## **OCTOBER 10, 1968**

to West Virginia, where his

stepfather worked in the coal

Commenting upon his visit to Gastonia, the West Virgin-ian stated: "I always enjoy re-

turning to my native state. It

is particularly pleasant for me

to participate in a major cam-paign meeting in behalf of my

dear friend, Congressman Basil

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## **ASU Speech Therapy Helped** Florida Man Restore Voice

One year ago, Joe S. Gil-bert could barely speak. He whispered or wrote out most of what he wished to say. After undergoing two throat op-erations, he was facing yet a third.

Today, Gilbert has a new voice, a gentler voice, that he uses readily to talk about the help he has received from Dr. Charles Palmer of Appalachian State University's Speech Department.

In September of 1967, Gilbert became aware that there was something wrong with his throat, "It was like a pin-point sensation," he explained, point sensation," he explained, "and later it was uncomfort-able to swallow." The 73-year-Ocala, Fla., consulted several physicians. On Jan, 10 of this

year, he was operated upon to remove a growth from his vocal cord.

The condition recurred six weeks later. Again, he had an operation, but about three months later, the growth re-curred. His doctor recommended a third operation. "I was naturally quite disturbed,"said Gilbert, "I decided to consult Gilbert. another physician."

As Gilbert was coming to North Carolina to spend the summer in his home in Newland, he was advised to go to patterns," Bowman Gray School of Medi-cine in Winston-Salem. He did derful set so and was told that he was suffering from a contact ulcer at the base of his left vocal cord. The doctor told him that the condition could be cured by rest and speech therapy. He recommended that Gilbert recommended that Gilbert consult a therapist at Appalachian.

80% CURE In the latter part of June, Gilbert contacted Dr. Charles Palmer, speech pathologist at Appalachian and began a series of consultations with him, Three months later, on Sept. 25, Gil-80 per cent cured.

The therapy which Dr. Pal-mer provided involved teaching him, in Palmer's words, to initi-ate tones in an action of the therapy which Dr. Pal-Aycock fund raising dinner in Asheville. ate tones in an easier manner, avoiding the glottal attack. We oth District Congressman Hor-also haught him to raise the pitch of his voice, because us-ually by trying to force the this year. Muskie will share voice into a lower region we the platform with Kornegay as cause tension and tension causes inflammation of the vocal folds. A chronic inflammation leads

to pathological conditions. Mr. Gilbert sounds now," Palmer said, "like a very relaxed man.



JOE S. GILBERT

He is an intelligent person who quickly grasped what we were trying to do. He practiced hours on his own to make these new ech patterns habitual.'

Although he will continue to practice the recommended pat-terns, Gilbert has now made enough progress so that he will soon return to Florida. "Without changing his vocal habits," said Dr. Palmer, "the condition would have recurred and might possibly have become malignant. But the only thing he will need now will be occasional checkups to see that he has not regressed to his old speech

"I think that you have a wonderful setup here at Appala-chian," said Gilbert warmly, "and I think that it's an asset to have such a good speech therapist here. The center will certainly be fine for the community. The facilities of Appala-

chian's Speech Department are

## **Muskie To Visit** State Oct. 12

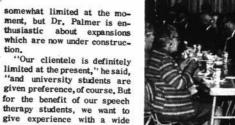
Vice Presidential Candidate bert's doctor pronounced him Carolina October 12 and make

> Principal speaker for the the platform with Kornegay as "honored guest".

France shuns NATO meeting on Czechoslovakia.



No. 4



FRANKLIN

range of ages and a variety of problems. With expansion of facilities we hope to provide ther-apy for a larger number of peo-ple." Speech therapy cannot work miracles, but sometimes it comes remarkably close, as Joe

LIONS CLUB MEMBERS and their wives here enjoy their annual picnic dinner for the blind, which was held in the Fellowship Hall of the First Baptist Church Tuesday, Oct. 1. The picture S. Gilbert, a man who loves to shows part of the 60 men and women who attended, Dr. Ben Strickland is president of the talk, will be happy to say. organization. Maj. John Thomas, treasurer, was in charge of arrangements.

Sen. Byrd To Speak At Whitener's Rally years his foster parents moved

mines.

Gastonia—The 10th Congres-sional District Democratic Raly in Gastonia on October 15 will feature United States S ator Robert C. Byrd of West Virginia. Byrd is serving his second term in the Senate and is Secretary of the Democratic

Conference. The West Virginian will be the principal speaker at a rally designed to boost the reelection efforts of Congressman Basil L. Whitener of Gastonia, The Senator is a long-time friend sentatives.

be held at the National Guard Armory in Gastonia. Food will be served at 6:00 P.M., and the program will commence at 7:00 P.M.

L. Whitener, whom I regard as one of the mostable members of the United States Congress." of Whitener and a former col-league in the House of Repre-The 10th District meeting will was born in North Byrd Wilkesboro, N.C. and was an orphan by the time he was ten months old. At the age of three



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