

Says First National Bank System Has Big Growth

Outstanding gains in resources, deposits, and loans were noted for the first quarter by First National Bank of Eastern North Carolina, Mitchell F. Allen, Jr., bank president, reported today.

"In the first 1966 report, January 1 through April 5, as compared to the same period in 1965, our resources increased 39 percent; our deposits, 36 percent; and, our loans, 34.8 percent," Allen said.

The report record, Allen pointed out, is, by any comparison, the best single period growth in the thirteen years history of the system.

"The continued progress of First National in the varying categories indicates the growth of the economy of the area served by the system. Eastern North Carolina is on the move, as its potentials are being developed on every level," Allen said.

First National now has nineteen offices serving twelve communities in North Carolina.

"As we increase our resources and deposits, First National is in a better position to contribute in a larger measure to the remarkable progress now being made throughout the eastern area," the First National Bank president said.

The House ignored the President's proposals for cuts in the school lunch and special milk programs and passed a \$1,876,027,000 Agriculture Department Appropriation bill.

Surplus Food Recipients Are Served Sample Dishes

The neighborhood health visitors of the Health Department in Watauga County are co-operating with Mrs. Lillian Danner, Home Economics Extension Agent, in preparing a dish and serving samples to the recipients of the surplus food.

The health visitors use foods which the recipients receive and prepare economical simple dishes to serve to the families when they come to pick up their food. The Watauga County Welfare Department certifies families in order for them to receive food. The health visitors have served the food for two months during the first three days that the surplus food warehouse is open.

During May, 196 families—a total of 831 individuals—picked up surplus food while the visitors were serving the dish. Rice pudding was served during May. Each family receives twelve different foods.

Ralph Hayes supervises the surplus food warehouse which is open on Monday, Wednesday and Friday the first three weeks of each month.

The neighborhood visitors are employed by the Watauga County Health Department and serve in a school district. The visitors and the school districts they serve are: Mrs. Louise Ward, Bethel; Mrs. Louise Baird, Valle Crucis; Mrs. Grace Vannoy, Cove Creek; Mrs. Vesta Lee Wheeler, Mabel; Mrs. Frankie Hodges, Blowing Rock and Appalachian; Mrs. Maude Robbins, Parkway; and Mrs. Minnie Norris, Green Valley.

The health visitors work 25 hours a week. These ladies, in addition to working with the surplus food demonstrations, visit in the communities and inform families of the free services which are available through county and government agencies. Individual assistance is given by the visitors in any phase of homemaking where a need is found. Several jobs have been secured for people who were without work, according to Mrs. Danner.



Mrs. Louise Baird (right), a health visitor, explains a recipe to Mrs. Robert Hicks at the Watauga County surplus food warehouse. (Staff photo)

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Appalachian Symphony Will Stage Annual Spring Concert

The Appalachian Symphony Orchestra will present its Spring Concert on the evening of Monday, May 16, in the auditorium of the I. G. Greer Building.

The orchestra, now in its eighteenth season, is under the direction of Dr. Nicholas Ern-

eston of the Music Department.

Miss Carole Easterling, flutist, and Mrs. Lynn White, English hornist, will be featured soloists.

Included on the program are the following compositions: Adagio, for English Horn and chamber orchestra, by Teron Kirk; The Fourth Movement of the First Symphony, by Brahms; Pavanne, by Ravel; The Night by Cavez; March of the Little

Tin Soldiers, by Pierre; American Salute (based on "When Johnny Comes Marching Home"), by Morton Gould; The Polka, from "The Age of Gold" Ballet, by Shostakovich; and Manhattan Vignettes, by Hugh Stuart.

Concert time is 8 p. m. The public is cordially invited to attend. Admission is free. Soliloquy, for flute and string orchestra, by Kennan; Tambou,



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4-H's Do Crafts

"Enjoying crafts is not just for the older person," Mrs. Paulette Saunders, assistant home economics extension agent, Currituck County, notes. Several 4-H girls are making craft items.

Linda Old makes and frames nature pictures and Glenda Owens designs wall plaques by mounting dried seeds on a plywood board. Another 4-H'er, Darlene Etheridge, found a use for old popsicle sticks. She makes napkin holders from them. "These young women are learning that crafts are more than an outlet for spare time activities," Mrs. Saunders says. "They realize crafts may provide entertainment and income."

Knocks Self Out

Warren, Mich. — After robbing a discount house of \$2,500 worth of jewelry, the thief was running full tilt when he looked back over his shoulder and ran into the side of a building knocking himself unconscious. Police escorted him to jail.

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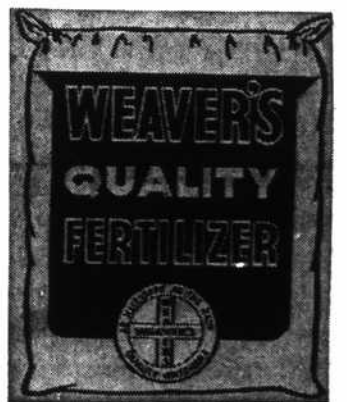
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