



MRS. DENNIS FRED PERRY

Barnes-Perry Vows Are Said

Miss Sarah Erma Barnes was wed to Dennis Fred Perry of Boone Saturday afternoon in the Moncure (N.C.) Baptist Church. The Rev. Robert L. Mobley of Richmond, Va., officiated at the double-ring ceremony and was assisted by the Rev. Gene Vallini of Moncure. The bride chose a gown of ivory silk organza over peau de soie designed with cap sleeves and off-shoulder neckline and a cathedral length train. Medallions of embroidered Alencon lace decorated the bodice and skirt and her fingertip veil of silk illusion was held by a lace and pearl headpiece. The bride carried a bouquet of French carnations and lilies of the valley. W. T. Barnes gave his daughter in marriage, Maid of honor was Miss Carolyn Barnes and attendants were Miss Lana Perry of Boone, Miss Linda Robinson of Candler and Mrs. David Callahan of Asheville. Honorary bridesmaids were Mrs. Hugh Hunter Jr. of Sanford; Mrs. Jim Reary of Boone, Miss Rachel Varden of Reidsville and Miss Marie Christian, Miss Marietta Moore, Mrs. Mike James and Miss Gail Morrison of Moncure. The attendants wore floor length crepe dresses with short sleeves and empire waistlines. The peach bodices and champagne skirts were accented by cascade bouquets of lavender asters. The maid of honor carried purple asters and the honorary bridesmaids carried white chrysanthemums. The bridegroom chose his father as best man, Ushers were Jim Reary and Frank Wright of Boone, Tom Crutchfield of Moncure and Keith Nash of Hamlet. Wedding music was presented by Mrs. John I. Walden of Wilmington at the organ and Miss Rose Ehrhardt of Pinehurst, soloist. A reception was held at the home of the bride's parents, Mr. and Mrs. W. T. Barnes of Moncure, Mr. and Mrs. Fred C. Perry of Horn In The West Drive, Boone, are the parents of the bridegroom. The couple will reside on East Howard Street after their return from a trip to the South Carolina coast. Both are seniors at Appalachian State University.



MRS. JERRY DEAN FARMER

Thomas-Farmer Wedding

Miss Linda Louise Thomas and Mr. Jerry Dean Farmer, both of Sugar Grove, were married at 7 p.m. Saturday, Aug. 3, at the home of the bride, The Rev. Gene Smith officiated at the ceremony. Miss Margaret Main presented piano music for the wedding. The bride is the daughter of Mr. and Mrs. Hubert Thomas of Sugar Grove and attended Watauga High School. She will complete her senior year at Hudson High School this year. Mr. Farmer is an employee of Caldwell Furniture Company in Lenoir. He is the son of Mr. and Mrs. Gene Farmer of Sugar Grove. Attendants to the bride were Renee Beach, Carol Cable and Gail Hodges. The bridegroom chose Mr. Hal Cable as best man, Ushers were Donnie Farmer and Michael Bentley. The couple is now living in Lenoir. Mrs. Sink Teaches At Stephens College Columbia, Mo.—A new head of the Child Study Department and four new instructors in Child Study are in the Stephens College Children's School will join the faculty of Stephens College when classes resume next month. Dr. Clara L. Kirby, formerly Assistant Professor in Northern Illinois University's Department of Education, will head the Child Study Department. She holds B.S., M.A. and Ed.D. degrees from Ball State University in Muncie, Ind. She has also been an elementary school teacher in the Muncie public schools. New in Mrs. Kirby's department will be Mrs. Judith K. Sink. She holds an M.A. degree from Appalachian State University and has been employed this past year as an area training officer for Head Start programs in the central Missouri counties. She has also been associated with Head Start program in Charlotte, N.C., and has taught third grade classes in the Kannapolis, N.C., school system. Graduation ceremonies were held at the Lenoir Rhyne Auditorium Friday, Aug. 23.

Dr. And Mrs. Sink Observe Anniversary

On Friday, Aug. 23, Dr. and Mrs. W. G. Sink celebrated their 25th wedding anniversary. Dinner guests were Mr. and Mrs. H. Grady Sink, his parents, Lexington, N.C.; Mr. and Mrs. Elden W. Stoll, her aunt and uncle of Ashland, Ky.; Dr. and Mrs. Donald W. Sink, Donna Lynn and Daryl, who just recently moved from Marquette, Mich.; Dr. and Mrs. Charles W. Sink, Columbia, S. C.; Mr. and Mrs. Sam D. Sink, Columbia, Mo.; Mr. Mike Sink, Boone; Miss Shelby Hampton, Boone; and Paul Sink, Boone, their sons and families. Most of the family attended the commencement of Charles on Sunday in Columbia, S. C., where he received his doctorate in chemistry from the University of South Carolina.

Wilson Reunion Held At Camp Joy

The Wilson Reunion was held Sunday at Camp Joy. Those attending included: Rev. and Mrs. Harold King, Kenny and Kevin, Mr. and Mrs. Ray Wilson and Sandra, James Ray Wilson, Mr. and Mrs. Clay Wilson, Mrs. Edith Moody, Mrs. Pearl Eggers, Zionville; Katrina Joy Critcher, Tommy and Francine Cornett, Blaine Wilson, Mr. and Mrs. Ivey B. Wilson, Mr. and Mrs. Gene Wilson and children Tim, Kevin and Travis, Mr. and Mrs. R. C. Moretz and family Dorinda, Mike, Veronica and Monica, Boone; Mr. and Mrs. Chester Eggers, Hildebran; Mr. and Mrs. James Bunting, Jimmy, Paula and Donna, Euclid, Ohio; Mr. and Mrs. Don Street and Gary, Johnson City, Tenn.; Mr. and Mrs. Hustler Wilson, Yorkville, Ill.; Mr. and Mrs. Spencer Wilson, Jonesboro, Tenn.; Mr. and Mrs. James Hagamon, Sue and Jeff; Mr. and Mrs. Emery Warren and Mrs. Dallas W. Dickens and Mike of Shouns, Tenn.; Mrs. Bessie Wilson, Trade, Tenn. Mr. and Mrs. Everett Page, Mr. and Mrs. Jerry Page and boys, Asheville; Mr. and Mrs. Grady Sullins, Liberty, S. C.; Mr. and Mrs. Kenneth Eggers, Vicky and Kenny, Hickory; Steve and Charlotte Wilson and son, Mr. and Mrs. Gene Wilson and Mary Francis W. Bowman and Leslie, Aton, Tenn.; Phillip Bunting, Neva, Tenn.; Mr. and Mrs. Earnest Wilson, Creston; Benjey Little, Charlotte; Mr. and Mrs. Johnny Eggers, Winston-Salem; Mr. and Mrs. C. M. Wilson, Bristol, Tenn.; Mrs. Ada McGuire and Mrs. Jewell Moody, Cleveland, Ohio; Fred and Ruth Pardue, Shouns, Tenn.; Mr. and Mrs. Calvin Wilson, Lawton, Okla.; Mr. and Mrs. Robert Broyles, Talbott, Tenn.; Joe and Ruth Warren, Jimmy and Sharon; Mr. and Mrs. Charles Eggers, Forest, Va.; and Mrs. Rose Eggers. The group adjourned in late afternoon to meet next year at the same time and place.

Aldridge Family Reunion Held Sunday

The R. J. Aldridge family reunion was held Sunday, Aug. 18, at Foscoe. Of 14 children born to Roey and Gladys Aldridge, the 13 living were all present. They were Stewart, Lon, Marsh, Clell, Marl, Wade, Jim, Mrs. James Wilcox (Mary), Mrs. Ernest Roark (Verlene), Mrs. D. C. Byrd (Bernice), Mrs. Howard Byrd (Blanche), Mrs. Edgar Ellis (Carmalee) and Mrs. Bobby Gragg (Jean). Mr. and Mrs. Aldridge have been married 59 years. They have 42 grandchildren and 17 great-grandchildren. Everyone enjoyed homemade ice cream during the afternoon. Seventy-three persons were present.

Wataugans Finish At Catawba Tech

Among the graduates from the Catawba Valley Technical Institute in Hickory were the following from Watauga County: Paul H. Wilson, Villas, son of Dr. and Mrs. Carl Wilson; Hite D. Reese, Villas, son of Mr. and Mrs. C. B. Reese Jr.; Donna J. Farthing, Sugar Grove, daughter of Mr. and Mrs. Ivan Farthing; Len W. Cornette, Villas, son of Mr. and Mrs. Clyde Cornette; Robert D. Scott, Villas, son of Mr. and Mrs. Deimar Scott; and Elson C. Greene, son of Mr. and Mrs. Claude Greene and Larry K. Tester, Villas, son of Mr. and Mrs. Arlis Tester.

Graduation ceremonies were held at the Lenoir Rhyne Auditorium Friday, Aug. 23.

Society



MRS. BILL REECE

Miss Wallace, Mr. Reece Wed

Miss Linda Mae Wallace became the bride of Bill J. Reece Saturday night in a service conducted by her father the Rev. I. L. Wallace, of the Statesville (N.C.) Bible Institute. The bride wore a full length gown of bridal satin and lace with an empire waistline and chapel train also wore a lace mantilla and carried a bouquet of white orchids. Attending the bride were Miss Juanita Wallace of Harmony, N. C., dressed in green; Miss Sylvia Surber of Boone, dressed in gold; and Miss Mary Lou Reece of Elk Park, dressed in brown. They also wore dresses with empire waistlines and had matching headpieces. The bridegroom chose his brother, Darrell Reece, as best man, Ushers were James Holaway and George Keller. All are from Boone. Wedding music was provided by Mrs. Bill Hutchens, organist, and Mrs. Homer Jennings, soloist. Parents of the bride are the Rev. and Mrs. I. L. Wallace of Harmony and the bridegroom is the son of Mr. and Mrs. Ted Reece of Elk Park, N.C. The bride was graduated from Berea College, Berea Ky., and is on the nursing staff of the Watauga County Hospital. The bridegroom is a graduate of Erie N. Y. and is employed by the Newton Transportation Company. After a trip to Niagara Falls, Mr. and Mrs. Reece will reside on Route 3, Boone.



On the porch of the Worthwhile Woman's Club House, Mrs. Peggy Cline (left) puts on Mrs. Effie Moore's life membership pin while Mrs. R. H. Hardin looks on. The awards were voted for Mrs. Moore and Mrs. Hardin by their fellow members of the Blue Ridge Garden Club, who subscribe to the \$100 life membership program of the Garden Clubs of North Carolina, Inc. (Staff photo)

Awarded Life Memberships In N. C. Garden Clubs

Mrs. G. K. Moore and Mrs. R. H. Hardin, members of the Blue Ridge Garden Club, were awarded life memberships in the Garden Clubs of North Carolina Thursday. In making the presentations, Mrs. J. C. Cline spoke of the two women and of their "faithful and dedicated service." Mrs. Moore is a charter member of the Blue Ridge Club and has been active for several years in civic beautification projects. She was instrumental in promoting a hospital Christmas tree project more than two decades ago in Boone. Mrs. Hardin, in her eleventh year with the local garden club, has served as treasurer for the past few years and has supervised several club projects. Program items included a horticultural display, poem reading and a horticulture quiz. The program was planned by Mrs. D. L. Wilcox. Mrs. Frank Payne, Mrs. J. B. Winkler and Mrs. Hooper Hendrix were hostesses for the meeting held at the Women's Club House. Mrs. Wayne Richardson reported favorably on a quilt project to raise money for town beautification.

Daily Exercises Said To Be Health Essential

For the promotion of health, one should take systematic daily exercise. Walking in the fresh air improves the lung capacity and increases the peristaltic movements of the intestines, which helps to overcome constipation. When walking, the chest should be held well up to facilitate deep breathing. Round shoulders and flat chests are ugly and ungainly. They not only make an unpleasant impression on beholders, but they are productive of disease. This posture cramps the lungs and prevents proper breathing. A noted physician says that a "round shouldered person is one who is carrying his chest behind instead of in front of him." Sitting in a slumped, relaxed position with the chest flat and the shoulders hunched, is conducive to congestion in the abdominal region. The relaxing of the abdominal muscles, due to the bad posture described above, tends to cause prolapse of all the viscera including the liver, kidneys and stomach. When one sits erect the chest is elevated the abdominal muscles are tense and hold the organs in their proper position, allowing the free circulation of blood through the body. Bad habits in sitting, standing and walking cause congestions which bring on diseases of various sorts and are productive of headaches, backaches, and other distressing symptoms. Improper posture is conducive to indigestion as well as other bodily ills. Many ailments from which so many suffer would vanish if they discontinued their bad habits of carrying their lungs in the back instead of in front, raised their chests and kept their spines straight.

Mrs. Linney Judges Miss Lenoir Pageant

Mrs. Virginia Wary Linney of Boone was a judge for the 1968 Miss Lenoir Pageant held Saturday, Aug. 24, by the Lenoir Jaycees. Other judges were Mrs. McGregor, a professional dancer from Greensboro; John Wray, former producer-director of the Ed Sullivan Show; Ray Satterfield, hairstylist from Charlotte; and Ray Lambeth, a musician from Hickory. First runner-up to the winner, Miss Doris Deane Dalton, was Miss Paula Gail Riggs, Second runner-up was Miss Gwendolyn Kay Holcomb. All were from Lenoir.

Woman's Club Hears Chamber Official

Fred McNeil manager of the Boone Chamber of Commerce, addressed the Worthwhile Woman's Club Thursday and raised the questions "What's wrong with Boone and how can it be improved?" He offered many suggestions on methods to improve Boone such as keeping home grounds neat and clean, interesting Boy and Girl Scouts in an anti-litter campaign, establishment of an inter-club council in Boone and location of street signs. During the business meeting, Mrs. Homer Brown, president, appointed a nominating committee consisting of Mrs. Herman Wilcox, Mrs. Wayne Richardson and Mrs. Paul Weston. Hostesses were Mrs. W. R. Richardson, Mrs. R. S. Bushnell, Mrs. O. L. Brown, Mrs. Roy Ruffy and Mrs. W. F. McCracken.

In Fashion

Youngsters' pants and jumpers, decorated with small flowers have a Tyrolean flavor and are smart for little girls. Other costumes for the young folk have leather-like finishes and wear well. Other frocks and blouses show the influence of Swiss costumes. Naubby sweaters, coats, and tams are knitted and have a tweedy look. High socks or rough textured hose complete these ensembles for the young people.



MRS. LARRY KEESSE

Married In Buford Ceremony

Larry Ronald Keesee of Boone married Miss Patricia Ann Roebuck of Buford, Ga., Aug. 4 at the Buford First Baptist Church. The double-ring ceremony was performed by the Rev. Ira Fagler. The bride was given in marriage by her father and wore a floor length bridal gown of white linen and venise lace. The gown featured a square neckline and three quarter length sleeves. Her shoulder length veil fell from a rose petalled headpiece. She carried a bouquet of white orchids on a white satin covered prayer book. Miss Cheri Smith was her cousin's maid of honor. Other attendants were Miss Sharon Roebuck, Miss Kathy Parker, Miss Carole Roebuck and Miss Marie Chalpan. The bridesmaids wore floor length gowns of pale yellow satin. Miss Jayne Roebuck was flower girl. Bryan Tucker, step-father of the groom, served as best man, Ushers were William Wood, Bill Simpson, Jim Medley and Benny Wood, Master Russell Phillips Jr. was ringbearer. After the ceremony the bride's parents, Mr. and Mrs. J. W. Roebuck, entertained at a reception in the fellowship hall of the church. The bridegroom is the son of Mrs. Bryan Tucker of Boone and Mr. Fred R. Keesee of Jonesville, Va. Mr. and Mrs. Keesee will live in Miami, Fla. where she will teach school and he will attend Miami Dade Junior College.



MR. AND MRS. NORRIS

Golden Wedding Anniversary

The children of Mr. and Mrs. Jonathan Wilson Norris entertained Sunday, Aug. 18, at a reception honoring their parents on their 50th Wedding Anniversary. Open house was held from 3 until 5 p.m. at the home of Mr. and Mrs. W. C. Richardson, Cherrybrook Lane, Boone. Floral arrangements of gold and white were used throughout the house. The table, which was covered with an organza and lace tablecloth, was centered with an epergne arrangement of yellow roses and snapdragons, and flanked by a three-tiered cake and punch bowl. The gift table in the den was decorated with a pedestal arrangement centered with a bride surrounded with boston daisies and asters. About 200 guests called during the afternoon. A number of out-of-town relatives and guests attended. All eight children of Mr. and Mrs. Norris were present: Mr. and Mrs. James Norris of Washington, D.C.; Mr. and Mrs. Norman Swanson of Burlington, Wis.; Mr. and Mrs. Commie Hayes of North Wilkesboro; Mr. and Mrs. Russell Lytle of Fort Walton Beach, Fla.; Mr. and Mrs. Robert Withrow of Forest City; Dr. and Mrs. Joseph Fitzgerald of Indianapolis, Ind.; and Mr. and Mrs. Johnny Barnett and Mr. and Mrs. Woodrow Richardson of Boone.

Recent Births

- Mr. and Mrs. Larry Braswell, Todd, boy, Aug. 15.
Mr. and Mrs. Romey Harrison, Rt. 4, Boone, girl, Aug. 15.
Mr. and Mrs. Jones Oliver, Boone, boy, Aug. 15.
Mr. and Mrs. Ernest Greene, West Jefferson, N.C., boy, Aug. 16.
Mr. and Mrs. Dockie Watson, Triplett, boy, Aug. 17.
Mr. and Mrs. Steve Aldridge, Jonas Ridge, boy, Aug. 17.
Mr. and Mrs. W. Delane Scott, Boone, boy, Aug. 18.
Mr. and Mrs. James Ray Gragg, Rt. 2, Boone, boy, Aug. 18.
Mr. and Mrs. Benny Ross Greene, North Wilkesboro, boy, Aug. 21.
Mr. and Mrs. Fred Lewis Fressnell, Banner Elk, girl, Aug. 23.
Mr. and Mrs. Tom Turner, Boone, boy, Aug. 24.
Mr. and Mrs. Hartley, Blowing Rock, girl, Aug. 24.
Mr. and Mrs. Thomas Steve Brown, Villas, boy, Aug. 25.
Mr. and Mrs. Ronald W. Surratt, Rt. 1, Banner Elk, boy, Aug. 25.
Mr. and Mrs. John Doyle Lyons, Boone, girl, Aug. 25.

Gets Promotion

U. S. Air Forces, Thailand—Oliver A. Proffitt, son of Mrs. Frank N. Proffitt, R.F.D. 2, Villas, N. C., has been promoted to master sergeant in the U.S. Air Force. Sergeant Proffitt, a budget technician at U-Tapao Airfield, Thailand, is a member of the Pacific Air Forces. The sergeant, a 1951 graduate of Bethel High School, Sugar Grove, N. C., served during the Korean War. His wife is the former Rita R. Thalhauser from Germany.