

# Recreation Schedule

The Boone Parks and Recreation Commission is to be closed Labor through Monday, Sept. 11.

Our next dance will be held Saturday, Sept 16, from 8 until 12. A very popular group from the Charlotte area, The Shifting Sands, will play and should prove to be a hit with our local teens.

The Optimist Club held their end of season picnic for the Little Leaguers, coaches and their wives last Tuesday night at the Optimist Club Little League field. There was a large turnout and from every indication Little League will be stronger next year.

The Boone Parks and Recreation Commission held an end of the season playground picnic

for all summer playground participants and families. A crowd estimated at 100 was on hand and a good time was had by all. Drinks were furnished by the Recreation Department. The picnic was held on the hill overlooking the Horn which will be the site of our own fully equipped picnic grounds. Construction was to begin Monday on barbecue pits, installation of tables and trash receptacles.

The City Softball League will begin play as soon as anyone wishing to sponsor a team turn in a completed roster and receives a copy of the league rules. Deadline for entering a team is Wednesday, Sept. 6.

The Bicycle Club will meet Saturday, Sept. 16, at 9 at the Recreation Building to make plans for the winter.

# ASU's '67 Football Roster

Name	Hgt.	Wgt.	Age	Class	Hometown
Bobby Agls	6-0	150	23	Jr.	Winston-Salem, N.C.
Olson Alpers	6-1	195	18	Fr.	Winston-Salem, N.C.
Danny Beck	5-11	175	22	Jr.	Yadkinville, N.C.
Oslyn Brooks	6-0	200	22	Jr.	Greensboro, N.C.
Bill Conroy	6-1	200	18	Fr.	Charlotte, N.C.
Jim Ellington	6-0	210	19	Fr.	Raleigh, N.C.
Mike Greene	6-1	175	18	Fr.	North Wilkesboro, N.C.
Sammy Harris	6-3	150	20	So.	Wendell, N.C.
Fred Ivry	6-3	175	18	Fr.	Summerton, N.C.
Warren Jube	6-2	195	19	So.	Arlington, Va.
John Maloney	6-3	210	20	So.	West Milford, N.J.
Bill Hanes	6-2	190	18	Fr.	Charlotte, N.C.
Terry Schroeder	6-0	190	20	So.	Chapel Hill, N.C.
Mike Whitley	6-1	185	19	Fr.	Greensboro, N.C.
Andrew Wood	6-2	200	17	Fr.	Raleigh, N.C.
TACKLES					
Hayrex Bernhardt	6-0	200	19	Fr.	Hickory, N.C.
Ed Bridges	6-0	220	18	Fr.	Kings Mountain, N.C.
Jim Coggins	6-2	195	18	Fr.	Greensboro, N.C.
Jim Colman	6-1	190	20	Jr.	Bethlehem, Pa.
Jim Corne	6-1	205	21	Jr.	Dunsmuir, S.C.
Bill Hager	6-0	180	18	Fr.	Polk, Va.
Richard Hode	5-11	210	19	Fr.	Winston-Salem, N.C.
Joe Shull	6-0	200	19	So.	Washington, N.C.
John Thomas	6-2	215	20	Jr.	Charlotte, N.C.
Jack Underwood	6-1	210	20	Jr.	Greensboro, N.C.
Roger Vassay	6-1	215	18	Fr.	Forest City, N.C.
Rory Willis	6-2	220	21	Fr.	Forest City, N.C.
GUARDS					
Wiley Ashworth	5-11	195	19	Fr.	Danville, Va.
Tommy Balaban	5-10	175	18	Fr.	Forest City, N.C.
Wayne Glasson	5-10	190	20	So.	Boone, N.C.
Larry Edwards	5-9	185	18	So.	Winston-Salem, N.C.
Wayne Fletcher	6-0	195	18	Fr.	Durham, N.C.
David Gardner	6-1	205	18	Fr.	Raleigh, N.C.
Bill Hamner	5-10	175	20	Jr.	Durham, N.C.
Jerry Har-*	5-10	200	21	Jr.	Claremont, N.C.
Bob Kise	5-10	190	18	Fr.	Greensboro, N.C.
Mike Kinsel	5-10	185	18	Fr.	Winston-Salem, N.C.
Paul Labazzaria	5-9	185	20	Jr.	Wayne, N.J.
Danny Levi	5-10	185	18	Fr.	Hendersonville, N.C.
Bobby Russell	5-8	185	19	Jr.	Winston-Salem, N.C.
Travis Windham	6-0	205	20	Jr.	Bishopville, S.C.
CENTERS					
Roy Barger	5-9	185	18	Fr.	Hickory, N.C.
Tommy Barger	5-9	200	19	So.	Forest City, N.C.
Gene Millard	6-2	200	21	So.	Wendell, N.C.
Mark Olliland	6-0	215	18	So.	Charlotte, N.C.
Tommy Langley	5-11	200	19	So.	Washington, N.C.
Dick Sherrill	5-11	185	21	Fr.	Taylorsville, N.C.
J.R. Thorp	6-0	195	19	Fr.	Arlington, Va.
QUARTERBACKS					
James Carter	5-11	180	18	Fr.	Coosa Beach, Fla.
Ralph Davis	6-0	180	19	Fr.	Lansing, N.C.
Jim Holland	6-3	205	18	Fr.	Asheville, N.C.
Troy Leatherman	5-11	180	18	Fr.	Newton, N.C.
David McIlwain	5-11	175	18	Fr.	North Wilkesboro, N.C.
Pat Murphy	5-10	180	20	Jr.	Kings Mountain, N.C.
Hal Queen	6-0	180	18	Fr.	Hickory, N.C.
FULLBACKS					
Jim Barnes	5-8	180	21	Jr.	Fairless Hills, Pa.
Dwight Kerr	5-10	185	20	Fr.	Forest City, N.C.
Henry Swans	6-0	185	18	Fr.	Dobson, N.C.
George Stivander	6-0	180	17	Fr.	Lake Placid, Fla.
Bill Turner	5-9	165	19	So.	Danville, Va.
HALFBACKS					
Jerry Allen	5-9	170	18	Fr.	West Palm Beach, Fla.
Don Beane	6-0	190	18	Fr.	Dobson, N.C.
Bobby Billings	5-9	175	18	Fr.	Wilkesboro, N.C.
Eddie Bundy	5-11	165	18	Fr.	North Wilkesboro, N.C.
Leamy Butler	5-10	175	18	Fr.	Rock Hill, S.C.
Ron Byerly	5-11	160	20	Jr.	Thomasville, N.C.
Ray Carroll	5-11	190	18	Fr.	Miami Beach, Fla.
Wade Carter	5-9	177	20	Fr.	Leaksville, N.C.
David Chandler	5-10	170	20	Fr.	Burlington, N.C.
George DeBary	5-9	165	17	Fr.	Miami, Fla.
Don Driggers	5-9	180	18	Fr.	Lake Placid, Fla.
Donna Ferrall	5-11	175	20	Jr.	Rock Hill, S.C.
Mike Hagler	5-10	170	21	Jr.	Statesville, N.C.
Doug Hagle	5-9	190	18	Fr.	Forest City, N.C.
Larry Jarvis	5-8	160	18	Fr.	St. Lauderdale, Fla.
Phil Keener	6-0	175	18	Fr.	Charlotte, N.C.
Danilo Mastrop	5-11	185	20	Fr.	Stanton, Va.
Ken McGowan	6-2	202	19	Fr.	Frederick, Md.
Bill McDonald	6-0	198	18	Fr.	Cherry, S.C.
Keith Nash	6-0	165	20	So.	Hendlet, N.C.
Chuck Reedy	6-0	170	18	Fr.	St. Augustine, Fla.
David Richardson	5-10	190	20	Jr.	Durham, N.C.
Jackie Rotan	5-9	180	20	Jr.	Boone, N.C.
Steve Whitson	5-11	180	18	Fr.	Harris Island, Fla.
Gene Young	5-8	155	21	Jr.	Franklin, N.C.

Bellman named head of Nixon Rebuilding of Egyptian Army campaign.

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# HEALTH and SAFETY TIPS

from the AMERICAN MEDICAL ASSOCIATION

Football season is here again. All over the nation American males are tossing and kicking and running with footballs, all the way from eight-year-olds in the backyard to junior and senior high and college teams to the big bruisers of the professional leagues.



Football is a rough contact sport and inevitably will produce its full quota of bumps and bruises, strains and sprains, cuts and gashes. Most of these aren't serious and the lads concerned are back in the game shortly.

A thorough medical examination is highly important for boys preparing to go out for football to make certain that a lad has no physical conditions that should be noted before he begins the rigorous training and hard knocks of the game.

Proper physical conditioning hardens the body and increases resistance to fatigue, thus helping to prevent injury. A minimum of three weeks of conditioning are recommended prior to the first

game of the season. Coaches and physicians are alert to the fact that many injuries occur when the player is tiring and thus less alert.

Careful coaching enables the players to perform better and thus become less prone to injury. Good officiating makes for better games and also helps to protect players. Proper equipment and facilities also are important to reduce injuries. Good first aid procedures and medical care, with a physician readily available for practice drills and on the bench during games, are major factors in cutting down on serious injuries.

Precautions against the extreme heat of early season days also are important. Many coaches are now scheduling the hot weather workouts in early morning and late afternoon to avoid the heat of the day. The old rule against drinking water during drills and games has long since been proved invalid and dangerous. Water and salt is necessary to replace fluids lost through copious sweating.

If your boy is playing on an organized team, the chances are good that all of these safeguards are observed. If most of his playing is done on a vacant lot in the afternoons and on Saturdays, it becomes the parents' responsibility to see that the player has the benefit of the safe guarding principles.

## Know The Weather

How big is the eye of a hurricane? Is it true that the eye is sometimes completely clear while for hundreds of miles on each side the sky is filled with clouds?

The eye of a hurricane is never more than a few miles, usually less than five. It is true that sometimes in the middle of the great storm-in-the-eye, so to speak—the sky overhead will suddenly appear blue. Winds will calm down and for a few minutes a strange stillness will descend—with roaring

winds just a few miles distant in all directions. This is the very center of the circular motion of the winds (counterclockwise), the hub of a great blowing circle.

The lull soon ends and when the winds return—they are from the opposite direction—and often just as strong as before.

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### FIRST YEARLING STEER SALE

Friday, September 15 — 1:00 P. M.

### FIRST FEEDER CALF SALE

(Hereford, Shorthorn and Hereford-Shorthorn Crosses)  
Friday, September 29 — 1:00 P. M.

### SECOND FEEDER CALF SALE

(Angus and Angus Crosses)  
Tuesday, October 3 — 1:00 P. M.

### SECOND YEARLING SALE

Friday, October 20 — 1:00 P. M.

All cattle vaccinated for Blackleg—heifers guaranteed open—females blood-tested for Bangs—officially graded and penned according to breed, grade and weight.

The Farmers Cooperative Market is now being operated by the West Jefferson Livestock Market. All special sales are being held at the Farmers Cooperative Market below Jefferson. For additional information contact the Ashe County Agent's Office, Jefferson or Bassett Young, West Jefferson.

Sale barn located 2 1/4 miles north of U. S. 221-N. C. 16 Intersection on N. C. 16, four miles from Jefferson, N. C.

# Chamber Commerce News Notes

The Monthly Membership Meeting of the Boone Chamber of Commerce will be held at the Daniel Boone Inn at noon September 12. The program for this month will be given by The League of Women Voters. Mrs. Virginia Holsouser will be the speaker. This will be an interesting program and all members are urged to attend.

We are beginning to receive requests from N.C. students in Elementary and High School for area information for use in school work. These requests will continue to increase in number throughout the school year. Also, we are receiving many inquiries from retirees who are interested in coming to Watauga County to live.

We are pleased to have with us at the Chamber of Commerce office, Mrs. Linda Long. Linda



MRS. LONG

is the daughter of Mr. and Mrs. William G. Farthing of Route 4, Deerfield Rd., Boone, N.C. Her husband is Robert L. Long, Jr. of North Wilkesboro who is working with the Northwestern Vending Co. in this area. Linda is working with the Credit Bureau and doing a fine job. Mr. James Hastings, Parks and Recreation Director, has announced that plans are being made to form a public picnic area on the hill beside the Horn in the West Grounds. Mr. Hastings and Mr. D. K. Pease have been working on plans for placing the picnic tables and

Are medicines always a mystery to you?

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## Valle Crucis Wins Easy One

Ted Craig pitched Valle Crucis to a 12 to 3 victory over Poplar Grove at Valle Crucis Sunday. Each Valle Crucis player got two or more hits to compliment the fine pitching of Craig who is now 4 and 2 for the year. W. L. Baird took the loss for Poplar Grove.

In other baseball action Sunday, Boone defeated Stony Fork at the Boone field 7 to 4. Winning pitcher was Richard Farthing.

In next weeks action Stony Fork will play Elk at the Rich Mountain Field.

India's aid need is estimated at \$10-billion.

## TASTE TEMPTING

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