis team wound up a southern tour Tuesday night at Western Carolina, stopping off there en route home.

Coach Jim Jones sends his squad into action next with a match against Western Carolina on the Appalachian courts Saturday afternoon. The netters are at Presbyterian on Monday, April 18.

The golf team, coached by Francis Hoover, has been idle since competing in the Florida Invitational, moves back into action Friday with a match against Atlantic Christian on the local course. The golfers are at Catawba on Monday, April 18.

Track Coach Eric DeGroat's charges will resume activity also on Monday, April 18, with a meet against Lenoir Rhyne at Conrad Stadium. It will be the first home appearance for the cindermen and also will be their first action since March 22 when they opened the season with a loss to Presbyterian.



HITTING THE BALL IN FLORIDA—John Parker, Jr., left; Sam M. Adams, center and James Cottrell, right, all of Boone, are shown as they teed off in the third annual Cape Coral (Fla.) Intercollegiate Invitational Golf Tournament, over the par-72 championship course of the Cape Coral Golf and Country Club March 1-April 2. U. S. Amateur Champion Bob Murphy of the University of Florida was the individual trophy winner. The University of Florida won the team trophy. All three of the Boone men are students at Appalachian State Teachers College.

Aldridge Again Heads Co. Baseball League; New Rules

Sixteen members of the Watauga County Baseball League met Friday night, April 8, and adopted new rules for the 1966 season.

Cecil Aldridge was re-elected president of the league for another year.

It appears that there will be seven teams in the league this year: Elk, Foscoe, Valle Crucis, Mabel, Misfits, Blue Ridge Shoe Co. and Blowing Rock.

League action is scheduled to begin May 14.

The new rules are:

1. No more than 20 men on a roster, plus the manager, with one substitute for a man who is injured for the remainder of the season.
2. No more than two players from out of the county on a roster, and these must appear in at least 16 games to be eligible to appear in the play-offs.
3. Rosters and \$10 league fee must be in by May 14.
4. Each team shall furnish the umpire with regular umpire equipment.
5. Each team shall furnish batting helmets for players.
6. County players shall appear at or in at least 10 games.
7. Starting time for games will be 2 p.m. on Saturdays and 2:30 p.m. on Sundays. Double-header times will be 1 p.m. Forfeit times will be 2:45 Saturday, 3 p.m. Sunday and 2 p.m. for double-headers.
8. Each team shall play with official league balls. No team shall have less than four balls for each game.
9. Umpires are required to call balls and strikes from behind plate only.
10. Any rained-out games will be played on the day after, with two seven-inning games. The first game will be the home game, and the second the make-up game. In case of a whole weekend rained out, these games (7-inning games) will be played the next time these teams meet, with a double-header on Saturday and Sunday.

scheduled for the Fourth of July weekend. An All-Star game will be played after the first round of league action.

It is requested that everyone mail in their rosters and league fees as early as possible in

order that the schedule can be worked out.

For information concerning county baseball rules and regulations, write Ceell Aldridge, Route 1, Banner Elk (Foscoe), or call 267-3483.

Comment On Sports

BY PETE FRITCHIE

Tampa, Fla. — One of the strong impressions of spring training is that made by the Chicago White Sox. And the question follows: Can Ed Stanky better the record of Al Lopez with the Sox?

Lopez was highly regarded in all circles as an astute manager. When he resigned from the Sox it was thought no one would better his performance. (The Sox finished second in 1965.) Yet in this year's exhibition games Stanky has had the Sox flying higher than under Lopez. Can it last?

There is reason to doubt it, though Stanky is admittedly a first-class baseball tactician. Last year, as usual, Lopez got much of his winning margin through superior pitching. Yet he let his starters finish fewer games than those of any other contender.

He had three ace relievers

and he used to hook quickly when he felt his starter was losing the touch. This year, Stanky has the same relievers and, though they are not young, there is reason to believe they constitute the best bullpen in the American League.

Thus the question is whether Stanky can get more hitting and more runs, and equal or better pitching, over the 160-game stretch. It would seem a high order, even for Stanky, especially when several clubs are likely to be stronger this year — meaning the Sox will have to do better to finish with the same win-lost record.

Of course, anything in sports is possible and Stanky may win the flag. If his team keeps up the exhibition pace, the Sox are due to win. But with a full season and five and a half months of play to get through, one must be an optimist to believe he can better the Senot's handling of the team and its pitchers.

HEALTH AND BEAUTY

Alcohol Called Health Destroyer

Addiction to narcotics eventually undermines health and character. The one most commonly used is alcohol, which is a dangerous narcotic. The chronic drinker sometimes lives for many years. He drinks in what he calls moderation, and usually takes his whiskey well diluted. If he should imbibe large amounts at a time he would greatly hasten his death.

Alcohol has an affinity for the higher brain cells which are located in the cerebrum intellect. The animals passions located in the cerebellum (or little brain) are stimulated. The brain of a man who is drunk can be compared to a runaway horse who has thrown

the driver from his seat into the mud and is running recklessly to his own doom.

The meteria medica says, "The power of judgement is abolished very early by alcohol: this is so while the imagination, the emotion, and the power of speech still remain stimulated; but the power of imagination goes. The patient then loses all command over his emotions and he cries and laughs irregularly but this soon stops. He next begins to lose control over his speech, talking incoherently and thickly, shortly afterwards he cannot talk at all, but can only make a noise. Muscular movements are next affected. The patient goes from one

stage of deterioration until he is paralyzed. Even the reflex centers of the spinal cord are abolished. The respiratory center which was stimulated at first becomes paralyzed, and breathing is difficult until it ceases altogether and the patient dies.

Most drinkers are in a chronic state of poisoning. They do not drink enough to kill them at once, but the constant taking of small amounts of alcohol is detrimental to the whole system, and especially to the brain.

Unskilled said to put job ahead of training.

Sports Quiz

1. What horse recently won the Grand National Steeplechase?
2. Who won the recent Oxford-Cambridge rowing contest?
3. How old is Pancho Gonzales?
4. Who is the manager of the Chicago White Sox?
5. For whom does Heinl Messer ski?

The Answers

1. Anglo.
2. Oxford.
3. 37.
4. Ed Stanky.
5. Austria.

The members voted to award six trophies—four for the first four finishers in regular season play, and two for first and second place in the playoffs. There will be no games

SUNDAY

2:00 P. M.

The 6th Annual

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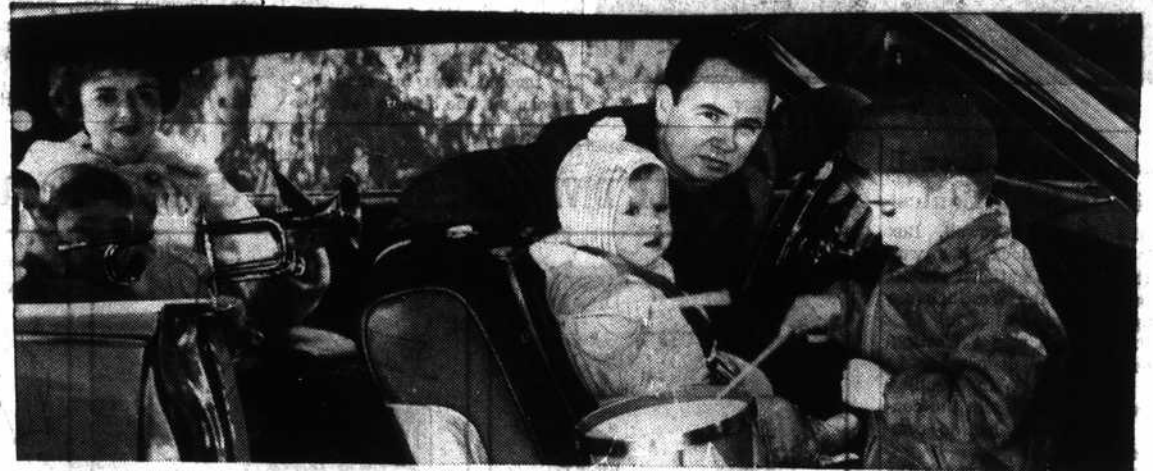
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